Wednesday, January 7, 2009 | Issue number: 331 | www.mk-news.co.uk | 50p where sold

MK NEWS

Advertisement feature. Your MKNEWS is inside

Milton Keynes
Caravan
and Small Motorhome
SHOW09

Thursday 8th January - Sunday 11th January

thecentre:mk Indoors at Middleton Hall near John Lewis

central exhibitions

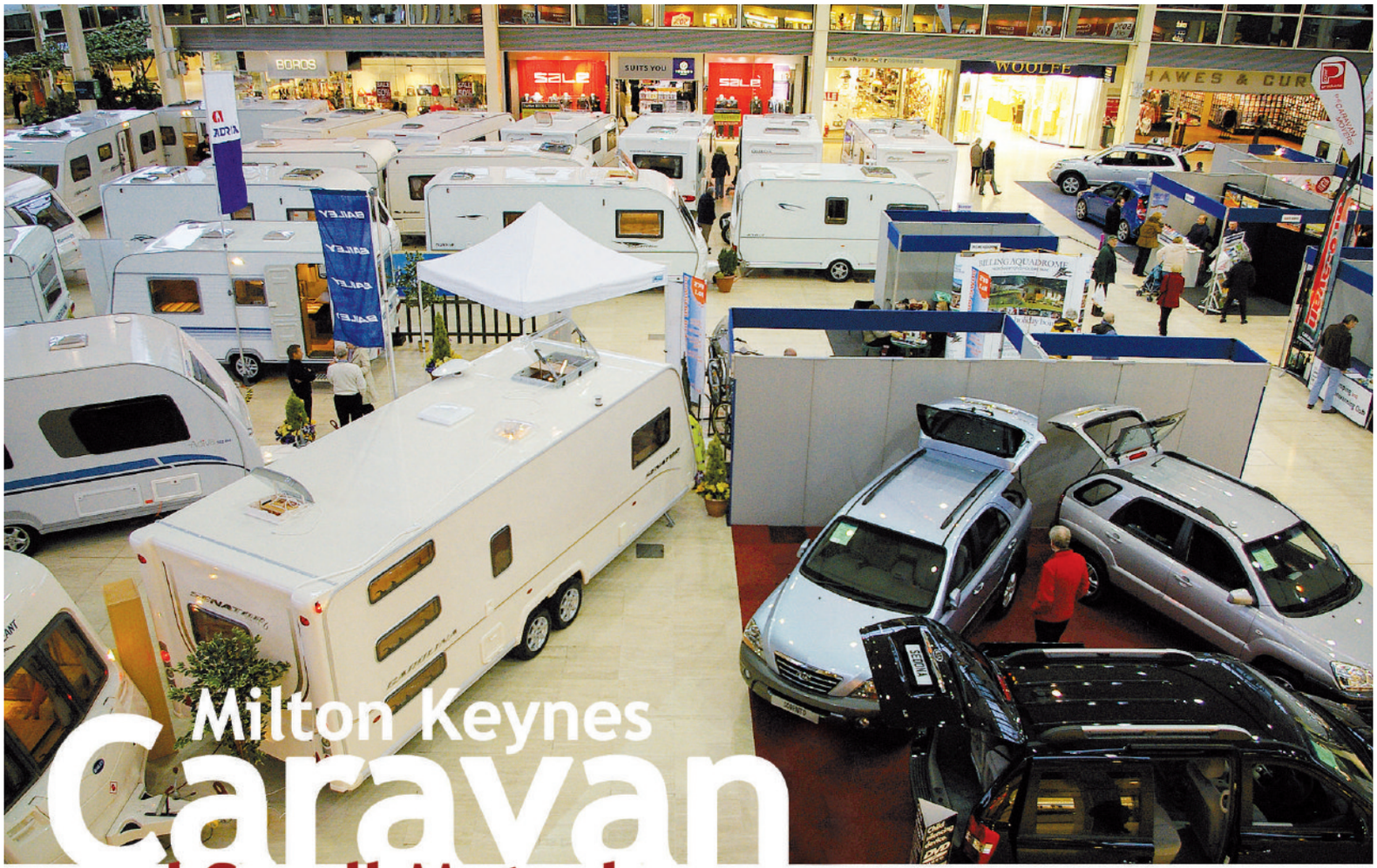
Follow the road signs to thecentre:mk, central shopping

Open Thurs and Fri 9:30am-8:00pm Sat 9:00am-6:00pm, Sun 11:00am-5:00pm

FREE ADMISSION Enquiries: 01908 305123 www.centralexhibitions.co.uk

SEE A GREAT SELECTION OF NEW CARAVANS

from Compass, Lunar, Coachman, Adria, Bailey and Swift plus a selection of Motorhomes and quality used caravans



Thursday 8th January - Sunday 11th January

thecentre:mk

Don't miss this one!

Why not combine a visit to the January Sales with a look at what's new in caravans and this year, for the first time, a selection of small motorhomes? *The Milton Keynes Caravan & Small Motorhome Show* visits Middleton Hall at thecentre:mk from Thursday January 8th through to Sunday January 11th.

On display will be around 40 caravans and several small motorhomes, (including *Auto Sleeper* from **Marquis of Northampton** and other models from **Heart of England Motorhomes** near Daventry).

New caravans from such established names like *Adria, Bailey, Swift, Lunar, Coachman, Elddis, Compass,* among others, will be represented by the different dealerships, who are **Hitchin Caravans**, part of the **Amber LeisureGroup, Bicester Caravans, Broad Lane Leisure** and **West Midlands Caravans.**

There will also be a selection of nearly new tourers to get you started in caravanning, if for instance you didn't want to invest in a brand new caravan until you have tried caravanning out. It is well worth thinking about if you have a small family, such great times can be shared at a moments notice by just getting up and going to some of the beautiful sites and parks around the UK and abroad.

"Come along and see a range of caravans from Adria, Bailey, Swift, Lunar, Coachman, Elddis and Compass and small motorhomes from Marquis and Heart of England"

There will also be other caravanning related products, including caravan parks, caravan remote control movers, site guides, accessories and polishes, the **Advanced DriversInstitute** and even battery powered bicycles!

Superb towcars from the local dealerships of **Milton Keynes Hyundai** and **MK Kia** will be there, showing the latest models.

The show starts on Thursday 8th January through to Sunday 11th and admission is free. Opening hours are Thursday and Friday 9.30am - 8pm, Saturday 9am - 6pm and Sunday 11am – 5pm.

For more information, contact *Central Exhibitions* on **01908 305123,** or visit the website: **www.centralexhibitions.co.uk**

Wednesday, January 7, 2009 | Issue number: 331 | www.mk-news.co.uk | 50p where sold

MK NEWS

Gritters are out to beat the freeze

PAGE 2

Barri White vows to see girlfriend's killer in court

PAGE 3

recycle for Milton Keynes
Reuse your old metal sweet and biscuit tins or recycle them in your pink sack.
Supported by MILTON KEYNES COUNCIL MK NEWS

Big Frank's too fast for speed trap

Boxing legend banned for doing 53mph on Silbury Boulevard in his burgundy Roller

BY ROB GIBSON
rob.gibson@mk-news.co.uk

BOXING legend Frank Bruno has been hit with a six month driving ban after he was snapped by police doing 53mph along a busy shopping street.

Bruno, 45, had a ringside seat yesterday as his barrister fought his case at Milton Keynes Magistrates Court.

A speed camera had clocked the former World Heavyweight champion and British icon speeding in his burgundy Rolls Royce, registration plate FRB1, on May 24 last year.

Bruno pleaded guilty to the offence but a special reasons hearing was granted because he claimed that he had not seen any speed signs along the road, Silbury Boulevard, which runs past the busy shopping centre.

His barrister, Gary Bromelow, also argued that Bruno could not see the street lights because they were hidden by trees lining the road and described it as "an honest mistake".

Giving evidence, Bruno said: "I was going to the precinct where all the shops are.

"I don't recall seeing any signs saying 30mph.

"I saw a speed camera sign but I thought it was about 50mph down there."

Bruno said he was unaware that the street lights also indicated a 30mph speed limit.

The former boxer, who lives alone at a farm house in Little Billington near Leighton Buzzard, already had nine points on his licence for four separate speeding offences in 2006.

His barrister said that Bruno would suffer exceptional hardship if he was banned because it would make it harder for him to see his four children, who live up to 60 miles away, and attend charity events.

But chair of the magistrates, Martyn Griffiths, said: "You are a man of sufficient means to employ a driver or take taxis."

He ordered Bruno to pay a £400 fine, £455 legal costs and £15 surcharge.

Big Frank Bruno leaving MK Magistrates' Court yesterday after picking up a driving ban

INTERNET

For all your local news and sport seven days a week: **www.mk-news.co.uk**

NEWS

Immigrant issues
Residents' unrest in new report
PAGE 2

Cannabis raids
Police in swoop on drugs farm
PAGE 7

Rail chaos
Weekend woe
PAGE 9

Hidden hook
Win tickets to see Peter Pan panto
PAGE 16

THE WEEKLY NEWSPAPER AWARDS
FREE NEWSPAPER OF THE YEAR 2008

'A great all round package'

The 2008 UK Newspaper Awards
WINNER
UK Weekly Newspaper of the Year

'Everything a local newspaper should be'

For a reliable & value for money service call Speedline this.
01908 260 260
Why Pay More?
Cheapest fares in the area! Don't be fooled by our competitors into paying more! Go upto 1 mile further based on the £3.00 minimum fare compared to skyline and save money!
SPEEDLINE

Step into...
WIN-DOR
HUGE choice! MASSIVE Savings!
JANUARY SALE NOW ON!
MILTON KEYNES' LARGEST INSTALLER OF WINDOWS DOORS AND CONSERVATORIES with the biggest showroom in the area!
White doors FROM ONLY £510 FITTED
3mx3m Victorian Conservatory FROM ONLY £6995 FITTED
Coloured Doors FROM ONLY £850 FITTED
OUR PRICE-PROMISE
"We will match or better any genuine like for like written quotation from any of our competitors!"
20 Dunsby Road, Redmoor, Milton Keynes
01908 233433 or 0800 834507
Visit our website at www.windor.co.uk

True grit

GRITTERS have been working round the clock to stop the city's roads turning into ice rinks as the big freeze takes hold.

The council says it has put 550 tonnes of salt out since Friday.

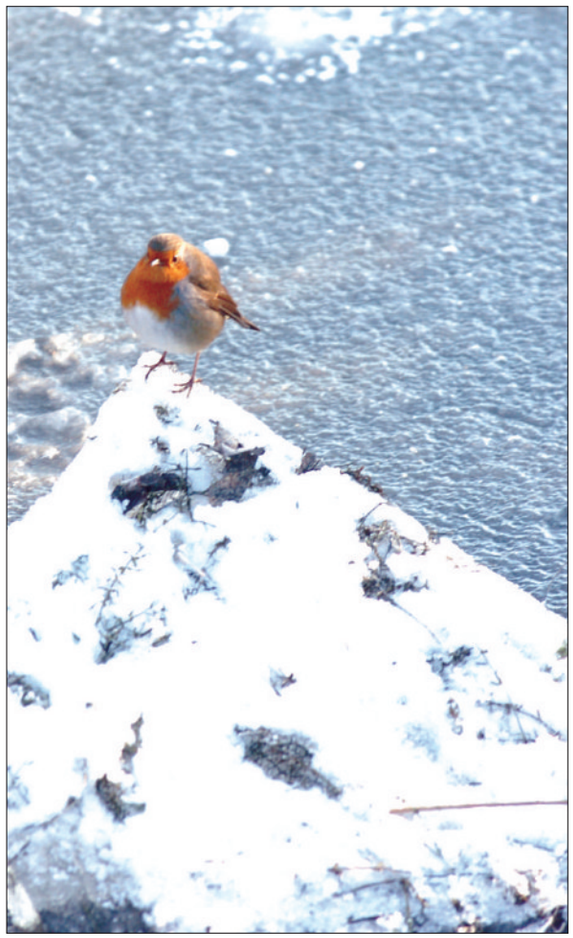
While temperatures dipped to lows of minus seven degrees, ten salting crews have worked around the clock.

They have also been salting the city centre and town centre footpaths.

The Highways Agency has also been gritting the M1 and A5 overnight.

The cold snap has been met with the launch of four new council gritters that use satellite tracking for consistent spreading and have double the capacity of previous vehicles.

Several accidents have occurred over the past two days, including a lorry that jack-knifed on the northbound A5 at 5.40am on Monday, leading to the road's closure.



Above: Motorists on the H6 Childs Way had something to smile about near South Witan roundabout
Right: Robin sits on a block of ice on the frozen North Willen Lake

City's poor whites feel 'abandonded'

Immigration and integration appear to be serious issues in Milton Keynes' – report

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

IMMIGRATION and integration are serious issues in Milton Keynes, according to a report submitted to the Government.

The study of resentment towards ethnic minorities, which partly focuses on white working class people on Netherfield, Coffee Hall and Beanhill, intended to find out ways of achieving community cohesion.

It interviewed 43 people in four areas of the country – but it was just Milton Keynes that was perceived to have a problem.

'Only in Milton Keynes did immigration and integration appear to be serious issues,' it says.

Researchers from the National Community Forum found a link between material conditions and anxieties about identity.

This was exacerbated by the fact that 'poor living conditions were an issue' in Milton Keynes and some have to choose between heating and eating.

In the areas, which include Birmingham, Thetford and Runcorn, the report claims that white working class people feel betrayed and abandoned by local and central government, often blaming political correctness.

It said: 'In Milton Keynes, where some of the accommodation was of very poor quality, the feelings of resentment and abandonment were nearer the surface.'

The perception that people from ethnic minorties 'can do things white people are not allowed to get away with', also caused hostility.

One 21-year-old man, who could not move to Coffee Hall as there was not enough housing available, said: "The housing list is too long. I would have to be black, foreign or have a baby to get up there."

Residents in Coffee Hall even claimed to have voted against the regeneration of the estate because they feared that they would have lost their homes to immigrants.

The estates were chosen as they are considered representative of the city as a whole, whose population is 16.3 per cent black minority ethnic – above the national average.

The report, entitled 'sources of resentment, and perceptions of ethnic minorities among poor white people in England' was submitted to the Government last week.

Communities Secretary Hazel Blears MP said myths about ethnic minorities 'queue jumping' hinder integration.

However one Milton Keynes interviewee in her 50s said she did not believe integration will happen in her lifetime.

Director of Milton Keynes Equality Council, Navrita Atwal, said the report had made some good points.

"Currently the whole world is going through an economic depression and as a result of which the allocation of resources has become very sensitive.

"The need to explain changes in communities and the responsibility that government agencies have towards allocating resources in a fair and equitable manner has become even more crucial."

Leader of Milton Keynes Council Cllr Isobel McCall, who also oversees community cohesion, said: "I agree with what the Government's saying, that we all need to make sure that everyone in this country feels they have access to services and the poor white people don't feel they are being excluded.

"But I do not agree with Milton Keynes being cited as an area where there are more difficulties than in other areas, as our more substantial research shows otherwise."

When they do find the person who did it I will be at the court case with Rachel's friends

– Barri White, the man cleared of murdering his girlfriend Rachel Manning, has vowed to return to court to see the real killer sent to prison

BY ROB GIBSON
rob.gibson@mk-news.co.uk

BARRI White, the man cleared of murdering his girlfriend, has vowed to return to court to see the real killer sent to prison.

Nineteen-year-old Rachel Manning was found dead in the undergrowth near Woburn Golf Club on December 12, 2000, and Barri spent nearly six years years in prison before his appeal for a re-trial was granted in 2007.

The 29-year-old walked free from Luton Crown Court on December 18, 2008 and yesterday he spoke exclusively to MK NEWS about the moment he wept when the jury announced the end of his eight-year ordeal.

Barri said: "It's the maddest feeling in the world.

"One minute you're just so full of nerves and so scared and within a second it's just pure relief.

"I cried in court, I cried when I hugged my uncle and my mum, and I cried in the pub after.

"Being accused of something that I never did ruined my life for eight years.

"When they do find the person who did it I will be at the court case with Rachel's friends.

"We'll be there to support Rachel's family."

Barri is planning to have the date of the verdict tatooed onto his hand as a reminder of the moment that his battle for freedom ended.

The future now looks bright for Barri, with plans for a new job, laying tennis courts with his uncle, and a new arrival on the way.

During the second week of the trial, his girlfriend of nine months, Aly McCann, 22, discovered that she was pregnant and the couple are now busy making plans for the new arrival, due in August.

"It didn't really sink in at the time," said Barri, who now lives in Wavendon Gate.

"I'm looking forward to it now that I'm not going to jail."

At the retrial prosecutor Julian Baughan said Barri had enlisted the help of his friend Keith Hyatt to dump the body.

But Barri maintained that at the end of the night they went separate ways, before Rachel called Mr Hyatt's house to tell him she was lost.

However, defence counsel John Coffey QC said that prosecution witness, Professor Kenneth Pye, had backtracked on his scientific findings, describing it as a 'devastating change of view for the Crown's case'.

The forensics expert repeatedly changed his views on whether there had been contact between Rachel's skirt and the front passenger seat of Mr Hyatt's transit.

Barri's battle followed a campaign by the BBC programme Rough Justice, supported by MK NEWS, which raised serious questions about the prosecution's evidence.

Barri said: "There are thousands of innocent people in prison and I was lucky to get the help from Rough Justice.

"MK NEWS has been fantastic with their support for the Rough Justice programme.

"My friends and family have been there for me all the way through."

After the verdict Thames Valley Police announced that the case would be re-examined by the force's dedicated review team.

Barri said: "I feel like my name has been cleared but you will always get some people who think I did it.

"But I don't care what those people think, the evidence proves that I had nothing to do with this.

"The police have got a lot to go on so I want them to keep looking at it.

"There's a murderer still out there."

He will now seek compensation alongside Mr Hyatt for the damage caused to their lives.

"I just want to go on holiday now," said Barri, "I don't care where we go as long as it's sunny."

Top: Barrie White with his new girlfriend Aly McCann
Above: Rachel Manning

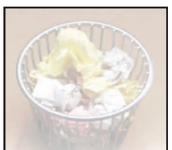
WIN-DOR
WINDOWS, DOORS, CONSERVATORIES

MOT - SERVICE - REPAIR
MOTORCYCLES - CARS - VANS
RAC Authorised Company AA Support Company
ECLIPSE AUTO'S
01908 643603
07968 306399
www.eclipseonestop.com
Unit 5-6, 16-26 Tavistock Street, Bletchley

Where NEWS in MK comes first!
MKNEWS
advertising@mk-news.co.uk editor@mk-news.co.uk
01908 242490

Criminal Defence Solicitors

All aspects of Criminal Defence Work undertaken including representation at the Magistrates Court and the Crown Court.
Emergency: 07770 817817
Office Hours: 01908 696002
FREE 24 hour police station advice and representation
Chancery House
199 Silbury Boulevard
Milton Keynes, MK9 1JL
www.borneos.co.uk
borneos solicitors


MKNEWS
More News
Less Waste

LOFT LADDERS
From £130.00 + VAT
Supplied & fitted
EXPERT FITTING GUARANTEED
Now we can change push up plastic hatches to drop down.
Tel: 01234 29 00 64
Mob: 07977 997 537
www.kmwloftladders.co.uk
email: kmwpropertyservices@hotmail.co.uk
KMW

SIEVE - MK
Supplementary Initiative of Educational Value for Excellence - Milton Keynes
Supplementary School
Extra Tuition Classes for Key Stage 3 & 4
❖ English
❖ Mathematics
❖ Science
❖ Computer classes for 'real' beginners
(The elderly are specially welcome)
Venue:
SIEVEMK
13 Tower Crescent, Neath Hill, Milton Keynes MK14 6JY
Contact
www.sievemk.org.uk
Tel. +44(0)1908 241061, Fax. +44(0)5601 135198
- Visit our website for further details & download an application form

20 years of Stagecoach Training
A New Generation Of Confidence
20 YEARS
Stretch your child's imagination in three directions at once!
Here's a way
to spend weekends that'll have 4-16 year olds buzzing. Enrol them in your local Stagecoach Theatre Arts School where they learn to act, sing and dance. These skills they learn aren't just for the stage. Stagecoach training is for life. Unleash their potential.
Classes in
Stony Stratford
www.stagecoach.co.uk/miltonkeynes
and Woburn Sands
www.stagecoach.co.uk/miltonkeyneseast
STAGECOACH
THEATRE ARTS SCHOOLS
WWW.STAGECOACH.CO.UK
For a prospectus call Stagecoach Milton Keynes on 01908 698333 or email: miltonkeynes@stagecoach.co.uk

MK NEWS is proud to be the truly local newspaper for Milton Keynes and the surrounding areas. We provide the most widely read local newspaper for our readers and advertisers and are constantly looking at new ways to improve our service. If you have feedback for us, please contact anyone listed below

GENERAL MANAGER

Jonathan Cropley
01908 242490
jonathan.cropley
@mk-news.co.uk

NEWSDESK

Editor: David Gale
01908 689595
david.gale
@mk-news.co.uk

Whether it's a story, picture, community, business, sports or leisure event, our newsdesk is waiting to hear from you
Newsdesk: 01908 689595
Pictures: Andy Handley 01908 689586

ADVERTISING

Advertising manager:
Samantha Thompson
01908 689589
samantha.thompson
@mk-news.co.uk

Classified advertising manager:
Hazel Basford
01908 689555
hazel.basford
@mk-news.co.uk

We would love to show you just how effective advertising in **MK NEWS** is. For the most cost-effective advertising solutions across Milton Keynes, call one of our sales staff
Advertising: 01908 242490
advertising@mk-news.co.uk

DISTRIBUTION

01582 390353
distribution@mk-news.co.uk
We carefully deliver 98,000 copies of our newspaper to homes and businesses across our city and the surrounding villages every Wednesday. We also deliver an additional 3,000 copies to shops, bars, restaurants and public buildings across MK each week, and personally hand out a further 2,000-2,500 copies to commuters at MK Railway station from 6.15am every Wednesday morning. We're the only local newspaper to do this, and have these copies independently audited. Total weekly distribution exceeds 103,000 copies every week.
We pride ourselves on offering the best possible free newspaper distribution delivery service. If our delivery to your address is not as efficient as we'd like it to be, please let us know by e-mail or telephone (listed above) and we'll do everything possible to rectify the issue.
Our deliverers and distribution staff earn top rates of pay. If you'd like to join us please contact our friendly distribution team on the phone/e-mail above.

LEAFLET DISTRIBUTION

01582 390353
distribution@mk-news.co.uk
Target your business message to anything between 3,000 and 103,000 homes across Milton Keynes and Buckinghamshire. Simply call for more information and prices.

WHERE TO FIND US

1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU
www.mk-news.co.uk
Phone: 01908 242490 Fax 01908 689550
Office open 9am-5.30pm or by appointment.
Published and originated by LSN Media Ltd
Printed by Cambridge Evening News

MKNEWS

ABC MK NEWS average distribution 97,426 copies January 2008-June 2008.
LB NEWS average distribution 17,152 copies January 2008-June 2008.

MK and LB NEWS total combined average distribution 114,578 copies.

Railway station copies – MK NEWS also hands out 2,000 copies per week to commuters at MK railway station on a Wednesday morning.

MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Vet pet gripe

SIR – With the recession now in full swing and money becoming scarce, pet owners can't afford afford veterinary treatment.

The charge for consultation is £25, on top of treatment.

Perhaps it is time for vets to reduce fees for now, otherwise they will find owners opting to buy the medication from chemists and online.

If not flexible, vets could soon find themselves in the same cash-strapped state as their clients.

P Willis
Bletchley

Photo opportunity

SIR – I write regarding your story about the speed cameras being tested on the A421.

As a resident of the nearby estate of Furzton, I tend to use this stretch of road on a daily basis.

I don't seem to remember any death happening since the council closed off the right turn entrance into Furzton itself some time ago.

So wouldn't these camera's be better suited on a section of the single carriageway A421 near the Thornton/Thornborough areas where the mindless motorists persist on overtaking on the blind summits there?

Name and address supplied

Congestion improved?

SIR – I have one question for Mark Orr following his facile and simplistic critique of traffic lights in Milton Keynes (Letters, December 31).

Have you driven through Junction 14 at peak at peak time since the traffic lights were completed?

It is an undoubted technical success and has significantly improved congestion, not caused it.

Simply claiming that the people who put this scheme together did it through 'sheer stupidity' is unnecessarily offensive.

Roundabouts are great when everyone gets an even chance; but when there is a dominant traffic flow, everyone else suffers.

What he should be more concerned about is the considerable aesthetic cost that accompanies these changes.

All flora has been eradicated, from drifts of spring bulbs on the reservations replaced by tarmac to mature cedar trees felled in the centre of the Northfield Roundabout to make sightlines for CCTV cameras; Armco barriers everywhere that bring a motorway mentality into the city's roads and so many warning signs that there is no time left to look at where you are going.

MK's grid roads and boulevards were designed as landscape set pieces that have become the signature of our city.

The changes are simply engineered for traffic.

Come on MK Council – we must be able to do better than this?

Lawrence Revill
Milton Keynes Village

■ SIR – I read with dismay the letter from Mr Orr about traffic lights in Milton Keynes.

I have no problem with traffic lights breeding in Milton Keynes but I do have a problem with them at roundabouts – in fact I have a problem with the roundabouts full stop.

Roundabouts are not environmentally friendly they are downright dangerous and help increase our carbon footprint.

Here's how: They have illuminated signs at every entrance not used at traffic lights, a driver has to slow on approach steer left into the roundabout then steer right to go straight on or right then steer left to go off the roundabout.

How much rubber is wasted doing this as opposed to just braking and then going straight?

What about the extra distance covered to go round the roundabout? It may be only a metre or two for each car but then multiply that by many thousand an hour at peak time how much fuel is that wasting?

As for all the greenery to absorb the CO2 how dangerous is the total lack of visibility due to the hump and trees and bushes.

So you approach slow think it's clear then suddenly from nowhere a car appears so you brake hard then when you see a gap accelerate hard to get out – what a waste.

You only have to look at the roundabouts around the town to see, the overpaid brainless so called leaders, have no idea of what's going on with all the kerbstones dislodged by trucks as the lanes are not big enough for a truck and a car to get round at the same time.

I drive a large articulated truck and often as I approach a roundabout slow down look to see if it is clear, it appears clear as I cannot see through the bushes so start to pull out at as little as three mph only to have a car appear from behind these bushes.

That forces them to brake to allow my nearly 50ft vehicle to accelerate out of the way.

However, at traffic lights I can slow down steadily using no fuel, gauging it so I quite often don't have to stop and as they change – just accelerate gently at about five mph – a reasonable improvement and no surprise traffic from the right.

As for the sponsorship angle. Why do they sponsor roundabouts? Does the grass mow itself? Do the trees prune themselves? I don't think so – the sponsorship merely helps reduce the maintenance costs.

Traffic lights themselves are nowhere near as expensive to run as they are now leds not bulbs so consume very little power.

Where it all goes wrong is where we have traffic lights on roundabouts – IT SIMPLY DOES NOT WORK.

The other day I went round a roundabout and got stopped at every set of lights yet there was no traffic coming from my left to join the roundabout. That's four stops and starts where cross roads with lights would have been one and a roundabout without traffic lights would also have been one.

Low level roundabouts that can be seen across are really good with low or moderate flows of traffic but are self defeating with heavy traffic.

How about on the major routes H6, H3, H8, V6, V8 do away with the roundabouts and have proper programmed intelligent traffic lights to keep the flow going?

Earlier this year I was in Egypt here they have countdown lights showing how many seconds to the lights changing – a brilliant idea and it works superbly well.

The black and white chevron deviation marker signs we have here are also illuminated with leds and flash red and white as traffic approaches – also brilliant and all powered by solar.

While on the subject can we not get our existing lights reprogrammed to speed up traffic and reduce congestion?

By reprogramming the lights, London has been able to significantly speed up the traffic – well done Boris!

Name and address supplied

Working hard to deliver for mums and families

SIR – Further to the article on maternity services at Milton Keynes Hospital NHS Foundation Trust printed on December 24.

It is important that your readers are aware that the hospital is working hard to improve the services that we deliver to local mothers and families.

Patient safety and the delivery of high quality care are our top priorities. We have accepted all of the recommendations made by the Healthcare Commission, who we invited in to review our services.

We are developing a culture and systems to ensure that we learn from everything that we do. Consultant presence on the Labour Ward has increased, which has further improved communication between staff members.

We are committed to raising the standards of our maternity services and improvements have already been taken forward. We have initiated more team working involving all Maternity Unit staff, a new leadership team is in place and more postnatal beds are being opened.

Several staff recruitment campaigns have successfully boosted our midwife numbers. Numbers of births in Milton Keynes increased by eight per cent from 2004/5 to 2006/7 and a record number of 3,767 babies were delivered in the hospital over 2007/08. As this increase is predicted to continue to rise, an ongoing recruitment campaign is central to service development.

Our staff recognise that the experience of each and every woman is important and I am confident that the hospital's workforce is dedicated to delivering the best care possible.

Tony Halton
Director of nursing at Milton Keynes Hospital NHS Foundation Trust

Wind turbine claims seem to be all hot air

SIR – National newspaper reports recently said that the British Wind Energy Association (BWEA) has scaled down its calculation for the amount of harmful emissions eliminated by the use of wind turbines.

The BWEA speaks on behalf of the wind farm industry and has been claiming that electricity from wind turbines 'displaces' 860 grammes of carbon dioxide emission for every kilowatt hour of electricity generated.

Following talks with the Advertising Standards Authority, the BWEA has now halved that figurre to 430 grams.

A wind farm industry source was quoted as saying: 'It's not ideal for us. It's the pressure by the anti-wind farm lobby'.

Which may make us think that, but for the pressure, the wind farm industry would be free to double their claims without any kind of challenge.

Why are we all so gullible?

It is interesting to note that since December 22 there has been hardly a breath of wind and the huge wind turbines planned for Petsoe would have been standing idle.

Not only has it been windless, but it has also been extremely cold. I am very grateful that we will still be using power generated by other means as we would have had a dark and bleak Christmas and New Year, if we had been relying solely on wind power.

Given that the projected 'displacement' figure has now been halved and that Petsoe lies in one of the least windy areas in Britain, concerns about the usefulness of this wind farm seem more than ever justified.

Miranda Powell-Sheddon
Home Farm, Hardmead
Newport Pagnell

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

INTERNET
WWW.MK-NEWS.CO.UK

Hospital stretched by NY booze blitz

BY ROB GIBSON
rob.gibson@mk-news.co.uk

HOSPITAL services were stretched to capacity over New Year's Eve.

While many listened to the bells in good spirit, other revellers spent the night in hospital after drinking heavily at pubs, bars and house parties across the city.

The Accident and Emergency department at Milton Keynes Hospital took 135 patients in on the night.

Resources were already under pressure following the Christmas period, when the hospital appealed for people to seek help elsewhere if treatment was not needed urgently.

On Friday, matron, Julie Orr, said: "The A&E department remains very busy. Unsurprisingly, alcohol is one of the main reasons people end up at A&E over the holiday period, with Christmas parties and New Year's Eve all encouraging revellers to go beyond their normal limits.

"When more alcohol is consumed we typically treat more people for assaults and alcohol-related accidents."

She said that many of the patients admitted on New Year's Eve were seriously ill and in the following 24 hours 203 people were treated.

Of these, 130 were classified as major injuries or illnesses.

Mrs Orr said: "The hospital has robust preparations in place so that services continue to provide timely care throughout the winter period. The hospital reviewed its plans and opened a new ward to help us deal with winter pressures and with the additional demands created by the colder months."

The hospital has urged people to use alternative sources of treatment for any illness or injury that is not serious or life-threatening.

People suffering from the winter vomiting virus, norovirus, have been asked to stay away in an effort to reduce any possibility of an outbreak at the hospital.

The first signs of norovirus infection include a sudden onset of nausea, followed by projectile vomiting and diarrhoea, possibly accompanied by a mild fever, headaches, stomach cramps or aching limbs.

Council not too bright as it lets Christmas street lights burn for 24-hours-a-day

THE lights of Christmas shone down on Wolverton for longer than most festive scenes this season.

Even during daylight hours, the Christmas lights around Wolverton Square burned strongly, to the surprise and confusion of residents and shoppers.

The town council said that the lights were not supposed to be on during the day and the problem was caused by a faulty switch on the timer.

One shopper, Clifford Rose said: "They've been on constantly, day and night, for two weeks. I couldn't believe it, it's beyond a joke."

Mr Rose noticed the problem on December 22, shortly after the lights were erected.

The Christmas lights had still not been taken down as MK NEWS went to press last night and were still on during daylight hours.

No drugs problem at prison – governor

THE head of Woodhill Prison says his jail does not have a problem with drugs.

The statement follows news that a man admitted trying to smuggle a heroin substitute into the high security prison by crushing it and putting it in the ink of a children's painting.

John Ferris, from Northampton, was sentenced for attempting to supply the class C drug at Northampton Crown Court last month.

Though the painting was seized before it reached the intended inmate, governor of HMP Woodhill, Luke Serjeant, said it proves the 'desperate' lengths people will go to to get drugs into the prison.

The police and Community Safety Partnership's most recent round-up of the year's crime, named Oakhill, where Woodhill is situated, as one of the three places most beset by drug supplying, due to people attempting to smuggle drugs into the prison.

But Mr Serjeant believes the prison is winning in its battle against drugs.

Last year the governor declared war on the illegal substances after one of his prison officers admitted attempting to supply drugs to inmates.

The prison monitors drug use with mandatory testing, ensuring a percentage of prisoners are randomly tested to identify whether they have used drugs whilst in custody.

In November this stood at 4.75 per cent positive tests for the year, which Mr Serjeant believes is a 'remarkably low figure'.

He said: "Large numbers of prisoners at Woodhill enter the prison with a problem of addiction. We tackle this from every direction, providing support where it is needed, but also using intelligence and vigilance to prevent attempts to smuggle in drugs and dealing severely with any prisoner found to be involved in the use of or supply of drugs while in our custody."

He added: "Getting drugs into Woodhill is difficult and dangerous for those attempting it. This can be demonstrated by cases over the past year which have seen significant terms of imprisonment handed out by the courts."

NEW SHOWROOM NOW OPEN

Beautiful Windows, Doors & Conservatories

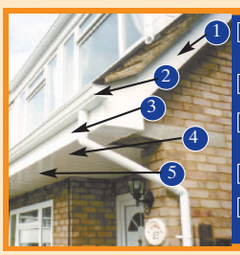
NEW Showroom

Gallagher & Cropton have been installing Windows, Doors and Conservatories in and around the Milton Keynes area for 18 years.

At Gallagher & Cropton we pride ourselves on our fast, reliable and efficient customer service. Our windows and doors are of the highest quality and come with a British Standard Kitemark plus we offer a 10 year insurance backed guarantee. Gallagher & Cropton will not be beaten on price, so call us first and transform your home forever. We are honoured to say that 90% of our work is from recomendations

Licensed Credit Broker. Office of Fair Trading No. 544160. Insist on a British Standard Kitemark window.

Doors from £499 inc VAT & Fitting While stocks last



1 BARGE BOARDS
2 GUTTERING
3 FASCIA BOARDS
4 SOFFITS
5 VENTILATION

Installed in 21 Days
Instant Security
Best Prices Guaranteed!

PRICE PROMISE Good quality, expert installations, exceptional after sales. All this doesn't have to be expensive. Bring down any written quote into our new showroom and WE WILL BEAT IT!

GALLAGHER & CROPTON LTD

Visit our NEW SHOWROOM at:
Unit 14, Stadium Business Court, Lyon Road, Bletchley
Showroom hours: Mon-Fri 10am-5pm. Sat & Sun 10am-3pm.
Office hours: 9am-9pm. 7 days a week

01908 639666

www.gallagherandcropton.co.uk

Quality PVC-U windows and doors we put our name to

Insurance Backed Guarantees

FENSA Registered Company No. 18685

Windows • Doors • Conservatories • Fascias • Soffits • PVCu Cladding

Take comfort in genuine savings

in the Hatters Winter Sale.

We are delighted to announce that our celebrated Winter Sale is now on when our quality furniture and carpets will be available at genuinely discounted prices. In this our 50th Anniversary year there will be extra special reductions on leading brands which is sure to stimulate a lot of interest. Please call in; you'll be spoilt for choice and great value.

In over 100 room settings and in every department, you'll find some of the most famous brand names in fine home furnishings, including Stressless, Ercol, G-Plan, Nathan and many more... and at lower prices too!

Free delivery on items over £150 within 30 miles of the store.

Sale Now On

LIVING, DINING & BEDROOM SUITES
LEATHER RECLINER SOFAS & CHAIRS
CARPETS & FLOORING · FITTED KITCHENS
BEDS & BEDROOM FURNITURE
CANE & RATTAN · WALL COVERINGS
ANGLIA AUDIO & TELEVISION
HAMMONDS FITTED BEDROOMS
AMPLE FREE PARKING · COFFEE BAR

Genuine reductions throughout the store

Stressless · nathan · G Plan · Peter Guild · VI-SPRING · ERCOL · gallery Experts in the kitchen · Brintons Fine Carpet · Karndean Designflooring · Axminster

50 YEARS
FIFTY YEARS OF FINE FURNISHINGS
1959 Hatters 2009

Hatters
FINE FURNISHINGS

For all your home comforts

532 Goldington Road, Bedford MK41 0DX Tel: 01234 350516
Open: Monday - Saturday 9am - 5.30pm Sunday 11am - 5pm

www.hattersfurniture.co.uk

Cannabis farms a growing problem

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THESE were the cannabis plants found by police when they raided an Oldbrook house last week.

On Friday, around 200 plants were taken from the house, along with equipment used to cultivate them.

Tran Tung, 25, from Oldbrook Boulevard was charged with cultivation of a class C controlled drug and has been remanded in custody.

PC John Ellis, who led the raid, said that this could be one of many such farms.

"We have been able to shut down the drugs farm and help put a stop to the supply of drugs in our community.

"We will not tolerate drug farms in Milton Keynes. We will continue to put a stop to drug dealers coming into Milton Keynes and setting up these farms.

"There could possibly be other cannabis farms on other estates in MK and it is vital residents are aware of any signs of cannabis farms and contact the police if they suspect anything.

"We rely on community intelligence for raids such as this and we need their help to stamp it out of the city all together."

The police and Community Safety Partnership's most recent strategic assessment, detailing a year's worth of crime in the city, said that the area has suffered from cannabis farms being set up.

Between July 2007 and August 2008 it says there were 55 offences regarding cultivation of cannabis, the majority of which were linked to Vietnamese organised groups operating in the UK.

There were 10 farms in Fishermead and four in Bradville, from where cannabis was harvested and exported.

Thames Valley Police continue to rely on the community for information and the neighbourhood team can be contacted on 0845 8 505 505.

> We rely on community intelligence for raids such as this and we need their help to stamp it out of the city all together
>
> **– PC John Ellis**

Pub landlord denies attacking customer

THE landlord of a village pub is on trial for causing grevious bodily harm to a customer.

Paul Becks, boss of the Lowndes Arms in Whaddon appeared at Aylesbury Crown Court on Monday for the start of a four day trial.

The forty-one-year-old, from High Street, Whaddon, is charged with an alleged GBH which left 52-year-old Seven Bailey with serious head injuries outside the pub on Saturday, August 4, 2007.

Mr Becks has pleaded not guilty to the offence.

On Monday the court heard four pub regulars who were in the bar that evening claim they overheard Mr Becks say he had punched a customer on the nose.

Geoffrey Chandler said he became aware of an altercation in the pub's restaurant at around 7.30pm when Mr Becks said a man had been removed from the premises.

His wife, Susie Chandler, said Mr Becks appeared to wash his right hand under a tap behind the bar and 'looked upset'.

She believes she heard him making a phone call to the emergency services saying he had been attacked.

When the group left the bar around 10 minutes later they saw a man on a driveway to the side of the pub close to the road, the court heard.

Mrs Chandler went to give first aid and found he was bleeding from his ears and head and was falling in and out of conciousness.

She claims she saw Mr Becks throw water over the man's face.

Another witness, Shirley Vincent, said she had seen one of the pub's chefs carry the customer out of the pub followed by Mr Becks.

The case continues.

'The reduction is wonderful news but no comfort for those families that have lost a loved one': Mick Doyle, Superintendent of Roads Policing at Thames Valley Police

Road fatalities fall below 100

BY ROB GIBSON
rob.gibson@mk-news.co.uk

THE number of people killed on roads in Thames Valley has fallen below 100 for the first time on record, according to police figures.

The statistics, released by Thames Valley Police on Monday, show that road deaths in 2008 were down to 95, 19 per cent lower than in 2007 and 34 per cent lower than in 2006.

Sue Brown, chairman of the Safer Roads Partnership Board, said: "To have witnessed the reductions in road deaths that we have seen, in the last year in particular, marks a dramatic change on our roads."

Mick Doyle, Superintendent of Roads Policing at Thames Valley Police, said: "The reduction is wonderful news but no comfort for those families that have lost a loved one last year.

"Far too often officers have to break the news to somebody that their son, daughter, wife or husband is never coming home again."

He praised the work of his colleagues and education initiatives like The Young Driver Scheme and Safe Drive, Stay Alive.

However, the force admitted that the figures for 2008 could increase once coroners have finalised their investigations in to the causes of some collisions.

The figures also showed that over 30 per cent of those who died were under the age of 25, 18 per cent of the deaths were motorcyclists and 14 per cent were over the age of 70.

Low fat, less salt, fish – better heart

HEART disease is something everyone should be worried about.

That is according to a hospital heart specialist who is urging residents to look after the organ in 2009.

Coronary heart disease accounts for more than 15 per cent, and strokes for five per cent, of total deaths in and around Milton Keynes.

So Alison Smith, advanced nurse practitioner for cardiac rehabilitation at Milton Keynes Hospital, is urging people to look after their heart, with simple steps such as switching to low fat foods, eating less salt but more fish and taking time to relax.

She said: "There are many ways for people to help kick off a heart healthier 2009. More people stop smoking in the New Year than at any other time. However, it is important for people to look out for signs of coronary heart disease and to pay attention to lifestyle, such as eating, exercise, smoking and drinking to help prevent heart disease, not just in the New Year, but throughout the year.

"Heart disease, which causes heart attacks, should be a concern for everyone. People also need to start thinking about their health at a younger age. Heart disease is often thought of as an older person's problem, but lifestyle choices such as binge drinking, taking recreational drugs and eating fatty foods increase the risk of developing heart problems."

East-west rail link design by year end

THE complete design for a section of the East-West railway will be finished by the end of this year.

Work has begun on the designs and a business case for the western section of the line, between Oxford and Milton Keynes and Aylesbury to Milton Keynes.

The project has been commissioned by Milton Keynes Partnership (MKP) and the East-West Rail Consortium.

Atkins Consultancy has been awarded the contract to provide a fully costed outline design of the civil and railway engineering infrastructure that is needed.

A further review of existing train services between Bletchley and Bedford is also anticipated in order to improve connections to Bedford.

John Lewis, chief executive of MKP, said: "Over the next 12 months we're aiming to develop a robust funding strategy in co-operation with local planning and transport authorities, the South East England Regional Assembly and SEEDA to secure a significant proportion of the cost of the capital scheme through private sector contributions.

"We also want to develop this scheme by working in collaboration with the rail industry and our recently signed agreement with Chiltern Railways is a good example of this."

The design project should be complete by December 2009.

The overall East West Rail scheme envisages an orbital rail route linking Swindon, Oxford and the Thames Valley with Cambridge and East Anglia, serving Milton Keynes, Aylesbury and Bedford.

New Horizon gets to the Heart of MK

MILTON Keynes has a new radio station.

Heart, the new identity for Horizon Radio, went on air for the first time at 6am on Monday.

The breakfast team Wes & Ros officially launched the station when they launched 1,033 red balloons from the front of Xscape – anyone finding a balloon could win £500 to spend at Xscape.

Programme controller Chris Gregg said: "This is a very exciting day for Milton Keynes. As well as local favourites such as Wes & Ros, we are delighted to welcome Toby Antis and Jason Donovan to the station."

Heart is on 103.3 FM

Plane crash causes weekend rail chaos

BY ROB GIBSON
rob.gibson@mk-news.co.uk

RAIL chaos caused major headaches for passengers travelling from Milton Keynes over the weekend.

Severe delays began at midday on Friday after a light aircraft crashed into power lines on the West Coast Main Line, near Stafford, Staffordshire, killing three people.

Northbound services from Milton Keynes Central were cancelled between 12pm and 2.15pm, southbound services were also disrupted and the two remaining Virgin Train services north were diverted through the West Midlands, adding an hour to journey times.

The misery increased on Sunday when 600 passengers were left stranded at Milton Keynes Central after a power line was damaged at Watford Junction at about 3.30pm.

All services between London Euston and Milton Keynes were cancelled and train operators put on buses to enable passengers to complete their journeys.

Railway engineers worked throughout the night to fix damage to overhead power lines at Watford and the line was finally cleared at about 4am on Monday.

A spokesman for Virgin Trains described the problems as 'hugely frustrating for our passengers'.

Further problems were caused yesterday when two of the four lines connecting London with the North were shut down because of 'sagging' in overhead cables near Bletchley, spotted by a train driver at 6am.

Engineers were repairing the faults but lines remained closed during the morning peak hours.

A spokesman for Network Rail said: "We have had to close two of the four lines while our engineers repair the fault."

Passengers are advised to check before they travel.

Happy Monday!

Monday 12th January 09
Coca Cola League 1
MK Dons vs Colchester United
Kick-off 7.45pm

club Red	Adults £34.20 / Concessions £29.40 / Juniors £24.50
East Premium	Adults £23.50 / Concessions £18.60 / Juniors £13.70
East and West Wing	Adults £20.50 / Concessions £15.60 / Juniors £10.70
North and South stand	Adults £18.60 / Concessions £13.70 / Juniors £8.80
Standard Corners	Adults £16.60 / Concessions £11.70 / Juniors £6.80
Family Wing	Adults £18.60 / Concessions £13.70 / Juniors £6.80
Family Corner	Adults £16.60 / Concessions £11.70 / Juniors £4.90

mkdons.com
box office: 01908 622900
boxoffice@mkdons.com

Superb Value 5 Day Break
THE ROYAL PARADE HOTEL
EASTBOURNE

£129 PER PERSON

Eastbourne is charming and sophisticated and harks back to the times when seaside resorts were in their elegant heyday. In this popular resort everything is within easy reach with the seafront promenade virtually leading straight on to the foot of the beautiful Eastbourne Downs and Beachy Head.

The hotel has an excellent seafront location with a sun lounge from which to enjoy the sweeping views over the English Channel. Rooms are en-suite and have TV and tea and coffee making facilities. There is a ballroom and entertainment most nights.

During your stay we will see much of the beautiful area on our FREE excursions including Brighton, Battle, Hastings and Lewes.

Comprehensive insurance is available if required at £14.50 per person and our standard terms and conditions apply.

THU 5 TO MON 9 MAR

What's included for £129...

- **Return coach travel from M.KEYNES, BLETCHLEY**
- **4 nights dinner, bed & breakfast (single room supplement £30)**
- **Three FREE excursions**
- **Live entertainment most evenings**
- **Same seat, same coach, same driver throughout**

The Coach Holiday.com
Pate Court, North Place,
Cheltenham, GL50 4DY

To book call us on
01242 261666
Tour ref: 90030
theCOACH HOLIDAY.com

Rosemary Conley Diet and Fitness Clubs

Lose 7lbs in 14 days*
at your local Rosemary Conley diet and exercise class!

UNBEATABLE VALUE!
Weigh-in AND Work-out
ONLY £5.50 a CLASS

Call Anne on 01908 503177
anne.forrow@rosemaryconley.com

SATURDAY
Russell Street School
Russell Street, Stony Stratford, Milton Keynes
10:00 - 11:30 am

MONDAY
St Bernadette's Catholic Primary School
Tewkesbury Lane,
Monkston Park, Milton Keynes
5:45 - 7:15 pm

Portfields Combined School
Westbury Lane, Newport Pagnell
8:00 - 9:30 pm **- Circuits**

TUESDAY
Tickford Community Centre
Adjacent To Middleton Swimming Pool,
Tickford Street, Newport Pagnell
09:45 - 11:15 am

Bradwell Village Middle School
Walgrave Drive, Bradwell, Milton Keynes
6:00 - 7:30 pm & 7:30 - 9:00 pm

WEDNESDAY
Ashbrook First School
The High Street, Two Mile Ash, Milton Keynes
6:00 - 7:30 pm

Portfields Combined School
Westbury Lane, Newport Pagnell
6:30 - 8:00 pm
8:00 - 9:30 pm **- Salsa**

THURSDAY
Russell Street School
Russell Street, Stony Stratford,
Milton Keynes
6:00 - 7:30 pm

Simpson Combined School
Old Groveway, Simpson, Milton Keynes
6:00 - 7:30 pm

Russell Street School
Russell Street, Stony Stratford, Milton Keynes
7:30 - 9:00 pm

Simpson Combined School
Old Groveway, Simpson, Milton Keynes
7:30 - 9:00 pm **- Salsa**

free membership** worth £10 plus free portion pots® worth £4.88
Offer applies to New members only call for details

Call Maria on 01908 749005
maria.burnell@rosemaryconley.com

SUNDAY
Shenley Brook End School
Walbank Grove, Shenley
Brook End, Milton Keynes
09:45 - 11:15 am

MONDAY
Fulbrook Middle School
Weathercock Lane, Woburn Sands,
Milton Keynes
6:00 - 7:30 pm **- Salsa**

Shenley Brook End School
Walbank Grove, Shenley Brook End,
Milton Keynes
6:00 - 7:30 pm
7:30 - 9:00 pm **- Salsa**

WEDNESDAY
Church Of The Servant King
Dulverton Drive, Furzton, Milton Keynes
09:45 - 11:15 am

Knowles Junior School
Queensway, Bletchley, Milton Keynes
6:15 - 7:45 pm **- Salsa**

THURSDAY
The Lord Grey School
Rickley Lane, Bletchley, Milton Keynes
6:00 - 7:30 pm **- Salsa**
7:30 - 9:00 pm

* Trialists lost on average 7.25lbs in two weeks
**Valid until 31/01/09 Cut out this ad and bring it with you to claim offer

BRITAIN'S BIGGEST EVER BED SALE

ENDS MONDAY 8PM

PLUS EXTRA SAVINGS

over 50% OFF THOUSANDS OF BEDS

Plus Free Credit on every bed!

save £202
£157

Susannah - solid pine double designer bedstead. After event £359

over 60% OFF

Carlow - double divan set with memory foam that moulds to the shape of your body. After Sale £1999

save £1221
£778

over 60% OFF

Firenza - fashionable silver double bedstead. After Sale £299

save £201
£98

over 50% OFF

Cumbria - deep tufted double divan set with a twin spring unit for added comfort. Was £599

MYER'S

save £306
£293

over 50% OFF

Turin - modern ivory leather double bedstead with built-in storage. After Sale £1199

REAL LEATHER

save £701
£498

Everything for a great night's sleep...

Divan Sets from £99

Bedsteads from £77

Adjustable Beds from £486

Kids' Beds from £77

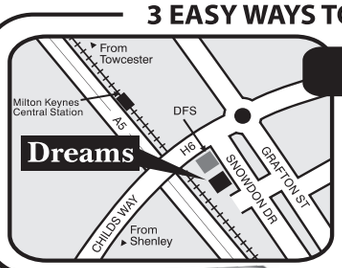
Mattresses from £49

Bedding from £3.99

Bedroom Furniture from £69

Plus, we offer you | the lowest prices | £ | next day delivery | and we'll even collect & recycle your old bed

3 EASY WAYS TO BUY | **Over 200 Superstores** | **www.dreams.co.uk** | **0844 5565 500**



MILTON KEYNES

Winterhill Retail Park
Snowdon Drive MK6 1AZ
01908 676 737
Opposite DFS

OPEN 7 DAYS A WEEK (OPEN 'TIL 8 MON - FRI)

OTHER BRANCHES

Aylesbury 01296 421 400
Bedford 01234 326 894
Bedford 01234 365 210
Dunstable 01582 478 588
Luton 01582 508 441
Northampton 01604 631 978

Dreams

Britain's *leading* Bed Specialist

Open weeknights 'til 8pm

Next day delivery refers to stock items only. Dreams Price Promise - see instore for details. Headboards are extra. Mattress & bedding are extra on bedsteads. Was prices may have included added value offers and were available at all Dreams stores open 06/11/08 - 04/12/08. After Sale prices apply after 2nd March 2009. Free Credit on every bed (0% APR). Minimum deposit 20%. Credit subject to status. This advert is the copyright © of Dreams plc 2009.

0% APR TYPICAL

Christmas is put on hold as Keano fights for his life

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

AT Christmas most children spent the day opening presents and enjoying the festivities with their families.

But three-year-old Keano Klein was fighting for his life in a hospital miles from home, using a machine to breathe.

As MK NEWS revealed last month, the Zimbabwean toddler, who now lives in Conniburrow, has a rare blood disorder. After many operations he was hit by a severe lung infection.

He was admitted to Leicester Royal Infirmary's intensive care unit before Christmas, where he remains.

Only a bone marrow match donor will save his life, but the chances of finding a match are very slim.

Even if a donor is found, he may be too ill to have the transplant.

But his mother Chantelle Moore, 31, has vowed to continue the search to have someone 'on standby' if he does become well enough.

She said: "He's hanging in there but his lungs are packing up. The problem is, if his lungs get any worse, he won't be able to have a transplant. You've got to be 100 per cent for a bone marrow transplant. But I'm going to carry on with this drive."

Keano had a CT scan last Thursday showing that oxygen is still getting to his brain, giving Miss Moore hope.

The support she has received, with nearly 800 people joining the Facebook group, has 'touched' the former secretary, who left Zimbabwe in October due to the poor medical facilities.

She added: "The doctors have told me it's not looking good. I have to face reality. But I'm taking every day as it comes.

"If he does pull through I want to give him a late Christmas. I haven't opened my presents yet. Everything is on hold."

A donation day was held in Stony Stratford last month to find a match for Keano and get more people on the donor register.

If you think you could become a donor, contact the Anthony Nolan Trust on 020 7284 1234.

> "It's not looking good ... if he does pull through I want to give him a late Christmas
>
> **– Keano Klein's mum Chantelle Moore**

Advice service inundated as recession hits families

PLEAS for help from the city's credit crunch-hit residents are inundating a local service.

Queries about debt, employment, mortgages, fuel and even family breakdown have increased massively at the Milton Keynes Citizen's Advice Bureau.

Director of MK CAB, Wendy Lehmann, said its busy waiting room reflects the recession's impact on residents.

A 'phenomenal' increase in people approaching the Midsummer Boulevard-based service was revealed at the most recent count, and there are no signs of this letting up as the service goes into the New Year.

Between April and September 2008, compared to the same period in 2007, queries on debt increased by 18 per cent, employment by 46 per cent and housing by 27 per cent.

Meanwhile, mortgage and secured loans issues were up 59 per cent, fuel debts by 24 per cent and bankruptcy by 67 per cent.

There was a 104 per cent increase in approaches to the service regarding redundancy.

And enquiries about divorce and separation shot up by 60 per cent.

Each approach is counted as an 'issue', rather than individuals.

Ms Lehmann said MK CAB should remain the first port of call for people hit hard by the credit crunch.

"We have been busy and the statistics speak for themselves," she said.

"Even though the figures only go up to September, the increase in demand has continued through the final quarter and we have started the New Year as busy as ever.

"We can't say it's the worst it's ever been, but the rise in demand in previous recessions not quite as bad. This is more dramatic."

She said she cannot remember the last time there was this level of increase.

However MK CAB is braced to deal with the demand and has been in meetings with the council and health authorities to talk about how to help residents.

■ **Anyone in need of advice can call 0844 4994122 or contact the team through www.mkweb.co.uk/citizens_advice**

leapfrog DAY NURSERIES
Part of the Busy Bees Group

A place to play, learn and meet new friends at Leapfrog in Milton Keynes

SPECIAL OFFER
Free registration when you register in January 2009
(on production of this advert)

Open 8am until 6pm
Sensory Room
Excellent large garden areas
Highly skilled, qualified staff
CCTV & Secure access systems
Weekly Stretch and Grow sessions
Settling in sessions
Large car park

Limited places available
Come and have a look around

Call Julie on 01908 231 475
Leapfrog Day Nursery, 11 Duckworth Court, Oldbrook, Milton Keynes MK6 2RX
www.leapfrogdaynurseries.co.uk

FRAME maker

Fantastic savings on all frames and mirrors

We've got a whole month of super savings on all our mirrors and picture frames this new year. Don't miss out, pick up a great bargain in 2009.

UP TO **15% OFF** ALL FRAMING

FROM **26TH DEC - 31ST JAN** 2009

UP TO **50% OFF** ALL MIRRORS

You'll find a great deal at both our outlet stores:

Stacey Bushes Trading Centre
Unit 13-14, Erica Rd
Stacey Bushes
Milton Keynes
MK12 6HS

Systems House
Newport Road
Wavendon
Milton Keynes
MK17 8AA

Phone **08448 488 222**
Visit **www.framemakermk.co.uk**
Open 7 days a week

MKNEWSBRIEFS

Eight lose jobs

STAFF from a Bletchley children's clothing shop will have to look for new jobs.

Adams Childrenswear, which went into administration last week, announced on Monday that its Bletchley branch would be among the 111 branches to close.

Its head office says that eight staff are affected.

Meanwhile, the city's two Woolworths, which employed more than 150 people, closed their shutters for the final time.

Although thecentre:mk and Newport Pagnell stores were due to close on January 2 and 5, they were each kept open an extra day to sell off the remainder of their stock.

Adult learning OK

THE council's adult education service is 'satisfactory' and getting better.

This is the view of Ofsted which inspected the Adult Continuing Education Service, run by Milton Keynes Council, in November and have rated it as satisfactory (Grade 3).

The inspection team was impressed with the 'good range of courses to meet community need', effective strategic management' and 'good promotion of equality of opportunity'.

The partnership workwith both Milton Keynes College and the voluntary sector was also praised.

Key areas for improvement are the low success rates at level 2 on accredited courses and the proportion of good or better teaching.

Roundabout rage

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A CALENDAR called Roundabouts of Milton Keynes has been dropped after the makers were flooded with complaints.

There will be no 2009 edition of the calendar, which has showcased the city's roundabouts since 2004.

Designer Kevin Beresford, 56, said: "We had a lot of complaints about it in 2008, from people saying where is Milton Keynes?

"It's a shame I've had to cancel it.

"It was my easiest photo shoot because there are roundabouts everywhere"

This year Kevin has focused his efforts on a calendar called Her Majesty's Prisons of England, which has already proved a hit among fans, selling out in December.

"We've sold thousands of them, I can't believe it," Kevin said.

"Every Christmas you see calendars of Beckham and Jordan or fluffy kittens etc, so we see ourselves as the punk rockers of the calendar world.

"I'm thinking of doing a road kill calendar next year."

Kevin launched his business, Roundabouts of Britain, with a calendar of roundabouts from his home town of Redditch, Gloucestershire.

He went on to produce roundabout calenders for Ireland, Swidon, and of course Milton Keynes, which is renowned for its abundance of roundabouts.

The new prison calendar, which could feature Milton Keynes' HMP Woodhill in the 2010 edition, has even received the blessing of the Home Secretary, Jacqui Smith, who is Kevin's local MP.

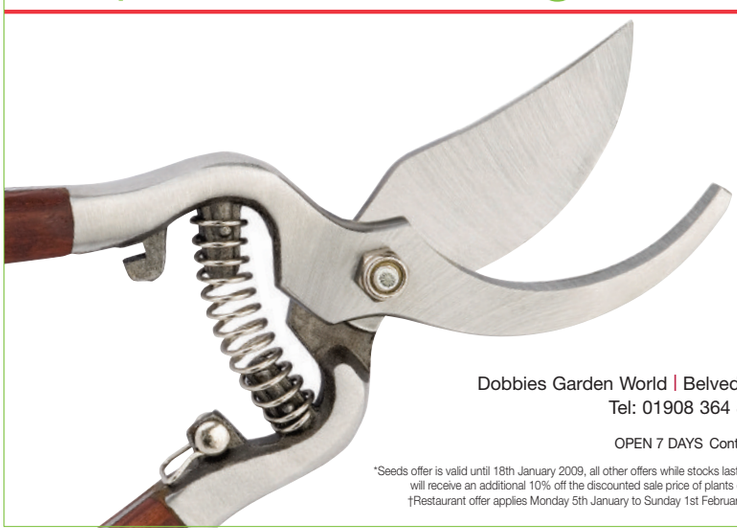
Other inventions include Crap Celebs 2009, which claims to feature Paul Burrell's butler, the president of the Heather Mill's fan club and Al Pacino's gardener.

■ www.roundaboutsofbritain.com

MOTs £30
Monday-Friday · Saturday MoT £45
ON PRODUCTION OF THIS ADVERT
COMFORTABLE FAMILY WAITING AREA
86E HIGH STREET, STONY STRATFORD
FULL SERVICE £80 PLUS PARTS PLUS VAT INCLUDES MOT
UNIQUE CAR SERVICES
01908 566355
we sell tyres online...
www.uniquecarservices.co.uk

MK's Premier Glass Company
Are your windows misted up, do they look dirty?
Is there water between the panes?
If yes then your double glazed units have broken down. We can replace these for you on a supply only or a supply and fit basis.
Now available Argon filled double glazed units
Fast, reliable service!
Call now for a competitive quotation.
CityGlass
Established 30 years
Buildbase yard
Simpson Rd, Bletchley,
Milton Keynes MK1 1BB
Tel: 01908 368686
Fax: 01908 632252
21 Vicarage Rd
Stony Stratford
Milton Keynes MK11 1BN
Tel: 01908 563866
Fax: 01908 560102
AA691113

Dobbies
sale now on
prices cut throughout the store
Plus up to 50% Off* Selected Plants & All Seeds



Winter Warmers at Dobbies Restaurant†
Two Dine Out for £10
Buy any two freshly prepared hot meals from our dish of the day selection for £10
(save up to £6 off menu price)
available 11.30am - 3pm only
Soup & Sandwich £4.50
Homemade soup and selected sandwiches
(save £1.50 off menu price)
available 11.30am - 4.30pm only

Dobbies Garden World | Belvedere Lane | Watling Street | Fenny Stratford | MK17 9JH
Tel: 01908 364 890 | Just off the A5 at Fenny Stratford
OPEN 7 DAYS Contact us for opening times or visit www.dobbies.com
*Seeds offer is valid until 18th January 2009, all other offers while stocks last. This offer is not valid in conjunction with any other discount, offer or promotion. However, Gardening Club members will receive an additional 10% off the discounted sale price of plants on presentation of a valid membership card. Offer excludes concessions and is not valid for online purchases.
†Restaurant offer applies Monday 5th January to Sunday 1st February 2009. Subject to availability. This offer is on selected products only. Please ask in-store for dishes of the day.
Dobbies GARDEN WORLD
it's in our nature
www.dobbies.com

Charity challenge

IS your New Year resolution to try a totally new experience?

Take up an adventure challenge in aid of your local hospice.

Willen Hospice has teamed up with Skyline and Discover Adventure to offer a range of ways that you can enjoy the experience of a lifetime and support their work.

New for 2009 are a trek along Hadrian's Wall; a four day sailing challenge from Poole to the Channel Islands and a cycle ride from Lands End to John O'Groats.

They also have a 'Leap for Love' parachute jump day on Valentine's Day.

Alongside these UK events there are also many runs, marathons and triathlons to take part in all around the world to support the hospice, which provides specialist care to adults with life limiting illnesses and their families in Milton Keynes and the surrounding area.

■ For more information call Lynn on 01908 306991 or visit www.willen-hospice.org.uk

Buy Direct During January for the Best Prices ANYWHERE

Save even more £££s with the incredible 'ONE PRICE' promotion

Carteck 40mm Insulated White Georgian Panelled Sectional Door

Handle & locking kit included when fitting for manual operation
Any one of 8 standard sizes (between 6'10"x 6'4" to 7'6" x 7'4")

ONE PRICE £795 inc vat
Was £1,160 inc vat

Steel-line Manually Operated Roller Shutter

Any one of 5 standard sizes between 4ft to 8ft wide up to 7ft high
Choice of 10 colours

ONE PRICE £348 inc vat
Was £610 inc vat

Novoferm Remote Controlled Door Package

New door, new frame, new operator
All fully assembled ready to fit.
Integrated operator, white finish,
Active security bolt system
Any one of 4 standard sizes

ONE PRICE £720 inc vat
Was £1,120 inc vat

Hormann LTE40 Steel Sectional Door

Ribbed wood-grain design
White factory finish
10 year guarantee
Any one of 4 standard sizes.

ONE PRICE £505 inc vat
Was £795 inc vat

Garador Steel Side Hinged Door + Steel Sub-frame

Vertical ribbed design
White factory finish
Any one of 3 standard sizes

ONE PRICE £580 inc vat
Was £920 inc vat

Garador Range of Panelled Up/Over Doors

Choice of 3 patterns -
Beaumont, Cathedral or Georgian
White powdercoat finish
Any one of 6 standard sizes

ONE PRICE £390 inc vat
Was £640 inc vat

Seceuroglide Insulated Roller Shutter Door

Aluminium with powder-coated slats
Choose from 12 colours
Made to measure
Sizes up to 7'8" wide x 7'6" high

ONE PRICE £890 inc vat
Was £1,240 inc vat

Hormann Vertical Ribbed Up/Over Steel Door

Canopy or retractable gear
White factory finish
10 year guarantee
Any one of 4 standard sizes

ONE PRICE £280 inc vat
Was £490 inc vat

Absolutely Enormous Range of Clearance Garage Doors - some slightly damaged, many perfect - all at massively reduced prices

Prices do not include delivery or fitting - if you require installation it is available by our own trained engineers – single doors from £120 – double doors from £250 - all subject to survey

Visit the country's premier showroom to view the wide range of working garage doors & operators, automated gate systems and a selection of awnings

THE GARAGE DOOR CENTRE

Local Sales Office
0800 525442
Mon-Fri 8.30am - 5.30pm, Fri 8.30am - 5pm, Sat 9am - 1pm

Head Office and Showroom
6 - 8 Meadow Close, Finedon Rd
Wellingborough, Northants
Tel: 01933 229135

www.thegaragedoorcentre.co.uk

Pitch in and own a piece of Olney's rugby club

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

A RUGBY club has asked the local community to help fund their new playing fields.

Olney Rugby Football Club recently bought Doff's Field at the back of its clubhouse but now needs to raise the £80,000 to complete the purchase.

As part of a plan to pay off the remaining money the club has launched a 'buy a square' project where people can buy a piece of turf on Doff's Field for £25 a square.

There are 1,000 plots of land available and each person buying a section will receive a certificate of appreciation.

Chairman Stuart Parkin, who has been involved with Olney as a player and committee member for 30 years, believes the new playing facilities are key for the development rugby in the area.

Stuart, who captained Olney for eight years, said: "The new playing field will be great for the town of Olney as well as the club because we're a big part of the community.

"It's important for the long term future of the club, and the youngsters playing here, that we have excellent facilities.

"I would emphasise people who buy a square do not own that section of land, it's just a fundraising project. Like when players buy a brick when building a club house.

"It has been our wish for a number of years to own Doff's Field because it's slap bang outside the club house. Now people can have a pint and watch the game. It's much more practical too.

"The new playing field will be great for the town of Olney as well as the club because we're a big part of the community."

Almost 100 plots have been sold and each owner's name is now inscribed on the Doff's Field sponsors board in the club house.

Olney have also been holding in-house raffles and collecting donations from members to go towards the funds.

The club have until August, 2009 to reach their target amount.

■ For more information log-on to www.olneyrfc.co.uk

What's up doc?

DO you have something to say about GP services?

More than 20,000 patients in Milton Keynes are being asked for their views on how to improve family doctor services in a new survey that was launched on Monday.

Results fwill influence changes made to the way health services are run.

Last time such a survey was done patients' views were heeded, and 22 of 27 city surgeries now open for longer.

Gillian Prager, director of clinical standards and engagement at NHS Milton Keynes, said: "The survey focuses on patients' experiences when visiting their GP. We would urge everyone who receives the formto fill it in, as their views will be used to help shape and improve services for the future.

"In response to patients' calls for easier access to see their GP in last year's survey, we worked with local surgeries to ensure more than three quarters of them now offer extended opening hours, making it easier now for patients to get appointments at times that suit them."

Former journalist Richard Meredith holds up a map of his journey from Japan to London

Ex-journalist's epic trip brought to book

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A TEST drive of epic proportions has been captured in a new book by a city lecturer.

In August 2007 Richard Meredith, from Newport Pagnell, became the first man to complete an historic crossing from Tokyo to London by car, using Asia's new 'highway to the West'.

The former journalist called on the help of his contacts at his local car manufacturer so that he could take on the challenge in style, driving the personal transport of Aston Martin's boss, Dr Ulrich Bez.

But if Dr Bez thought that the Asian Highway would be kind to his beloved Aston Martin V8 Vantage then he would have been shocked when Richard stood proudly next to the bruised and battered car at Midsummer Place in September 2007.

Local dignitaries congratulated him for becoming the first person to complete the 10,000 mile trip, alongside co-driver Phil Colley, crossing 18 countries in 48 days.

Now Richard's story has been released in his latest book, Driven Together.

The 59-year-old said: "It was a wonderful journey full of danger, excitement and adventure.

"The V8 Vantage is a wonderful car and it never let us down once."

The project also increased awareness of UNICEF's 'Make Roads Safe' campaign, raising £68,000 to help provide road safety education for children in China.

The car was sold at auction.

While the Asian Highway is a major development for road transportation, Richard's book raises questions about the dangers involved, including the risk of increased drugs and sex trafficking.

■ Hardback copies of Driven Together are available now, priced £19.99, from Mercury Books.
www.mercurybooks.co.uk

Woman headbutted after she spurned clubber's advances

A WOMAN was headbutted by a man after turning down his advances.

The victim was walking for a taxi with a male friend after a night out, when the attack took place.

After leaving Opus nightclub, they were walking across Avebury Boulevard when a man approached.

When he spoke to the woman she said that she was not interested and told him he was too young for her.

But the offender accused them of being rude and headbutted both of them.

Police believe that the attacker fled towards the Xscape building, possibly to the taxi pod.

The man was taken to Milton Keynes Hospital for stitches to his forehead and the woman suffered a black eye.

The incident took place at about 3am on Saturday, December 27, and on Friday police launched an appeal for information.

The offender is white, in his early twenties, over 6ft, lean, athletic build and had wavy blond hair, swept back.

He was well spoken and wearing a pastel pink coloured polo or rugby style top.

Anyone with information can contact PC Terry Capel on 08458 505505 or call Crimestoppers, anonymously, on 0800 555111.

The centre for serious shopping

Free retail training
If you are unemployed and looking for a job in retail, thecentre:mk is offering a free training programme to help you build confidence and gain the necessary skills. Course dates are 11 & 12 January; 26 & 27 February and 19 & 20 March.
Call 01908 398100 or visit Customer Services for details.

Castle Galleries
A great piece of art can complete and enhance your home. Get up to 50% off fine art at Castle Galleries on Crown Walk from now until 11 January.

Early Valentines Day special
Get ready for Valentine's Day with a red hot bargain that will melt her heart.
F. Hinds' new catalogue has great ideas for the perfect romantic gift, or perhaps an engagement ring?
Visit the F. Hinds store on Midsummer Arcade next to Boots.

Cruise event at Thomson's
Save up to £200 off your next holiday, and take advantage of a really low deposit at Thomsons. Terms and Conditions apply. If you are planning a cruise, don't miss the Cruise Event taking place in store on 24 January. Please visit the store for more details.

Sales still on!
If you want the best brands at excellent prices, don't miss the sales now on at thecentre:mk, in many of the stores.

thecentre:mk
thecentremk.com 0870 890 2530

MK:TWO, No 1,
9 Barton Road, Water Eaton,
Milton Keynes, MK2 3HU

Does your premises offer all this from as little as £55pw?

- Flexible monthly terms
- Customised, immediate occupation
- Business rates
- Buildings insurance
- Individual red care intruder alarms
- CCTV cameras
- Security patrols
- On site secretarial, management and maintenance teams
- Plus lots more..

www.mktwo.co.uk
Telephone us on 01908 821000
Fax us on 01908 821001
Email: info@mktwo.co.uk
MK:TWO BUSINESS CENTRE

MLJ Loans

Unsecured Cash Loans
Available* up to £1,000
Cash delivered to your door within 24 hours of approval
Call Mark on 0800 756 9489
or email mark@mljloans.co.uk

Loans are subject to application and approval.
*Applicants must make repayments with a debit card.
MLJ Loans is licenced under the Consumer Credit Act

For local news that counts www.mk-news.co.uk MKNEWS

Woodfines
SOLICITORS
life can be unpredictable

Having a Will:
www.woodfines.co.uk
- Saves unnecessary tax
- Guarantees your wishes
- Safeguards your family's future
- Saves your family from costly legal actions

For professional advice on Wills & Probate contact James Marsh
01908 202150
BEDFORD | BIGGLESWADE | BLETCHLEY
CAMBRIDGE | KEMPSTON | MILTON KEYNES | SANDY

COMPETITION

Where's Captain Hook?

Tell us and win a family panto ticket

AHOY there! Bag yourself some booty this Christmas and win a family ticket to come and see the swashbuckling adventure Peter Pan at Milton Keynes Theatre.

The villainous Captain Hook has arrived in Milton Keynes can you help Peter find him?

aFor your chance to win, just tell us where Hook's hiding.

Starring Legendary TV and film actor Henry Winkler as dastardly Captain Hook the bad guy you'll love to hate, Strictly Come Dancing favourite Louisa Lytton as Peter and hilarious comedian Andy Ford as Smee, this will be an adventure you will never never forget!

Peter Pan is showing at Milton Keynes Theatre from December 5 to January 18.

Hook your tickets now by calling 0870 060 6652 (booking fee) or visit www.miltonkeynestheatre.com

The tickets are for a maximum of two adults.

HOW TO ENTER

All you have to do to enter is tell us where Hook's hook is in the picture above. Send your answer on a postcard to MK NEWS, 1 Diamond Court, Fox Milne, MK15 ODU or by e-mail to competitions@mk-news.co.uk.

The first correct answer drawn out of the hat wins. The editor's decision is final and the closing date for entries is Tuesday, January 12.

INSIDEOUTMk
FAMILY BUSINESS!
Your Local Furniture TAKEAWAY

FAST DELIVERY SERVICE
ONLY £99

www.insideoutmk.co.uk
Glyn Square (Behind Nettos) Wolverton, Milton Keynes, MK12 5JQ.
Call 01908 222900
Open: Mon-Fri 10am-6pm, Sat 10am-5pm and Sun 11am-4pm.

SALE SALE SALE
BEDS

Single beds | 4ft beds | Divans | Cottage Suites now in store
TABLE & CHAIRS
SOFAS

Table & 4 chairs | Table & 6 chairs | 2 seater sofa | Sofas 3+2 suite £499
OTHER FURNITURE

Bedsides ..... from £29
Mattresses ..... from £39
Headboards ..... from £19
Wardrobes ..... from £85
Coffee Tables ..... from 29
Nest of Tables ..... from £45
Sideboards ..... from £89
Mirrors ..... from £25
Bedroom Sets ..... from £179
Mattresses in Stock
Over 50 Beds & Futons on display
Divans from £79
Tables & Chairs
Children's Play area!
Furniture Assembly Available!

STARTS
DEC
27

BED & BATH LINEN

UP TO 50% OFF

RUGS & CURTAINS

UP TO 50% OFF

COOKSHOP, CHINA & GLASS

UP TO 50% OFF

MEN'S & WOMEN'S FASHION & ACCESSORIES

UP TO 50% OFF

ELECTRICALS & HOME TECHNOLOGY

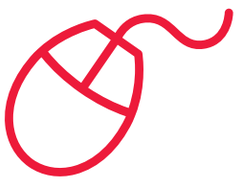
UP TO 30% OFF

CHILDREN'S FASHION

UP TO 50% OFF

LIGHTING

UP TO 50% OFF



Also at johnlewis.com

The John Lewis Clearance is now on.

Up to 50% off 1000s of lines and as always all our shops are Never Knowingly Undersold. This means we check and match competitors' prices,* even when they're in a sale.

John Lewis
Central Milton Keynes
Milton Keynes MK9 3EP
01908 679171
johnlewis.com/miltonkeynes

John Lewis
Milton Keynes

*See 'Our price commitment' leaflet in store for details. Does not include internet or catalogue prices.

Has your sweet relationship...

...turned sour?

Woodfines LLP
SOLICITORS
www.woodfines.co.uk

If you want to know your rights, resolve any financial issues or simply discuss your options, you will want advice from an expert.

Call Woodfines for a personal and effective service.

Central MK 01908 202150 or Bletchley 01908 366333

COMPETITION

Win free family tickets to visit Activity Land

COME rain, shine or snow, Activity Land in Milton Keynes is bursting with fun and MK NEWS has family tickets for five lucky readers to win.

With numerous indoor and outdoor activities you are sure to find something the whole family will enjoy.

Inside, kids can learn to climb the 25ft climbing wall, crawl through nets and tunnels on the giant playframe and brave the speedy drop slides.

Whilst outside why not dig for dinosaur eggs, pan for gold, explore the woodland discovery trail or learn to drive in the driving school?

And if mums and dads don't feel as energetic as the kids, they can relax at the Costa Coffee cafe.

Activity Land is located in Milton Keynes at Roebuck Way, Knowlhill and is open seven days a week from 9.30am to 6.30pm.

Admission costs are children under one £3.95; children over 1 £5.95; adults £1.00 (Mon-Fri term-time) or £2.00 (Sat-Sun and school holidays).

For more information, visitors should call 01908 209219 or visit www.wherekidsplay.co.uk

Kids Play
ACTIVITY LAND
where families play and learn

HOW TO ENTER

To win one of five family tickets for two adults and three children answer the following question: At Activity Land, what can children learn to climb?

Send your entries to Activity Land Competition, MK NEWS, 1 Diamond Court, Fox Milne, MK15 ODU by the closing date of Wednesday, January 14.

Please include your name, address and daytime telephone numbers.

First correct entries drawn win.

The editor's decision is final.

skillscentre:mk

LOCAL TRAINING FOR YOUR STAFF, AT AFFORDABLE PRICES

The skillscentre:mk is a dedicated training facility with a specialised team of trainers, ready to help you upgrade your skills or train your staff to make them more effective in retail or business.

Book a course today for yourself or your staff.

COURSES ON OFFER

13 January	9.30 – 12.30	Assertiveness for Managers	£15
13 January	1.15 – 4.15	Effective Customer Care	£15
13 January	9.30 – 12.30	Introduction to Word 2003	£20
14 January	9.00 – 5.00	CIEH Level 2 in Food Safety in Catering	£50
15 January	9.30 – 4.30	Neurolinguistic Programming – An Introduction	£30
15 January	6.00 – 8.00	Deaf Awareness & Introduction to Sign Language £40 (4 wk course wk 2)	
16 January	9.30 – 4.30	Neurolinguistic Programming – Improvers	£30
19 January	9.30 – 12.30	Environmental Awareness	£15
19 January	1.15 – 4.15	CIEH Principles of Manual Handling	£25
20 January	9.30 – 12.30	Time Management	£15
20 January	1.15 – 4.15	Equality & Diversity	£15
20 January	9.30 – 12.30	Moving on with Microsoft Word	£20
21 January	9.00 – 5.00	CIEH Level 2 Health & Safety in the Workplace	£50
22 January	9.30 – 4.30	Neurolinguistic Programming and Customer Service Excellence	£30
22 January	6.00 – 8.00	Deaf Awareness & Introduction to Sign Language £40 (4 wk course wk3)	
23 January	9.30 – 4.30	Negotiation Skills	£30
26 January	1.15 – 4.15	Fire Awareness	£20
27 January	9.30 – 4.30	Presentation Skills	£30
28 January	9.30 – 12.30	Appraisal Skills	£15
28 January	1.30 – 4.30	Dealing with performance problems in your team	£15
29 January	9.30 – 12.30	Managing people through effective communication	£15
29 January	1.30 – 4.30	The Art of Effective Meetings	£15
29 January	6.00 – 8.00	Deaf Awareness & Introduction to Sign Language £40 (4 wk course wk 4)	
2 February	9.00 – 5.00	CIEH Conflict Resolution & Personal Safety	£50
3 February	9.30 – 4.30	Supervisory Skills	£30
3 February	9.30 – 12.30	Getting started with Microsoft Excel	£20
4 February	9.30 – 12.30	Consumer Law	£15

AN IMPRESSIVE CLIENT LIST

Our trainers are able to deliver and tailor courses for any industry sector. Clients include John Lewis, CLM Management (Fleet Vehicle Management) and BI Worldwide (Communication and Motivation Company).

www.getintoretail.co.uk

For more details contact Jackie Small on 01908 608067 or email jackie.small@skillscentremk.co.uk

UP TO 50% OFF

JANUARY SALE NOW ON!

SLIDING DOOR WARDROBES

FROM £399

YOU BUY, WE BUILD

This best selling range has:

- MIRROR OR SOLID DOOR COMBINATIONS
- 9 DIFFERENT WIDTHS
- 3 DIFFERENT HEIGHTS
- 6 DIFFERENT COLOURS

OVER 30 OAK RANGES IN STOCK

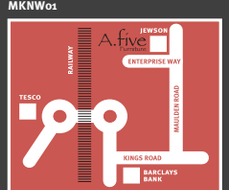
6FT SOLID OAK DINING TABLES & LEATHER SEAT CHAIRS

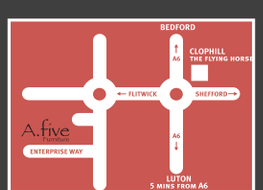
FROM £749

- 1000's OF ITEMS AVAILABLE DIRECT FROM STOCK TO BE COLLECTED OR DELIVERED TODAY
- WARDROBES & BEDS FULLY ASSEMBLED IN YOUR HOME, FREE-OF-CHARGE BY OUR EXPERIENCED TEAM
- ALL FURNITURE DELIVERED TO YOUR REQUIRED ROOM.

12 MONTHS 0% FINANCE AVAILABLE

MKNW01





OPENING TIMES: MON - SAT 9.30am - 5.00pm SUN 10am - 4pm

Enterprise Way, Maulden Road,
Flitwick, Bedfordshire MK45 5BS.

Tel: 01525 721727

www.afivefurniture.com

A.five Furniture

MKANNOUNCEMENTS

WHATEVER THE OCCASION...
PLACE AN ANNOUNCEMENT IN THE MKNEWS

PICK YOUR STYLE OF ADVERT
(actual size adverts below)

❑ 3x1
Boxed with Illustration
Your message in a box with suitable illustration
£7 for 12 words
(55p per additional word)

❑ 5x1
Boxed with Photo or Illustration
Your message in a box with suitable illustration or photo
£11 (20 words max)

❑ 4x2
Boxed with Photo or Illustration
Your message in a box with suitable illustration or photo
£15 (20 words max)

TO PLACE YOUR AD
CALL US ON 01908 242490
OR FAX 01908 689550

DEADLINE MONDAY 5.30PM

Please write your advert below.
One word per box.

	12 words
	20 words

Name: .....
Address: .....
..... Post Code.....
Daytime Telephone No: .....
I authorise you to debit my credi/debit card to the sum of £.....
Card No ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐
Signature.....
Expiry Date.....Start Date.....
Issue No..... Security Code ..... (Last 3 digits on back of card)

Please write your debit card number on the back of the advert
Make cheques payable to LSN Media Ltd (Dont send cash in the post)

Please send coupon plus remittance to: MK NEWS, 1 DIAMOND COURT, MILTON KEYNES, MK15 0DU. Please make cheques payable to: LSN MEDIA LTD. Do not send cash in the post.

ALL ADVERTS WILL APPEAR ON OUR WEBSITE: www.mk-news.co.uk

Birthdays

RACHEL
Happy 18th Birthday
Love Nan, Grandad, Sylvia, Elizabeth, Michael, Josephine & Isabella xxx

RACHEL COLLINS
Happy 18th Birthday
Love from Mum, Dad, Sarah-Leigh & Luke xxx

VIRGINIA STANLEY
Happy 60th Birthday Nan
Love from Sarah-Leigh, Luke, Rachel, Josephine & Isabella xxxx

VIRGINIA STANLEY
Happy 60th Birthday Nan
Love from Sarah-Leigh, Luke, Rachel, Josephine & Isabella xxx

JOHNATHAN REYNOLDS
Happy 30th Birthday 7th January
Always a winner.
Have a knock out day!!!
Lots of love Mum, Stu, Cheryl, Ant and Boys, Haley-Gio xxxxxx

HARRIET HAGGER
Happy 18th Birthday

With love Mum, Dad and all the family xxx

Happy 21st

STEPHEN HALL
Congratulations to our eldest Grandson on his 21st birthday
2nd January 2009
Simply the best!
Love from Grandma and Grandpa and all the family xxx

NIGEL ENGLISH
Congratulations
Happy 21st Birthday
8th January 2009

Lots of love always Mum, Dad and Michael xxxx

MARIA MARELLA
To Mum
Happy 70th 8th January 2009

Congratulations
Lots of love all the family

ADAM PROSSER
Happy 13th Birthday
6th January 2009

Lots of love Mum, Dad and Emma xxxx

DOMINIC TOWNSEND
Happy 21st Birthday
on 31st December

Lots of Love Lizzie, all family and not forgetting Jollop xxx

BARRY STEELE
Happy **65th** Birthday on 30th December 2008

Love from Mum, Bryan, Joyce and Mick, Robert and Donna

Funeral Directors

SHIRES MEMORIALS
Headstones - Plaques - Restorations
0800 917 3008
www.IFH-shirememorials.co.uk

Sell Your Jewellery
Road Show

RETURNING TO THE HOLIDAY INN, CENTRAL MILTON KEYNES
ON WEDNESDAY 14th JANUARY 2009 (9:30am to 7:30pm)
& WEDNESDAY 21ST JANUARY 2009 (9:30am to 7:30pm)

BRITAIN'S BIGGEST JEWELLERY BUYERS ARE RETURNING TO MILTON KEYNES

WE VALUE & BUY WITH NO OBLIGATION - TOP CASH PRICES PAID ON ALL ITEMS

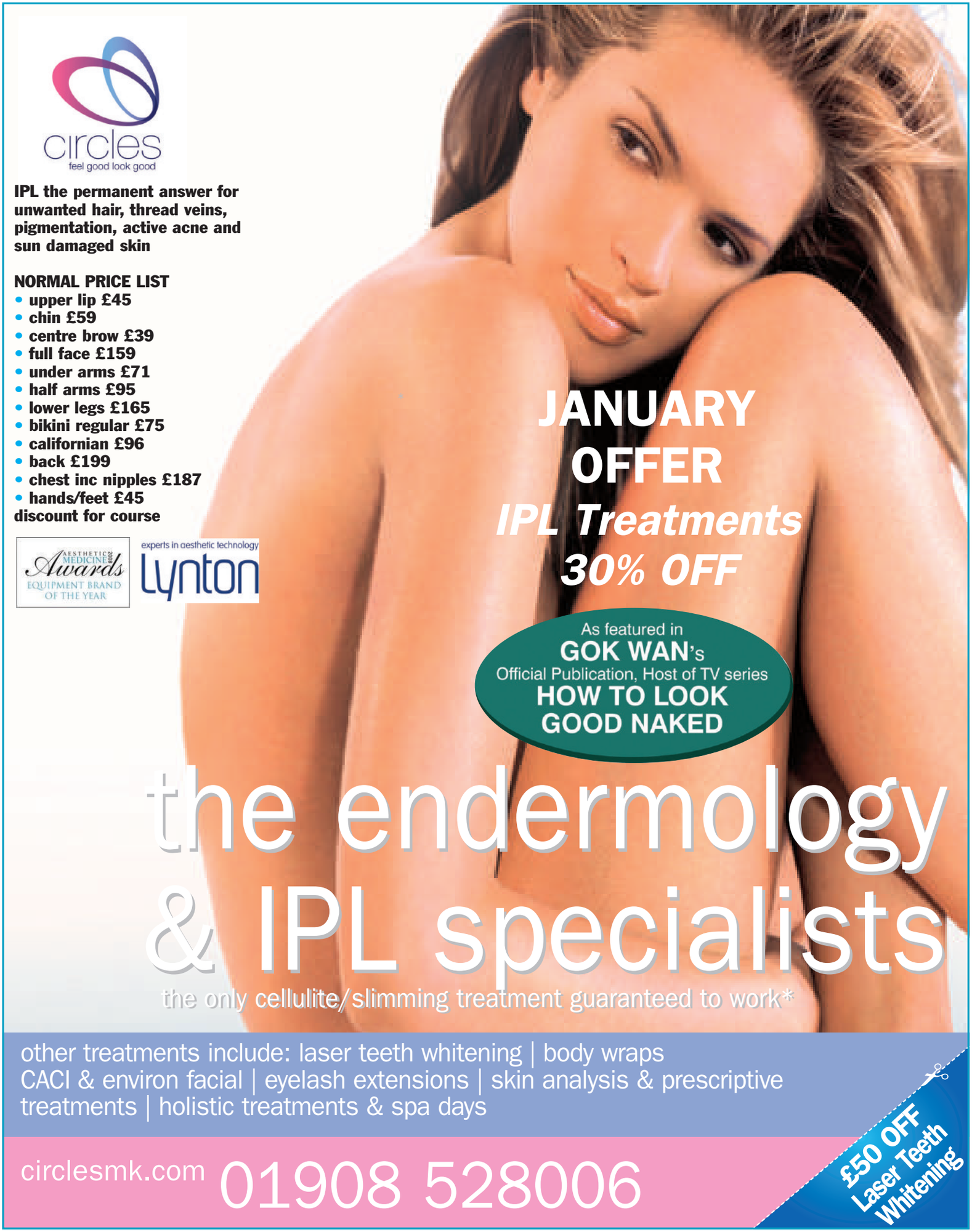
- ALL JEWELLERY IN ANY CONDITION, DIAMONDS OF ALL SIZES AND QUALITIES.
- SCRAP/BROKEN GOLD, PLATINUM & SILVER
- GOLD & SILVER COINS, MILITARY MEDALS.
- QUALITY WRIST & POCKET WATCHES
- ALL SILVERWARE, CANDLESTICKS, CUTLERY ETC.
- QUALITY VINTAGE & ANTIQUE JEWELLERY

"You'll be amazed at how much even the odd or broken pieces in the bottom of your jewellery box can add up to!"

VENUE:
THE HOLIDAY INN
500 SAXON GATE WEST
MILTON KEYNES
MK9 2HQ
Opening Times:
09:30am to 8:00pm

Check our website for further details and venues:
www.sellyourjewellery.com

FOR FURTHER DETAILS CONTACT
HEAD OFFICES:0121 236 0801
0121 236 9194
MOBILES: 07778 547 008
07884 321 864
EMAIL info@sellyourjewellery.com

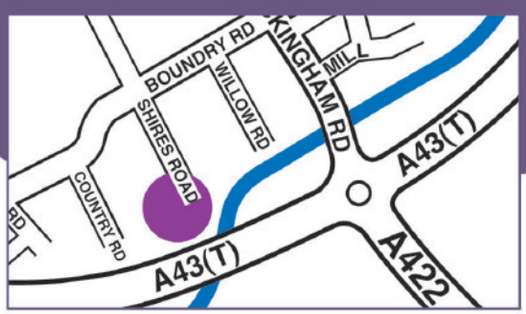

circles
feel good look good
IPL the permanent answer for unwanted hair, thread veins, pigmentation, active acne and sun damaged skin
NORMAL PRICE LIST
• upper lip £45
• chin £59
• centre brow £39
• full face £159
• under arms £71
• half arms £95
• lower legs £165
• bikini regular £75
• californian £96
• back £199
• chest inc nipples £187
• hands/feet £45
discount for course
AESTHETIC MEDICINE Awards 2008
EQUIPMENT BRAND OF THE YEAR
experts in aesthetic technology
Lynton
JANUARY OFFER
IPL Treatments
30% OFF
As featured in
GOK WAN's
Official Publication, Host of TV series
HOW TO LOOK GOOD NAKED
the endermology & IPL specialists
the only cellulite/slimming treatment guaranteed to work*
other treatments include: laser teeth whitening | body wraps
CACI & environ facial | eyelash extensions | skin analysis & prescriptive treatments | holistic treatments & spa days
circlesmk.com
01908 528006
£50 OFF Laser Teeth Whitening

Don't miss out! Offer ends 31st January '09

FREE FITTING*
on all kitchens units

kitchens & bedrooms
K2GO

View our full range of Kitchens & Bedrooms at
www.k2go.co.uk



Huge savings on appliances too!

Electrolux AEG NEFF ZANUSSI Electrolux

Openning Times Mon to Thur 9 - 5.30pm, Fri 9 - 5pm, Sat 10 - 4pm, Sun Closed

01280 700200 Unit B, Shires Rd, Buckingham Rd Ind Estate, Brackley, South Northants, NN13 7EZ

*Minimum spend of £3,000.

SAVE £1,000's by cutting out the **middlemen**

Ski South America

Earlier this year 20-year-old Dave Naylor, an English student from Milton Keynes, won a competition for a once-in-a-lifetime opportunity to write about one of the most stunning destinations in the world. Here, he reports on his trip to South America as he followed a team of young film makers recording a skiing documentary

IT was with a mix of suspicion and excitement that I embarked upon a once in a lifetime trip to Argentina.

A country with the reputation as one of the hottest countries on earth, it does little to hint at the plethora of ski resorts lurking deep in the Andes.

After a 30 hour journey passing through four different countries, one of the best kept secrets of the continent was unveiled.

Our destination was Caviahue, in Patagonia, which borders Argentina and Chile.

Comprising of constantly steaming volcanoes, a lake that hugged every inch of the resort and a wind that created blizzards without the help of any falling snow, the area contained mystery and menace in equal measure.

During the previous ten months, Nike ACG (All Conditions Gear) had held an international competition with the aim of finding aspiring photographers, cameramen, editors and journalists to create another episode in a series of "Sweetspot" online skiing films.

Two of Europes best skiers had been recruited - Richard Permin and Eva Walkner.

As the winner of the journalist category, I wrote the blog.

The main purpose of this mammoth voyage was to capture the amazing scenery and culture of the area as well as filming our two professionals take on some of the world's most uncompromising mountains in this inimitable location.

The week would take us on a journey through avalanches, crevasses and extreme weather conditions with temperatures of 20 degrees below zero.

Seven snowmobiles led us to a spot nicknamed the 'Amphitheatre' by locals and we soon understood why.

The area was perfect for filming and as the cameras started to roll we captured some brilliant shots of Richard cutting through the mountain and pulling off unbelievable tricks as we gawped from afar. However, as Eva started her descent down the mountain, our wonder was quickly replaced by shock as an area of snow 100 metres wide collapsed around her and sped down towards us in a white eruption that even made the local volcanoes seem tame in comparison.

However, after first dreading the worst, we discovered that no one was harmed.

It certainly brought an abrupt end to filming in this position though and we were reminded that whilst the area's beauty was to be admired, the mountain can take anyone at any time and it demanded respect.

If it was not avalanches that disrupted the filming process, we were often subjected to the full wrath of the weathers wintry white-out - at which point, we happily discovered some of the best fillet steaks in the world.

Before arriving in Argentina I was reminded to try as much steak as possible and we all duly obliged during our fourth, fifth and sixth days as we were bombarded with over a metre and a half of fresh snowfall.

The fabled 'Santa Rosa' storm that affects these parts for up to 10 days per year had arrived. However, as we all sat eating dinner in the local restaurants sampling the great Argentinian cuisine and we witnessed the red sun clambering behind the snow filled mountains, not being able to ski didn't seem all that bad.

We could never relax for long though and indeed on our last day filming was able to recommence- if not in the wholehearted fashion that we had hoped for.

After catching some good shots in the morning, due to the low lying cloud in the afternoon and the indignant wind that soon whipped up we were unable to start anything new and had to settle for what had already been shot.

As we trudged back to the chalet to have our last meal in the resort, everyone involved in the competition was in agreement that it had been a wholehearted success and hopefully the resulting film will reflect on our amazing experience.

■ To watch the video diary of Dave's trip visit www.nike.com/nikeacg and click on Sweetspot number 22.

1st Service - 09.00am
2nd Service - 11.00am

Web: www.kingscourtchapel.org.uk
Email: admin@kingscourtchapel.org.uk
Tel: 01908 423 342
Mob: 07782 105 553

Venue:
Orchard School,
Springfield Boulevard,
Springfield,
Milton Keynes
MK6 4HW
(Gates open at 8.45am)

Kings Court Chapel
(A part of The Redeemed Christian Church of God)

Looking for a new Job?

Odds stacked against you?

We've got one simple move...

To get you back in the game

CVMATCH
a service brought to you by MKNEWS
www.mk-news.co.uk/jobs

MKNEWS 'Where news comes first in MK' www.mk-news.co.uk

BMW Approved Used Cars
Wayside
The Ultimate Driving Machine

All the choice you need, all in one place.
BMW Approved Used Cars from £9,995.

Wayside Milton Keynes
43 Winchester Circle, Kingston
Milton Keynes, Buckinghamshire MK10 0BA
01908 588600 www.waysidemiltonkeynesbmw.co.uk

MILTON KEYNES COUNCIL

Your money, your choice:

Budget consultation 2009/10

Introduction

Milton Keynes Council is consulting the local community about its proposals for service priorities and budgets for the coming year. The budget affects every resident of Milton Keynes as it sets the level of Council Tax and decides the level of services that you receive from the Council.

Last year we agreed budget totals for three years, so 2009/10 is year two of that sequence. A lot has changed in the past year and we now face a very different economic situation to when we agreed the three year totals. We recognise that many families will be experiencing greater financial hardship and so are proposing a Council Tax increase of 3.9%. This is below the 5.2% that is our benchmark maximum based on Central Government's state pension increase this year.

The Council was recently given reward money from the government for helping to deliver growth in local businesses.

We have used this money to fund schemes to help the unemployed back into work, skills development and support targeted at small firms and those in vulnerable jobs.

The Council's Cabinet has worked hard to identify efficiency savings in order to make the books balance without cutting services. This year, because of the success of our efforts there are no service cuts in our budget proposals and we will again exceed Government efficiency targets.

Following consultation with the community we are also proposing a new set of five priorities that reflect issues of public concern and service improvement challenges. These new priorities cover public transport, children's education, and adults' skills, road and pavement repairs and activities for young people.

We are also consulting about a specific proposal to raise Council Tax by a further 0.5% to fund improvements to public transport. This was suggested by the Citizens Advisory Group on Transport as a means of helping those who do not have cars to get about the Borough and to reduce congestion for car drivers. Please give this idea some thought.

As usual we are consulting local residents and partner organisations about our proposals and hope that you will take the time to read the information and to let us know what you think. Your views will be listened to and in the last few years we have changed some of our budget proposals to reflect your comments. Details of how to respond, together with a response form are set out below.

We would very much like to hear your views about the budget proposals and in the meantime will continue to work hard to maximise efficiencies and improve services on your behalf. .

Yours sincerely

Isobel McCall

Isobel McCall
Leader of the Council

How you can make your views known

To take part in the consultation, simply fill in the attached form and return it to us no later then 6th FEBRUARY 2009

If you wish to know more before responding, a consultation leaflet is available that explains the proposals and gives details about meetings in January that will be discussing the proposals. This leaflet may be obtained by:

Go to our website: **www.milton-keynes.gov.uk/budget-consultation**

Send an e-mail to: **budget@milton-keynes.gov.uk**

Call us on MK 252696,

Write to us at: Budget 2008
FREEPOST ANG7122
Milton Keynes Council
Civic Offices
1 Saxon Gate East MK9 3HG

What will happen next

Putting together the budget for 2009/10 is an ongoing process. The timeline below tells you when we have to make key decisions.

December 2008/February 2009

- From 22nd December 2008 to 6th February 2009 – consultation on the detailed budget proposals and proposed Council Tax levels

February 2009

- The results of the consultation will be analysed and will be used to inform the final decisions on the budget.
- The final budget, including Council Tax levels, will be proposed by Cabinet on 17th February 2009 and decided by Full Council on 26th February 2009.
  Both meetings are open to the public.

Questionnaire

PART 1: Council Tax levels

The proposed rise in council tax of 3.9% means an increase of £39.65 per year, or just over 76p per week, on an average Band D property. Do you think this increase is:

Please tick one box

Too high ☐ Acceptable ☐ Too Low ☐

A council tax increase of 0.5% is recommended by the Citizens Advisory Group on Transport to fund improvements to public transport. This would mean an increase of £5.28 per year, or just over 10p per week, on an average Band D property. How do you view this idea:

Support ☐ Don't know ☐ Oppose ☐

PART 2: The Cabinet's Proposed Improvement Priorities

Please read the proposed priority areas for improvement, and indicate which ones you support or do not support by ticking the appropriate box.

Public Transport: to have effective and efficient routes that are affordable for all

a) Improve information for passengers so that using bus services is easier

Support ☐ Do not support ☐

b) Research whether our long term transport needs can be met by creating a major transport system that might involve new ways for large numbers of people to get about the borough

Support ☐ Do not support ☐

Children's Education & Skills: to increase the level of education attainment for children and adults

c) Raise school standards through a recruitment campaign to attract expert maths teachers. We have a shortage of maths teachers locally

Support ☐ Do not support ☐

Road and Pavement Repairs: to make it safe and pleasant environment for the people of Milton Keynes to live and work

d) Fix potholes and carry out minor road and pavement repairs more quickly

Support ☐ Do not support ☐

Neighbourhood Regeneration: to improve people's life chances and narrow the gap between our poorest and most affluent communities

e) Work with residents in the most deprived areas to make plans to improve their lives and their neighbourhoods

Support ☐ Do not support ☐

Activities and Facilities for Young People: to help teenagers achieve their potential and contribute into their community and enjoy their lives

f) Work with our young people to provide activities and facilities that they want

Support ☐ Do not support ☐

PART 3: Bletchley Park

English Heritage has agreed to support the maintenance of this historically important building and area. The Council will need to partly match fund the financial support provided by English Heritage, with a contribution of £60,000 in the next 2 years. How do you view this idea:

Support ☐ Don't know ☐ Oppose ☐

About you

To ensure we are meeting the needs of all residents it is important that we ask you a few questions about yourself. The information will be used to analyse responses amongst broad groups, for example residents over 60. The information you provide will be treated anonymously.

Age

Under 25 ☐ 25-44 ☐ 45-59 ☐ 60-74 ☐ 75 years and over ☐

Gender

Male ☐ Female ☐

Ethnic Origin (Please tick one only)

White (British) ☐ Mixed (White & Black Caribbean) ☐
Asian (Indian) ☐ White (Irish) ☐
Mixed (White & Black African) ☐ Asian (Pakistani) ☐
Mixed (White & Asian) ☐ Asian (Bangladeshi) ☐
Black (Caribbean) ☐ Chinese ☐
Other (if other please specify) ☐ Black (African) ☐
Prefer not to say ☐

Do you consider yourself to have a disability?

Yes ☐ No ☐ Prefer not to say ☐

Thank you for filling in this questionnaire

Post code

My name (optional) _____

My address (optional) _____

_____

_____

My phone number (optional) _____

Please return this form by 6th February 2008 to:

Budget 2008
FREEPOST ANG7122,
Milton Keynes Council,
Civic Offices
1 Saxon Gate East,
Milton Keynes
MK9 3JB

MILTON KEYNES COUNCIL

Loft warning after blaze

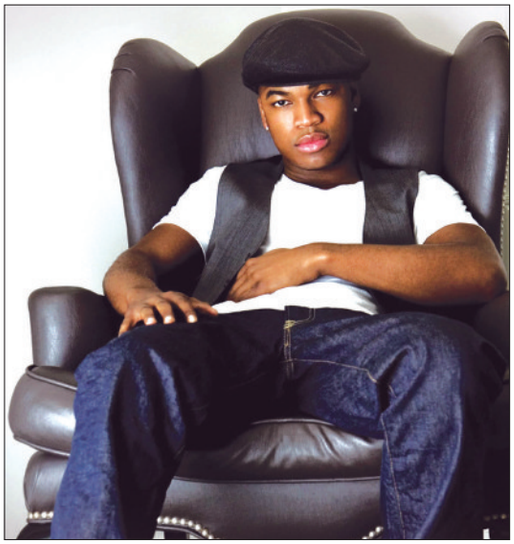
FIREFIGHTERS are calling for people to clear out their lofts after a blaze in Whaddon.

The city's fire service is advising residents to bin unwanted goods as they pack away their Christmas decorations, following a loft fire on Monday night.

Three crews from Bletchley, Great Holm and Aylesbury were called to a house in Ladymead Close at 10.23pm.

Firefighters believe the blaze could have been burning for up to an hour before the occupants became aware of it, and it was on the point of breaking through the roof.

Watch manager Bob Stilton from Bletchley Fire Station said: "Many of the things people store in lofts are flammable and can provide a ready source of fuel in the event of a fire."



RnB superstar at city club

INTERNATIONAL RnB superstar Ne-Yo will be appearing live at Buddha Blue.

Ne-Yo is currently supporting the Pussycat Dolls on their UK tour and will be making a one-off appearance at the club in the theatre district on Friday, January 23

Ne-Yo is globally recognised for topping the chart with hit records including 'So Sick', 'Sexy Love' and more recently 'Miss Independent,' promoters Live Base Entertainment are bringing the world famous singer to Milton Keynes for a special VIP appearance.

The star made his name in 2006 with the number one single 'So Sick,' while behind the scenes the star had been building his reputation as a song writer for industry stars such as Beyonce, Rihanna, Mary J. Blige and Whitney Houston, for a while.

He was signed to Def Jam record label by rap legend Jay Z in 2004

Real name Shaffer Chimere Smith, Ne-Yo's stage name was coined after colleagues claimed that the young artist could 'see' music like Keanu Reeves's 'Neo' character could see the Matrix in The Matrix film trilogy.

His latest album 'Year of the Gentleman' has been nominated for a number of Grammy awards, as has the recently released single 'Miss Independent.'

He will join a list of others like DJ EZ; Sisqo; DJ Spoony, Trevor Nelson and Tim Westwood that have performed at the RnB club.

General manager at Buddha Blue, Robin Lyle, said: "It's fantastic we can continue bringing huge names to the venue. Ne-Yo is still topping the charts internationally, so it is an honour to welcome him to Buddha Blue and offer a night with a superstar in our intimate surroundings."

The event will start with a champagne reception at the club from 9pm.

The first 200 tickets will sell for £20 each, with the remaining available on the door.

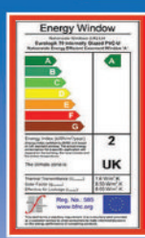
Platinum tickets are also available, offering the chance to relax in Ne-Yo's VIP area, meet the star, and enjoy a glass of chilled champagne.

For VIP tickets call: 07918 777 454.

■ For more information visit www.buddhablue.co.uk

TAKE ADVANTAGE OF THE VAT REDUCTION
RING FOR YOUR OVER THE PHONE QUOTATION NOW

Bestbuy
UPVC & Aluminium
WINDOWS • DOORS • CONSERVATORIES
SOFFITS • FASCIAS • GUTTERING



A RATED WINDOWS
1.1 "U" value

Keep the cold out and save £££'s on your heating bills this winter with our premier A-rated thermal upgrade on all windows and conservatories ordered before the end of Jan 2009

A STUNNING NEW PRODUCT
Bi Folding doors in upvc or aluminium

The only limitation is your imagination. Be inspired by our vast range of products

Northampton Head Office, 194 Birchfield Road East, Abington, Northampton NN3 2HQ

Northampton 01604 407979
Kettering 01536 381045
Wellingborough 01933 378 015
Milton Keynes 01908 849866
Bedford 01234 739269
Towcester 01327 898 077
Daventry 01327 898 078
or call FREE on 0800 542 6730
www.wearebestbuy.co.uk

Yale High security claw-locking fitted as standard
All frames to BSI 7413
FENSA Registered Company
Supplied & fitted to Current Building Regulations

First Age kids set schools example

THEY might be only 14 and 15-years-old but a group of students from four MK secondary schools have graduated from university.

The University of the First Age (UFA) that is.

Fifty-five students from Oakgrove, Lord Grey, Stantonbury and The Radcliffe are the latest group to successfully graduate from the UFA programme, which is run in partnership with the Extended Services Team at Milton Keynes Council.

The idea is to raise students' aspirations and achievements by improving confidence and self-belief through exciting, innovative and memorable educational experiences.

Students took part in a three-day leadership programme, organised and funded by the Extended Services team and supported by MK Youth Service and staff at the four participating schools.

The students are now using the skills they developed to lead projects for other young people in their schools.

As leaders, they have organised activities including a fashion show at Radcliffe and a group that encourages those who don't normally enjoy sport to give it a go at Oakgrove.

Elin Norrish, age 14, from Stantonbury Campus said: "The UFA course has been really beneficial for me and my school. We are now taking what we have learnt back to school to increase confidence in all of us."

Matteo Di Carlofelice, age 14, from Oakgrove added: "Taking part has taught us new skills to help us handle different situations in life. It has helped bring leadership both to our school council and to us as individuals."

Students were awarded with certificates and goodies at a ceremony with the Mayor of Milton Keynes Jan Lloyd and Cllr Sandra Clark, lead member for children at Milton Keynes Council.

The council's Extended Services are encouraging schools to sign up for future Student Leadership and UFA courses.

■ For more information contact Mandy Legg Study Support Co-ordinator 01908 25 2447 or log on to: www.mkweb.co.uk/extended-schools

love sales

Today and this Weekend

Massive Savings in the DFS Sale

Z Z Z SOFABED AVAILABLE

Whatever you choose, there's 4 years interest free credit with nothing to pay for the first year. IT'S ON EVERYTHING.

Now Only £399 After Event Price £798.

Savings: Save £399.
Model: Moreno 3 seater sofa. Accent cushions optional extra.
Colour: A choice of colours at no extra cost.
Options: Matching large and small 2 seater sofas, 2 seater sofabed, chair and storage footstool also available with massive savings.

TYPICAL 0% APR ALL FINANCE AT DFS IS FREE

The Moreno 3 seater sofa £399. Or take 4 years interest free credit with nothing to pay for the first year. No deposit and 36 equal monthly payments of £11.08 starting 12 months from date of order. Total £399. 0% APR. Credit subject to acceptance. Redhouse Interchange, Doncaster DN6 7NA.

love dfs

Milton Keynes Cairngorm Gate, Winterhill. **01908 696580**
Luton Hatters Way Retail Park. **01582 496200**
Stevenage Roaring Meg Retail Park. **01438 745170**
Northampton Towcester Road, St James. **01604 233210**

save time – order direct at ***www.dfs.co.uk***

Opening Hours: Mon to Fri 9am to 8pm.
Sat 9am to 6pm. Sun 11am to 5pm.

Possibly the...

LARGEST AQUATIC & PET CENTRE IN THE WORLD?

REPTILES

Massive selection of Snakes, Lizards, Spiders, Tortoises, Inverts & Amphibians

Possibly the best and largest range of reptile goods in Bedfordshire & Hertfordshire!

Superb selection of Vivariums in a multitude of sizes and colour choices! - We can even make them to your specifications...

AQUARIUMS

Definitely the largest selection in the world - Complete Juwel range in all colours at DISCOUNT PRICES!
The items in the picture have been reduced to £34.99 complete with filter and light!
- Many others on show in all sizes and colours!
Thousands of high quality hand picked JAPANESE KOI
Thousands of top quality Tropical and Marine fish, invertebrates and corals! - Tropical fish from 75p

Small Animals & Birds

Rabbits, Guinea Pigs, Mice, Rats, Gerbils, Chinchillas, Hamsters, Degus and Pygmy Hedgehogs

The largest selection in Bedfordshire including: Hand tame Parrots, Canaries, Budgies, Finches, Quails, Lovebirds, Rosellas, Diamond Doves, Cockatiels and Java Sparrows etc... all in our special purpose built room!

Dog / Cat toys & treats, leads, collars, grooming products and beds etc • Oriental Carved Linden wood & Lacquered Furniture • Steiff, Teddy Bears, Country Artists, Lilliput Lane, Tuskers, Franz Porcelain, Speed Freaks and Willow Tree

Hitchin Road, Henlow, Bedfordshire, SG16 6BB TEL:01462 850822
Opening Times: Monday - Saturday 9am-5.30pm & Sunday 11am-5pm Visit our website: www.Japanese-koi.co.uk

New nursing boss

Milton Keynes PCT's new deputy director of nursing Sheila Begley

MILTON Keynes PCT has a new deputy director of nursing.

Sheila Begley will fill the role newly-created to help support Jill Wilkinson, lead nurse and director of children's services and secure settings in preparing and developing nursing and other clinical workforce areas for the future.

The aim of the role is to improve local and national recognition of the quality of local provider services across all workforce areas, not just nursing.

However, nurses are a key group of staff as they provide 80 per cent of NHS services to patients.

The role's challenges will include engaging the public in involvement and choice; developing a highly-skilled workforce; developing nurse skills to actively prevent illness and help reduce health inequalities; working with partner organisations, providing evidence-based, quality care and contributing to the achievement of local and national targets.

Sheila is a registered general nurse with varied experience: she has worked as a midwife, has a PhD in Nursing and has managed acute clinical services at Milton Keynes Hospital.

Sheila, who started in her new role on Monday, said "I have enjoyed working with the talented, hard-working and very professional staff at Intermediate Care Services (ICS), who have been invaluable in making the service so successful.

"I am now looking forward to the challenges ahead; my new role is a fantastic opportunity for nursing and other staff groups to get involved in developing the principles of care, promote choice and independence while embedding quality, safety and professionalism. I am keen to meet with staff and find opportunities to involve them in this work over the next few months."

NHS guide – every home should have one

A GUIDE to local health services is to be delivered to residents this month.

NHS Milton Keynes has produced Your Useful Guide to Local NHS Services, which will be distributed to every household in Milton Keynes during January.

The 12-page guide has information about how to make the most of local health services.

A colour-coded 'traffic light' system advises people on how to get the right treatment, reminding them about the appropriate use of ambulances and the hospital's A&Edepartment.

GP opening hours and contact details, advice on how to contact your GP out-of-hours service and NHS Direct are included along with tips on how to keep healthy such as advice on stopping smoking, healthy eating, sexual health and alcohol consumption.

Every dentist, optician and pharmacy, including those open for longer hours, are also listed.

■ Copies of the guide will also be distributed to GP practices, opticians, pharmacies, dentists and libraries and it is available to download at www.miltonkeynes.nhs.uk

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

Buy DIRECT & save £100's

Premium quality furniture at trade prices direct to you.

Compare our quality with John Lewis, House Of Fraser and Furniture Village.

That's right, we sell the same furniture as these stores do, but at a fraction of the cost!!

RRP£2200.00
Our Price £749.00

Oxford huge, chunky solid Oak table with 6 perfectly matching chairs. Table extends from 180 to 270cm - seats 12 comfortably. Matching sideboard available.

-100% Oak and Real Leather!
-Sold from stock!
-Timed delivery!
-Highest quality- Lowest price in UK!
-Table sizes to suit all!

Oakita Fine Furniture

www.oakita.co.uk
You can also buy on line!
VISA VISA MasterCard Maestro

Showroom Open Saturdays only 9am-5pm

01525 373999

Teakita Limited, Unit 11 Youngs Industrial Estate, Stanbridge Road, Leighton Buzzard LU7 4QB

Importers and distributors of solid oak dining furniture, chairs, sideboards and occasionals

Exploring Islam Workshop at Sir Frank Markham School

School workshop tackles Muslim misconceptions

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

PEOPLE'S misconceptions about Muslims were tackled at a city school before the holidays.

Pupils at Sir Frank Markham School were led through themes such as perceptions, ethics, relationships, dress code and conflict during an Exploring Islam workshop.

Anouar Kassim, chairman of the MK Islamic Arts Heritage and Culture Organisation which organised it, said there is a real need for such work to be done in schools.

He was amazed by the discussion on sharing common values, issues to do with Islamic faith, shariah law and jihad, hoping that the project will be rolled out in other city schools.

"This was a constructive way to hear what students were saying and where they could ask challenging questions in a safe environment," he said.

Humera Khan, Founder of An Nisa Society, was also involved. She said: "It was a great pleasure working with the students who were keen to share their feelings and opinions in an open and honest way. Sir Frank Markham Community School must be commended for taking the lead in working for better community relations and greater understanding of diversity."

Head teacher Mike O'Mahony added: "We are proud of the diversity within our school community and of the way in which students from different cultural and faith backgrounds mix and work together, but national and international events demonstrate that we cannot afford to be complacent and take this for granted."

NEW YEAR SALE NOW ON!

Luxury Bathrooms Save £££'s
upto 25% off
SANITAN DURAVIT
Sottini Jacuzzi IMPERIAL BATHROOMS

SHOWER CUBICLES
In Stock
Quadrants Or Sliding Doors
Inc. Stone Tray
Various Sizes
800 x 800mm £499
900 x 900mm £499
900 x 760mm £599
1200mm Slider £479

Whirlpool Baths - Huge Reductions
upto 30% off
(Clearance Models upto Half Price)
Jacuzzi VICTORY SPA

SELECTION OF EX-DISPLAY ITEMS

	WAS	NOW
• Jacuzzi 1800 Bath	£3280	£1349
• Merlyn 1450 x 900 Walk In	£2478	£999
• Matki RCC900 Quadrant & Tray	£1223	£719
• Vanity Units , WC & Solid Top	£1500	£599
• Jacuzzi 900 Door, Side & Tray	£1635	£799
• 1700 Shower Bath, Screen & Whirlpool	£989	£499
• Jacuzzi Atol WC, Basin & Tap	£890	£449
• 1700 Bath/Shower Combi	£2499	£899
• Morphosis Freestanding Bath	£1650	£825
• Duravit Vanity Unit, Basin & Tap	£873	£249

Wet Room Floor Kits
Example:
1400 x 900mm Deck
& Waste
+ 5m² Tanking Membrane
RRP £677
£509 inc VAT
8mm & 10mm Glass Screens Also Available

SALE ITEMS IN STOCK
• 3.0Bar Shower Pumps Only £259
• Midi Meter Water Softeners £439
• Illuminated Mirrors From £89
• Chrome Towel Radiators in various sizes From £90
Many Other Offers Available

Upto 30% OFF!
Vanity Furniture, Shower Doors & Enclosures
matki DARYL MERLYN Metropolitan Mereway BATHROOMS Utopia
+ Many More

17" Waterproof TV's
Mirror Finish
RRP £1330
NOW £870 INC VAT
Other Sizes Available
HD ready DVB HDMI digital SRS WOW

FREESTANDING UNITS
Huge Selection of Freestanding Vanity Units
Free Basin Mixer* worth £89.00
(*with all models over £219)

QP Interiors
Luxury Bathroom Retailers
Phone: 01234 216720
Fax: 01234 355540
www.qpinteriors.co.uk
18, St. Martins Way
Bedford MK42 0LF

The Best Value Around
.....Free Onsite Parking.....
Tues - Fri 9am - 5pm
Sat 10am - 4pm

Larkswood

UNBEATABLE Quality & AMAZING Prices

Old Charm Furniture Featured Save 15% on RRP

Larkswood - Your Home has NEVER Looked so Good

SAVE £££££'s!

Fireside Chair

FROM ONLY £195

IMMEDIATE DELIVERY!

Come and visit our studio.
We have plenty in stock!

SAVE!
20% OFF
Office furniture

Come and visit our studio.
We have lots of office furniture to choose from!
Pedestal desks, bureau, bookcases, office chairs & computer desks.

Save up to 30% on DIVAN SETS!

SAVE £££££'s

Woburn 'Tailored to Fit' Range

Available in 3 sizes: standard, compact and petite, The Woburn is specifically designed for those who need a more tailored chair.

Save up to 30% on RECLINER CHAIRS!

Come and visit our studio.
We have lots of sizes & colours to choose from!

SAVE OVER 35%

Warwick Dining Table

With 6 Big Cross Back Solid Oak Chairs

NOW ONLY £995

NORMALLY £1545
SAVE £550!
Oiled Finish

Cintique · Parker Knoll · Celebrity · Old Charm · P/TM · nolte möbel · Vale · Sutcliffe Furniture · Sherborne · nathan · Peter Guild · WADE Upholstery · DEARWENT

Opening Times...

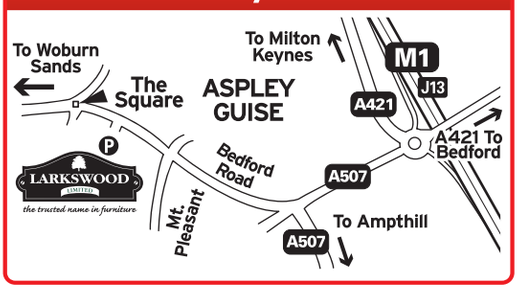
Mon - Fri: 9.30am - 5.30pm
Sat - Sun: 10am - 5pm

01908 583897
www.larkswood.net

LARKSWOOD LIMITED
the trusted name in furniture

Larkswood, Bedford Road, Aspley Guise, Nr. Woburn, MK17 8DJ
VISIT OUR TRADITIONAL AND CONTEMPORARY SHOWROOMS IN IDYLLIC ASPLEY GUISE!
THE PERFECT WEEKEND DRIVE OUT!

We're easy to find...



GET FIT - DON'T COMMIT
NO joining fee - pay monthly - single session
Join for as little as £20 per month
Kingston Fitness Studio
FREE PARKING
Why not check out our fitness studio and get into shape, have FUN, meet new friends and have fully qualified instructors to help, advise and guide you to your ultimate goal.
The Fitness Studio has a range of equipment and classes to suit your needs. Check out our website or call us for more details. www.mkgym.com
Membership
Gold £22.00 Monthly
Unlimited access
Gold Plus £20.00 Monthly
Joint unlimited access
Single session £5.00
Opening Hours
Monday - Friday 7.30 - 22.00
Saturday 8.30 - 18.00
Sunday 8.30 - 14.00
NO CANCELLATION FEE!
Kick start your new years resolution with Kingston Fitness.....
15 Winchester Circle, Kingston, Milton Keynes, MK10 0BA Tel: 01908 586500
Email: fitness@mkgym.co.uk www.mkgym.com
Look Divine in 2009
Want inspiration for that new look and lifestyle this year? Then look no further!
From a new hairstyle or revitalizing facial to gym memberships or personal trainers, these local companies will help you on your way to achieving your goals this year.

GET FIT FOR 2009!
Aspirations Gym
January Offer...No Joining Fee!
2009
Joint Membership SAVE £75
Single Membership SAVE £50
Fun, friendly professional enviroment
Full induction process to be undertaken
Further details contact:
Stantonbury Campus Leisure Centre
01908 324455
Aspirations
stantonbury campus
Stantonbury Campus Leisure Centre, Stantonbury, Milton Keynes, MK14 6BN
Email: leisurecentre@stantonbury.org.uk

"A New You for the New Year"

Join SureSlim and we'll help you find the New You for the New Year with our private one on one support consultations.

The SureSlim eating plan works with the body to correct glucose metabolism by balancing the hormones responsible for weight control.

Change your life today!

Your SureSlim eating plan will include:

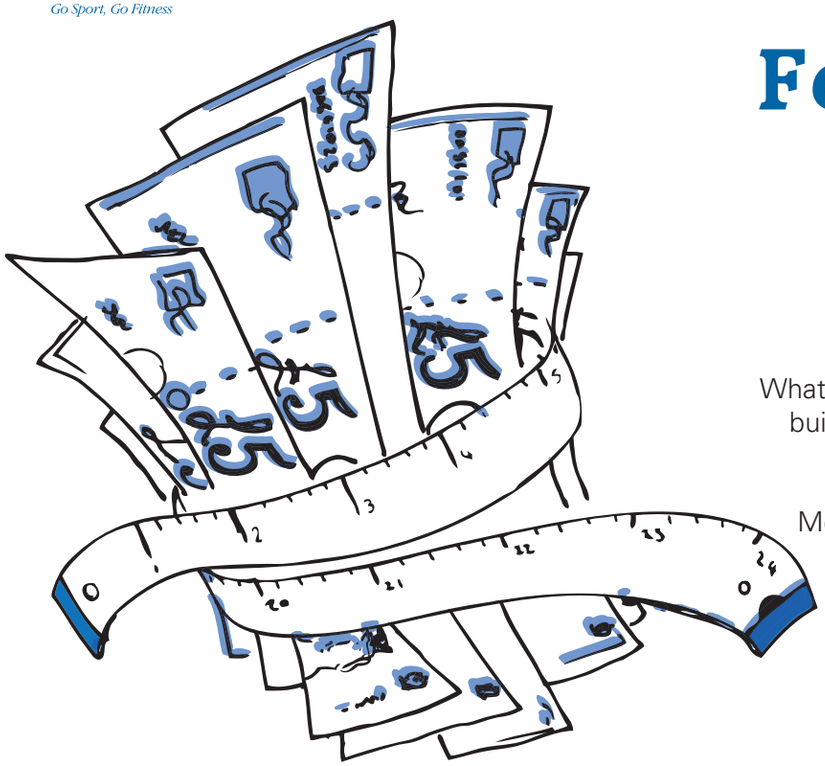
- Comprehensive blood tests
- Doctor's analysis & nutritional advice
- Personalised programmes for rapid and permanent weight loss
- Tailored to your food preferences and lifestyle using everyday foods
- Private one on one support consultations!

Call SureSlim on 01908 611140
112 High Street, Newport Pagnell, Bucks, MK16 8EH
newportpag@sureslimuk.com
www.sureslimuk.com

SureSlim® WELLNESS CLINIC *The scientific approach to weight and wellness*

Courtside
Go Sport, Go Fitness

Milton Keynes COLLEGE



Feeling the Pinch?
Not at Courtside Gym!

Free month give aways - offers on monthly and annual memberships

Whatever your fitness goals – get active, lose weight, tone, or build muscle - Courtside's friendly staff are here to help you along the way.

Membership includes free entry to group exercise classes.

Treat yourself to a healthier New Year at Courtside.
For full membership details, call **01908 637342**
or email: **courtside@mkcollege.ac.uk**

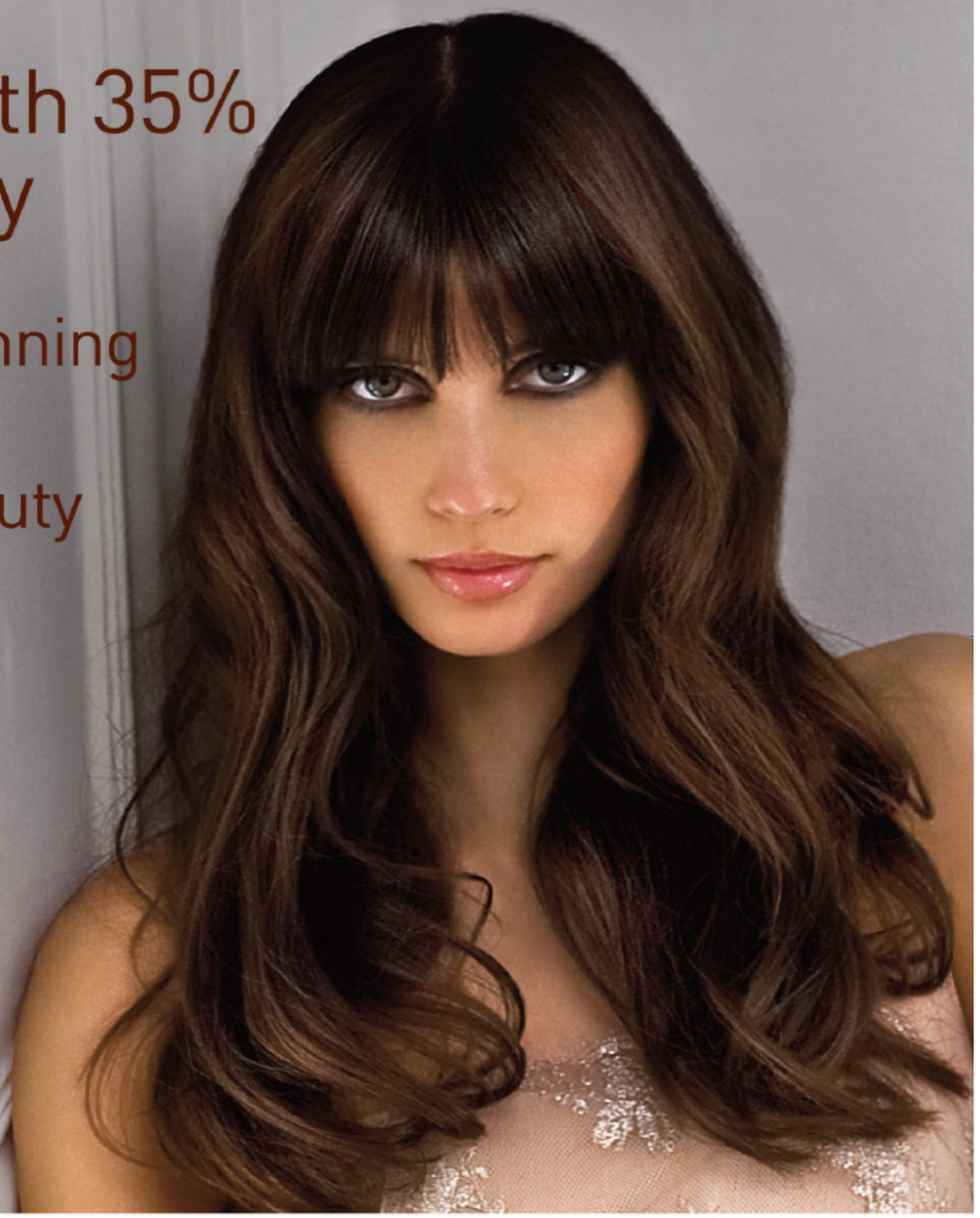
Offer cannot be used in conjunction with any other promotion (terms and conditions apply).

Saks is 35!

Celebrate with 35% off in January

We do award-winning hairdressing and cutting edge beauty

Call in or ring 01908 239 292 now to book



Saks
HAIR & BEAUTY
www.saks.co.uk

Terms & Conditions: Offer of 35% discount valid on selected hair and beauty services, with selected staff at participating Saks salons nationwide until February 4th 2009. Offer not valid on clinics including injectables and teeth whitening, or homecare. Cannot be used in conjunction with any other offer and is subject to availability.

DAVID LLOYD CLUB
LIVINGSTONE DRIVE, NEWLANDS
MILTON KEYNES, MK15 0DL
T 01908 239 292
Email salon@saksmk.co.uk
www.saksmk.co.uk
Open to non-members of the health club

Get Saks Appeal

Don't weight another day try the

the Cambridge Diet®

- Balanced nutrition
- One-to-one support
- Flexible programmes
- Wide range of flavours
- Includes stabilisation and maintenance

Call Sarah Pelosi on 07833 439020 or 01908 234610

HealthPRO Personal Training

NO JOINING FEES, NO CONTRACTS, NO PROBLEMS.....
JUST GUARANTEED RESULTS!
FOR ANY QUERIES REGARDING OUR PRODUCTS VISIT OUR WEBSITE WWW.HEALTHPROPERSONALTRAINING.CO.UK

- Personal Training
- Weight Management
- Sports Massage Therapy
- Diet & Nutrition
- Postural & Movement Analysis
- Injury Rehab & Prevention
- General Lifestyle & Wellbeing
- Athletic & Sports Performance

Pay-As-You-Go Classes

- Fatbusters — Like weightwatchers but better, more personal with better results!
- Ab Blast — Hit the gut hard and get the waistline down...last!
- Run Club — Great running group, make friends, learn runnning techniques, breathing patterns and get fit too!
- Circuits, Cardio Strength, Boxing — Fun, fast! Great Class, great results!

2009 should be your greatest year!

It's a new start all over again. New resolutions, new clothes, new plans..... and a new you! We all want to burn the Christmas calories away and get fit, slim and healthy. Don't waste your money joining an expensive gym where no one speaks to you, no one helps you and it's the same old routine. Come to HealthPro Personal Training and get 100% personal service and more importantly, RESULTS!
There are no gimmicks, no contracts, no worries. Just excellent service, undivided personal attention and GUARANTEED RESULTS!
We are so confident we will get the results you are after that is we don't, we will give you your money back....every single penny!

So why not come down to the HealthPro PT studio and speak with Kriss or Kieron about actually achieving your goals and not just seeing them slip away till this time next year.

Remember it's not just a body..... IT'S YOUR BODY!

Mention this advert when contacting us or bring it to the studio and claim a free consultation worth £50

NO JOINING FEES, NO CONTRACTS, NO PROBLEMS....
JUST GUARANTEED RESULTS!

call: 01908 698986
email: healthpropersonaltraining@yahoo.co.uk
502 MK Business Centre, Foxhunter Drive, Linford Wood East, MK14 6GD

Finding love has never been so easy! call now to place your FREE advert on

0800 092 6407

MKNEWS dating

Finding Love has never been so easy! Call now... JOINING IS FREE!

Place your *FREE* advert on the internet and use our *FREE* date search. With hundreds of people in your area finding love has never been so easy! ▶ **http://www.mk-news.localdates.co.uk/**

single women

IF YOU'RE looking to meet or chat to someone, look no further – Call **0906 966 1431** or text **DATE262** to **88300**.

BORED OR LONELY? CALL 0905 232 0899 NOW.

SNOW White 58, seeks Grumpy for leaf kicking, dancing in the kitchen, wine sipping, fireside snuggling, smiling yet? **Tel No: 0911 374 0222 Box No: 347664**

PRETTY brown eyed female with cute figure seeks gentle male for romance and much more. **Tel No: 0911 374 0222 Box No: 348660**

BLONDE attractive female, 38, professional, confident, N/S, likes gym, sports, seeks likeminded male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311866**

MARGARET young 72, divorced, 5ft 2ins, slim, dark hair, attractive, likes holidays, meals out, country drives, seeks nice gent, 65-67 for companionship. **Tel No: 0911 374 0222 Box No: 350716**

SENSITIVE petite female, long dark hair WLTM tall, seeks exciting male. **Tel No: 0911 374 0222 Box No: 348662**

WENDY 47, blonde hair, blue eyes, honest, caring, seeks similar aged genuine, honest male for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 346294**

PASSIONATE loving blonde, likes new experiences seeks hunky male who's up to the challenge. **Tel No: 0911 374 0222 Box No: 348664**

SINGLE female, 46, 5ft 7ins, brown hair, seeks guy of similar age to share life with. **Tel No: 0911 374 0222 Box No: 350338**

LOVING blonde female, seeks gent 35 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 348900**

FEMALE mid 40's, dark hair, blue eyes, likes nights in, cinema, meals out, seaside, seeks genuine, kind, N/S male for friendship. **Tel No: 0911 374 0222 Box No: 347716**

ATTRACTIVE black, professional female, 27, seeks caring, professional white male, 27-35 for 1-2-1 relationship. **Tel No: 0911 374 0222 Box No: 347686**

GORGEOUS brunette, free, single and no ties. Come and get me! **Tel No: 0911 374 0222 Box No: 348678**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

VIBRANT lively, tactile female seeks similar male for blissfully happy times. **Tel No: 0911 374 0222 Box No: 348680**

DEE 45, black female, 5ft 6ins, size 18, caring, professional, seeks caring male, 48 plus for a loving relationship. **Tel No: 0911 374 0222 Box No: 345844**

MRS Robinson, slim blonde, seeks her graduate. GSOH important. Likes dining in/out, movies, theatre and travel. Age 50-70. **Tel No: 0911 374 0222 Box No: 350400**

FLIRTY FUN!
Flirt live with hundreds of girls waiting for your text!
simply send FLIRT562 to 88300 or text... JM69 to 80080
J Media UK, PO Box 56394 SE1 0WT. texts to 88300/80080 £1.50/msg min 2 msgs. To stop, send STOP to 88300/80080.

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

ATTRACTIVE 43yr old female, brown hair, likes meals out, cinema, pubs, walks, seeks genuine, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 280824**

ATTRACTIVE 72yr old lady, 5ft 2ins, slim, dark hair, likes walks, seeks kind, caring male, 65-70 for friendship/relationship. **Tel No: 0911 374 0222 Box No: 340554**

UGLY duckling single mum, 32, seeks male, 35-45 for fun and friendship. **Tel No: 0911 374 0222 Box No: 339408**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

PETITE attractive female, 55, likes sports, dance, walks, seeks honest male, 54-60 for friendship, maybe more. Ballroom dancer a bonus. **Tel No: 0911 374 0222 Box No: 337196**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

WOULD you like to hold hands, watch the sunset, share good and bad times? Call me. **Tel No: 0911 374 0222 Box No: 348704**

ATTRACTIVE widow, 61, size 14, caring, Christian, N/S, likes walks, coast, cinema, theatre, seeks committed Christian male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 336116**

PROFESSIONAL black female, 40, single mum, slim, hardworking, honest, GSOH, seeks romantic, honest, reliable white guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 335750**

27YR old brunette, slim, curvy, GSOH, seeks honest, romantic male for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 329192**

PRETTY fit, blonde female, 58, seeks attractive male, 50's for clubs, fun and friendship. **Tel No: 0911 374 0222 Box No: 290410**

FEMALE 53, 5ft 6ins, short dark hair, hazel eyes, nice figure, likes dancing, pubs, clubs, seaside, seeks male, 49-53 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 321296**

CAROLE 45, divorced, N/S, brunette, slim-medium build, likes countryside, cinema, theatre, seeks male, 40-53 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 277630**

DIVORCED female, 45, attractive, OHAC, seeks sincere male for LTR. **Tel No: 0911 374 0222 Box No: 278926**

LATE 50's female, seeks younger male, 35-55 for fun and friendship. No timewasters. **Tel No: 0911 374 0222 Box No: 245222**

MARTHA black, attractive, late 40's, likes cooking, cinema, music, walks, seeks male, 48-55 for friendship and fun. **Tel No: 0911 374 0222 Box No: 351834**

EDITH 37, 5ft 4ins, medium build, black, genuine, caring, attractive, likes music, nights in/out, walks, seeks genuine white male, 37-48. **Tel No: 0911 374 0222 Box No: 241582**

ATTRACTIVE dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47 to make her laugh. **Tel No: 0911 374 0222 Box No: 243260**

NEED HELP?
please call our helpdesk on:
0871 434 4131
Or email our support team at:
Support@jmediauk.co.uk

64YR old brunette, 5ft 4ins, medium build, homely, likes travel, walks, theatre, cinema, nights in, animals, GSOH, seeks similar aged, polite male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 351164**

ATTRACTIVE bubbly, curvy female, 5ft 2ins, dark hair, blue eyes, seeks genuine, sincere male, 50-60 with GSOH for LTR. **Tel No: 0911 374 0222 Box No: 351124**

YOUNG 58yr old female, blonde, curvy, divorced, 5ft 2ins, GSOH, N/S, likes country walks, reading, shopping, clothes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345510**

ISABELLA blonde hair, blue eyes, fun loving, slim, petite, seeks honest, tender, N/S male, 35-55 with GSOH. **Tel No: 0911 374 0222 Box No: 349192**

WIDOWER 59, 5ft, N/S, cuddly, seeks N/S male, 59-75 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341932**

ATTRACTIVE female, 40's, seeks N/S male of similar age for a LTR. **Tel No: 0911 374 0222 Box No: 338610**

BUBBLY attractive 52yr old female, dark hair, blue eyes, likes meals out, walks, swimming, theatre, seeks genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341562**

ATTRACTIVE fun loving lady 49, likes music, reading, seeks kind, honest, romantic hero. **Tel No: 0911 374 0222 Box No: 347486**

CAROLINE beautiful therapist, mum of three, seeks emotionally independent, gorgeous, loving man for lively connection. **Tel No: 0911 374 0222 Box No: 347320**

39YR old female, single mum, seeks fun loving, outgoing male for nights in/out, socialising, maybe more. **Tel No: 0911 374 0222 Box No: 344656**

GENUINE attractive, slim lady, brown hair, blue eyes, 5ft 2ins, GSOH, N/S, OHAC, seeks genuine, well mannered male to share fun and laughter. **Tel No: 0911 374 0222 Box No: 349928**

ATTRACTIVE caring female, early 40's, likes nights out, seeks male, 36-45 for friendship/relationship. **Tel No: 0911 374 0222 Box No: 349826**

37YR old female, 5ft 2ins, single mum, seeks special male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313454**

ATTRACTIVE 40yr old blonde, caring, kind, N/S, GSOH, likes clubs, pubs, cinema, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343984**

JAN 43, likes outdoors, music, seeks male of similar age up to 55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343874**

BUBBLY blonde female, seeks male, 35 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 342874**

WIDOW 40, caring, attractive, like meals out, seeks gent for kisses and cuddles, maybe more. **Tel No: 0911 374 0222 Box No: 341900**

1944 model, blonde, good running order, likes travel, car boots, walking, reading, days out, seeks similar gent for LTR. **Tel No: 0911 374 0222 Box No: 319246**

SANDRA 46, fun loving, single mum, seeks male to love and hug. **Tel No: 0911 374 0222 Box No: 339590**

ATTRACTIVE 61yr old female, 5ft 6ins, N/S, likes cinema, gardening, meals out, home life, seeks genuine male, 60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 338394**

FEMALE early 50's, seeks male, 50-59 for friendship. **Tel No: 0911 374 0222 Box No: 338344**

58YR old female, passionate, spiritual, compassionate, likes music, nature, sun, sea, seeks gent, similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 334636**

GOOD conversation, laughter and sharing. Curvy 42yr old seeks gentleman who is intelligent and enjoys a wine with friends. **Tel No: 0911 374 0222 Box No: 334442**

WIDOW late 60's, 5ft 5ins, slim, fit, romantic, tactile, loving, likes theatre, walks, countryside, wildlife, rugby, seeks loving man for genuine relationship. **Tel No: 0911 374 0222 Box No: 325306**

ATTRACTIVE female, black tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

KATH 51, homely, smoker, fed up of being alone, seeks romantic, honest male. **Tel No: 0911 374 0222 Box No: 319698**

MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

PROFESSIONAL attractive female, likes dancing, clubs, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306568**

VANESSA 47, mum of 3, likes countryside, seaside, travel, cinema, nights in/out, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315978**

BLACK lady, likes meals out, walks, swimming, seeks male, 40 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 314406**

51YR old female, disillusioned, seeks kind, considerate gent to restore faith in men. **Tel No: 0911 374 0222 Box No: 332148**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

50YR old black female, divorced, genuine, soft spoken, seeks caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330698**

JOSIE 55, single mum, 5ft 4ins, smoker, brown hair/eyes, likes music, nights in/out, seeks similar aged male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327560**

47YR old petite female, smoker, likes reading, walks, animals, seeks male, 42-55 to share life with. **Tel No: 0911 374 0222 Box No: 305968**

FEMALE 54, GSOH kind and fun, WLTM male 50-60 for company, conversation, fun and possible LTR. **Tel No: 0911 374 0222 Box No: 313444**

LAIDBACK lovely brunette, late 40's, seeks special genuine male for LTR. **Tel No: 0911 374 0222 Box No: 312448**

GENUINE kind 58yr old blonde, likes meals out, cosy nights in, seeks honest male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312804**

single men

LOOKING to **MEET** or CHAT to someone, look no further. Call **0906 966 1431** or text **DATE262** to **88300**

JACK Beryl you didn't leave a number, please call again. **Tel No: 0911 374 0222 Box No: 351932**

WIDOWER 62, 5ft 10ins, medium build, sincere, trustworthy, likes travel, meals out, reading, seeks sincere lady for friendship, outings and travel. **Tel No: 0911 374 0222 Box No: 341882**

RETIRED male, 5ft 10ins, smart, well dressed, N/S, seeks lady for relationship. **Tel No: 0911 374 0222 Box No: 350270**

TALL male, attractive, GSOH, seeks slim, attractive female for fun and friendship. **Tel No: 0911 374 0222 Box No: 352064**

MALE GSOH, 56, OHAC, N/S, likes drives, meals out, shows, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330004**

50YR old male, 5ft 7ins, brown eyes, black hair, loving, caring, seeks nice female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 350786**

HONEST divorced dad, medium build, likes pubs, meals out, seeks curvy female for fun and friendship. **Tel No: 0911 374 0222 Box No: 345178**

41YR old divorced male, honest, reliable, caring, trustworthy, GSOH, seeks lady of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 348956**

MALE late 50's, N/S, seeks special one in a million female with GSOH to love. **Tel No: 0911 374 0222 Box No: 352028**

SIMON young looking 43, self employed, likes countryside, coast, seeks pretty stunning girlfriend. **Tel No: 0911 374 0222 Box No: 350848**

MALE 38, seeks honest, loyal, warm hearted female, 30-42 for friendship and love. **Tel No: 0911 374 0222 Box No: 345192**

JOHN 44, handsome, professional, like's sports, football, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 352186**

GENUINE male, 34, young, honest, caring, slim, athletic, seeks female, 24-36 for honest, loving, tender relationship. **Tel No: 0911 374 0222 Box No: 342510**

TALL blond male, blue eyes, athletic build, caring, seeks female for good times and 1-2-1 relationship. **Tel No: 0911 374 0222 Box No: 351296**

DATE MATCH
GET MATCHED WITH HUNDREDS OF GIRLS TODAY
Send DATE262 TO 88300
Or for even more fun text JM69 to 80080
J Media UK, PO Box 56394 SE1 0WT. texts to 80080/88300 £1.50/msg min 2 msgs. To stop, send STOP to 80080/88300.

WARM single, solvent, N/S, graduate, 48, enjoys walking, travel, food, music seeks similar intelligent female for fun and relationship. **Tel No: 0911 374 0222 Box No: 331664**

HEADING South but still glamorous? Creative pagan male, 49, seeks crazy, old hippy lady, 50 plus for alternative fun. **Tel No: 0911 374 0222 Box No: 347376**

TALL male, 43, OHAC, no ties, likes countryside, meals out, nights in, seeks similar female. **Tel No: 0911 374 0222 Box No: 346626**

JASON 38, 6ft, blue eyes, honest, romantic, passionate, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 334126**

MICK 58, 5ft 11ins, brown/grey hair, seeks female of similar age for nights out and socialising. **Tel No: 0911 374 0222 Box No: 307543**

GENUINE honest male, seeks similar attractive female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345024**

ATTRACTIVE male, 38, N/S, dark hair, brown eyes, likes cinema, keep fit, countryside, seeks female for friendship, possible relationship. **Tel No: 0911 374 0222 Box No: 336132**

ROBINSON Crusoe male, 49, varied interests, seeks Girl Friday to share laughs, cuddles and companionship. **Tel No: 0911 374 0222 Box No: 348630**

DAVID creative, passionate, adventurous, educated, intelligent, argumentative, affectionate, seeks companionship and true love. **Tel No: 0911 374 0222 Box No: 348162**

ROBINSON Crusoe male, 49, seeks his girl Friday to share laughs, cuddles, socialising and companionship. **Tel No: 0911 374 0222 Box No: 346502**

MALE 5ft 9ins, medium build, likes travel, meals out, seeks mature female for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345564**

GENUINE 47yr old fella, happy, GSOH, seeks slim, happy female, 35-45 for good company and more. **Tel No: 0911 374 0222 Box No: 307595**

EASYGOING genuine, professional male, 35, likes sports, dancing, keep fit, seeks kind, genuine female for fun, friendship, companionship and good times. **Tel No: 0911 374 0222 Box No: 343628**

BUBBLY alone prima donna sought by slim, attractive, professional male, 49. Can your sharp tongue bring this Narcissus to heal? **Tel No: 0911 374 0222 Box No: 345502**

DAVE 60, grey hair, happy, likes pubs, nights out, bowling, fishing, seeks slim female with GSOH. **Tel No: 0911 374 0222 Box No: 307535**

39YR old male, honest, kind, caring, GSOH, reliable, seeks similar female for friendship, possible relationship. **Tel No: 0911 374 0222 Box No: 347562**

61YR old solicitor, semi retired, smoker with discretion, seeks lady companion. **Tel No: 0911 374 0222 Box No: 333818**

How do I...

...place a FREE ad?

call 0800 092 6407
Leave your 20 word advert - make it a good one!

Remember to leave your mobile number if you wish to receive text alerts when you are left a message.

A photo will increase your chances of finding your perfect match!

...respond to an ad?

call 0911 374 0222*
Simply dial the number below the ad and input the six digit box number!

...access my responses?

call 0911 374 0223*
Have your pin & box numbers ready, as you will need both of these to pick up your messages.

...view a photo?

If an ad has a 📷 next to it, then this advertiser has sent in their photo. To receive a copy of the photo to your mobile, text: MKN(Space)mailbox number to 88833*. Or send in you photo by email to: support@jmediauk.co.uk with your Mailbox & PIN number.

If the advertiser you are interested in has not left a photo, why not leave them a voice message saying you are interested in seeing their picture!

...upload a photo?

Send in your photo to 0779 366 6363 followed by your mailbox number(space)then your PIN number under your photo!

...use Text Match?

Too busy to phone? Then try our Text Service Send CHAT262 to 80080* and get chatting today!

...reply by Post?

If an advert has this symbol ✉, then they are happy to receive a postal reply! Place your reply in an envelope, addressed to the box number you like. Place this envelope in a further envelope addressed to Meeting Point, J Media UK Ltd, The Bench, 20-24 King's Bench Street, London SE1 0QX. Include your name, address, and a cheque or P.O. for £5.00 per box. Make payments payable to: LSN Media

...get some help?

call 0207 928 4422
Open Mon-Fri, 9am til 5pm.
Alternatively, you can e-mail us at
support@jmediauk.co.uk

JACK 58, 5ft 10ins, divorced, grey hair, green eyes, solvent, likes socialising, DIY, quad racing, seeks attractive, presentable female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 342226**

BARRY 64, widower, N/S, seeks female of similar age and circumstances for genuine companionship. **Tel No: 0911 374 0222 Box No: 340454**

PHIL 47, 5ft 8ins, N/S, slim, GSOH, easygoing, romantic, seeks slim female, 38-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316972**

HONEST caring male, 52, 5ft 7ins, medium build, easygoing, no ties, seeks special female to love and hug for LTR. **Tel No: 0911 374 0222 Box No: 307525**

MALE 65, N/S, likes travel, meals out, countryside, seeks sincere, happy female for fun and friendship, possible LTR. **Tel No: 0911 374 0222 Box No: 331918**

ANDY 48, faithful, honest, romantic, passionate, seeks soul mate. **Tel No: 0911 374 0222 Box No: 316464**

friends-gay

IF YOU'RE looking to meet or chat to other men, look no further. Call **0906 781 0244** or **TXT GAY262** to **80080**

GAY male, 39, slim, blond/brown hair, 5ft 9ins, friendly, caring, likes life, seeks nice male, 20-45 for fun and friendship. **Tel No: 0911 374 0222 Box No: 339400**

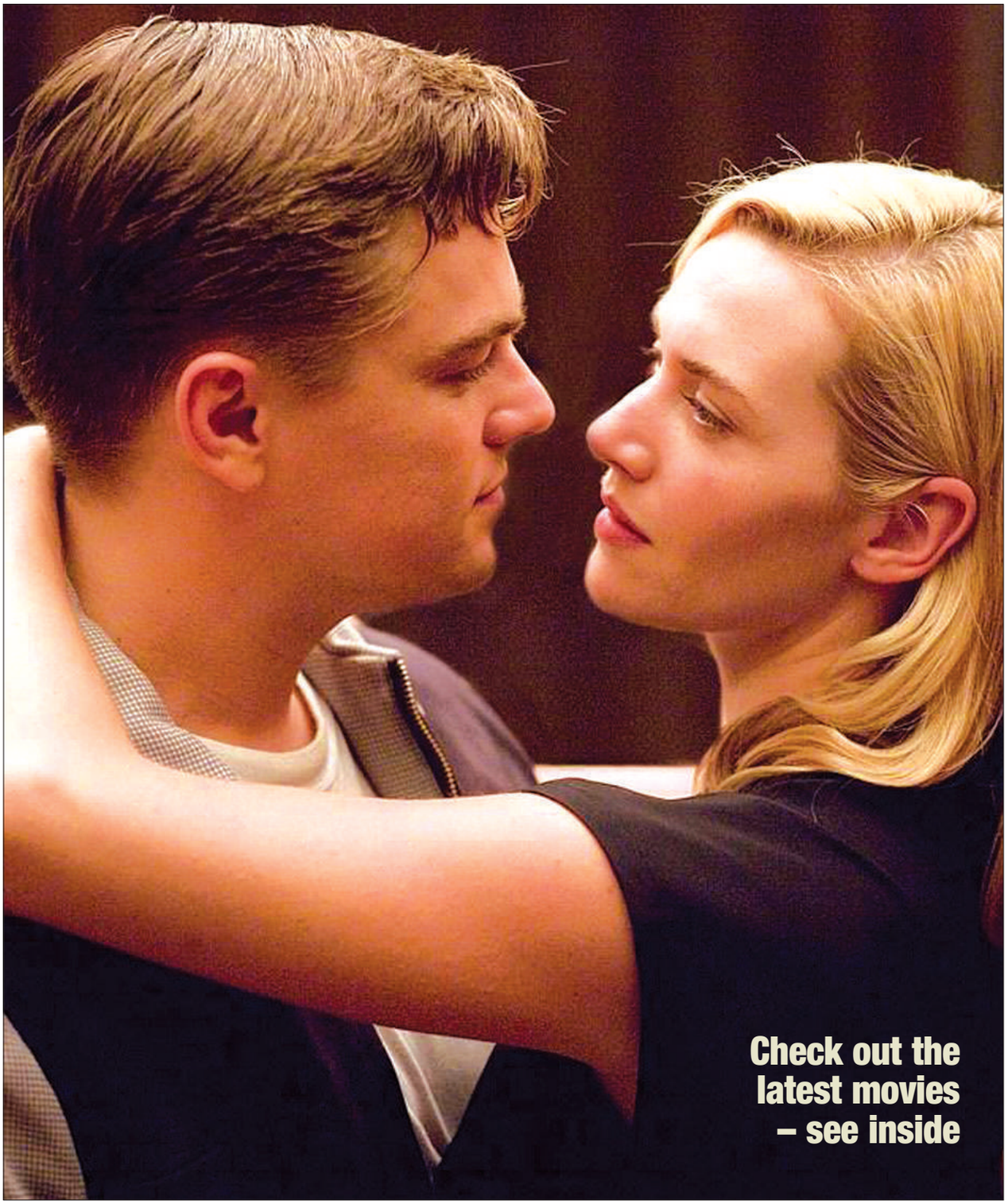
adult interests

Looking for fun in your area? Send **FLIRT262** to **88300** and start chatting today! or call **0911 374 0225.**

CALL CHARGES*: 0911 calls cost £1.30 per min, 09069 calls cost £1.20 per min, 090523 calls cost £1.00 per min, 09067 calls cost £1.00 per min 0779: 25p per min, 0871: 10p per min, 0800, free from a BT landline. Other Networks & Mobiles will vary. **TEXT*:** 80080/88300 £1.50 per message, min 2 messages. 88833 texts £1.50 per msg. To use this service your mobile must be compatible, if not contact your Network Provider. To unsubscribe to text alerts, text STOP DATING to 83426. For full T&Cs go to http://www.mk-news.localdates.co.uk/ **PICDATE:** 88300 Msg are charged at £1.50 per msg received. Network charges are free for MMS received content but network ops may charge for content (pics) sent. We reserve the right to contact individuals with promotional information. To stop text STOP to 88300. To opt out of all marketing messages text STOP to 61115. Customer Helpline: (24/7) 0870 6093042. BCM SF WC1N3XX. **DATA PROTECTION:** Service provided by JMedia UK PO Box 56394, SE1 0WT, 0871 434 4131. We will collect the details you provide and may send you details of other services and events operated by us. We may pass your details onto this newspaper for marketing or PhonePayPlus for regulatory purposes. **WC 070109**

MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY



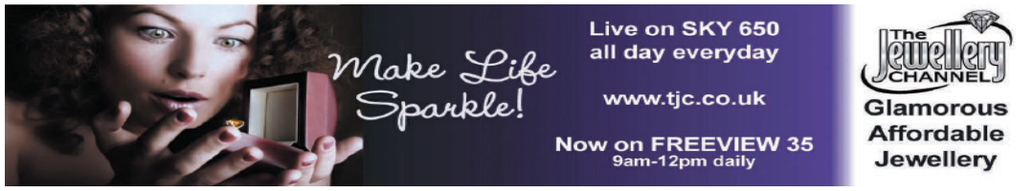
Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

The centre for seriously amazing events.

Caravan and Small Motorhomes Show
8 - 11 January 2009
See the luxuries and mod cons of the latest touring caravans by Bailey, Swift, Lunar, Adria, Coachman and Compass. There will also be excellent used tourers and associated caravanning ideas and accessories. Marquis Motorhomes and Heart of England Motorhomes will bring you some of their Autosleeper range and other caravan dealerships exhibiting include Amber Leisure, MK Tourers, Luton Caravans, Hitchin Caravans, Broad Lane Leisure from Daventry and Bicester Caravan Centre. There are even some electric powered bikes to make it easy to get around your caravan site!

Delicious hot food in Queens Court
Head to Queens Court near the outside fountain and enjoy a carvery with roast pork and potato wedges or choose something spicy to ward off the winter chill with Beef Chilli, Vegetarian Nachos or Stir Fry Salsa or Chicken Fajita. Add a steaming hot cider and you're all set for a robust, heartwarming meal before you carry on shopping.

thecentremk.com 0870 890 2530 thecentre:mk



WEDNESDAY
January 7

BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.05** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The Diary of Anne Frank** Otto is shocked to discover that the building has had to be sold, and everyone worries that the new owner will demand access to the annex. (T)
7.30 **DIY SOS** (T)
7.57 **BBC News and Regional News**
8.00 **Waterloo Road** Following the fire that nearly destroyed the school, Rachel is keen to start the new term with a clean slate and no more mistakes. Her commitment is immediately put to the test, however, when new pupil Earl Kelly gives Waterloo Road the most shocking first day it has ever had. (T)
9.30 **On the Fiddle?** Documentary series following the work of benefit fraud investigators. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.45 **Movie Connections** (T)
11.25 **FILM: Another Stakeout** (1993) Cop comedy sequel laced with suspense in which inept detective duo Lecce and Reimers are back on stakeout, targeting a house they suspect may be visited by a federal witness who has vanished. Starring Richard Dreyfuss. (T)

1.10 Weatherview (T) **1.15** Sign Zone: Natural World (R/T) **2.05** Indian Food Made Easy (R/T) **2.35** Gardeners' World Top Tips (R/T) **3.05** Helicopter Heroes (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Nuzzle and Scratch (R/T) **9.20** Harry and Toto (R/T) **9.30** Nina and the Neurons (R/T) **9.45** Me Too! (R/T) **10.05** Mister Maker (R/T) **10.30** In the Night Garden (R/T) **11.00 FILM: A Kiss before Dying** (1991) Drama starring Jeffrey Hunter, Joanne Woodward and Robert Wagner. (T) **12.30** Open Gardens (R/T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** World Darts (T) **4.30** Murder, She Wrote (R/T) **5.15** Flog It! Ten of the Best (R/T) **6.00** Animal Park (T)

7.00 **World Darts** Coverage of the four remaining second round games from the Lakeside Country Club with Ray Stubbs and Bobby George. (T)
8.00 **It's Not Easy Being Green** Dick Strawbridge and son James team up with Lauren Laverne to find out more about living the green life. Eco-guest Phil Tufnell proves he is about as green as a fire-engine, Dick gets to grips with his photo-voltaic panels while Lauren makes a splash with an eco-friendly swimming pool. (T)
8.30 **Masterchef** John Torode and Gregg Wallace search for the country's next star chef. (T)
9.00 **Rick Steins Memoirs of a Seafood Chef** An account of Rick Stein's rites of passage to becoming a seafood chef with humorous insights from those closest to him. A light-hearted look at his life and rise to fame in Padstow spanning nearly thirty years, that saw the poor mans' food become a gourmets' delight. (T)
10.30 **Newsnight** (T) (Followed by Weather)
11.20 **World Darts** Highlights from day five of the 2009 Lakeside World Professional Darts Championships where the quarter-final line-up was completed earlier today. (T)

12.10 Darts Extra (T) **2.10** BBC News **3.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Meridian News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** Foyle's War (R/T) (Followed By Local Weather) **5.00** Golden Balls (T) **6.00** Meridian Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Rodney ends up in hot water when Jimmy finds out about the shoot. (T)
7.30 **Coronation Street** Steve is torn between Becky and Michelle. Joe's situation calls for desperate measures. Molly attempts to engineer Jackie's departure. (T)
8.00 **The Bill** Nanny Anna Georgiou reports that the baby she has been looking after has gone missing from her bed, and Tony and Samantha have to break the news to the child's parents. (T)
9.00 **Taggart** A mutilated body is discovered by some standing stones on a remote island. Ross and Reid travel to the island to investigate, but find the inhabitants to be wary of outsiders and seemingly reluctant to assist. (R/T)
10.00 **News at Ten and Weather** (T)
10.35 **Superhuman: World's Smallest People** Series looking at extraordinary humans, with a focus today on the shortest people on the planet. (R/T)
11.35 **Carling Cup Highlights** Matt Smith introduces action from this week's Carling Cup semi-final, first legs. (T)

12.35 Nightwatch With Steve Scott: Crime (R/T) **1.25** Loose Women (R) **2.15** The Jeremy Kyle Show (R/T) **3.10** Living Without Money: Tonight (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.05** Celebrity Big Brother's Little Brother (T) **7.30** Celebrity Big Brother (R/T) **8.30** Celebrity Big Brother (R/T) **9.00** Will & Grace (R/T) **9.30** Will & Grace (R/T) **10.00** ER (R/T) **10.50** ER (R/T) **11.45** Science Scams (R/T) **12.00** News at Noon (T) **12.30** The Kitchen Pharmacy (T) **12.45 FILM: Warlock** (1959) Western starring Richard Widmark, Henry Fonda and Anthony Quinn. (T) **3.05** Come Dine With Me Extra Portions (T) **3.35** Come Dine With Me Extra Portions (T) **4.10** Deal Or No Deal (T) **4.55** Come Dine With Me Extra Portions (T) **5.25** Come Dine With Me Extra Portions (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Relocation, Relocation (New)** For many the property market is dead, but there are still some trail-blazers who want to buy that dream new house and a dream new life. (T)
9.00 **Celebrity Big Brother** Highlights of the previous 24 hours in the house with the celebrity housemates. (T)
10.00 **Dead Set** Charlie Brooker's Big Brother zombie horror series continues. Riq fights for survival. Patrick finds himself trapped in a room with an idiot. (T)
11.05 **FILM: The Descent** (2005) After a tragic accident, six friends reunite for a caving expedition. Their adventure soon goes horribly wrong when a collapse traps them deep underground and they find themselves pursued by bloodthirsty creatures. Adventure starring Shauna Macdonald, Natalie Jackson Mendoza and Alex Reid. (T)

1.00 Celebrity Big Brother: Live **3.10** Unreported World (R/T) **3.35 FILM: The Divorce Of Lady X** (1938) Romantic comedy starring Laurence Olivier. (T) **5.05** St. Elsewhere (R/T) **5.55** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** Dream Holiday Home (R/T) **9.30** Colin and Justin's - How Not to Decorate (R/T) **10.20 FILM: A Change of Place** (1994) Drama starring Andrea Roth, Rick Springfield and Stephanie Beacham. (T) **12.10** Animal Rescue Squad (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10** five news update (T) **3.15 FILM: Jane Doe: Ties That Bind** (2007) Mystery starring Lea Thompson, Joe Penny and William R Moses. (T) **5.00** Five News (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (R/T)

7.00 **Five News at 7** National and international news. (T)
7.30 **Extraordinary Animals** This lighthearted documentary series profiles a range of remarkable animals from across the globe. This instalment focuses on Nora, the magnificent piano-playing cat. (R/T) (Followed by five news update)
8.00 **Ice Road Truckers (New)** Documentary series examining the lucrative, but highly dangerous, job of driving trucks on Canada's notorious ice highways. (T) (Followed by five news at 9)
9.00 **FILM: Murder At 1600** (1997) Thriller about a homicide cop who suspects a cover-up when the body of a young woman is found at the White House. He soon finds his life in danger as he races to piece together the clues that might lead to the killer. Thiller Wesley Snipes, Diane Lane and Alan Alda. (T)
11.10 **Shops, Robbers and Videotape** Documentary series following police across Britain as they tackle shoplifters. (R/T)

12.10 PartyPoker.com Women's World Open II (T) **1.40** NHL Ice Hockey **4.20** V8 Supercars Review of the Year **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Family Court: Judge Penny **8.30** Family Court: Judge Penny **9.00** Real A & E **9.30** Real A & E **10.00** Stargate Atlantis **11.00** Stargate Atlantis **12.00pm** UK Border Force **1.00** Family Court: Judge Penny **1.30** Family Court: Judge Penny **2.00** Lost **3.00** Cold Case **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** The Lion Man **5.30** The Lion Man **6.00** Futurama **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00 FILM:** Die Hard **11.35** UK Border Force **12.35am** Road Wars **1.35** Ross Kemp on Gangs **2.30** Mile High **3.25** Stargate Atlantis **4.20** Stargate Atlantis **5.10** Guilty!

ITV2

6.00am Emmerdale **7.00** The Montel Williams Show **7.40** Judge Judy **8.00** The Ricki Lake Show **8.40** The Ricki Lake Show **9.25** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** The Ricki Lake Show **5.15** Sally Jessy Raphael **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Demons **9.00 FILM:** Top Gun **11.20** Coronation Street **11.50 FILM:** Bowfinger **1.50am** Teleshopping **4.50** ITV2 Nightscreen

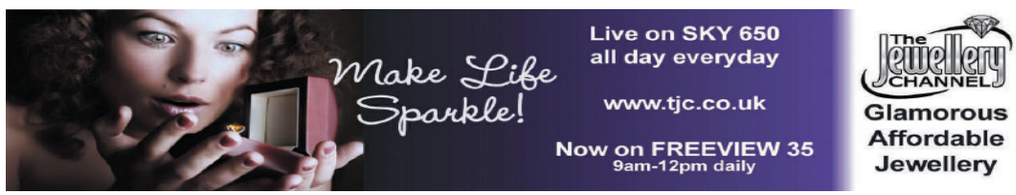
BBC3

7.00pm Most Annoying People 2008 **8.00 FILM:** Lara Croft: Tomb Raider **9.30** Little Britain **10.00** Kill It, Cook It, Eat It **11.00** Family Guy **11.25** Family Guy **11.50** Most Annoying People 2008 **12.45am** How Not to Live Your Life **1.15** Filthy Rich and Famous **2.15** From WAGs to Riches **3.15** Kill It, Cook It, Eat It **4.10** Filthy Rich and Famous

BBC4

7.00pm World News Today **7.30** Ready to Wear **8.00** The Sky at Night **9.00** Hubble Telescope **10.00** Blast!: Storyville **11.20** Star Men **12.00am** Charlie Brooker's Screenwipe **12.50** The Sky at Night **1.50** Blast!: Storyville **3.10** Star Men

THURSDAY
January 8



BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.05** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The Diary of Anne Frank** Anne is having a birthday party and she is blowing out her candles on her magnificent chocolate cake, surrounded by friends. (T)
7.30 **EastEnders** Janine shows Jay who is in control as her dirty work comes to light, and Danielle lets Stacey down, with serious consequences. (T)
7.57 **BBC News and Regional News**
8.00 **Life of Riley** When Maddy finds a pregnancy test, she is convinced it belongs to one of her stepchildren. But she has a big surprise in store when she discovers who the real owner is. (T)
8.30 **The Green Green Grass** (T)
9.00 **Hustle** Mickey Bricks returns to London after a close brush with the law in Australia, and finds it a changed place. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **FILM: Proof of Life** (2000) Thriller about a couple having marital problems and living in South America when the husband is kidnapped by anti-government guerrillas. Thriller starring Meg Ryan, Russell Crowe and David Morse. (T)

12.45 Weatherview (T) **12.50** Sign Zone: Panorama (R/T) **1.20** Around the World in 20 Years (R/T) **2.20** Gardeners' World Top Tips (R/T) **2.50** Helicopter Heroes (R/T) **3.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Nuzzle and Scratch (R/T) **9.20** Harry and Toto (R/T) **9.30** Nina and the Neurons (R/T) **9.45** Me Too! (R/T) **10.05** Mister Maker (R/T) **10.30** In the Night Garden (R/T) **11.00 FILM: His Majesty O'Keefe** (1953) Adventure starring Burt Lancaster, Joan Rice and Andre Morell. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** World Darts (T) **4.30** Murder, She Wrote (R/T) **5.15** Flog It! Ten of the Best (R/T) **6.00** Animal Park (T)

7.00 **World Darts** Ray Stubbs and Bobby George guide us through the first evening of quarter-final action from the 2009 Lakeside World Professional Darts Championships. (T)
8.00 **Masterchef** John Torode and Gregg Wallace are looking for the country's next star chef. In today's double-length episode comprising a heat and quarter-final, contestants will face three high-pressure tests. They have to design an exceptional meal that will impress the judges, but before that, they must prove their food knowledge. This week's heats have produced four exceptional cooks, but only one of them will make it through today to become a semi-finalist. (T)
9.00 **Victorian Farm** Historical observational documentary series following a team who live the life of Victorian farmers for a year. (T)
10.00 **What the Victorians Did for Us** Adam Hart-Davis investigates the Victorian innovations that left a lasting impression on British society. (R/T)
10.30 **Newsnight** (T) (Followed by Weather)
11.20 **World Darts** Highlights from Frimley Green, where this evening saw the first two semi-final berths decided. (T)

12.10 Darts Extra (T) **2.10** BBC News **3.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** Foyle's War (R/T) (Followed By Local Weather) **5.00** Golden Balls (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Carl calls in his loan to Debbie. The Dingles decide that Marlon deserves his home back. Rodney makes his peace with Jimmy. (T)
7.30 **The Krypton Factor** It's the toughest quiz on TV, and now four more contestants face five gruelling challenges that will push their mental and physical abilities to the limits. (T)
8.00 **The Bill** After the discovery of Charlotte's body, Anna Georgiou and her boyfriend are questioned further. Anna claims that she left the house for an hour and when they returned, Charlotte was dead. But the officers discover that Clare, the child's mother, also came back to the house that night - and Banksy has to find out why. (T)
9.00 **Total Emergency (New)** New series following all three major emergency services as they keep the streets of Sheffield safe. (T)
10.00 **News at Ten and Weather** (T)
10.35 **Dexter (New)** Dexter's victims keep escaping, and Doakes is becoming suspicious of his antics. (T)
11.40 **FILM: Freeze Frame** (2004) Crime thriller which sees a murder suspect develop a paranoid tendency to film himself around the clock in order to ensure he always has an alibi. Thriller starring Lee Evans. (T)

1.25 Crossing Jordan (R/T) **2.15** Loose Women (R) **3.05** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.00** Celebrity Big Brother's Little Brother (T) **8.00** Celebrity Big Brother (R/T) **9.00** Will & Grace (R/T) **9.30** Will & Grace (R/T) **9.55** ER (R/T) **10.50** ER (R/T) **11.50** Science Scams (R/T) **12.00** News at Noon (T) **12.30** The Kitchen Pharmacy (T) **12.40** Frasier (R/T) **1.05 FILM: The Man in the Iron Mask** (1976) Adventure starring Richard Chamberlain. (T) **3.05** Come Dine With Me Extra Portions (T) **3.35** Come Dine With Me Extra Portions (T) **4.10** Deal Or No Deal (T) **4.55** Come Dine With Me Extra Portions (T) **5.25** Come Dine With Me Extra Portions (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **River Cottage Spring Collection** The best of last year's series , along with some new recipes. From a roast shoulder of lamb with a caper and garlic sauce to a simple fresh-from-the-garden vegetable soup in chicken broth, there's something for every occasion and taste as the programme follows the ebb and flow of the season at River Cottage. (T)
9.00 **Celebrity Big Brother** Highlights of the previous 24 hours in the house with the celebrity housemates. (T)
10.00 **Dead Set** Charlie Brooker's Big Brother zombie horror series reaches its spectacular finale. Patrick and Pippa make a desperate bid for freedom. Riq and Alex face unimaginable peril. Joplin thinks he's worked out what's happening. (T)
11.10 **FILM: Wolf Creek** (2005) Horror in which three stranded backpackers in the Australian outback, fall victim to a murderous local. Stars Cassandra Magreth, Kestie Morassi and Nathan Phillips. (T)

1.00 Celebrity Big Brother: Live **4.20** Hill Street Blues (R) **5.10** St. Elsewhere (R/T) **5.55** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** Dream Holiday Home (R/T) **9.30** Colin and Justin's - How Not to Decorate (R/T) **10.20 FILM: Brian's Song** (2001) Drama starring Mekhi Phifer, Sean Maher and Ben Gazzara. (T) **12.10** Animal Rescue Squad (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10 FILM: Murder 101: Locked Room Mystery** (2008) Mystery starring Dick Van Dyke, Barry Van Dyke and Susan Blakely. (T) **5.00** Five News (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (R/T)

7.00 **Five News at 7** National and international news. (T)
7.30 **Animal Rescue Squad** Michaela Strachan and Matt Baker present a wildlife series following the urgent work going on to save and protect animals in the UK and abroad. (R/T) (Followed by five news update)
8.00 **Cowboy Builders (New)** Melinda Messenger and Dominic Littlewood come to the rescue of homeowners who have been let down by shoddy builders. (T)
9.00 **FILM: Tightrope** (1984) Tense thriller in which a New Orleans detective is forced to confront the dark side of his own personality when hunting down a vicious sex killer operating in the French Quarter. Thiller Clint Eastwood, Genevieve Bujold and Dan Hedaya. (T)
11.20 **War Zone** Documentary series following the lives of British servicemen and women at Kandahar Airbase in Afghanistan. In this instalment, a Harrier jump jet is scrambled to fight the Taliban; a new squadron of recruits arrives from the UK; and one young female officer finds ways to make the most of life in a war zone. (R/T)

12.25 Quiz Call **4.00** Boxing USA **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Family Court: Judge Penny **8.30** Family Court: Judge Penny **9.00** Real A & E **9.30** Real A & E **10.00** Stargate Atlantis **11.00** Stargate Atlantis **12.00pm** UK Border Force **1.00** Family Court: Judge Penny **1.30** Family Court: Judge Penny **2.00** Lost **3.00** Cold Case **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** The Lion Man **5.30** The Lion Man **6.00** Futurama **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Cold Case **10.00** Bones **11.00** Serial Killers Uncovered **12.30am** Road Wars **1.30** Ross Kemp on Gangs **2.25** Mile High **3.20** Stargate Atlantis **4.15** Stargate Atlantis **5.10** Guilty!

ITV2

6.00am Coronation Street **6.25** Emmerdale **6.50** The Montel Williams Show **7.40** Judge Judy **8.00** The Ricki Lake Show **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** The Ricki Lake Show **5.15** Sally Jessy Raphael **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Identical Triplets: Their Secret World **9.00 FILM:** Bowfinger **11.00 FILM:** 48 Hrs **1.05am** Airline USA **1.35** Teleshopping **4.35** ITV2 Nightscreen

BBC3

7.00pm Most Annoying People 2008 **8.00 FILM:** Lara Croft, Tomb Raider: the Cradle of Life **9.45** The Wrong Door **10.00** EastEnders **10.30** Kill It, Cook It, Eat It **11.30** Family Guy **11.55** Family Guy **12.20am** Most Annoying People 2008 **1.15** How Not to Live Your Life **1.45** Almost Famous 2 **2.45** Kill It, Cook It, Eat It **3.45** Make My Body Younger

BBC4

7.00pm World News Today **7.40** The New Avengers **8.30** The House of Chanel **9.00** Ozwald Boateng: Why Style Matters **10.00** Style on Trial **11.00** Men, Women and Clothes **11.15** The Look **12.05am** Charlie Brooker's Screenwipe **12.35** Ozwald Boateng: Why Style Matters **1.35** The House of Chanel **2.05** Style on Trial **3.05** Ozwald Boateng: Why Style Matters

MUSIC REVIEWS

ISSUES
Saturdays

THERE are some things I'll never understand, and seeing as one of my New Year's resolutions is to stop going off on tangents and instead to get straight to the point, just for a change I'm not going to give you a series of examples of things that I simply can't wrap my head around before finally telling you which particular incomprehensible thing it is that relates to this song; oh no, that's the old me, this is the new me and I'm going to just come out with it and tell you what vexes me – actually, this 'new' me does seem to have some remarkable similarities with the 'old' me – well done Simon, only seven days into 2009 and already that's one New Year's resolution chucked in the blender and turned into jam.

British singers singing with American accents, then, sorry, what? Oh yes, that's it, that was the thing that I can't understand. Do keep up.

That's the subject of this week's Why Do They Do It?

I mean, honestly, look at Bruce Springsteen. If he'd done Born To Run sounding like Chas and Dave he'd have ended up flipping burgers for a living for the past 30-odd years. And can you imagine Madonna singing Material Girl with a West Country accent? It'd be funnier than anything the Wurzels have ever done, that's for sure.

So, why on earth do some British singers go all transatlantic the moment somebody in the recording studio hits the Record button?

Anyway, that's not the biggest problem this song has, even though it's a bugbear of mine. The biggest problem is that this song isn't actually very good. It's so bland and unexciting that if the CD had been painted beige, I wouldn't have been in the least surprised.

See, here's the thing. They're a new band, and they've kicked off with two uptempo songs, so the powers-that-be have decided to mix it up a bit by bringing down the pace a tad for outing number three. Trouble is, most slower-paced pop songs tend to sound the same, in fact they may well all have the same guitar used on them, and it's not easy creating a ballad that stands out.

You may like this song now, but give it six months and you probably won't even remember it.

NOW THAT'S WHAT I CALL MUSIC
Various Artists (album)

NO stupidly large number at the end of the title, no cheery exclamation mark either. There's a reason for that – this is Now 1, where it all began way back in 1983.

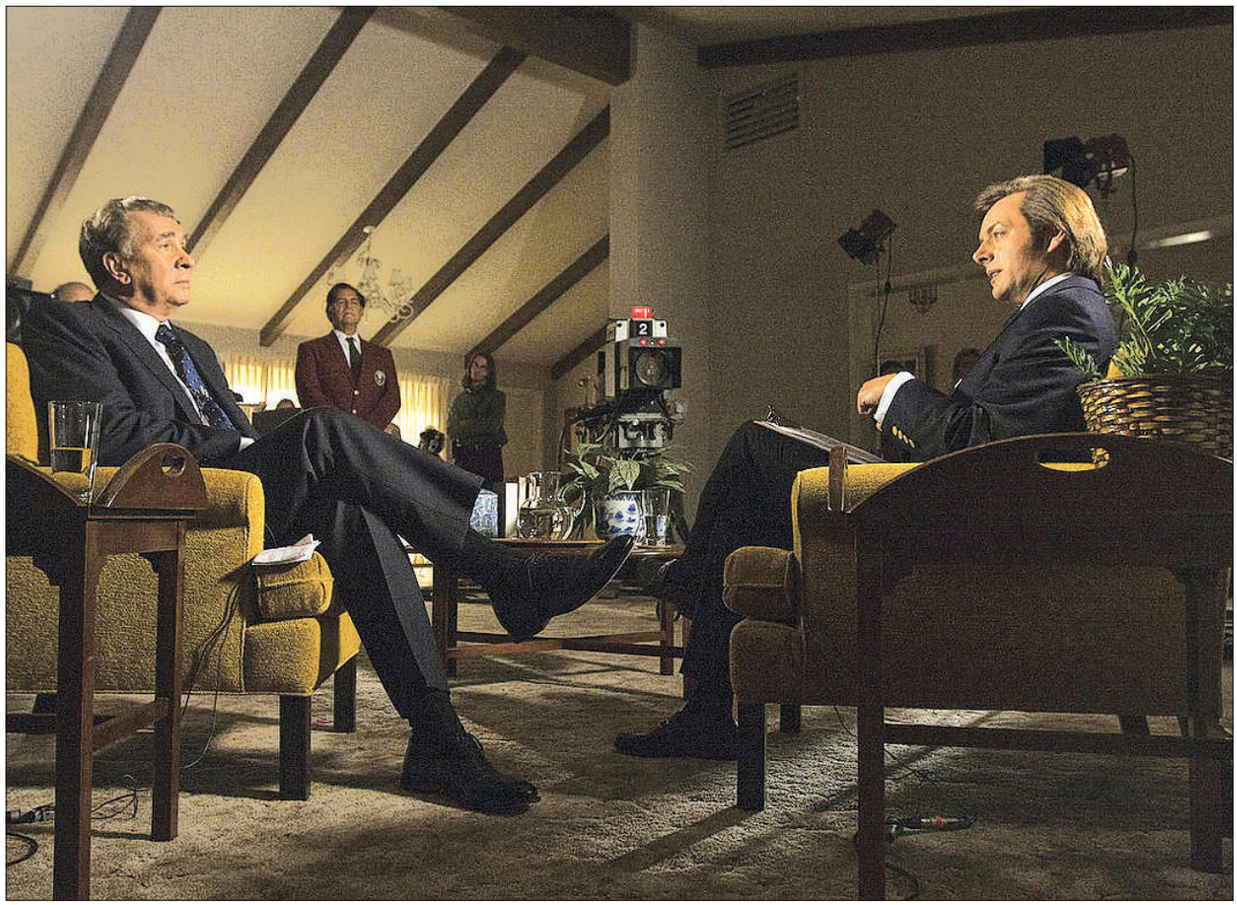
The daft thing is that until now, the first nine Nows have never been released on CD in their entirety, so hopefully the thinking is that if this sells enough, then the rest will follow and those obsessive collectors will finally get the chance to have the full set on compact disc – just as the format's becoming obsolete. Yeah, good timing.

Now, the first Now isn't like the Nows you get now - it's only got 30 tracks, but look at what you get. The Safety Dance (amazing), Karma Chameleon (rubbish), The Lovecats (genius), two songs from UB40 (God knows why), and (Hey You) The Rock Steady Crew. In other words, it's a time capsule filled with stuff that people listened to in 1983, just as Nows 7 and 8 prove that 1986 was awesome and Now 33 demonstrates how desperate things had got by 1996. Mind you, something else in its favour is the fact that it's about the only 80s themed compilation around at the moment that doesn't have Vienna on it.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000



FROST/NIXON (15)
Matthew Macfadyen, Sam Rockwell, James Reston Jr, Michael Sheen, Frank Langella, Toby Jones, Wallace Langham, Kevin Bacon
From Friday
PROSPECTING for TV gold, nascent talkshow star David Frost (Sheen) sets up an interview with former President Nixon (Langella), intent on needling out a confession for Watergate. But the former American leader proves a more formidable foe than he counted on.

REVOLUTIONARY ROAD
Kate Winslet, Leonardo DiCaprio, Kathy Bates, david harbour, Kathyrn Hahn, Michael Shannon
From Friday
IN 1955, young-marrieds the Wheelers, Frank (DiCaprio) and April (Winslet), settle into stultifying suburbia but dream of reclaiming lives as free spirits. However, neighbours react to their getaway plan as a threat to world order. Will they break away or apart?

DEFIANCE
Daniel Craig, Liev Schreiber, Jamie Bell, Alexa Davalos, Allan Corduner, Mark Feuerstein
From Friday
BELORUSSIA, 1941. Fleeing the Nazis, the Bielski brothers, Tuvia (Craig), Zus (Schreiber) and Asael (Bell), find refuge in the forest. Fellow survivors help create an alternative community, while occasionally striking back at their oppressors.

SEX DRIVE
Josh Zuckerman, Clark Duke, Amanda Crew, James Marsden
From Friday
VIRGIN, dork and nice guy Ian (Zuckerman) has no luck with girls, until an online encounter with the mysterious Ms. Tasty. She promises to deflower him if he'll drive across America to meet her, a challenge best friend Lance (Duke) adopts as a personal crusade.

SLUMDOG MILLIONAIRE (2009)
Mia Drake, Anil Kapoor, Irfan Khan, Dev Patel, Freida Pinto
From Friday
WHEN the unlikely Jamal (Patel) gets through round-upon-round of India's Who Wants To Be A Millionaire?, he is arrested for cheating. During the interrogation, as he tells his tragic life story, it seems fate may be calling the shots

ROLE MODELS
Jane Lynch, Christopher Mintz-Plasse, Paul Rudd, Seann William Scott, Bobb'e J Thompson
From Friday
JUST dumped by his girlfriend (Banks), salesman Danny (Rudd), with his colleague Wheeler (Scott), trashes his work truck. The pair face a choice: jail, or community service mentoring two kids (Mintz-Plasse and Thompson).

TWILIGHT (12A)
Now showing
Kristen Stewart, Robert Pattinson, Ashley Greene, Peter Facinelli, Elizabeth Reaser, Jackson Rathbone, Nikki Reed, Kellan Lutz, Taylor Lautner
WHEN Bella (Stewart) relocates to the drizzly town of Forks, she meets the Cullens, a family of vampires who can control their desire to feed on humans. She falls in love with Edward Cullen (Pattinson), who sees in her the soulmate he's been searching for. However, so appealing is her scent, he must battle his desire to drink her blood, the heroine akin to the vampire's own personal heroin.

DEAN SPANLEY (U)
Jeremy Northam, Sam Neill, Bryan Brown, Peter O'Toole
Now showing
IN1930s London, gentleman Fisk (Northam) attends a lecture about reincarnation with his father. Spotting a clergyman (Neill) there, Fisk becomes curious about his views and invites him to dinner, during which Dean Spanley hints of a previous life. Intrigued, Fisk determines to find out more.

MADAGASCAR: ESCAPE 2 AFRICA (PG)
Ben Stiller
Now showing
ATTEMPTING to reach home, the quartet of New York zoo animals and assorted hangers-on crash-land on the African mainland. As the wily penguins set about another escape plan, Alex the lion (Stiller) re-discovers his heritage.

TRANSPORTER 3 (15)
Jason Statham, Robert Knepper, Justin Rodgers Hall, Eriq Ebouaney
Now showing
ICE-COOL driver Frank Martin (Statham) is forced into action when a terrorist (Knepper) straps a bomb to his wrist and insists he transport the kidnapped daughter (Rudakova) of a politician to a rendezvous. Should be easy – until Frank falls for the girl.

THE SECRET LIFE OF BEES (12A)
Dakota Fanning, Queen Latifah, Jennifer Hudson, Sophie Okonedo, Paul Bettany, Alicia Keys
Now showing
SOUTH Carolina, 1964. Haunted by the death of her mother, 14 year-old Lily (Fanning) seeks solace with her housekeeper Rosaleen (Hudson). When the pair go on the run after Rosaleen is racially attacked, they find refuge with the bee-keeping Boatwright sisters.

THE CHILDREN (15)
Rachel Shelley, Hannah Tointon, Eva Sayer, Jeremy Sheffield, Eva Birthistle, Rafiella Brooks
Now showing
A FAMILY holiday takes a terrifying turn when the children develop murderous designs

LAKEVIEW TERRACE (15)
Samuel L Jackson, Patrick Wilson, Kerry Washington
Now showing
INTER-RACIAL couple Chris (Patrick Wilson) and Lisa (Kerry Washington) buy a home in upscale LA and earn the disapproval of Abel Turner (Samuel L Jackson), the widowed black beat cop next door, who has strict 'rules' about things – and ways to enforce them.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give away. What is the name of the TV show which made david Frost famous? Answers by e-mail to: competitions@mk-news.co.uk Please include your name, address and daytime telephone number. Closing date Tuesday, January 13.

FRIDAY
January 9

BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.05** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The Diary of Anne Frank** Anne and her family are suddenly awakened by the sound of intruders downstairs. (T)

7.30 **A Question of Sport** Sue Barker hosts the entertaining sports quiz. (T)

7.57 **BBC News and Regional News**

8.00 **EastEnders** Dot struggles with Nick's proposition, but will she agree to his demands? (T)

8.30 **Parents of the Band** (T)

9.00 **QI** Quiz show in which contestants earn more points if their answers are 'quite interesting'. (T)

9.30 **The Vicar of Dibley** (R/T)

10.00 **BBC News at Ten** (T)

10.25 **Regional News and Weather**

10.33 **BBC Weather** (T)

10.35 **Live at the Apollo** The legendary Lenny Henry hosts another evening of comedy. (T)

11.20 **National Lottery Euromillions Draw** (T)

11.25 **Not Going Out** (R/T)

11.55 **FILM: Ruthless People** (1986) Slapstick comedy in which two inept kidnappers abduct the wife of a crooked businessman, in the sadly mistaken belief that he will cough up 50,000 dollars to get her back. Comedy starring Danny DeVito. (T)

1.20 Weatherview (T) **1.25** Sign Zone: Horizon: Where's My Robot? (R/T) **2.15** Gardeners' World Top Tips (R/T) **2.45** Helicopter Heroes (R/T) **3.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** Coast (R/T) **11.05** **FILM: Tall in the Saddle** (1944) Drama starring John Wayne, Ella Raines and Ward Bond. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** World Darts (T) **4.30** Murder, She Wrote (R/T) **5.15** Flog It! Ten of the Best (R/T) **6.00** Animal Park (T)

7.00 **World Darts** The oche will be shaking with excitement as Ray Stubbs and Bobby George present action from the remaining quarter-final matches. The trophy and the 95,000 pound first prize are within the players' grasp. (T)

8.00 **Natural World** Behind the magical call of the cuckoo is a bird that is a cheat, a thief and a killer. Just how does the cuckoo trick other birds into accepting its eggs and raising its young? (T)

8.50 **Coast** Neil Oliver visits the Irish capital on the Liffey and Amanda Krestovnikoff enjoys horse racing on the seashore at the Laytown Races. (R/T)

9.00 **Around the World in 80 Faiths** Pete Owen Jones presents the definitive guide to faith on earth, with eighty rituals across six continents in the space of a year. (T)

10.00 **All New Shooting Stars** Vic Reeves, Bob Mortimer and Matt Lucas return for a special anniversary edition of the show. (R/T)

10.30 **Newsnight** (T)

11.00 **Newsnight Review** (T)

11.35 **The Culture Show Uncut** In this Culture Show special marking the 50th anniversary of Motown Records, actor and Motown fan Martin Freeman takes the trip of a lifetime. (T)

12.20 World Darts (T) **1.10** Darts Extra (T) **3.10** **FILM: Cherps** (2005) Comedy starring Clint Dyer, Kay Bridgeman and Felix Dexter. (T) **4.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** Foyle's War (R/T) **5.00** Golden Balls (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Lily has a plan to get Paul and Jonny back together. (T)

7.30 **Coronation Street** Is it the end of the affair for Steve and Becky? (T)

8.00 **Living Without Money**

8.30 **Coronation Street** Tyrone reluctantly agrees to assist Pam in her dodgy deal. Graeme enjoys playing waiter at Molly's hen party! Steve's actions leave Becky broken-hearted. (T)

9.00 **Trial and Retribution (New)** First of a two-part story as Connor and the team investigate an audacious murder - an ambulance run off the road, and its patient shot in the head. (T)

10.00 **Murder at Harvey Nicks: Real Crime** An examination of the murder of beauty consultant Clare Bernal, who was shot dead in top London department store Harvey Nichols in September 2005 by the ex-boyfriend against whom she had lodged a police complaint for stalking. (R/T)

11.00 **The Late News and Weather** (T)

11.35 **FILM: The Paper** (1994) Comedy drama following a frenetic 24 hours in the life of the staff at a New York newspaper as they struggle to get a scoop on a double murder. Stars Michael Keaton. (T)

1.35 **FILM: On The Edge** (2001) Drama starring Cillian Murphy. (T) **3.00** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.05** Everybody Loves Raymond (R/T) **7.30** Celebrity Big Brother's Little Brother (T) **8.00** Celebrity Big Brother (R/T) **9.00** Will & Grace (R/T) **9.30** Will & Grace (R/T) **9.55** ER (R/T) **10.50** ER (R/T) **11.45** Science Scams (R/T) **12.00** News at Noon (T) **12.30** The Kitchen Pharmacy (T) **12.50** **FILM: Let's Make Love** (1960) Comedy starring Marilyn Monroe, Yves Montand and Tony Randall. (T) **3.05** Come Dine With Me Extra Portions (T) **3.35** Come Dine With Me Extra Portions (T) **4.10** Deal Or No Deal (T) **4.55** Come Dine With Me Extra Portions (T) **5.25** Come Dine With Me Extra Portions (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.35 **The Hunt For Britain's Tightest Person** (T)

8.00 **A Place In The Sun: Down Under** Amanda Lamb helps three families relocate down under and investigates how to navigate the Australian immigration system. (T)

9.00 **Celebrity Big Brother: Live Eviction** (T)

10.00 **Plus One (New)** What do you do when your girlfriend leaves you for Duncan from Blue? You decide to outshine them on their wedding day, that's what. (T)

10.35 **Celebrity Big Brother: Live Eviction** This year's first evicted housemate leaves the Big Brother house to be greeted by Davina McCall for their first live TV interview, but who will it be? (T)

11.10 **Rude Tube 2009** (T)

11.40 **The Sunday Night Project** Kirstie Allsopp and Phil Spencer host the entertainment show. (R/T)

12.45 Album Chart Show: Sugababes Special (R/T) **1.15** JD Set Presents: The Hours (R/T) **1.25** 4play: White Lies (T) **1.35** Betfair World Series Of Poker Europe **2.35** Celebrity Big Brother: Live **4.15** Transworld Sport (R/T) **5.05** St Elsewhere (R/T) **5.55** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** Dream Holiday Home (R/T) **9.30** Colin and Justin's - How Not to Decorate (R/T) **10.20** **FILM: A Mother's Gift** (1995) Adventure starring Nancy McKeon, Adrian Pasdar and Adam Storke. (T) **12.20** Zoo Days (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10** **FILM: A Place Called Home** (2004) Drama starring Ann Margret, Matthew Settle and Hunter Tylo. (T) **5.00** Five News (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (R/T)

7.00 **Five News at 7** National and international news. (T)

7.30 **Rough Guide to Best Beach Holidays** Travel series presented by Julia Bradbury and Toby Amies. (T) (Followed by five news update)

8.00 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. (R/T) (Followed by five news at 9)

9.00 **NCIS (New)** Tony's undercover mission comes to an end when his car is blown up - seemingly with him inside it. Elsewhere, Jenny Shepard comes face to face with her archenemy, La Grenouille. (T)

10.00 **Numb3rs (New)** Charlie gives up bureau work after he is stripped of his security clearance. However, it is not long before his expertise is called upon in a double murder case. (T)

11.00 **Law and Order** Crime drama series. Briscoe and Green investigate the murder of a successful stockbroker, who was conducting affairs with a mother and her daughter. After being interviewed, it seems that both women have a motive for the murder. (R/T)

12.00 Quiz Call **4.00** Great Ocean Adventures: The Giant Sunfish (R/T) **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Family Court: Judge Penny **8.30** Family Court: Judge Penny **9.00** Real A & E **9.30** Real A & E **10.00** Stargate Atlantis **11.00** Stargate Atlantis **12.00pm** UK Border Force **1.00** Family Court: Judge Penny **1.30** Family Court: Judge Penny **2.00** Lost **3.00** Cold Case **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** The Lion Man **5.30** The Lion Man **6.00** Futurama **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Ross Kemp On Gangs: Liverpool **10.00** Miami Swat **11.00** Street Wars **12.00am** Road Wars **1.00** Ross Kemp on Gangs **1.50** Mile High **2.40** Stargate Atlantis **3.30** Stargate Atlantis **4.20** Cruise with Stelios **4.45** Cruise with Stelios **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** The Montel Williams Show **7.15** Sally Jessy Raphael **8.00** The Ricki Lake Show **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Planet's Funniest Animals **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Emmerdale **12.30** Holiday Showdown Extreme **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** The Ricki Lake Show **5.15** Sally Jessy Raphael **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Animals Do the Funniest Things **9.00** **FILM:** 48 Hrs **11.05** Coronation Street **11.35** Coronation Street **12.05am** **FILM:** Top Gun **2.20** Teleshopping **5.20** ITV2 Nightscreen

BBC3

7.00pm Most Annoying People 2008 **8.00** Top Gear **9.00** Doctor Who **9.50** Doctor Who Confidential **10.00** EastEnders **10.30** Kill It, Cook It, Eat It **11.30** Family Guy **11.55** Family Guy **12.20am** Most Annoying People 2008 **1.15** How Not to Live Your Life **1.45** How Not to Live Your Life **2.15** From WAGs to Riches **3.15** The Real Hustle Special: Best Ever Cons **4.15** Kill It, Cook It, Eat It

BBC4

7.00pm World News Today **7.30** Anne Frank Remembered **9.30** Guitar Heroes at the BBC **10.30** Les Paul: Chasing Sound **11.55** Charlie Brooker's Screenwipe **12.25am** The New Avengers **1.20** Guitar Heroes on Later... with Jools Holland **2.20** Jeff Beck at Ronnie Scott's **3.20** Charlie Brooker's Screenwipe

DUNSTABLE AND LUTON COUNSELLING SERVICE
(part of Herts and Beds Counselling Foundation)

DISCOVERING COUNSELLING

An 8 week introduction to Counselling Skills
Commencing: Fridays 10.00am - 12 noon.

Course Dates: 16th, 23rd & 30th January, 6th, 13th, 20th and 27th February and 6th March 2009

Venue

Dunstable and Luton Counselling Services
Hilde Eccles House
70-72 Princess Street
Luton LU1 5AT

Cost: £100

The Trainer is a fully qualified psychodynamic counsellor with teaching experience

For further details contact above address or phone: 01582 732450

DIET CLINIC
£44 for 4 weeks
Medical Doctor, Easy Diet
Walk-in, no appointments
Licenced and Inspected by the Healthcare Commission
Tel: (07973) 641 649
Open Thursdays 10am to 4pm

Call 01908 242490 ...to advertise

ODEON MILTON KEYNES
For film times or to book tickets
ODEON.CO.UK · 0871 22 44 007 · SKY ACTIVE
Register at www.odeon.co.uk to get film times by e-mail free every week

Box Office: 01908 280800
www.stables.org
the stables
The Laine Dankworth Centre
WAVENDON MILTON KEYNES

Tuesday 23 December - Sunday 11 January
HEIDI - A GOAT'S TAIL/TALE
Bring the whole family for an evening full of humour and heart as a bunch of cheeky goats perform their own take on Heidi!
Tickets £14.50 - £19.50

Thursday 15 January - 8pm
C'MON EVERYBODY
Enjoy a rock'n'roll party with the hits of Eddie Cochrane, Chuck Berry, Buddy Holly, Bill Haley and Jerry Lee Lewis.
Tickets £16

Friday 16 January - 8pm
SYD LAWRENCE ORCHESTRA
The best big band in the land, in a concert packed with favourites.
Tickets £19.50, £21.50

Friday 16 January - 8.45pm
JANE TAYLOR
Radio 2 Drive-Time favourite and singer of Fall On Me.
Tickets £9.50 in advance, £11.50 on the door

Saturday 17 January - 8pm
THE GROUNDHOGS & STRAY
The unsung heroes of British rock and blues really deliver the goods live!
Tickets £14.50

01908 280800
* Booking Fee of £2.50 per transaction applies to all telephone sales *

Box Office: 01908 280800
www.stables.org
the stables
The Laine Dankworth Centre
WAVENDON MILTON KEYNES

Tuesday 23 December - Sunday 11 January
HEIDI - A GOAT'S TAIL/TALE
Bring the whole family for an evening full of humour and heart as a bunch of cheeky goats perform their own take on Heidi!
Tickets £14.50 - £19.50

Thursday 15 January - 8pm
C'MON EVERYBODY
Enjoy a rock'n'roll party with the hits of Eddie Cochrane, Chuck Berry, Buddy Holly, Bill Haley and Jerry Lee Lewis.
Tickets £16

Friday 16 January - 8pm
SYD LAWRENCE ORCHESTRA
The best big band in the land, in a concert packed with favourites.
Tickets £19.50, £21.50

Friday 16 January - 8.45pm
JANE TAYLOR
Radio 2 Drive-Time favourite and singer of Fall On Me.
Tickets £9.50 in advance, £11.50 on the door

Saturday 17 January - 8pm
THE GROUNDHOGS & STRAY
The unsung heroes of British rock and blues really deliver the goods live!
Tickets £14.50

01908 280800
* Booking Fee of £2.50 per transaction applies to all telephone sales *

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

Want to earn GREAT hourly rates of pay?

We are looking for hardworking, honest people to deliver the MKNEWS in the following areas:

- Neath Hill
- Bradville
- Conniburrow
- Downs Barn
- Kents Hill
- Netherfield
- Fenny Stratford

If you're interested in delivering the MKNEWS in your area:

- Call us on 01582 390353 OR
- Return the coupon below to the address OR
- Email your name, address and telephone number to us at: distribution@mk-news.co.uk

Name .....
Full Address .....
..... Post Code .....
Tel No ..... Age (minimum 13) .....
Mobile No ..... Email address .....
Return this coupon to: Distribution Dept, LSN Media Ltd, 28 King Street, Luton, Beds, LU1 2DP

MKNEWS
Where NEWS in MK comes first!
advertising@mk-news.co.uk
editor@mk-news.co.uk
01908 242490

CLUBS AND PUBS

OCEANA
Xscape 670976
Three different clubs in one with the Rhythm Room, Ice House Reykjavik and New York Disco. Two bars, Russia Bar and Parisian Boudoir, plus VIP suites, booths. Over 18s Sunday-Thursday, over 19s Fridays and over 20s Saturdays. Dress code is smart casual.

SPICE LOUNGE DISCOTHEQUE
Theatre District 237400
REVAMPED under a new retro identity the Spice Lounge is now a disco venue. Party music from the 80s, 90s and the noughties. Open on Friday and Saturdays only. 9am-2am. Over 21s only.

THE LIVING ROOM
thehub:mk 608643
MUSIC from a local musician on the baby grand piano every night at the swank bar. The Living Room features an upmarket restaurant and an outdoor terrace overlooking the central piazza. Food is served from midday until late.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Beatcheck - New soundclash, new DJs, and new tunes. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Fridays DJ Rich Cole spins R'n'B, chart hit and requests on the bottom floor, while Matt Oakey plays funky house and electro upstairs. www.opusmk.com for guest list entry. Dress code is casual cool.

LLOYDS NO 1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District 241243 info@buddhablue.co.uk
A MIX of garage, baseline and R'n'B are played at the youngest night club in the Theatre District. Entry is £7 before midnight, £10 after. VIP is £15. Dress code is smart.

BLUEPRINT
Station Square 677840 info@blueprintbars.com
ULTRA stylish independent bar. Great selection of wines, beers and 35 cocktails to choose from.

SNO!BAR
Xscape 0871 222 5670
BAR with metal and alternative music on Thursdays. Sound sessions and guest promoters on Friday. Mix of hip hop and break beat feature on Saturdays with live DJs. 8pm until the early hours. Over 18s only.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands playing music from pop and rock to RnB and dance at the weekend, pool tables, and a big screen TV for matches. Casual dress.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and draught beers from around the world, quality wines and classic cocktails. Outdoor seating.

ALL BAR ONE
Midsummer Boulevard 397216
STYLISH cosmopolitan bar aimed at people who enjoy great drinks and food in a contemporary environment.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic night every Thursday on a newly built stage. Free entry. To play just turn up with your instrument.

THE STABLES 280800

Mark Watson

C'MON EVERYBODY
Thursday, January 15. 8pm
A ROCK'N'ROLL party that's guaranteed to drive the January blues away!
Featuring an amazing band, complete with brass section and the legendary Chris "Fenderman" Black on guitar with his tribute to Duane Eddy, but tonight you'll also hear the hits of Eddie Cochran, Chuck Berry, Buddy Holly, Connie Francis, Brenda Lee, Bill Haley and Jerry Lee Lewis. Watch out for the sensational spot by Chris's leather-clad Blackettes! What a show, and what a night!
Tickets £16

Jane Taylor

THE SYD LAWRENCE ORCHESTRA
Friday, January 16. 8pm
THE best big band in the land brings you a concert packed with your big band favourites! This swinging orchestra has been setting the musical world aflame since the release of its Strictly Big Band album. Hear the music of the swing era brought back to life with the youthful verve that made it the smash hit of its day, featuring the music of Glenn Miller, Count Basie, Tommy Dorsey, Frank Sinatra, Ella Fitzgerald and many more.
Tickets £19.50, £21.50

JANE TAYLOR
Friday, January 16. 8.45pm
WHEN a song called Fall On Me was played on Johnnie Walker's Drive-Time show on BBC Radio 2, he was inundated with e-mails wanting to know who this new singer-songwriter was, where they could find out about her, and most importantly would he please play more. That singer-songwriter was Jane Taylor, seen lately supporting the likes of Bill Wyman, Seth Lakeman, Jools Holland and Paolo Nutini.
Tickets £9.50 in advance, £11.50 on the door

THE GROUNDHOGS AND STRAY
Saturday, January 17. 8pm
CULT rock heroes The Groundhogs are an iconic blues and prog rock outfit characterised by their screaming guitar solos. Tony McPhee is the writing talent behind them, and his astounding guitar skills have been pushing at the boundaries of British music for 40 years. Del Bromham's Stray have played every festival imaginable, supported the likes of Iron Maiden, Kiss, Rush, Mountain, Uriah Heap and Nazareth and after 42 years on the road these unsung heroes of British rock and blues still really deliver the goods live.
Tickets £14.50

MARK WATSON
Tuesday, January 20. 8pm
IN 2008, Mark Watson won Best Show at the Adelaide and Sydney Comedy Festivals, completed a 100-date tour of the UK, Australia and New Zealand, recorded the second series of his cult Radio 4 show Mark Watson Makes The World Substantially Better, trained as a climate change lecturer under Al Gore, performed another 24-hour show, published his third book Crap At The Environment and continued his regular appearances on BBC2's Mock The Week. He is one of Britain's most talked about comedians, but also is quite tired and a bit stressed. He returns to the road with a brand new show where he describes his attempts to reclaim his sanity.
Tickets £15

Del Bromham

THE PITZ 660392

GODSMACKSMAN
Plus
The Arusha Accord
Heart of a Coward
Visions Over Chaos
Friday, January 9

THE Pitz is kicking off the new year in style with an exciting showcase†of the very best in new local metal talent.
With interest shown from both Sony and Roadrunner labels 2009 looks to be a very big year for this five piece rock teenage metal band.
Four years ago The Arusha Accord created a six headed monster began work on a music project, despite having no solid blueprint. Two years later it came of age as they broke into the UK's flourishing metal scene.
So start the year with a big loud bang its a very good oppertunity to dance off the Christmas turkey and credit crunch holiday boredom.
Tickets £5.50. Doors 7.30pm.

MK THEATRE

PETER PAN
Until January 18
THERE is still time to catch the magic at MK Theatre.
Do you believe in fairies? Fly away with MK Theatre this Christmas on a spectacular journey of wonder and excitement into the magical world of Neverland.
Join Peter, Wendy and the Lost Boys on their captivating adventure to save Tinkerbell from the villainous Captain Hook, his bumbling sidekick Smee and their crew of dastardly pirates. It will be a thrilling ride of laughter and joy combined with stunning special effects, sumptuous sets and costumes and a good helping of fairy dust.
This yea's cast features iconic American actor Henry Winkler as the dastardly Captain Hook, star of Eastenders, The Bill and Strictly Come Dancing Louisa Lytton playing peter and funny man Andy Ford as Smee.
For tickets details call 0870 060 6652

MKLIFE | TELEVISION

SATURDAY
January 10

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Masterchef (T) **12.00** BBC News (T) (Followed by Weather) **12.10** Football Focus (T) **1.00** Athletics: International Cross Country (T) **2.30** World Darts (T) **4.30** Final Score (T) **5.30** BBC News (T) **5.45** Regional News and Weather (T) **5.50** Total Wipeout (T) **6.45** Eurovision: Your Country Needs You (T)

7.45 **The National Lottery: In It to Win It** Dale Winton hosts the quiz show where five contestants compete to be in the right place at the right time in a bid to win a big money jackpot. (T)

8.35 **Casualty** Zoe ignores Sharice's pleas for help, with devastating consequences. Adam and Alex clash over Alex's operation and things go from bad to worse for Jessica. (T)

9.25 **Outtake TV** Anne Robinson presents amusing outtakes from TV shows. (T)

9.55 **BBC News** (T) (Followed by Weather)

10.15 **Match of the Day** Gary Lineker presents Premier League highlights. Liverpool's title challenge continues against Stoke City, who have proved hard to beat at the Britannia Stadium this season. Arsenal play host to Bolton Wanderers, a team who have been something of a bete noire for Arsene Wenger in seasons gone by. (T)

11.35 **FILM: Remember the Titans** (2000) Drama telling the true story of a black American football coach who must overcome hostility from colleagues and players alike in order to lead his racially integrated team to glory. Drama, starring Denzel Washington, Will Patton and Wood Harris. (T)

1.20 Weatherview (T) **1.25** BBC News (T)

BBC2

6.00 CBeebies **7.10** CBBC **9.00** CBeebies **11.00** Roar (R/T) **12.00** Malcolm in the Middle (R/T) **12.20** The Almost Perfect Guide to Life **(New)** (T) **12.45** Myths (T) **12.50** Sound (T) **1.20** Trexx and Flipside (T) **1.50** Revealed (R/T) **2.05** The Sky at Night (R/T) **2.45** Animal Park (T) **3.30** Ski Sunday (T) **4.30** World Darts (T) **6.30** What the Victorians Did for Us (R/T)

7.00 **Victorian Farm** Historical observational documentary series following a team who live the life of Victorian farmers for a year. (R/T)

8.00 **Dad's Army** Classic wartime sitcom about the Home Guard unit in a seaside town during the Second World War. Mainwaring lets Frazer take over in a bid to end his grumbling. (R/T)

8.30 **History of Scotland** Documentary series. Neil Oliver charts the 13th century story of the two ruthless men who helped transform the Gaelic kingdom of Alba into the Scotland we recognise today. (R/T)

9.30 **Three Men in More Than One Boat** Griff Rhys-Jones, Dara O Briain and Rory McGrath return for a third nautical adventure. Dara has a breakthrough hitching a lift on a tug and finally learns to respect the power of the sea. (R/T)

10.30 **QI** Quiz show in which contestants earn more points if their answers are 'quite interesting'. (R/T)

11.10 **FILM: Snow Cake** (2006) Drama focused on the friendship between a high-functioning autistic woman, Linda, and a man who is traumatised after a fatal car accident. Drama, starring Alan Rickman and Emily Hampshire. (T)

1.00 **FILM: Tadpole** (2002) Comedy, starring Sigourney Weaver. (T) **2.10** **FILM: The Mystic Masseur** (2001) Drama, starring Om Puri. (T) **4.00** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** Planet's Funniest Animals (R/T) **9.40** The Cosby Mysteries (R/T) **10.40** **FILM: Murder, She Wrote: The Celtic Riddle** (2003) Mystery, starring Angela Lansbury, Fionnula Flanagan and Peter Donat. (T) **12.20** ITV News and Weather (T) **12.25** Regional News and Weather (T) **12.30** **FILM: Beethoven's 4th** (2001) Comedy, starring Judge Reinhold. (T) **2.20** **FILM: Overboard** (1987) Comedy, starring Goldie Hawn. (T) **4.25** Regional News and Weather (T) **4.40** ITV News and Weather (T) **4.55** **FILM: Nanny McPhee** (2005) Drama, starring Emma Thompson, Colin Firth and Celia Imrie. (T) **6.45** New You've Been Framed! (T)

7.15 **Harry Hill's TV Burp** A collection of more clips from previous series, giving viewers another chance to enjoy the vintage gags and sketches that have tickled the nation's funny bone. (T)

7.45 **Demons** New drama about the last descendant of legendary vampire-hunter Van Helsing, who must protect the world from dangerous supernatural creatures. (T)

8.45 **All Star Family Fortunes** Vernon Kay returns with another episode of the nation's favourite family gameshow. (T)

9.30 **FILM: The World Is Not Enough** (1999) Suave British secret agent James Bond is embroiled in an all-action race to defuse an international power struggle as the world's oil supply hangs in the balance. (T)

10.45 **ITV News and Weather** (T)

11.00 **FILM: The World Is Not Enough** (1999) Conclusion of tonight's spy drama starring Pierce Brosnan. (T) (Followed by ITV News Headlines)

12.05 **FILM: Red Skies** (2002) Thriller, staring Vivian Wu, Shawn Christian and Kadeem Hardison. (T) **1.40** Nightwatch With Steve Scott: Crime (R/T) **2.30** Nightwatch With Steve Scott: Emergency (R/T) **3.20** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.05** Volvo Ocean Race (R) **8.00** The Morning Line (T) **8.55** T4: Orange Unsignedact (R/T) **10.00** Friends (R/T) **10.30** Friends (R/T) **11.00** Celebrity Big Brother: Eviction (R/T) **12.00** Celebrity Big Brother: Eviction (R/T) **12.30** Friends (R/T) **1.00** Scrubs (T) **1.30** Scrubs (T) **2.00** Channel 4 Racing From Warwick And Kempton Park (T) **4.15** Supernanny USA (T) **5.15** John Adams (T) **6.30** Channel 4 News (T)

7.00 **Time Team** Tony Robinson leads his legendary troop of archaeologists and experts into battle for their 16th series. This first of 13 new episodes starts on a high with the discovery of a complex of four Roman temples in Hertfordshire, one of which is so rare it is only the second of its type ever found. (R/T)

8.00 **The Real Dad's Army** Were the Home Guard really as incompetent as the men from Walmington-on-Sea portrayed on television? Using witness testimony, archive and archaeological evidence, this series heralds The Real Dad's Army and reveals the untold story of the defence of Britain. (R/T)

9.00 **Celebrity Big Brother** (T)

10.05 **FILM: Final Destination 3** (2006) Mary Elizabeth Winstead plays Wendy Christensen, who has a premonition that the roller coaster she and her school friends are on is going to crash. (T)

11.50 **Morrissey: Video Exclusive** (T)

11.55 **T-Mobile Transmission** Steve Jones and Lauren Laverne travel across the country to present the best in music and entertainment. (R/T)

12.25 T-Mobile Transmission (R/T) **1.00** Celebrity Big Brother: Live **3.20** Hill Street Blues (R) **4.10** St. Elsewhere (R/T) **4.55** Scrapheap Challenge (R/T) **5.55** The Hoobs (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Fifth Gear (R/T) **11.00** Zoo Days (R/T) **11.30** **FILM: The 5,000 Fingers of Dr T** (1953) Fantasy, starring Peter Lind Hayes, Mary Healy and Hans Conried. (T) **1.15** Dangerous Adventures for Boys (R/T) **2.20** **FILM: Paratrooper** (1953) Drama, starring Alan Ladd. (T) **4.05** **FILM: Blood Alley** (1955) Adventure, starring John Wayne, Lauren Bacall and Paul Fix. (T) **6.15** **FILM: Brannigan** (1975) Drama, starring John Wayne, Richard Attenborough and Judy Geeson. (T)

8.10 **Five News and Sport** The latest national and international headlines. (T)

8.25 **NCIS** Tony's undercover mission comes to an end when his car is blown up - seemingly with him inside it. Elsewhere, Jenny Shepard comes face to face with her archenemy, La Grenouille. (R/T)

9.25 **CSI: NY (New)** The CSIs embark on a citywide hunt for a violent bank robber who has left a trail of destruction in his wake after fleeing the scene of an audacious heist. (T)

10.25 **Law and Order (New)** A female veteran of the second Gulf War is found murdered, and the evidence points to the sister of a former inmate of Abu Ghraib prison. When DAs McCoy and Southerlyn begin to prosecute, however, they discover that the suspect's lawyer plans to defend his client as an enemy combatant, and subject only to the terms of the Geneva Convention. (T)

11.25 **The FBI Files** Documentary series charting the work of the FBI's crime lab. This instalment looks at the agency's efforts to bring down a dangerous serial bank robber. (T)

12.10 Quiz Call **4.00** Great Ocean Adventures: The Humpback Whale (R/T) **4.45** Wildlife SOS (R/T) **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY1

6.00am Vroom Vroom **7.00** The Lion Man **7.30** The Lion Man **8.00** It's Only A Game **9.00** Soccer AM **12.00pm** Stargate Atlantis **1.00** UK Border Force **2.00** UK Border Force **3.00** All Star Don't Forget The Lyrics **4.00** All Star Don't Forget The Lyrics **5.00** Futurama **5.30** Futurama **6.00** Gladiators **7.00** Futurama **7.30** Futurama **8.00** The Simpsons **8.30** The Simpsons **9.00** The Simpsons **9.30** The Simpsons **10.00** Ross Kemp On Gangs: Liverpool **11.00** **FILM:** Shark Swarm **12.45am** 24: Redemption **2.35** Reps in Ibiza **3.25** The Villa **4.15** Greece Uncovered **5.05** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.10** Emmerdale Omnibus **11.00** Holiday Showdown **12.05pm** Holiday Airport: Sydney **1.10** Holiday Airport: Sydney **2.15** Nanny 911 **3.10** All Star Family Fortunes **3.55** Planet's Funniest Animals **4.25** Take That Come to Town **5.25** **FILM:** The Mummy **7.45** Superhuman: Super Strong **8.50** Girls Aloud: The Hot Desk **9.00** **FILM:** American Pie 2 **11.00** **FILM:** Mission: Impossible II **1.25am** Smallville **2.10** Teleshopping **5.10** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle **7.15** The Real Hustle: High Stakes **7.45** Top Gear **8.45** **FILM:** Lara Croft: Tomb Raider **10.20** Family Guy **10.45** Family Guy **11.05** Pulling **11.35** Pulling **12.05am** Pulling **12.35** Pulling **1.05** Pulling **1.35** Pulling **2.00** Pulling **2.30** Pulling **3.00** Pulling **3.30** Pulling **4.00** Pulling **4.30** Pulling

BBC4

7.00pm Little Dorrit **7.30** Little Dorrit **8.30** Little Dorrit **9.00** Ozwald Boateng: Why Style Matters **10.00** Style on Trial **11.00** Legends: Roy Orbison **12.00am** Roy Orbison And Friends: A Black And White Night **1.05** Ozwald Boateng: Why Style Matters **2.05** Little Dorrit **2.35** Little Dorrit **3.35** Little Dorrit

JANUARY SALE

NEW OWNERSHIP FOR 2009

Tony and Guy trained . Nominated in the Who's, Who's Guide to Industry.

18 years professional experience and regional finalist in L'Oreal Colour Trophy Awards.

At Hot Heads you know you are in safe hands.

Come and celebrate with 50% savings on Hair and Nails throughout January.

No need to book, just drop by and meet the team.

32a Aylesbury Street, Fenny Stratford, Milton Keynes. MK2 2BD
01908 366068

HOT HEADS.

Kick Start your New Years Resolution to lose weight with a TWO WEEK FREE TRIAL + A FREE INITIAL CONSULTATION

with The Lose It Coach
Eat well-Lose weight-Free Great
One to one weekly consultations or small group meetings (max 5). We educate and motivate, support and encourage, we really care and that's what makes us different!!

Visit www.theloseitcoach.co.uk for more details or call
01908 319664

To book your Free Trial
Go on, you have nothing to lose but the extra weight you don't want!
Proudly in partnership with Brunches - the delicious healthy sandwich option, made just how you like it!

MKNEWS TO ADVERTISE CALL 01908 242490

AIRPORTS DIRECT(MK)

WE ARE THE PREMIER AIRPORT TRANSFER / TAXI COMPANY IN BUCKS
For all your Holiday & Business Travel needs!
T: 01908 22 55 23 or freephone: 0800 707 6003
E: info@airportsdirectmk.com
www.airportsdirectmk.com
Ref: MK News

MKNEWS
Where NEWS in MK comes first!
advertising@mk-news.co.uk editor@mk-news.co.uk
01908 242490

Your Best 2009 Holiday and Flight Deals

ABTA The Travel Association

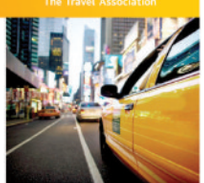
Benefits of an Independent.
Booking with us guarantees:
- Best for Value
- Best for Choice
- Best for Service
- Full Financial Protection
- Price Match against ALL internet prices*

Cruise Deals
Cunard – Save up to £300 per person
P&O – Save up to 45%
Princess – Save up to 50%
Exclusive!!!! FREE door to door transport on all the above Cruises!

Worldwide Deals
Orlando from £399
Thailand from £499
Mexico from £549
Vegas from £589
Dubai from £599
Cuba from £699
Maldives from £799
Mauritius from £999
All include flights, transfers and 7nts accommodation) lots more available!

Mediterranean Deals
Turkey from £199
Cyprus from £199
Madeira from £259
Sardinia from £369
Sorrento from £390
Corsica from £459
Sicily from £489
Tuscan Beach from £499
All include flights, transfers and 7nts accommodation) lots more available!

Flights Deals
New York from £249
Dubai from £279
Vegas from £289
Orlando from £299
Bangkok from £389
Hong Kong from £399
Sydney from £659
Auckland from £759
Terms & Conditions apply. Please call for full details.

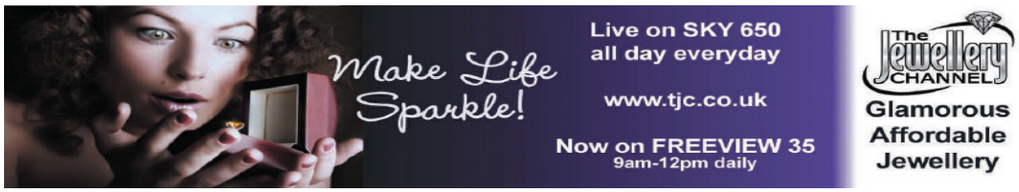


Citalia • Thomson • First Choice • Thomas Cook • Kuoni • Sovereign • Cunard • P&O • Princess Cruises

enjoyholidays | allen sturges travel

47 High Street, Woburn Sands MK17 8QY 01908 288777
6 Church Street, Stony Stratford MK11 1BD 01908 266166
42 High Street, Chalfont St Peter SL9 9RA 01753 885272
6 The Arcade, Bedford MK40 1NS 01234 213521
11 The Russell Centre, Flitwick MK45 1QY 01525 718989
69 High Street, Clapham, Beds MK41 6AG 01234 326036

SUNDAY
January 11



BBC1

6.00 Breakfast (T) **7.40** Match of the Day (R/T) **9.00** The Andrew Marr Show (T) **10.00** The Big Questions (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** BBC News (T) **12.05** 'Allo 'Allo! (R/T) **12.35** Diagnosis Murder (R/T) **1.20** EastEnders (R/T) **3.20 FILM: The Horse Whisperer** (1998) Drama, starring Robert Redford, Kristin Scott Thomas and Sam Neill. (T) **6.00** Songs of Praise (T) **6.35** BBC News (T) **6.45** Regional News and Weather (T)

7.00 **Antiques Roadshow** Fiona Bruce and the team return for another busy day at the Titanic Drawing Offices in Belfast. (T)

8.00 **Lark Rise to Candleford** Battling with her emotions for new arrival James Dowland, Dorcas Lane sets out to defeat the dashing property developer in the parish council elections. Meanwhile, the grind of making ends meet in Lark Rise proves too much for Robert and Emma Timmins, and Robert's reluctance to change grows stronger. (T)

9.00 **Swarm: Nature's Incredible Invasions** Documentary series revealing the incredible swarm intelligence that lies behind animal invasions, narrated by David Tennant. (T)

10.00 **BBC News** National and international news. (T)

10.20 **FILM: Cast Away** (2000) Adventure drama in which an obsessive executive for a worldwide delivery company finds himself stranded on a desert island after his flight home for Christmas ends in disaster. Alone on the island, he has all the time in the world on his hands, and no survival kit. Drama, starring Tom Hanks, Helen Hunt and Nick Searcy. (T)

12.35 Weatherview (T) **12.40** Sign Zone: Commercial Breakdown with Jimmy Carr (R/T) **1.20** Holby City (R/T) **2.20** BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** Escape from Scorpion Island (T) **10.00** Something for the Weekend (T) **11.30** Rachel's Favourite Food at Home (R/T) **12.00** Animal Park (T) **1.00** Fred Dibnah's Made in Britain (R/T) **1.30** Masters Snooker (T) **5.00** Natural World (R/T) **5.50** World Darts (T)

8.00 **The Best of Top Gear** Jeremy, James and Richard travel to Belgium to do battle with the German presenters of D Motor - Top Gear's German equivalent. (T)

9.00 **The Real Sir Alan** In a Money Programme special, Fiona Bruce tells the story of the boy who started out selling beetroot in the East End of London and went on to build a fortune, estimated to be 800 million pounds, from electronics and property, before becoming an unlikely television star as the face of the Apprentice. (T)

10.00 **Match of the Day 2** Adrian Chiles presents the final word on the weekend's Barclays Premier League action, including highlights from Manchester United v Chelsea and Wigan v Tottenham. It finished 1-1 when Chelsea and Manchester United last met at Stamford Bridge in September, as indeed it did in May 2008 in the Champions League final, which United then won in dramatic fashion after a penalty shootout. (T)

11.00 **Ideal** When Moz is rushed to hospital with a suspected heart attack, his girlfriend Nicki reignites her affair with the police constable. Moz's long lost dad Keith tries to offload some stolen widescreen TVs. (R/T)

11.30 **Ideal** Moz reminisces about 1993, the year he first moved into the flat. (R/T)

12.00 Masters Snooker (T) **12.50** Snooker Extra (T) **2.50** Nero Wolfe Mysteries (R/T) **4.20** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Championship (T) **10.25** Coronation Street Omnibus (T) **12.45** ITV News and Weather (T) **12.55** Regional News and Weather (T) **1.00 FILM: Big Fat Liar** (2002) Comedy, starring Frankie Muniz, Paul Giamatti and Amanda Bynes. (T) **2.40 FILM: The Secret of My Success** (1987) Comedy, starring Michael J Fox. (T) **4.45** Regional News and Weather (T) **5.00** ITV News and Weather (T) **5.15** Creature Comforts (T) **5.30** The Krypton Factor (R/T) **6.00** The Best of You've Been Framed! Animals Special (R/T)

7.00 **Dancing On Ice (New)** Phillip Schofield and Holly Willoughby are back to put a sparkle into your winter nights. (T)

8.30 **Wild at Heart (New)** Drama. It looks like Evan's days are numbered at Leopard's Den as Danny fails in his attempts to get custody of him. (T)

9.30 **Dancing On Ice - The Skate Off** As the phone lines close and the results are tallied, Phillip Schofield and Holly Willoughby announce which of the famous faces have the least votes, and who will have to skate again to stay in the game. (T)

10.00 **ITV News and Weather**

10.15 **FILM: On Deadly Ground** (1994) Action-packed thriller about an oil-rig firefighter who opposes an ecologically unsound scheme proposed by his sometime employer. When he learns that the unscrupulous president of Aegis Oil intends to commence drilling on native Inuit land in Alaska, the coolly efficient trouble-shooter joins forces with local people to block the plans. Stars Steven Seagal. (T)

12.05 Guinness Premiership Rugby (T) **1.00** Raines (R/T) **1.50** 60 Minute Makeover (R/T) **2.40** Coastal Kitchen (R/T) **3.05** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.05** Transworld Sport (T) **8.00** Freesports On 4 Freeze (R/T) **8.55** T4: 4music Sessions: Alphabeat (R/T) **9.15** Hollyoaks Omnibus (R/T) **11.45** Celebrity Big Brother (R/T) **12.45** Celebrity Big Brother's Little Brother (T) **1.45** Orange Unsignedact (T) **2.50** Friends (R/T) **3.25** Orange Unsignedact: The Result (T) **3.40** The Simpsons (R/T) **4.10** The Simpsons (R/T) **4.45** Deal Or No Deal (T) **5.30** Time Team (T) **6.30** Channel 4 News (T)

7.00 **Christianity: A History (New)** A provocative eight-part personal view series exploring the turbulent history and global impact of the world's biggest religion. (T)

8.00 **Celebrity Wife Swap** TV wine and food critic Jilly Goolden exchanges lives with Cynthia O'Neal, the wife of 80s soul superstar Alexander O'Neal. (R/T)

9.00 **Celebrity Big Brother** (T)

10.00 **The Sunday Night Project** The new series of award-winning The Sunday Night Project continues with presenters Justin Lee Collins and Alan Carr at the helm. James Corden provides an opening monologue before inviting Alan and Justin to delve into his unique world of celebrity. Music is provided by guest house band Razorlight. (T)

11.10 **FILM: In And Out** (1997) A comedy-satire starring Kevin Kline as Howard Brackett, a popular high school teacher in the small town of Greenleaf, Indiana, who is engaged to fellow teacher Emily (Joan Cusack) - until an ex-pupil turned film star Cameron Drake (Matt Dillon) mentions him in his Oscar-acceptance speech, inadvertently outing him as gay. (T)

12.55 Celebrity Big Brother: Live **3.25** Dispatches: Britain's Challenging Children (R/T) **4.15** Hill Street Blues (R) **5.05** St. Elsewhere (R/T) **5.55** The Hoobs (R/T)

FIVE

6.00 Milkshake! **10.00** Secrets of Egypt: Pyramids (R/T) **11.00** Megastructures (R/T) **12.00** Numb3rs (R/T) **1.00** Massive Speed (R/T) **1.30 FILM: The Big Valley - The Road to Nowhere** (1967) Western, starring Barbara Stanwyck, Linda Evans and Lee Majors. (T) **3.30 FILM: Firecreek** (1968) Western, starring James Stewart, Henry Fonda and Inger Stevens. (T) **5.30** Five News (T)

5.45 **FILM: Krull** (1983) Lavish fantasy in which a young hero embarks on a weird and wonderful quest to recover a lost talisman called the 'Glaive' which will free his lady love and his kingdom from the clutches of the evil beast. Fantasy, starring Ken Marshall, Lysette Anthony and Freddie Jones. (T)

8.00 **Ice Road Truckers** Documentary series examining the lucrative, but highly dangerous, job of driving trucks on Canada's notorious ice highways. (R/T)

9.00 **FILM: Men in Black II** (2002) Action-packed sequel to the sci-fi comedy about a top secret government task force set up to deal with unruly extraterrestrials. An MIB agent turns to the only man who can help him save the world from a rampaging, shape-shifting alien which has taken on the outward appearance of a sexy lingerie model. Action, starring Will Smith. (T)

10.45 **FILM: Blazing Saddles** (1974) Irreverent spoof western about a black sheriff hired by a crooked speculator to drive citizens out of an all-white town which lies in the path of a railroad. Western, starring Cleavon Little, Gene Wilder and Slim Pickens. (T)

12.35 Urban Legends (R/T) **1.05** FIFA Club World Cup Finals (R) **3.00** UEFA Cup Classics (R) **4.30** A1 Grand Prix (R) **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY1

6.00am Hour of Power **7.00** Vroom Vroom **8.00** Malcolm in the Middle **8.30** Malcolm in the Middle **9.00** Road Wars **10.00** Gladiators **11.00** WWE: Experience **12.00pm** Futurama **12.30** Futurama **1.00** Futurama **1.30** Futurama **2.00** Cold Case **3.00** Cold Case **4.00** Futurama **4.30** Futurama **5.00** The Simpsons **5.30** The Simpsons **6.00** Gladiators **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** **FILM:** City Of Angels **11.10** Golden Globes Red Carpet Live 2009 **12.30am** Street Wars **1.25** Miami Swat **2.15** Uncut! Reps In Ibiza **3.10** Greece Uncovered **4.05** Greece Uncovered **5.00** Gladiators G Zone **5.10** Guilty!

ITV2

6.00am Emmerdale Omnibus **8.45** Girls Aloud: The Hot Desk **9.00** All Star Family Fortunes **9.45** Dancing on Ice: The Final 2008 **11.50** Dancing on Ice: The Final Skate Off 2008 **12.20pm FILM:** The Mummy Returns **2.40** Emmerdale Omnibus **5.30** Coronation Street Omnibus **8.00** Demons **9.00 FILM:** Mission: Impossible II **11.25 FILM:** The Saint **1.45am** Dancing On Ice **3.05** Dancing On Ice - The Skate Off **3.30** Teleshopping

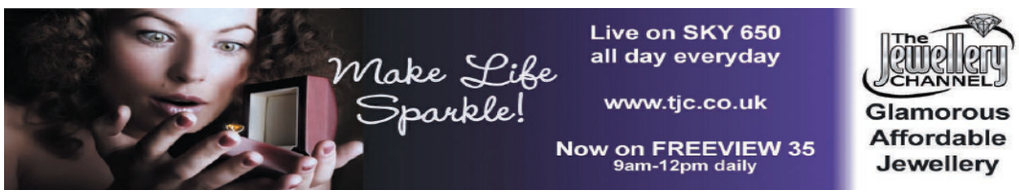
BBC3

7.00pm FILM: Look Who's Talking Now **8.35 FILM:** High School Musical 2 **10.20** Family Guy **10.45** Family Guy **11.05** Pulling **11.35** Pulling **12.05am** Pulling **12.35** Pulling **1.05** Pulling **1.35** Pulling **2.05** Pulling **2.35** Pulling **3.05** Pulling **3.35** Pulling **4.05** Pulling **4.35** Pulling

BBC4

7.00pm Stephen Fry in America **8.00** Re: Joyce! **9.40** Mark Lawson Talks to Maureen Lipman **10.40** Eskimo Day **12.05am** Funny Women **12.35** Stephen Fry in America **1.35** Mark Lawson Talks to Maureen Lipman **2.35** Re: Joyce!

MONDAY
January 12



BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.05** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The ONE Show** Adrian Chiles, Christine Bleakley and guests celebrate all that is good about the country in which we live, with reports on stories from around the UK. (T)

7.30 **Watchdog** Nicky Campbell, Julia Bradbury and Paul Heiney present consumer news and advice from the Watchdog office. (T)

7.57 **BBC News and Regional News**

8.00 **EastEnders** Lucas faces the wrath of Denise, and even a surprise proposal is not enough to win her over. (T)

8.30 **Panorama** Vigorous investigation of a topical issue. (T)

9.00 **Traffic Cops** Documentary series following the traffic police as they enforce the law on some of Britain's busiest and most dangerous roads. (T)

10.00 **BBC News at Ten** (T)

10.25 **Regional News and Weather**

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **FILM: The Lake House** (2006) Fantasy romance about a relationship that forms between an architect and the doctor who lived in his new lakeside house two years previously. Fantasy starring Keanu Reeves. (T)

12.10 Weatherview (T) **12.15** Sign Zone: Antiques Roadshow (R/T) **1.15** The Barristers (R/T) **2.15** Gardeners' World Top Tips (R/T) **2.45** Wild About Your Garden (R/T) **3.15** BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** Journeys From the Centre of the Earth (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Masters Snooker (T) **5.15** Flog It! Ten of the Best (R/T) **6.00** Eggheads (T) **6.30** Extreme Dreams: The Ultimate Challenge (T)

7.00 **Masters Snooker** Hazel Irvine and Ray Stubbs introduce coverage from Wembley Arena as current Masters champion, Mark Selby, begins the defence of his title. (T)

8.00 **University Challenge** Jeremy Paxman asks the questions. (T)

8.30 **Masterchef** (T)

9.00 **Million Dollar Traders** Eight ordinary people are given a million dollars, a fortnight of intensive training and two months to run their own hedge fund. The money is supplied by hedge fund manager Lex van Dam: he wants to see if they can beat the professionals. (T)

10.00 **Charlie Brooker's Screenwipe** Charlie Brooker takes an irreverent look at all aspects of life on the small screen, including capsule reviews of the week's highs and lows. In an advertising special, there are reports from a mysterious insider dishing the dirt on all that is bad in the industry, plus a potted history of advertising. (T)

10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines. (T)

11.20 **Masters Snooker** Hazel Irvine and Ray Stubbs introduce highlights as defending champion Mark Selby looks to book his place in the quarter-finals. (T)

12.10 Snooker Extra (T) **2.10** BBC News **3.15** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show **(New)** (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Golden Balls (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Donna begs Marlon to give her another chance. (T)

7.30 **Coronation Street** Pam's latest scam ends up with Tyrone in hot water. Leanne accepts a movie date with Peter. Eileen is shocked by Liz's news. (T)

8.00 **Deals on Wheels: Tonight** (T)

8.30 **Coronation Street** Will Tyrone make it to the church on time? Can Peter stay sober on his date with Leanne? Gary Windass attempts to make friends with Tina. (T)

9.00 **Unforgiven (New)** Three-part thriller which traces the drastic consequences that arise for three seemingly unrelated familes following a woman's release from prison. (T)

10.00 **News at Ten and Weather** James Mates presents a round-up of the day's news. (T)

10.35 **FILM: Unbreakable** (2000) Supernatural thriller about security guard David Dunn, who survives a fatal train crash without a single scratch. When news of the crash becomes public, he is contacted by fragile comic book specialist Elijah Price, who has a theory about David's unique unbreakable nature. Thriller, starring Bruce Willis. (T)

12.35 Wanted (T) (Followed By ITV News Headlines) **1.25** Loose Women (R) **2.15** The Jeremy Kyle Show (R/T) **3.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.20 The Hoobs (R/T) **6.45** Planet Cook (T) **7.00** Celebrity Big Brother's Little Brother (R/T) **8.00** Celebrity Big Brother (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: Teen Tycoons (R/T) **10.00** Vocation, Vocation, Vocation (R/T) **10.35** My Crazy Media Life (R/T) **11.05** Speed Machines (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** Supernanny USA (R/T) **1.35 FILM: Three Coins In The Fountain** (1954) Romantic drama, starring Dorothy McGuire. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Woggan's Perfect Recall (T) **5.30** Celebrity Come Dine With Me (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)

7.55 **3 Minute Wonder** (T)

8.00 **Mum, Dad, Alzheimer's And Me** Fiona Phillips investigates the struggle of Alzheimer's sufferers and their families to get adequate care and support, for Dispatches. (T)

9.00 **Celebrity Big Brother** Highlights of the previous 24 hours in the house with the celebrity housemates (T)

10.00 **Half Ton Son** Following on from the tales of Renee Williams (Half Ton Mum) and Kenneth Brumley (Half Ton Dad), this film follows the journey of 19-year-old Billy Robbins from Houston, Texas. Weighing 60 stone, Billy has decided to turn his life around in the hope that one day he may be able to move out of his mother's home. (T)

11.05 **FILM: Domestic Disturbance** (2001) John Travolta stars as Frank Morrison, whose ex-wife Susan (Teri Polo) is married to wealthy pillar of the community Rick Barnes (Vince Vaughn). But when her son (Matt O'Leary) sees the seemingly placid Barnes kill an ex-colleague he has to persuade his dad that he and Susan are next in line. (T)

12.45-1.00 4Music **1.00** Celebrity Big Brother: Live **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** House Doctor: Inside and Out (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10** five news update (T) **3.15 FILM: Desolation Canyon** (2006) Western, starring Patrick Duffy, Stacy Keach and David Rees Snell. (T) **5.00** Five News (R/T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days **(New)** (T)

7.00 **Five News at 7** National and international news. (T)

7.30 **How Do They Do It?** Robert Llewellyn presents a series examining the feats of science and engineering behind everyday life. (R/T) (Followed by five news update)

8.00 **Fifth Gear** Motoring magazine show. Olympic swimmer Mark Foster tries out a Vauxhall VXR8; Jonny Smith watches vintage cars being trashed at a banger race; Tim Shaw re-takes his driving test; Vicki Butler-Henderson tests the new Smart city car; Jason Plato compares two handy Renaults and Tiff Needell casts his eye over the new Porsche 911. (T)

9.00 **Warzone** Documentary series following the lives of British servicemen and women at Kandahar Airbase in Afghanistan. (T)

10.00 **FILM: The Detonator** (2006) Action thriller in which an undercover CIA agent attempting to thwart the sale of a nuclear weapon is forced to do battle with a dangerous horde of murderous arms dealers. Action, starring Wesley Snipes, Silvia Colloca and Tim Dutton. (T)

12.00 USPGA Golf **12.50** Motorsport Mundial **1.15** Race and Rally UK **1.40** AMA Supercross **2.30** Boxing USA **3.55** Mountain X Race (R) **4.20** Ironman Triathlon (R) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Family Court: Judge Penny **8.30** Family Court: Judge Penny **9.00** Vanity Insanity **9.30** Vanity Insanity **10.00** Stargate Atlantis **11.00** Stargate Atlantis **12.00pm** UK Border Force **1.00** Family Court: Judge Penny **1.30** Family Court: Judge Penny **2.00** Lost **3.00** Cold Case **4.00** Gladiators **5.00** Are You Smarter Than a Ten-Year-Old? **6.00** Futurama **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Golden Globes Highlights 2009 **9.00** 24 **10.50** Ross Kemp On Gangs: Liverpool **11.50** Road Wars **1.20am** Ross Kemp on Gangs **1.45** ROAD WARS HALF HOURS **2.10** Mile High **3.15** Stargate Atlantis **4.00** Stargate Atlantis **4.55** Gladiators G Zone **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** The Montel Williams Show **8.15** Judge Judy **8.40** The Ricki Lake Show **9.25** ITV2 Morning Entertainment:Dancing on Ice **11.00** Dancing On Ice - The Skate Off **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** The Ricki Lake Show **5.15** Sally Jessy Raphael **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Homes from Hell **9.00 FILM:** The Saint **11.20** Coronation Street **11.50** Coronation Street **12.20am FILM:** A Few Good Men **2.55** Teleshopping **5.55** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** Make My Body Younger **9.00** Gavin and Stacey **9.30** Gavin and Stacey **10.00** EastEnders **10.30** Kizzy: Sex, Prams and Exams **11.30** Family Guy **11.55** Family Guy **12.20am** Kill It, Cook It, Eat It **1.15** Kizzy: Sex, Prams and Exams **2.15** Make My Body Younger **3.15** Kill It, Cook It, Eat It **4.10** Doctor Who Confidential

BBC4

7.00pm World News Today **7.30** The American Future: A History, by Simon Schama **8.30** An Islamic History of Europe **9.00** Science and Islam **10.00** Gerry Robinson and the Money Makers **10.30** The Department Store: Milners **11.30** The Department Store: Peters **12.30am** The Department Store: JT Morgan **1.30** An Islamic History of Europe **2.00** Gerry Robinson and the Money Makers **2.30** Science and Islam

DAILYLIFE

THURSDAY

NORTH Bucks Speakers. The Well community Centre, Willen. Fortnightly meetings aimed at developing public speaking and leadership skills. 7.15pm.
Brian Bollen on 01908 234952

SUNDAY

Epiphany Carol Service, Milton Keynes City Church. 6p. The choir of the City Church directed by Adrian Boynton offer a beautiful sequence of words and music for Epiphany.
Email: boyntonmusic@tiscali.co.uk
Website: www.cornerstonemusicmk.co.uk

TUESDAY

Bucks-Fizz. Buckingham Best Western Hotel Networking and business referral group. Speaker tbc. £8.50. 7am.
Contact: Ann Taylor on 01296771117

WOMEN in Business Network. Mercure Parkside Hotel, Woughton-on-the-Green Networking lunch organised by WIBN's South Milton Keynes Branch. £18 WIBN Members. £22 non-members. 12-2pm
Contact: Carly Charteris on 0845 058 7681

WOMEN'S Business Starter Network. Milton Keynes Enterprise Gateway, Farthing Grove
Organised by the Milton Keynes Enterprise Gateway. Meetings on the second and last Tuesday of each month. A chance for women business starters to network with fellow entrepreneurs. 6pm-8pm.
Contact: 01908 679859

■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale @mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

GARDENLIFE

Growing your own vegetables

THIS year our articles will be concentrating on how to grow your own fruit and vegetables.

If you follow our guidelines you will be able to harvest your own fresh produce which tastes wonderful and doesn't have any added chemicals.

You will know exactly where it has come from and that it hasn't travelled excessive food miles.

Ideally you need enough space to allow you to grow what you want but small enough for you to be able to manage.

Two beds each 2mx1m are an ideal start but if you only have space for one then that's fine.

PREPARATION OF THE PLOT

January is the time to plan your plot.

If you have a new plot then its not too late to prepare the ground.

Make sure all weeds have been cleared then dig over bare areas, forking in plenty of compost or rotted manure.

If conditions are very wet, cover the area with polythene sheet to keep the rain off, and dig once the soil has dried out.

Next you need to decide what you want to grow and it's really important to like what you grow.

Don't decide that just because other people grow something, you will too. It is also a good idea to pick crops that are either expensive to buy in the shops, best eaten really fresh or quick to grow.

Some of our favourites are sugar snap peas, mixed salad leaves, beetroot, French beans, carrots, early crop potatoes and strawberries.

If you don't have enough space for a plot or even if you do, some things grow really well in containers.

Things to consider: tomatoes, herbs, strawberries and potatoes.

SPRING SUMMER SOWING CALENDAR

There are so many varieties of fruit and vegetable to consider but as we can only talk about a few, this is our planned calendar for the next six months.

If there is anything that you are particularly interested in that we haven't mentioned you can e-mail us and let us know. (If you pop into Roman Way later in the month you can pick up a planting and harvesting calendar for the full year.)

SOWING NOW:

ONION SETS, BROAD BEANS 'AQUADULCE', INDOOR SALADS

February:

GARLIC OUTDOORS, HERBS IN CONTAINERS

March

PLANTING POTATOES

April

TOMATOES

May

SUMMER SALADS

JUNE

PEPPERS CHILLIES

CROPPING NOW:

KALE, SPROUTING BROCCOLI, PARSNIPS, WINTER CABBAGE

JOBS TO DO IN JANUARY

■ Watch for spring bulbs like snowdrops and crocus and ensure slugs can't hide under fallen leaves.
■ Finish winter digging
Winter prune apples and pears
■ Repair cloches
■ Clean paved areas, use a pressure washer to make life easy
■ If the weather is fine, finish forking, weeding and mulching

Liz Thurley is a garden designer and the owner of Roman Way Garden Centre. If you have any questions get in touch at info.romanway @yahoo.co.uk or call 01908 542427

MILTON KEYNES GALLERY

MK G

Polly Apfelbaum: Anything can happen in a horse race

January 31 - March 22

THIS will be the first solo exhibition in a UK public gallery by the American artist Polly Apfelbaum, whose work is characterised by an exciting investigation into colour and form, mainly manifesting itself as expansive floor based installations.

Describing her works as 'fallen paintings', Apfelbaum's practice brings together two of the legacies of twentieth society American art history: Minimalism and Pop Art. Imagery appropriated from Pop's father figure, Andy Warhol, in the form of exuberant flower motifs, have in recent years been repeatedly employed by Apfelbaum in varying shapes and guises as vivid screen prints, woodblocks or hand drawn in ink on velvet and various other textiles.

For her exhibition at Milton Keynes Gallery, Apfelbaum will create a series of new installations. These new works will utilise what appear to be offcuts of highly refelective, sequined fabric.

These irregular forms contrast with her previous overlaying of similar shapes and sizes, to create ambiguous yet compelling installations.

BE A STAR ON STAGE

THE 1977 BBC TV series Ripping Yarns is currently being adapted to the stage by David Pibworth with the exclusive permission of the former Monty Python men themselves.

Three episodes from this classic comedy series spoofing boys own adventure style stories will be performed by Milton Keynes Theatre of Comedy at The Chrysalis Theatre, Camphill, Milton Keynes from July 7-11.

David Pibworth, David Lovesy and Steve Clark will each direct one thirty minute show apiece.

A show introduction evening is being held at MADCAP, Creed Street, Wolverton on January 25 at 7.30pm, to which all are welcome.

This is an opportunity to hear more about plans for the stage adaptations and the opportunities both on stage and behind the scenes.

Auditions will follow on February 22 (by prior arrangement only).

Around 20 actors will be required for this production and there are also 'behind the scenes' roles available.

Milton Keynes Theatre of Comedy is totally self financing and receives no funding, and sponsors are being sought to contribute towards the success of this high profile production.

For more details of the show, visit www.mktoc.co.uk where you can register your interest directly to the production team.

TUESDAY
January 13

BBC1

6.00 Breakfast (T) **9.15** Wanted Down Under (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.05** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The ONE Show** (T)

7.30 **EastEnders** Denise realises her mistake with a little help from Zainab, but is it too late for Lucas? (T)

7.57 **BBC News and Regional News**

8.00 **Holby City** After letting her down over Archie's christening, Joseph tries to convince Faye she can rely on him. (T)

9.00 **New Tricks** Drama series featuring an eccentric bunch of ex-policemen, brought out of retirement to investigate unsolved crimes. (R/T)

10.00 **BBC News at Ten** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **Skint Debt Special** (T)

11.15 **FILM: Dead Poets Society** (1989) Drama featuring Robin Williams as an unconventional new English teacher and his ultimately questionable impact on an elite Vermont boys' academy. John Keating blows into the stuffy halls of the academy like a breath of fresh air, startling colleagues and delighting boys with his disdain for traditional teaching methods and text books. Drama, starring Robin Williams. (T)

1.20 Weatherview (T) **1.25** Sign Zone: See Hear (R/T) **1.55** Lark Rise to Candleford (R/T) **2.55** Gardeners' World Top Tips (R/T) **3.25** Wild About Your Garden (R/T) **3.55** BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Nuzzle and Scratch (R/T) **9.20** Harry and Toto (R/T) **9.30** Nina and the Neurons (R/T) **9.45** Me Too! (R/T) **10.10** Mister Maker (R/T) **10.30** In the Night Garden (R/T) **11.00** Journeys From the Centre of the Earth (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Masters Snooker (T) **5.15** Flog It! Ten of the Best (R/T) **6.00** Eggheads (T) **6.30** Extreme Dreams: The Ultimate Challenge (T)

7.00 **Masters Snooker** Hazel Irvine, Ray Stubbs, Steve Davis and John Parrott introduce coverage from Wembley Arena as world number eight Ryan Day looks to get off to a good start to the year in his best-of-11 frame match. (T)

8.00 **Oz and James Drink to Britain** Oz Clarke and James May travel through Britain and Ireland to discover the amazing array of drinks on offer. (T)

8.30 **Masterchef** John Torode and Gregg Wallace are looking for the country's next star chef. (T)

9.00 **Nicholas Crane's Britannia: The Great Elizabethan Journey** Nicholas Crane visits parts of Britain that were largely unknown until William Camden wrote his encyclopaedic account of the British Isles. (T)

10.00 **The Culture Show** Lauren Laverne and Mark Kermode are back with another packed, wide-ranging edition of the show. (T)

10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines. (T) (Followed by Weather)

11.20 **Masters Snooker** Hazel Irvine and Ray Stubbs introduce highlights from the match featuring Wales' Ryan Day. (T)

12.10 Snooker Extra (T) **2.10** BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Golden Balls (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Donna visits Ross - despite her promise to Marlon. Val attempts to pick up the pieces with Paul. Jasmine considers leaving Emmerdale. (T)

8.00 **Trinny and Susannah Meet Their Match (New)** The style gurus bring their expertise to bear on three groups. (T)

9.00 **Extreme Slimmers (New)** A look at how five individuals have shed over 100 stone between them through drastic measures - but is there a price to pay for their success? (T)

10.00 **News at Ten and Weather** James Mates presents a round-up of the day's news. (T)

10.35 **Katy Brand's Big Ass Show**

11.05 **Harry Hill's TV Burp** A collection of more clips from previous series, giving viewers another chance to enjoy the vintage gags and sketches that have tickled the nation's funny bone. (R/T)

11.35 **No Heroics** Sarah and Jenny reunite as crime fighting duo Ladytrouble to appear at a convention, but are the memories of the past best left alone? (T)

12.05 Crossing Jordan (T) **1.00** Nightwatch With Steve Scott: Mystery (R/T) **1.50** Loose Women (R) **2.40** The Jeremy Kyle Show (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Celebrity Big Brother's Little Brother (T) **8.00** Celebrity Big Brother (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: Teen Tycoons (R/T) **10.00** Vocation, Vocation, Vocation (R/T) **10.35** My Crazy Media Life (R/T) **11.05** Speed Machines (R/T) **12.00** News at Noon (T) **12.30** The Grand: Checking Into History (R/T) **12.50** Frasier (R/T) **1.20 FILM: Heaven Can Wait** (1943) Romantic fantasy, starring Don Ameche. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Wogan's Perfect Recall (T) **5.30** Celebrity Come Dine With Me (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **Country House Rescue** Pentillie estate in Cornwall is made up of 1,500 acres of farmland and woods along a large stretch of the banks of the River Tamar. Businesswoman Ruth Watson is on hand to advise the owners on the future of the estate, which has been left to them along with much emotion and family heartache attached. (T)

9.00 **Celebrity Big Brother** Highlights of the previous 24 hours in the house with the celebrity housemates (T)

10.00 **Derren Brown: Evening Of Wonders** A specially televised version of Derren Brown's most recent live stage show Evening of Wonders. (T)

11.40 **The Convention Crasher** Justin Lee Collins has just four weeks to transform himself into a master illusionist good enough to compete against the professionals in the magic convention's "Battle of the Magicians" competition. (R/T)

12.45 Party Poker Premier League Poker **1.40** Celebrity Big Brother: Live **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** House Doctor: Inside and Out (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10 FILM: A Time to Remember** (2003) Drama, starring Dana Delany, Doris Roberts and Megan Gallagher. (T) **5.00** Five News (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **Five News at 7** National and international news. (T)

7.30 **Jaguar Adventure with Nigel Marven** Nigel Marven travels to the world's largest wetland in Brazil in pursuit of the elusive jaguar. (R/T) (Followed by five news update)

8.00 **Secrets of Egypt: Valley of the Kings** Historical documentary series probing the secrets of Ancient Egypt. (T) (Followed by five news at 9)

9.00 **CSI: Crime Scene Investigation (New)** Drama series about a team of forensic investigators in Las Vegas. The team rallies together when Warrick is shot in an alleyway. Suspicion immediately falls on the police officer who tried to frame the CSI for murder, before evidence emerges that another corrupt cop could be at large. (T)

10.00 **CSI: Crime Scene Investigation** Las Vegas-based forensic drama. The CSIs investigate the death of a washed-up boxer who is found floating in a swimming pool at a brothel. (R/T)

11.00 **Law and Order: Special Victims Unit** A child's painting leads detectives to investigate a mother for possible abuse of her teenage stepson. (R/T)

12.00 The FBI Files (R/T) **1.00** Boxing Classic **1.25** NBA Basketball **4.15** FIM Motocross Awards **4.45** Mountain X Race (R) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Family Court: Judge Penny **8.30** Family Court: Judge Penny **9.00** Vanity Insanity **9.30** Vanity Insanity **10.00** Stargate Atlantis **11.00** Stargate Atlantis **12.00pm** Are You Smarter Than a Ten-Year-Old? **1.00** Family Court: Judge Penny **1.30** Family Court: Judge Penny **2.00** Lost **3.00** Cold Case **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** Are You Smarter Than a Ten-Year-Old? **6.00** Futurama **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** Stargate Atlantis **10.55** Road Wars **11.55** Ross Kemp on Gangs **12.55am** Road Wars **1.55** Mile High **2.50** Stargate Atlantis **3.40** Stargate Atlantis **4.30** Bite Size Brainiac **4.45** Cruise with Stelios **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** The Montel Williams Show **8.15** Judge Judy **8.40** The Ricki Lake Show **9.25** ITV2 Morning Entertainment:The Girls Aloud Party **10.30** Judge Judy **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** The Ricki Lake Show **5.15** Sally Jessy Raphael **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Too Fat to Toddle **9.00 FILM:** A Few Good Men **11.50 FILM:** The Grudge **1.35am** Teleshopping **4.35** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00 FILM:** Lara Croft, Tomb Raider: the Cradle of Life **9.50** The Wrong Door **10.00** EastEnders **10.30** Grownups **11.00** Family Guy **11.25** Family Guy **11.50** Kill It, Cook It, Eat It **12.45am** Grownups **1.15** I'm Kylie's Body Double **2.15** How to Rob a Bank **3.15** Kill It, Cook It, Eat It **4.10** I'm Kylie's Body Double

BBC4

7.00pm World News Today **7.30** Science and Islam **8.30** The House of Chanel **9.00** The High Life **9.30** Early Doors **10.00** Ready to Wear **10.30** Mad Men **11.20** Judy, Frank and Dean: Once in a Lifetime **12.10am** Mark Lawson Talks to Maureen Lipman **1.10** Science and Islam **2.10** The House of Chanel **2.40** Mark Lawson Talks to Maureen Lipman

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Chefz (Halal Meat) 01908 56 76 76
Open 5pm to Midnight and 1pm to 1am Weekends
"Sit back, relax and let our Chefs do the cooking..."
FREE BOTTLE OF DRINK WITH ORDER OVER £15

TANDOORI SPECIALITIES
Chicken or Lamb Tikka £2.20
2 Sheek Kebab £2.20

VEGETABLE DISHES
Vegetable Curry £2.00
Saag Aloo £2.00
Tarka Daal £2.00
Bombay Aloo £3.50

CURRY'S
Main Chefz Dishes
Curry Dishes – Chicken or Lamb £4.00
Korma Dishes – Chicken or Lamb £4.00
Karahi Dishes – Chicken or Lamb £4.00
Achari Dishes – Chicken or Lamb £4.00
Chicken or Lamb Jalfrezi £4.00
Madras Dishes £4.00
Vindaloo Dishes £4.00

BIRYANIS
Chicken or Lamb Biryani £4.50

CHEFZ SPECIALS
Chicken Tikka Masala £4.00
Garlic Chilli Chicken £4.00
Rhogan Josh £4.00

BASMATI RICE AND NAAN BREAD
Pilau Rice £2.60
Shada Rice £2.50
Naan £1.50
Keema Naan Bread £1.80
Chilli Naan Bread £1.50
Garlic Naan Bread £1.70
Tandoori Roti £0.60

ACCOMPANIMENTS
Chutneys £0.60
Mixed Green Salad £1.50
Raitha (cucumber or mixed) £1.60

DESERTS
Apple Pie 90p
Fudge Cake £1.60
Strawberry Cheesecake £1.50
Chocolate Pudding & Custard £1.60
Haagen Daaz 100ml/500ml £1.70/£4.50

THIS WEEK ONLY ANY CURRY £4

Pan Pizza Company
BUY 1 GET 1 FREE!
Can't eat 2? We will deduct £2 off from 10", £3 off 12" and £4 off 16"
Free 1.5 ltr soft drink on orders over £16

PIZZAS

	10" Deep Pan	12" Deep Pan	16" Deep Pan
Margarita-Cheese & Tomato	£7.50	£9.50	£13.95
Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives, Onion, Sweetcorn, Peppers & Pineapple Seafood-Cheese, Tomato, Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza-Cheese, Tomato, Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato, Bolognese, Onion, Peppers Hot & Spicy-Cheese, Tomato, Pepperoni, Spicy Beef, Chilli, Onion & Peppers Meat Feast-Cheese, Tomato, Pepperoni, Spicy Beef, Salami, Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95
Create Your Own Pizza Extra Toppings	75p	95p	£1.15

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB SHISH KEBAB CHICKEN KEBAB 3X PITTA BREAD COLESLAW FRESH SALAD
£10.95

MEGA PIZZA PACK
16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS, COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£10.99
Opening Times: Friday & Saturday 4.30pm to 2.30am Sunday - Thursday 4.30pm to Midnight

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb / 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 / £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 / £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 / £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

MK 320 770
FREE DELIVERY TO MOST MK AREAS
SORRY NO CHEQUES ACCEPTED (MINIMUM ORDER £7.00)

CURRY DEAL
ANY CURRY PLAIN OR PILAU RICE PLAIN NAAN, CAN OF DRINK
£6.00

PIZZA DEAL
ANY 2 LARGE PIZZAS, 2 LARGE CHIPS AND A BOTTLE OF DRINK
£14

PAPS PIZZA FAMILY FEAST
ANY 2 LARGE PIZZAS, 2 LARGE CHIPS, ANY SIDE ORDER AND A BOTTLE OF DRINK
£15

CHICKEN DEAL 1
6 PIECES OF CHICKEN, 4 CHIPS
£8

CHICKEN DEAL 2
8 PIECES OF CHICKEN, 4 CHIPS 4 CHIPS, 2 APPLE PIES AND A BOTTLE OF DRINK
£12

CHICKEN DEAL 3
4 PIECES OF CHICKEN, ANY 2 MEDIUM PIZZA, 2 CHIPS AND BOTTLE OF DRINK
£15

PAPS DELIVERY

01908 260 777

BURGER DEAL
CHICKEN BURGER OR QUARTERPOUNDER, CHIPS, CAN OF DRINK AND 2 DIPS
£3.00

PAPS KIDS MEAL
4 CHICKEN NUGGETS OR 1 PIECE CHICKEN, CHIPS, APPLE PIE AND CAN OF DRINK
£2.50

We also do Kebabs, Pizza's, jackets and much more please ring for details

FAST FREE HOME DELIVERY

DELIVERY TIMES:
MON-THURS 5PM-MIDNIGHT
FRIDAY 4PM-TIL 1AM
SAT-SUN OPEN ALL DAY 1PM-1AM

Minimum order £10.00 (limited delivery area)

VISA MasterCard Maestro Cirrus
above cards accepted. minimum order £10

Mister Chef
Indian Takeway & Balti Cusine
Spice up your night with quality food at rock bottom prices.
FREE HOME DELIVERY
(On orders over £7 within 3 miles of Bleak Hall minimum order £17 for Stony Stratford & Newport Pagnell)

Special Offer 1
Order over £12.50
RECEIVE FREE
2 Chicken Tikka (st) or 2 Onion bhajee (st) 1 Bombay Potato, Mint Sauce & Onion Salad

Special Offer 2
Order 2 Balti Dishes
RECEIVE FREE
2 Papadoms, 2 Chicken Tikka (st) or 2 Onion Bhajee (st) 2 Bombay Potato, 2 Pilau Rice, 2 Nan, 2 Soft Drink, Mint Sauce & Onion Salad
(offer extended until 31st January)

Phone 01908 677551 or 677221
★★★★ Good Food Hygiene Award
Open 5pm-11pm Open all week
Festive Opening Times: Christmas Eve 4pm-9pm, Xmas Day Closed
New Years Eve 4pm-9pm, New Years Day open as normal
See us online at www.118menu.com/misterchef
The management reserves the right to withdraw or amend any offer at anypoint. No collection dicount or special offer applies to set meals.

VENICE PIZZA
The Pizza Experts

	med 10"	large 12"	super 10"
MARGHERITA Cheese & tomato	£8.00	£10.00	£14.00
ALL TIME CLASSIC Ham* & Mushroom	£9.00	£11.00	£15.00
HAWAIIAN DREAM Ham* & Pineapple	£9.00	£11.00	£15.00
OLDE ENGLISH Beans & sausage	£9.50	£11.50	£14.50
ALL DAY BREAKFAST Ham* sausage & onion	£9.00	£11.00	£15.00
BEEFEATER spicy beef, mushroom & onion	£11.00	£13.00	£17.00
MEDITERRANEAN Tuna, prawns, fresh tomato, anchovies	£11.00	£13.00	£17.00
PEPPERONI PRAIRIE double pepperoni	£11.00	£13.00	£17.00
WILD WEST BBQ BBQ sauce, BBQ chicken, onion, peppers	£11.00	£13.00	£17.00
MEAT EATER pepperoni, spicy beef, ham* chicken, salami	£11.00	£13.00	£17.00
NEW YORKER salami, pepperoni, sausage, spicy beef	£11.00	£13.00	£17.00
VEGETARIAN mushroom, onion, peppers, sweetcorn, fresh tomato	£11.00	£13.00	£17.00
VEGI FANTASTIC fresh garlic, onion, olives, peppers, aubergine, herbs	£11.00	£13.00	£17.00
ORIENTAL chinese chicken, pineapple, peppers	£11.00	£13.00	£17.00
CHICKEN TIKKA tandoori chicken, mushroom, peppers, sweetcorn	£11.00	£13.00	£17.00
CALZONE ROLLED PIZZA spicy beef, sausage, ham*, mushroom	£11.00	£13.00	£17.00
VENICE SPECIAL pepperoni spicy beef, ham* mushroom, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
AMERICAN HOT pepperoni, onion, chillies, peppers	£10.00	£12.00	£16.00
VEGI MAX HOT mushroom, onion, peppers, jalapenos, sweetcorn	£10.00	£12.00	£16.00
CHICKEN HOT tandoori chicken, mushroom, chillies, peppers	£10.00	£12.00	£16.00

Food rating from MK Council ★★★★

Buy One 16" Get Two 10" FREE upto same value
Buy One Get One FREE upto same value
FREE 1.5 Litre Soft Drink with every order over £16

Side Orders

Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

01908 223322
Open 4.30pm 'till late, free delivery most areas in MK
Minimum order £6.95
AA664928

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperonni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS (ADDITIONAL TOPPINGS £1)	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

FREE DELIVERY

TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

ADDITIONAL TOPPINGS £1

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESSE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	0.35
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	3.95
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

Delivered to your door! Milton Keynes 01908 313355 Sun to Thurs 11.30am - 12.30am Fri to Sat 11.30am - 2.30am

Buy 1 Get 1 Free! (collection only. please mention offer).

Vegetarian

Cheese & Tomato	£6.95	£8.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£9.95	£12.95	£14.95
Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following £0.90 £1.00 £1.10

Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,
Ham, Spicy Pork	Mexican Chicken		Fresh Tomato, Green Chillies
Beef			Aubergine, Fresh Garlic, Jalapeno peppers, Black Olives, Spinach, Broccoli

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (5pcs) with cheese	£3.95
Pototo Skins (5pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (6pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken £3.50

Green Salad	£2.50	Coleslaw	£1.50

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream			£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee			£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffi Pie	£2.50

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70

PIZZA GOGO FREE DELIVERY TO ALL MK

X-tra Value Meal
Any Large 12" Pizza*
FREE GARLIC BREAD
(4 pieces)
FREE POTATO TWISTERS
ONLY £11.95

SPECIALS

Twin Deal
Any 2 medium Pizzas• (10.5")
Any 2 starters, 2 dips & 2 cans of soft drink.
only £16.95
(save up to £4.00)

Big Deal
Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bottle of Soft Drink.
£14.95 (save up to £4.00)

Triple Choice
Any 3 Pizzas*
3 Medium £17 - 3 Large 12" £22
3 Supersize 15" pizzas £27

Lunchtime Special
11.30 - 4.30 Mon - Thurs
One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £6.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)

2's Special
Any 2 Pizzas*
10.5" - £13.90
12"- £16.90 15"- £18.90

Double Deal
Any 2 large 12" Pizzas, 2 Dips 2 Starters & Bottle of soft drink.
£20.95 (save up to £6.00)

Beat the clock! only £10.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

Free Haagen-Dazs Ice cream with every order of £15.95
Offer cannot be used with any other offer

Open 7 days a week 11.30am - Late • TO ORDER CALL:01908 274674
141 Queensway, Bletchley MK2 2DY
www.pizzagogo.co.uk

TASTY PIZZA & TASTY CHICKEN

HALAL

Free Delivery minimum order £9 within a 14 mile radius

Opening Times:
Sun - Thurs 11:30am - 12 midnight
Friday - Sat 11:00am - 1am

112 Queensway Bletchley MK2 2RU

PIZZA MENU

BUY 1 GET 1 FREE		10"	12"	15"
1	CHEESE & TOMATO	8.90	10.90	12.90
2	HAWAIIAN Pineapple & Turkey	9.50	12.50	15.50
3	PEPPERONI FEAST Onion, Mushrooms & Pepperoni	9.50	12.50	15.50
4	OCEAN FEAST Tuna, Prawns, Anchovies & Tomatos	9.50	12.50	15.50
5	CHICKEN FEAST BBQ Sauce, Plain Chicken, Mushrooms & Peppers	9.50	12.50	15.50
6	AMERICANA Onion, Pepperoni, Beef, Green Chillies & Peppers	9.50	12.50	15.50
7	MEXICANA Chicken Tikka, Jalepenos, Peppers, & Pineapple	9.50	12.50	15.50
8	TASTY VEGGIE Onion, Mushroom, Sweetcorn, Peppers, Olives & Tomatos	9.50	12.50	15.50
9	MEAT FEAST Beef, Pepperoni, Turkey & Chicken Tikka	9.50	12.50	15.50
10	TASTY SPECIAL Onion, Chiken, Green Chillies, Peppers & Tomatoes	10.00	13.00	16.00
11	TASTY FULL HOUSE Beef, Pepperoni, Peppers, Sweetcorn, Onion & Turkey	10.50	13.50	16.50
12	FREE CHOICE Choose 4 Toppings - Choose a Base from Tomato, BBQ, Garlic Mayo & Chilli	10.50	13.50	16.50
13	DONER PIZZA Doner Meat, Onions & Jalepenos	9.50	12.50	16.00
14	GRAND TANDOORI CHICKEN Topping, Red Onion, Green Chilli, Tandoori Chicken, Garlic Sauce & Fresh Coriander	9.50	12.50	16.00
15	CHICKEN BBQ PIZZA BBQ base, Onion, Turkey Meat & BBQ Chicken	9.50	12.50	16.00
16	ORIENTAL EXPRESS Sweetcorn, Green Pepper, Chinese Chicken & Red Onion	9.50	12.50	16.00

KEBABS

Served with Pitta Bread	MEDIUM	LARGE
CHICKEN TIKKA KEBAB	3.10	4.20
LAMB TIKKA KEBAB	3.30	4.20
DONNA KEBAB	3.00	3.80
MIXED KEBAB		4.50
DONNA IN A BUN		2.50
CHICKEN TIKKA Served with fresh naan	4.20	4.90
LAMB TIKKA Served with fresh naan	4.20	4.90
LAMB DONNER Served with fresh naan	4.50	5.00
SEEK KEBAB Served with fresh naan	3.50	4.00
MIXED CHICKEN & LAMB Served with fresh naan	--	5.00
CHICKEN DONNA Served with fresh naan	4.50	--

TOPPINGS

EXTRA TOPPINGS: Onion, Muchroom, Sweetcorn, Green Chilli, Jalepeno, Pineapple, Tomato, Chicken Tikka, Plain Chicken, Pepperoni, Beef, Tuna, Anchovies & Prawns.

	10"	12"	15"
EXTRA TOPPINGS	0.70	0.90	1.00
STUFFED CRUST	0.90	1.20	1.90
CHEESE PEPPERONI CRUST	1.00	1.30	2.00

BURGERS

VEGGIE BURGER	2.50
SPICY BEAN BURGER	2.50
FISH BURGER	2.50
CHICKEN FILLET BURGER	2.50
1/4 POUNDER BURGER	2.50
WITH EGG	+0.40
1/2 POUNDER BURGER	3.50

PASTA

SPAGHETTI BOLOGNESE Served with Garlic Bread	£3.95
MEAT LASAGNE Served with Garlic Bread	£3.95
VEGGIE LASAGNE Served with Garlic Bread	£3.95

EXTRAS

NAAN BREAD	1.10
PITTA BREAD	0.50
FREASH SALAD	1.00
COLESLAW	1.00

PARTY DEAL
2 x Lg pizzas, garlic bread, chicken wings & potato wedges + bottle of drink £19.99

SIDE ORDERS

JALAPENO CREAM CHEESE 6 Pieces	3.50
BREADED MOZZARELLA STICKS 8 Pieces	3.95
GARLIC BREAD 2 Sticks	1.70
GARLIC BREAD WITH CHEESE 2 Sticks	2.20
POTATO WEDGES 1 Portion	2.95
POTATO TWISTER 1 Portion	2.95
BBQ WINGS 8 Pieces	3.95

DESSERTS

TOFFEE TENNESSEE PIE	1.95
BANOFFEE PIE	1.95
STRAWBERRY CHEESE CAKE	1.95
HAAGEN DAZS	4.00

Choc Chip, Vanilla, Coookes & Cream, Strawberry Cheesecake

MK 367768 BUY 1 GET 1 FREE (PIZZAS ONLY)

MK BUSINESS

CITY STAY APARTMENTS
Sponsored by: www.citystayaparts.com

Take time to invest in yourself

'INVEST in your most precious asset – you!' was the message sent out loud and clear to invited guests of the Milton Keynes business community at the launch of The Minerva Programme.

Now in its tenth year, Milton Keynes based Minerva International is renowned both in this country and abroad for implementing award-winning performance improvement initiatives within leading organisations.

Michael Anglin, a founder director of Minerva International, explained how the launch of The Minerva Programme makes their transformational style of learning and development accessible to smaller companies and individuals, as well as accommodating the ad hoc needs of large corporates.

Designed to bridge the gap between personal development and career-focused, skills based learning, The Minerva Programme provides delegates with a comprehensive, challenging and practical route to successful living. The impact of the course is reinforced by a range of practical support mechanisms to ensure that what is learnt on the course will make a positive and lasting difference to delegates' lives.

The Minerva Programme kicks off with a two day workshop called The Essentials, the first two of which are running on January 22 and 23, February 28 and March 1 at The Stables in Milton Keynes.

> The start of a new year is a time when we evaluate our lives and our goals and this course will help anyone who is at a crossroads
>
> **– Michael Anglin, founder director of Minerva International**

"The start of a new year is a time when we evaluate our lives and our goals and this course will help anyone who is at a crossroads, who wishes to up their game or who just generally wants more out of life", said Mr. Anglin. "And, with the recession looming, there's never been a more crucial time to invest in yourself and define exactly where you want to go and how you intend to get there."

Further information, at: www.theminervaprogramme.com

Pound a pint to pull punters

CITY pubs are attempting to entice cash-strapped customers during the downturn.

As of this week, the managers of Milton Keynes' four Wetherspoons have reduced the prices on five drinks.

And The Moon Under Water in Xscape, Wetherspoons in Midsummer Boulevard, The Secklow Hundred in Midsummer Boulevard and Lloyds No 1 Bar in Savoy Crescent will all be offering five meals for under £3.

People will even be able to buy some beers for less than a pound a pint.

Karen Saunders, The Moon Under Water manager, said: "People enjoy going to the pub, however, I appreciate that the economic downturn means that they now have to be more careful with their money.

"I believe that my new food and drink prices will allow people to enjoy a visit to the pub without it costing them too much.

"Unlike most sales that start in January, the pub's offers will not be ending within days, but will run indefinitely."

Gay old time as bosses dress up for local charity

DIRECTORS of an insurance firm got into the groove to raise money for Willen Hospice.

Towergate Risk Solutions bosses dressed up as the Village People as part of the last in a series of staff fundraising activities in 2008 that have racked up more than £9,000 for the Hospice.

In the month of December alone, Towergate's staff held a raffle, sold Christmas cards and decorations and persuaded their directors to put on their dancing shoes to strut their stuff on behalf of Willen Hospice.

All funds raised are matched by the Towergate Charitable Foundation.

Christopher Eyes, Willen Hospice managing director said: "The money raised from Towergate's staff dress down, dress up days, dragon boat races, etc has made a real difference to the lives of families that rely on Willen Hospice."

Graham Smith, managing director of Towergate Risk Solutions Milton Keynes,said: "Willen Hospice is a local cause that we felt deserved our support. Towergate is passionate about putting something back into the communities we operate in. Our motto is to make money, have fun and do good. This year, the company, together with our colleagues and clients expect to raise £1million for good causes. Any local business that would like advice on how they can have fun in 2009 whilst also helping Willen Hospice should contact our local charity champion, Heidi Young - Towergate Risk Solutions Milton Keynes, Towergate House, 352 Aylesbury Boulevard, Central Milton Keynes, MK9 2JH. Phone 01908 258382."

CITY STAY APARTMENTS Why stay in a hotel when you can stay in MK's smartest apartments for less. Tel: 01908 282050

run for teamsia

Running to Rebuild Lives

Each day in the UK, three people are permanently paralysed by spinal cord injury. Run for Milton Keynes - based charity, SIA, and help them rebuild full, active and independent lives.

Limited guaranteed places available in 2009 Flora London Marathon

To register:
Tel: 0845 0714350
Email: teamsia@spinal.co.uk
Reg Charity No 1054097

NORWICH UNION an AVIVA company
the team behind ukathletics
sia spinal injuries association

THE DEFINITIVE GUIDE TO YOUR NEXT HOME IN AND AROUND MILTON KEYNES

MK PROPERTY

January 7, 2009 | FREE inside MKNEWS | www.mk-news.co.uk

Listed farmhouse

HOME Farm is set in a prominent position in the heart of Little Brickhill with approximately 4 acres of paddock land to the rear.

The four bedroom listed farmhouse boasts a lounge, dining room, kitchen/breakfast, utility, cellar and cloakroom.

There are five stables, two workshops which have annexe conversion potential, rear garden and four acres of pasture land split into three paddocks.

Price £695,000.

■ For further details or to arrange a viewing call Taylors Executive Homes on 01908 240981.

When you are moving house and you want a quick, professional service speak to Patricia Miller at CMK on 01908 202150

Woodfines
SOLICITORS
www.woodfines.co.uk

Index of advertisers

RESIDENTIAL SALES

Taylors	50-57
Wilson Peacock	58-59
Carters	60

RESIDENTIAL LETTINGS

Beasley & Partners	61
Stratfords	61

JUST TAYLORS residential lettings TO LET 01908 393924 Milton Keynes YOU KNOW....

If you are a landlord or a tenant call us on 01908 393924

Central Business Exchange, 436 Midsummer Boulevard, Milton Keynes, MK9 2EA

E: cmklettings@taylorsestateagents.co.uk
W: taylorsestateagents.co.uk

...WE NOW HANDLE LETTINGS

TAYLORS
Executive Homes

EXECUTIVE HOMES OFFICE
436 Midsummer Boulevard

Tel: 01908 240981
email: mkexec@taylorscountrywide.co.uk

Furzton Lake £699,950

This lake side property proudly stands in 'Bilbrook Lane' and boasts:
* Three reception rooms * Seven bedrooms on the 1st and 2nd floors
* Three en suites and family bathroom * Balcony to the rear enjoying stunning lake views
* Electrically operated wrought iron gated access * Substantial private driveway.

Walton Park £450,000

An extremely well presented and rarely available Pasadena style house built within an exclusive development of California style properties

*Lounge/diner *Living room * Kitchen/diner* Conservatory *Study * Three bedrooms and two en-suites* Double garage.

Taylors Executive Homes sold STC more exclusive homes in Milton Keynes than any other estate agent in 2008. We know what it takes to sell in this market and using Taylors unrivalled experience has helped numerous vendors make their next move. If you are thinking of selling call 01908 240981 for a free valuation and honest advice. Together we can make your move happen.

Deanshanger £500,000

An immaculately presented stone built executive property which boasts:

*Three reception rooms * Conservatory * Five bedrooms * Two en suites* Triple garage * Private enclosed landscaped rear garden * Private off road parking * CALL (01908) 240981 TO VIEW

Stoke Hammond £595,000

Situated on a substantial corner plot in a beautiful courtyard setting and boasts:-

*Kitchen/Diner/Family Room * Lounge * Study * Downstairs WC and Utility * Master bedroom with en suite * 3 further bedrooms * Parking for 3 * Oversize garage and workshop * Must be viewed to appreciate.

Newton Longville £600,000

Situated on a generous plot with country views this spacious five bedroom chalet bungalow offers flexible accommodation and a detached self contained annexe and boasts:-

*Three reception rooms * Kitchen/breakfast * Five bedrooms * Two en suites * The annexe boasts two dwellings with separate kitchens, bedrooms and bathrooms* Accessed via electric gated entrance to a substantial gravel driveway which leads to a double garage.

Associated with
JOHN D WOOD & CO.
In London since 1872

Reaching the London Market

Expose your property to London, national and international buyers through our extensive marketing with John D Wood & Co.

- Exposure on the leading property websites
- Greater market profile for your property to generate more viewers
- Network of 14 London offices
- Peace of mind that your property is being exposed to the widest market

01908 240981 www.taylorsestateagents.co.uk/london

TAYLORS New Homes

NEW HOMES OFFICE
436 Midsummer Boulevard

Tel: 01908 677227
email: newhomes@taylorscountrywide.co.uk

SELF CONTAINED APARTMENT £279,950

This 4/5 bedroom detached home with carport and garage offers an amazingly versatile layout. A traditional 2 reception room home can be found on the first floor, with the ground floor offering two rooms, and W/C and utility. To give an ideal space for a teenager/relative to live independently. The top floor of the home has three further double bedrooms and en-suite/bathroom. Situated in a popular area on the edge of west Milton Keynes. The development is away from main roads and backs onto the north bucks bridal way with countryside beyond. Internal picture of similar kitchen.

APARTMENT £169,950

Striking two bedroom apartments with en-suites and generous lounge sizes. Finished with lovely expanses of glass and allocated parking to the rear. Over looking a bustling central square. Situated in south Milton Keynes with lake and parklands.

HUGE BEDROOMS!! £399,995

This striking detached home with garage offers bedroom sizes up to 22' long and a 5th smaller bedroom/study. There is also 2 en suites and a bathroom. Downstairs a fantastic modern layout is offered to match this contemporary home. Situated on a newly released development on the edge of Milton Keynes with quick access to the M1.

863 SQFT WITH EN-SUITE £170,000

This 2 bedroom,2 bath second floor luxury apartment has a enviable location. Facing a linear park with brook and a south westerly terrace. Situated in East Milton Keynes within walking distance to shops and a short drive to the M1.

TRADITIONAL 4 BED DET £267,000

Lovely to see a 2 storey family home with separate receptions, garage and driveway. Situated in a popular West Milton Keynes area with sought after school catchments.

TRADITIONAL 3 BED SEMI £280,000

A no through road surrounded by parkland and an original church, yet all the convenience of Milton Keynes and M1 junction. Boasting a fantastic setting and south facing garden with garage, this 3 bedroom semi detached home boasts a 20' lounge.

SPACIOUS 4 BEDROOM SEMI £250,000

A spacious 4 bed semi-detached home with ample parking for 2+ cars on a development of 18 privately owned homes in the heart of Leighton Buzzard, within walking distance of the town centre. Three of the bedrooms are doubles and the master has an en-suite. Ready now, key in office. Now is the time to buy!!

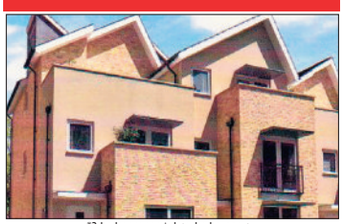
VILLAGE LOCATION, AMAZING VALUE!! £399,995

This 4 bedroom, 3 bathroom detached home with study is situated on one of the areas most sought after addresses. The development is centred by two large lakes and is ideally located with Junction 13 of the M1 or Milton Keynes nearby. Local amenities are within walking distance, and the school catchments are popular for all ages. This sought after village boasts full high street amenities, popular schooling and train service to Bedford or Bletchley main line stations.

HUGE INCENTIVES AVAILABLE £349,995

Boasting lots of glass feature windows, this double bedroomed home has a separate formal lounge, then a fantastic open plan kitchen/dining/family room onto the garden. Upstairs all the bedrooms have wardrobes and the bathroom has a separate shower cubicle in addition to the en-suite. Situated on the east of Milton Keynes with popular school catchment and quick access onto the M1.

BRAND NEW 3 BEDROOM HOME £245,000



*3 bedroom semi-detached property.
*Situated in West Milton Keynes.
*Open plan kitchen/diner.
*Lounge.
*Master bedroom with en-suite and terrace.
*2 further bedrooms.
*Family bathroom.
*Call now to arrange a viewing on 01908 677227!

AMAZING VALUE! £156,000

A very versatile home with garage, as living accommodation is spread over 3 floors. This means the home offers 2 or 3 receptions. Situated in this popular West Milton Keynes area with sought after school catchments. Please note: This property is available on a low cost housing scheme for key workers or first time buyers. Main photo of house type on left.

4 DOUBLE BEDROOM & DOUBLE GARAGE £280,000

Rarely available terraced townhouse with double garage. The ground floor comprises of a big kitchen/diner and separate lounge. The property also boasts 4 double bedrooms and 3 bath/shower rooms. Situated in this popular area with great school catchments and a host of local amenities. Call now to arrange a viewing!

Village Near MK £197,500

We have a last opportunity to offer this brand new 3 bedroom semi-detached with 2 parking spaces. It even has a en-suite and downstairs cloakroom. Set on a small popular village on the fringe of Salcey Forest. With excellent access to Milton Keynes, Newport Pagnell, Northampton or M1 motorway. If the price is more than your budget, you could defer 25% of it for 10 years and just pay 75% now, with no deposit needed as well.

TRADITIONAL SEMI WITH CARPORT £239,995

Boasting a carport and drive this rarely available 3 bedroom 2 storey house is situated in a sought after, West Milton Keynes area. Popular schooling is offered locally. *Part Exchange, it's less hassle* Please note: the main picture is of a similar house.

The New Homes Specialists

www.taylorsestateagents.co.uk

TAYLORS Central

TAYLORS CENTRAL OFFICE
436 Midsummer Boulevard

Tel: 01908 678151
email: centralmiltonkeynes@taylorscountrywide.co.uk

Emerson Valley £215,000

* Four bedrooms Detached House
* Master bedroom with en-suite and three further bedrooms.
* Two Reception rooms
* Two Bathrooms
* Garden
* Double glazing and gas to radiator heating
* Very good decoration
* Private Parking

Pennyland £102,000

* Three bedroom within the location of Pennyland.
* The property in brief comprises;
* Entrance hall
* Cloakroom
* Kitchen/diner
* Lounge
* Family bathroom
* Off road parking

Bradwell OEIO £100,000

* One bedroom end of terraced house.
* Situated in the popular location of Bradwell Village having a wealth of character including the picturesque local church, local village public houses and cricket green
* Entrance hall
* Lounge
* Kitchen
* Gardens and off road parking.

Old Farm Park £69,995

* Two Bedroom apartment on the popular shared ownership scheme
* Leasehold
* Double Glazing
* Open plan
* Kitchen/dining room
* Two double bedrooms
* Private Parking
* No Upper Chain

Broughton Guide Price £145,000

* 2 Double Bedrooms * Luxury apartment
* Lounge/Diner * Kitchen/Breakfast
* En-Suite * Family Bathroom
* Allocated Parking Space
* No Upper Chain
CALL (01908) 678151

Neath Hill Guide Price £110,000

* Two Bedroom Maisonette
* Entrance Hall
* Lounge/Diner
* Kitchen
* Bathroom
* Garden
* Garage
* Off road Parking

The Hub OIEO £65,000

* One bedroom apartment
* Gas to radiator heating
* Double Glazing
* Situated in the Central Milton Keynes premier location.
* Communal entrance
* Lounge
* Kitchen
* Bedroom

Great Holm £174,995

* Three Bedroom detached family home
* Situated in the popular location of Great Holm
* Entrance Hall
* Lounge
* Kitchen
* Utility Room
* Dining Room
* Gardens and garage

Loughton £179,995

* Four bedroom end of terrace townhouse.
* Entrance hall
* Cloakroom
* Lounge
* Kitchen
* First floor landing
* Three bedrooms
* Bathroom

Bradwell £136,000

* 3 Bedrooms
* Semi detached
* Lounge
* Dining Room
* Kitchen
* Bathroom
* Gardens
* Garage

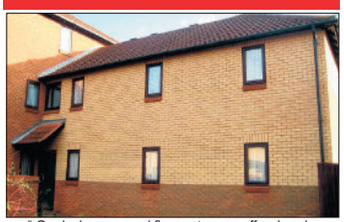
Blakelands £164,995

* Three/four bedroom semi detached
* Entrance hall
* Study
* Lounge
* Kitchen
* Breakfast room
* Dining room
* Sun lounge

Great LinfordOIEO £140,000

*Four bedrooms
*Downstairs cloakroom
*Separate lounge
*Kitchen/diner
*Enclosed rear garden
*Double Glazed
*Off road parking

Kents Hill £28,000



* One bedroom ground floor maisonette offered on the popular shared ownership scheme.
* Entrance Hall
* Lounge
* Kitchen
* Bedroom
* Bathroom.

Emerson Valley OIEO £274,995

* Four Bedroom Detached Property
* Downstairs Cloakroom
* Lounge & Dining Room
* Kitchen
* Cinema Room
* Two En-Suites
* Double Garage
* Call to view on 01908 678151!

Bradville £130,000

* Three bedroom terraced property
* Gas to radiator heating and double glazing
* Double Garage
* Lounge
* Kitchen/diner
* Rear lobby
* Shower room
* Bathroom

Woolstone £260,000

* Three bedroom detached character property built around 1860's.
* Seperate reception room
* Downstairs study
* En-suite
* Family bathroom
* Conservatory
* Mature rear garden.

TAYLORS Central

TAYLORS CENTRAL OFFICE
436 Midsummer Boulevard

Tel: 01908 678151
email: centralmiltonkeynes@taylorscountrywide.co.uk

Shenley Church End £154,995

* Two bedroom End of Terrace house
* Entrance hall
* Lounge
* Kitchen
* Bathroom
* Off road parking
* Front and rear gardens

Kents Hill £180,000

* Three double bedroom link detached
* Entrance Hall & Cloakroom
* Kitchen
* Lounge/Diner
* Conservatory
* Family Bathroom
* Garage & ORP
* Rear Garden

Walnut Tree £165,995

* Three Bedroom Semi detached
* Entrance hall
* Downstairs cloakroom
* Lounge
* Kitchen
* Dining room
* Conservatory
* Bathroom

Willen Park £160,000

* Three bedroom semi detached property
* Entrance porch
* Downstairs cloakroom
* Lounge
* Kitchen
* Conservatory/lean-to
* Three bedrooms
* Garden and off road parking and garage.

Shenley Church End OIEO £155,000

* Three Bedroom Property
* Entrance Hall
* Downstairs Cloakroom
* Kitchen
* Lounge/Diner
* Family Bathroom
* Allocated Parking
* Call to view on 01908 678151!

Crownhill Guide Price £225,000

* Three Bedroom Detached Property
* Entrance Hall
* Kitchen
* Downstairs Cloakroom
* Dining Room
* Conservatory
* Ensuite to Master
* Gardens, Garage & ORP

Blakelands £224,995

* Two/three bedroom detached bungalow
* Off road parking
* Garage and gardens
* Central heating
* Double glazing
* Refitted kitchen breakfast room
* Refitted four piece bathroom.

Cambell Park £135,000

* One bedroom first floor apartment with garage in the popular Eaton Mews Development
* Entrance hall
* Lounge/diner
* Kitchen
* Bathroom
* Off road parking and garage
* No upper chain.

Stantonbury OIEO £140,000

* Three bedrooms
* Gas to radiator heating & Double glazing
* Entrance Hall
* Cloakroom
* Lounge
* Kitchen/Diner
* Bathroom
* Front & Rear Gardens

Coffee Hall £125,000

* Two bedroom Terraced house
* Gas to radiator heating and double glazing
* Entrance hall
* Lounge
* Kitchen/diner
* First floor landing
* Bathroom
* Gardens

Downs Barn £99,995

* One bedroom flat situated in the popular location of Downsbarn
* Entrance
* Lounge
* Kitchen
* Bedroom
* Bathroom
* Garage and no chain.

Broughton £245,000

* Five bedroom townhouse in the popular location of Broughton
* Double glazing
* Gas to radiator heating
* Gardens
* Garage and off road parking
* Spacious open plan living
* Entrance hall
* Downstairs cloakroom

Tattenhoe £194,995

* Three bedroom detached house
* Gas to radiator heating and double glazing
* Entrance hall
* Cloakroom
* Lounge
* Kitchen diner
* First floor landing
* Master bedroom with en-suite

Eaglestone £127,995

* Three bedroom terraced house
* Double glazing and gas to radiator heating
* Entrance hall
* Lounge
* Kitchen
* Bathroom
* Gardens and garage.

Beanhill £34,995

* Two bedroom terraced house
* Offered on the popular shared ownership scheme
* Entrance hall
* Lounge
* Kitchen
* First floor landing
* Bathroom
* Gardens and off road parking

Downs Barn £99,000

* One bedroom bungalow
* Double glazing and gas to radiator heating
* Entrance hall
* Lounge
* Kitchen
* Bedroom
* Wetroom
* Gardens

WESTCROFT OFFICE
4 Barnsdale Drive, Westcroft, Milton Keynes
Tel: 01908 524456
email: westcroft@taylorscountrywide.co.uk

TAYLORS
Estate Agents

BLETCHLEY OFFICE
161 Queensway, Bletchley
Tel: 01908 370861
email: bletchley@taylorscountrywide.co.uk

WANT ONE OF THESE?

Furzton £179,995

* Three Bedroom Detached Property
* Lounge/Diner
* Kitchen
* Conservatory
* Family Bathroom
* Front & Rear Gardens
* Driveway providing ORP
* Single Garage

Stoke Hammond £185,000

* Three Bedroom Property
* Semi-Detached
* Situated on a Corner Plot
* Lounge/Diner
* Downstairs Cloakroom
* Study
* Driveway for Several Cars
* Detached Garage

Newton LongvilleGuide Price £140,000

* Three Bedrooms
* Semi-detached
* Central Heating
* Double Glazing
* Lounge/Diner
* Kitchen
* Bathroom
* Gardens

Kingsmead OIEO £189,995

* Four Bedrooms
* Kitchen/Breakfast Room
* Dining Room
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Garage
* Call 01908 524456!

Taylors Westcroft have SSTC well over 100 properties since January 08. Please call for a free marketing appraisal on 01908 524456!

Stoke Road OIEO £130,000

* Two Bedroom
* Detached Bungalow
* Double Glazing
* Separate Reception Rooms
* Shower Room
* Off Road Parking
* Garage
* No Upper Chain!

Emerson Valley £112,000

* One Bedroom Property
* Central Heating
* Double Glazing
* Kitchen
* Lounge
* Family Bathroom
* A Viewing is a must!

Urgently wanted 3/4 beds within the Shenley Brook End catchment. Can you help? Call us on 01908 524456!

Furzton £172,995

* Three Bedroom Property
* Link-Detached
* Re-fitted Kitchen
* Dining Room
* Conservatory
* Shingled Frontage
* Rear Garden
* Converted Garage

Bletchley OIEO £125,000

* Three Bedroom Property
* Mid-Terraced
* Central Heating
* Double Glazing
* Lounge/Diner
* Kitchen
* Gardens
* Garage

Poets £139,995

* Three Bedrooms
* Chalet Style
* Semi-detached
* Entrance Porch
* Lounge/Diner
* Kitchen
* Lean to
* Bathroom

Oakhill £194,995

* Four Bedroom Townhouse
* Downstairs Cloakroom
* Kitchen
* Lounge/Dining Room
* En-Suite
* Front & Rear Gardens
* Off Road Parking
* A Viewing is a must!

Emerson Valley OIEO £189,995

* Four Bedroom Detached Property
* Lounge
* Downstairs Cloakroom
* Kitchen/Dining Room
* Conservatory
* Front & Rear Gardens
* Driveway providing ORP
* Call to view on 01908 524456!

Trees Estate £159,995

* Three Bedroom Property
* Semi-Detached
* Central Heating
* Lounge
* Kitchen/Diner
* Seperate WC
* Gardens
* A Viewing is a must!

Fenny Stratford £144,995

* Two/Three Bedrooms
* 1930's Style Terrace
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Inner Lobby
* Bathroom
* Gardens

www.mortgagescountrywide.co.uk

www.taylorsestateagents.co.uk

WOLVERTON OFFICE
2 Stratford Road, Wolverton
Tel: 01908 312623
email: wolverton@taylorscountrywide.co.uk

TAYLORS
Estate Agents

STONY STRATFORD OFFICE
36 High Street, Stony Stratford
Tel: 01908 563825
email: stonystratford@taylorscountrywide.co.uk

Greenleys £94,995

*Three Bedrooms
*Gas Central Heating
*Double Glazing
*Kitchen/Diner
*Lounge
*Bathroom
*Front & Rear Gardens

New Bradwell £154,995

* Three bedrooms * Well presented
* Victorian property * Refitted kitchen
* Refitted bathroom * Separate receptions
* Rear garden * 01908 312623

Old Stratford Guide Price £299,995

* Well Presented * Four Bedroom
* Detached Property
* Cloakroom * Conservatory
*En Suite to Master Bedroom
* Garage and Garden
* Viewing Recommended

Wolverton £199,995

* Four bedrooms * Spacious living accommodation
* Extended semi detached 1930s property
* Refitted kitchen * Refitted bathroom
* Conservatory * Ensuite
* Front & rear gardens * Off road parking

Wolverton £89,995

*Two Double Bedrooms
*Semi Detached
*Double Glazing
*Gas Central Heating
*Lounge/Diner
*Kitchen
*Front & Rear Gardens
*Off Road Parking

Wicken £230,000

* Rarely Available
* Three Bedroom Home
* Double Glazing
* Two Garages and Garden
* Countryside Views
* Must Be Viewed!

Hill Top £175,000

* Well Presented * Three Bedroom
* Detached Property
* Situated On A Good Size Plot
* Gas Radiator Heating * Utility Room
* Garage * No Upper Chain

Stacey Bushes £134,995

*Three Bedrooms
*Cloakroom
*Walk In Storage Cupboard
*Refitted Kitchen
*Lounge/Diner
*Shower Room
*Front & Rear Gardens
*Carport Parking

Wolverton OIEO £129,995

* Two bedrooms * Well presented* Victorian property * Gas to radiator heating* Double glazing * Front and rear gardens* Single garage
* Driveway * Off road parking

Stony Stratford £175,000

* Well Presented
* Three Bedroom
* Victorian Style Property
* Gas Radiator Heating
* Refitted Kitchen
* Garage

Stony Stratford £229,000

* Rarely Available
* Very Well Presented
* Two Bedroom * Ground Floor Apartment
* For The Over 55's * En-Suite
* Views Onto The River
* Allocated Parking

Greenleys £149,995

* Three bedrooms * Detached
* Gas to radiator heating
* Double glazing * Front & rear gardens
* Garage * 01908 312623

Wolverton O.I.E.O £99,995

* Two bedrooms * Maisonette
* Well presented * Gas to radiator heating
* Double glazing * Refitted bathroom
* Refitted kitchen * Communal gardens
* NO UPPER CHAIN * 01908 312623

Fullers Slade £110,000

* Three Bedroom
* Terrace Home
* Refitted Kitchen
* Gas Radiator Heating
* Carport and Garden

We have a client, sold subject to contract looking for a minimum three bedroom property in Stony Stratford or Old Stratford. Want to Sell? Please call 563825 today!

www.mortgagescountrywide.co.uk

www.taylorsestateagents.co.uk

NEWPORT PAGNELL OFFICE
87 High Street, Newport Pagnell
Tel: 01908 611966
email: newportpagnell@taylorscountrywide.co.uk

TAYLORS
Estate Agents

OLNEY OFFICE
26a Market Place
Tel: 01234 713333
email: olney@taylorscountrywide.co.uk

Newport Pagnell £169,995

* Three bedrooms * Well presented
* Semi detached * Double glazing
* Gas to radiator heating * Rear Garden
* Off road parking * 01908 611966

Turvey £179,995

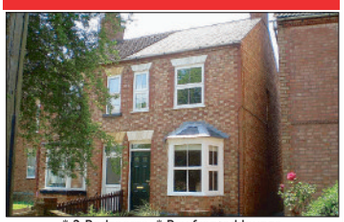
* Semi Detached * Three Bedrooms
* Lounge/Diner * Fitted Kitchen
* Gardens * Integral garage
* Call Now On 01234 713333

Emberton £439,950

* Three bedroom character cottage
* Dining Room
* Sitting room
* Breakfast Room
* Fitted Kitchen
* Front & Rear Gardens
* Garage & Off road parking
* Call Now On 01234 713333

Thinking of moving?
Taylors in Newport Pagnell need your house to sell.
We will sell your house for the best possible price, to the best buyer available in the shortest time possible!
Call Taylors today on 01908 611966 for a Free Market Appraisal

Bozeat £149,995



* 2 Bedrooms * Bay fronted lounge
* Dining room * Re-fitted kitchen
* Two double bedrooms * En suite to master
* Front & Rear gardens * Call Now On 01234 713333

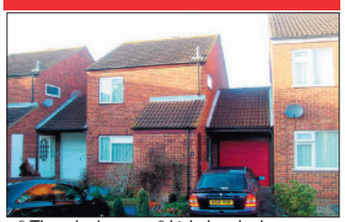
Stoke Goldington £299,950

* Four bedrooms * Detached home
* Very well presented * Double glazing
* Gas to radiator heating * Front & rear gardens
* Single garage * Carport
* 01234 713333

Green Park £139,995

* Two bedrooms * Gas to radiator heating
* Double glazing* Separate receptions
* Rear garden * 01908 611966

Great Linford £189,995



* Three bedrooms * Link detached property
* Double glazing * Gas to radiator heating
* Rear garden * Single garage
* Off road parking * 01908 611966

Olney £299,995

* Four Bedroom Detached
* Conservatory * Kitchen/Breakfast Room
* Master Bedroom With En Suite
* Cloakroom * Utility * Double Width Driveway
* 01234 713333

Newport Pagnell £154,995

* Three bedrooms * Semi detached
* Double glazing * Gas to radiator heating
* Front & rear gardens * Garage
* 01908 611966

Newport PagnellOffers In Excess Of £85,000

* One bedroom * Cluster home
* Gas to radiator heating * Double glazing
* Off road parking * 01908 611966

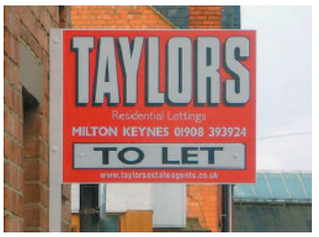
Olney £289,950

* Four bedrooms * Extremely well presented
* Cul-de-sac location * Bay fronted lounge
* Gas to radiator heating * Double glazing
* Ensuite to master bedroom * Enclosed rear garden
* Single garage * 01234 713333

www.mortgagescountrywide.co.uk

www.taylorsestateagents.co.uk

TAYLORS
Residential Lettings



TAYLORS LETTINGS OFFICE
436 Midsummer Boulevard

Tel: 01908 393924
email: cmklettings@taylorsestateagents.co.uk

Broughton £595pcm

Taylors lettings are delighted to offer this 1 bedroom coach house style apartment, situated in the popular Broughton area of Milton Keynes. The property is Part funished and available from Mid December 2008. Call the lettings team to arrange a viewing appointment on 01908 393924

Olney £675pcm

Taylors Lettings are delighted to offer this 2 bedroom first floor apartment, Situated in the much sought after location of Olney. The property is available from the end of November and is unfurnished..Please call the Lettings team to arrange a viewing appointment. 01908 393924

Central Milton Keynes £595pcm

Taylors Lettings are delighted to offer this one bedroom third floor apartment, situated in the central "North Row" area of Milton Keynes. The property is unfurnished and available from 23rd November 2008.

Towcester £625pcm

Taylors lettings are delighted to offer this 3 bedroom victorian property, Situated in the popular 'Historic' Roman Town of Towcester. The property is Unfurnished and available from 15th December. Please call the lettings team to arrange a viewing on 01908 393924

Bletchley £695pcm

Taylors lettings are delighted to offer this 3 bedroom property, situated in the popular 'Sutherland Grove' area of bletchley. The property is unfurnished and available immediately. Please call the lettings team to arrange a viewing appointment on 01908 393924

IS YOUR PROPERTY STILL SITTING EMPTY?
IF SO, CALL TAYLORS AND ADVERTISE TO THE WIDEST POSSIBLE AUDIENCE!
01908 393924
cmklettings@taylorsestateagents.co.uk

Bletchley £695pcm

Taylors Lettings are delighted to offer this well presented 2 bedroom Semi-Detached Property, Situated in the popular 'Barleyhurst Park' area of Milton Keynes. The property is available from Mid January 2009 and is unfurnished. Please call the lettings team to arrange a viewing on 01908 393924

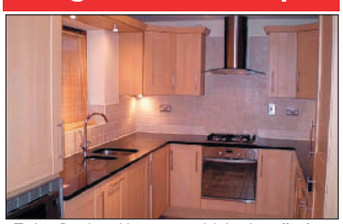
Central Milton Keynes £700pcm

Taylors Lettings are delighted to offer this one bedroom sixth floor apartment situated in the exciting new 'Vizion' development in Central Milton Keynes. The property is situated approximately 5 minutes from the train station and shopping district.
Call the Lettings Team now on 01908 393924 to book your viewing appointment!

Oldbrook £750pcm

Taylors Residential Lettings are delighted to offer this two bedroom maisonette situated in the popular location of Oldbrook. The property is fully furnished and available from 1st July. Must be viewed!

Broughton £750pcm



Taylors Residential Lettings are delighted to offer first floor apartment, situated in the popular location of Broughton. The property comprises of * Entrance Hall * Lounge * Kitchen * 2 Double Bedrooms * En-suite * Family Bathroom * Parking

Broughton £800pcm

Taylors Residential Lettings are delighted to offer this two bedroom third floor apartment situated in the popular 'Landmark' development of Broughton. The property is available immediately. Must be viewed!

Shenley Church End £850pcm

Taylors Lettings are delighted to offer this 'spacious' three bedroom detached property situated in the much sought after location of Shenley Church End. The property is located down a cul-de-sac and boasts great school catchments and local amenities. The property comprises of lounge, dining room, cloakroom, master ensuite and a garage.
Call the Lettings Team now on 01908 393924 to avoid disappointment!

Great Holm £850pcm

Taylors lettings are delighted to offer this 3 bedroom semi detached property situated in the popular location of great holm. The property is unfurnished and available from 15th December 2008. Please call the lettings team to arrange a viewing appointment on 01908 393924

Central Milton Keynes £900pcm

Taylors Lettings are delighted to offer this two bedroom fourth floor apartment situated in the exciting new 'Vizion' development in Central Milton Keynes. The property is situated approximately 5 minutes from the train station and shopping district.
Call the Lettings Team now on 01908 393924 to book your viewing appointment!

Shenley Church End £1,100pcm

Taylors Lettings are delighted to offer this four bedroom detached property situated in the popular 'Shenley Church End' area of Milton Keynes. The property is unfurnished and available immediately. Must be viewed!

Call for a FREE Rental Valuation

www.taylorsestateagents.co.uk

T 01908 606951

Wilson Peacock estate agents

CROWNHILL £69,995

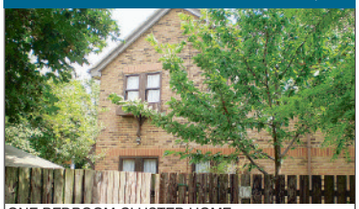
NEW

TWO BEDROOM SEMI DETACHED PROPERTY
50% SHARE
REFITTED KITCHEN & BATHROOM
LOUNGE/DINER
ALLOCATED PARKING
TEL: 01908 606951

TWO MILE ASH £35,000

ONE BEDROOM GROUND FLOOR MAISONETTE
30% SHARE
REFITTED KITCHEN/DINER
ALLOCATED PARKING
PHOTO SHOWS BLOCK
TEL: 01908 606951

WALNUT TREE OFFERS OVER £99,995



ONE BEDROOM CLUSTER HOME
CUL-DE-SAC LOCATION
ENCLOSED GARDEN
ALLOCATED PARKING
TEL: 01908 606951

TO FIND OUT HOW WE CAN SELL YOUR HOME CALL US NOW ON 01908 606951

NEATH HILL OFFERS IN EXCESS OF £110,000

TWO BEDROOM FIRST FLOOR MAISONETTE
LOUNGE/DINING ROOM
GARAGE PROVIDING OFF ROAD PARKING
ENCLOSED REAR GARDEN
TEL: 01908 606951

KINGSMEAD £117,950

TWO BEDROOM GROUND FLOOR APARTMENT
OPEN PLAN LOUNGE/KITCHEN/DINER
ENCLOSED REAR GARDEN
NO CHAIN
PHOTO SHOWS BLOCK
TEL: 01908 606951

DOWNHEAD PARK OFFERS OVER £118,000

TWO BEDROOM END OF TERRACE PROPERTY
DOUBLE BEDROOMS
ENCLOSED REAR GARDEN
GARAGE & DRIVEWAY
CUL-DE-SAC LOCATION
TEL: 01908 606951

HEELANDS £139,995

THREE BEDROOM CHALET STYLE PROPERTY
KITCHEN/BREAKFAST ROOM
BATHROOM & SEPARATE WC
REAR GARDEN
TEL: 01908 606951

BRADVILLE £142,000

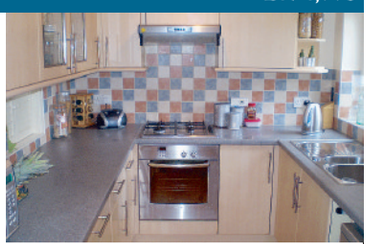
NEW

TWO BEDROOM SEMI DETACHED PROPERTY
REFITTED KITCHEN/DINER
ENCLOSED REAR GARDEN

GARAGE & DRIVEWAY PARKING
NO CHAIN
TEL: 01908 606951

GREAT LINFORD £174,995

THREE BEDROOM STAGGERED PROPERTY
REFITTED KITCHEN AND BATHROOM
CONSERVATORY



GARAGE & DRIVEWAY PARKING
CUL-DE-SAC LOCATION
TEL: 01908 606951

BRADVILLE OFFERS IN EXCESS OF £174,995

FOUR BEDROOM DETACHED PROPERTY
SEPARATE RECEPTION ROOMS
GARDENS TO FRONT & REAR

GARAGE & DRIVEWAY
BACKING ONTO ALLOTMENTS
TEL: 01908 606951

WOUGHTON ON THE GREEN OFFERS IN EXCESS OF £449,995

FOUR/FIVE BEDROOM DETACHED PROPERTY
KITCHEN/BREAKFAST ROOM
FOUR RECEPTION ROOMS

FRONT & REAR GARDENS
GARAGE & DRIVEWAY
TEL: 01908 606951

Call Today for a free Market Appraisal

Wilson Peacock Estate Agents

653 Midsummer Boulevard, Central Milton Keynes, Bucks MK9 3BQ
T 01908 606951 F 01908 230456 E miltonkeynes@wilsonpeacock.co.uk
W www.mortgagescountrywide.co.uk

OEA Ombudsman estate agents
OFT Approved code

Wilson Peacock estate agents

www.wilsonpeacock.co.uk

Wilson Peacock in Olney 'Buck The Trend' selling no fewer houses in 2008 than 2007 To find out why we are so successful contact Howard or Annie to arrange a free marketing consultation on 01234 711481

OLNEY £239,995

THREE BEDROOM HOME
EN SUITE TO MASTER BEDROOM
SEPARATE RECEPTION ROOMS
KITCHEN/BREAKFAST ROOM WITH APPLIANCES
GARAGE AND GARDENS
TEL: 01234 711481

YARDLEY HASTINGS OIEO £129,995

TERRACED CHARACTER COTTAGE
TWO BEDROOMS
LOUNGE WITH OPEN FIREPLACE
EXPOSED FEATURE STONE WALLS
GARDEN
TEL: 01234 711481

HORTON £295,000

EXTENDED THREE BEDROOM COUNTRY HOME
THREE RECEPTION ROOMS
FARMHOUSE STYLE KITCHEN WITH FITTED APPLIANCES
CONSERVATORY AND UTILITY ROOM
GUEST ROOM/STUDY
TEL: 01234 711481

SHERINGTON £264,995

CHARACTER PROPERTY OVER THREE FLOORS
THREE BEDROOMS
KITCHEN/BREAKFAST ROOM & UTILITY
DOWNSTAIRS CLOAKROOM
GARDENS AND OFF ROAD PARKING
TEL: 01234 711481

OLNEY OIEO £235,000

SIX BEDROOMS (FIVE DOUBLES)
SEPARATE RECEPTION ROOMS
EXTENDED KITCHEN WITH INTEGRATED APPLIANCES
FOUR PIECE BATHROOM WITH SPA BATH
GARAGE AND GARDENS
TEL: 01234 711481

NEW BUILD £185,000

THREE BEDROOM STONE AND BRICK TOWNHOUSE
OAK KITCHEN WITH FITTED APPLIANCES
DOWNSTAIRS CLOAKROOM
EN SUITE TO MASTER BEDROOM
LANDSCAPED GARDENS
TEL: 01234 711481

BOZEAT £175,995

THREE BEDROOM HOME IN CONVERTED CHAPEL
GOTHIC STYLE WINDOWS AND VAULTED CEILINGS
EN SUITE TO MASTER BEDROOM
KITCHEN WITH FITTED APPLIANCES
EN SUITE TO MASTER BEDROOM
TEL: 01234 711481

BLAKELANDS Guide Price £239,995

FOUR BEDROOM DETACHED HOUSE
CONSERVATORY
RE FITTED KITCHEN
EN SUITE TO MASTER BEDROOM & BEDROOM FOUR
GARAGE (PART CONVERTED)
TEL: 01908 611388

BLAKELANDS Guide Price £239,995

FOUR BEDROOM DETACHED
RE-FITTED KITCHEN
RE-FITTED BATHROOM
EN SUITE TO MASTER BEDROOM
SEPARATE RECEPTIONS
TEL: 01908 611388

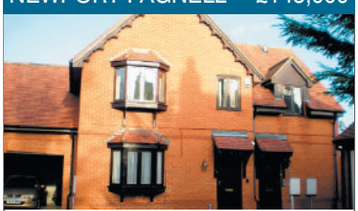
NEWPORT PAGNELL £174,995

THREE BEDROOM SEMI DETACHED
RE-FITTED KITCHEN
RE-FITTED BATHROOM
CONSERVATORY
GARDENS, GARAGE & OFF ROAD PARKING
TEL: 01908 611388

NEWPORT PAGNELL £130,000

ONE BEDROOM HOUSE
RE FITTED KITCHEN
RE FITTED BATHROOM
REAR GARDEN
ALLOCATED PARKING
TEL: 01908 611388

NEWPORT PAGNELL £145,000



TWO BEDROOM GROUND FLOOR APARTMENT
RE-FITTED KITCHEN
RE-FITTED BATHROOM
ALLOCATED PARKING
PHOTO SHOWS WHOLE BLOCK
TEL: 01908 611388

NEWPORT PAGNELL £200,000

BAY FRONTED SEMI DETACHED HOME
THREE BEDROOMS
SEPARATE RECEPTION ROOMS
SINGLE GARAGE AND OFF ROAD PARKING
LARGER THAN AVERAGE REAR GARDEN
TEL: 01908 611388

NEWPORT PAGNELL Guide Price £133,000

TWO BEDROOMS
END OF TERRACE HOME
CONSERVATORY
OFF ROAD PARKING
DOUBLE GLAZING AND GAS TO RADIATOR HEATING
TEL: 01908 611388

NEWPORT PAGNELL £150,000

TWO BEDROOM SEMI DETACHED
RE FITTED KITCHEN
DINING ROOM
RE FITTED BATHROOM
GARDENS & ALLOCATED PARKING
TEL: 01908 611388

Call Today for a free Market Appraisal

43 High Street, Olney, Bucks MK46 4BA
T 01234 711481 F 01234 240118
E olney@wilsonpeacock.co.uk
W www.mortgagescountrywide.co.uk

OEA Ombudsman estate agents
OFT Approved code

87 High Street, Newport Pagnell, Bucks MK16 8AB
T 01908 611388 F 01908 216109
E newportpagnell@wilsonpeacock.co.uk
W www.mortgagescountrywide.co.uk

Just a small selection of over 260 homes currently for sale. Full details on: www.carters.co.uk

ESTATE AGENTS CARTERS

CARTERS

PROPERTY OF THE WEEK
£204,000
- THREE BEDROOM DETACHED
- DRIVEWAY WITH PARKING
- ENCLOSED REAR GARDEN
- MUST BE VIEWED

TWO MILE ASH £89,995
- GROUND FLOOR MAISONETTE
- DOUBLE BEDROOM
- ALLOCATED PARKING
- GARDEN

WALNUT TREE £109,995
- GROUND FLOOR MAISONETTE
- TWO BEDROOMS
- NO UPPER CHAIN
- KEY IN OFFICE

BLUEBRIDGE £129,995
- 2 BED
- FITTED KITCHEN
- ENCLOSED REAR GARDEN
- OFF ROAD PARKING

FEGANS COURT £159,950
- 2 BED
- SEPERATE LOUNGE
- WARDEN ASSISTED
- CLOSE TO HIGH STREET

STOKE HAMMOND
£239,995
- THREE BEDROOM SEMI
- SINGLE GARAGE
- LARGE REAR GARDEN
- NO UPPER CHAIN

GREAT HOLM £139,950
- TWO BED SEMI-DETACHED
- KITCHEN/DINER
- GARAGE
- NO UPPER CHAIN

FURZTON £144,950
- THREE BEDROOMS
- KITCHEN/DINER
- GARAGE
- UPVC DOUBLE GLAZING

STONY STRATFORD £169,995
- 2 BED TOWN CENTRE LOCATION
- NEWLY FITTED KITCHEN & BATHROOM
- COURTYARD GARDEN

OLD STRATFORD £169,995
- 3 DOUBLE BEDS
- KITCHEN BREAKFAST
- OFF ROAD PARKING
- GARAGE

RACE COURSES
£215,000
- FOUR BEDROOM DETACHED
- CONSERVATORY
- ENSUITE TO MASTER BEDROOM
- NO UPPER CHAIN

SHENLEY BROOK END £144,950
- TWO BEDROOMS
- EN-SUITE
- GARAGE
- NO UPPER CHAIN

WILLEN £154,995
- THREE BED SEMI-DETACHED
- GARAGE
- SCOPE TO EXTEND (STPP)
- NO UPPER CHAIN

DEANSHANGER £175,000
- 4 BED
- KITCHEN BREAKFAST
- LONGE DINER
- GARAGE & PARKING

STONY STRATFORD £199,995
- 2 BED
- LOUNGE DINER
- KITCHEN BREAKFAST
- UPSTAIRS BATHROOM

NEWTON LONGVILLE £210,000
- THREE BEDROOM DETACHED
- NO UPPER CHAIN
- ENCLOSED REAR GARDEN
- DRIVEWAY WITH GARAGE

POETS ESTATE £189,950
- TWO BEDROOM BUNGALOW
- DRIVEWAY WITH GARAGE
- VACANT
- ENCLOSED GARDENS

GREAT HOLM £174,995
- THREE BED DETACHED
- REFITTED KITCHEN & UTILITY
- EN-SUITE
- GARAGE

BROUGHTON £195,950
- FOUR BED TOWNHOUSE
- TWO EN-SUITES
- GARAGE
- KEY IN OFFICE

WOLVERTON MILL
OFFERS IN EXCESS OF £230,000
- 4 BED
- SEPERATE RECEPTION ROOMS
- EN-SUITE • PARKING & GARAGE

STONY STRATFORD £249,950
- 4 BED
- LOUNGE DINER
- 2 BATHROOMS
- CELLAR

TREES ESTATE £159,995
- THREE BEDROOMS
- CLOSE TO TOWN
- CHARACTER FEATURES
- GOOD SIZE GARDENS

FENNY STRATFORD £154,995
- THREE BEDROOM TERRACE
- GOOD DECORATIVE ORDER
- SEPARATE RECEPTIONS
- NO UPPER CHAIN

GREAT HOLM £239,995
- FOUR BED DETACHED
- THREE RECEPTIONS
- RE-FITTED KITCHEN
- BATHROOM & SHOWER ROOM

NEWPORT PAGNELL £249,995
- FOUR BED DETACHED
- REFITTED KITCHEN & UTILITY
- SEPARATE RECEPTIONS
- OVERLOOKS OPEN GREEN

NEW BRADWELL £249,995
- 3/4 BED
- DETACHED BUNGALOW
- LARGE GARDEN
- LOUNGE & CONSERVATORY

TWO MILE ASH £275,000
- 3 BED
- DETACHED BUNGALOW
- LOUNGE DINER
- CORNER PLOT

BLETCHLEY £149,995
- THREE BEDROOM TERRACE
- SEPARATE RECEPTIONS
- ENCLOSED REAR GARDEN
- TOWN CENTRE

OFF BUCKINGHAM ROAD £149,995
- THREE BEDROOM SEMI
- GOOD DECORATIVE ORDER
- LANDSCAPED REAR GARDEN
- NO UPPER CHAIN

OXLEY PARK £299,995
- BRAND NEW
- FIVE BEDROOMS
- TWO EN-SUITES
- CALL FOR MORE DETAILS

SHENLEY BROOK END £304,995
- FOUR BED DETACHED
- SEPARATE RECEPTIONS
- CONSERVATORY
- DOUBLE GARAGE

STONY STRATFORD £285,000
- 4 BED
- SEPERATE RECEPTION ROOMS
- OFF ROAD PARKING
- GOOD SIZE REAR GARDEN

STONY STRATFORD £350,000
- 3 BED
- 3 RECEPTION ROOMS
- KITCHEN DINER
- EN-SUITE

01908 646699
Bletchley
bletchley@carters.co.uk www.carters.co.uk

01908 696800
Milton Keynes
miltonkeynes@carters.co.uk www.carters.co.uk

01908 561010
Stony Stratford
stony@carters.co.uk www.carters.co.uk

01908 630100

Stratfords

01908 630100

Residential lettings

BLETCHLEY

* Brand New 1 & 2 Bedroom Apartments
* Fully Fitted Kitchens
* Private Parking
* Available NOW

From £495 pcm

KNARESBOROUGH CT, BLETCHLEY

* 2 Bedroom Apartment
* Either furnished or Unfurnished
* Large Lounge & Fitted kitchen
* Private parking & Available NOW

£695 pcm

BUCKINGHAM RD, BLETCHLEY

* 1 Bedroom Groung Floor Flat
* White Goods in the kitchen
* Off road parking space
* Available SOON

£525 pcm

TREE'S BLETCHLEY

* 3 Bedroom End Terraced House
* Lounge & Separate Dining Room
* Close to Town Centre & Train Station
* Available NOW

£725 pcm

MURSLEY

* Excellent 3 Bedroom Detached Bungalow in private location
* Stunning Views over Fishing Lake & surrounding fields
* Large Garden & Ample Parking & Paddock
* Available End January

£995 pcm

THE HUB, CENTRAL MILTON KEYNES

* Brand New 2 bedroom apartment
* En-suite to master bedroom
* Secure underground Parking
* Available NOW

£795 pcm

LET ONLY £299 + VAT CALL FOR MORE DETAILS

2 &3 BED PROPERTIES URGENTLY REQUIRED

MORE PROPERTIES URGENTLY REQUIRED

Buy or sell your property fast!

You CAN rely on us...

MKPROPERTY

- Over 139,000 people read MK NEWS every week.
- MK NEWS is given out at MK railway station from 6.30am every Wednesday morning
- Every copy of MK NEWS is stapled and therefore tidy and convenient to read.
- MK NEWS is the paper of choice for the leading estate agent in Milton Keynes

t: 01908 242490

MKNEWS

www.mk-news.co.uk

advertising@mk-news.co.uk

Tel: 01908 282820
Fax: 01908 282862

BEASLEY & PARTNERS
Residential Sales & Letting Agents

6 High Street
Woburn Sands

Property to let

ASPLEY GUISE £1,000pcm

A four bedroom semi detached property with two reception rooms and single garage. Unfurnished. Available now.

MONKSTON £750pcm

A rarely available two bedroom detached bungalow on a large plot with workshop/utility room. Available now. Unfurnished.

WAVENDON £750pcm

A two bedroom ground floor apartment with communal grounds of approx 3 acres. Furnished. Available 15/01.

WOBURN £720pcm

A refurbished three bedroom mid terrace property close to local High Street with off road parking. Unfurnished. Available now.

HUSBORNE CRAWLEY £720pcm

A refurbished three bedroom mid terrace property with off road parking and brick barn. Unfurnished. Available now.

ASPLEY HEATH £975pcm

A spacious two double bedroom ground floor apartment in a quiet and wooded location. Part furnished. Available 30/01.

EVERSHOLT £870pcm

A two/three bedroom end of terrace cottage situated in a rural location with superb views over surrounding countryside. Unfurnished. Available now.

WOBURN SANDS £660pcm

A one bedroom mid terrace cottage with upstairs office/dressing room. Unfurnished. Available 30/01.

Website: www.beasley-partners.co.uk • Email: justask@beasley-partners.co.uk

Hundreds of new vacancies every week!

To Advertise Your Vacancy
Call 01908 242490 Fax 01908 689550 Email classified@mk-news.co.uk
Advertising Deadline: Tuesday 5.00pm

Jobsnow
www.jobsnow.co.uk

St Thomas More Catholic School

Tyne Crescent
Bedford
MK41 7UL

1 Teaching Assistant

Level 2

Required immediately

The successful applicant will be required to work with children with special Educational needs at Key Stages 3 and 4. Whilst experience is preferred it is not essential. However applicants should have a good level of literacy and numeracy and some experience of working with this age group.

Salary Scale 2A (10 – 13) £13725 - £16351
(37 hrs week - term time only)

Closing date 16 January 2008

St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening.

Application form and further details from School Office

(01234) 400222
email@stm.beds.sch.uk

humanities

Part time
MOTHERS HELP
required.

Excellent rates of pay.
General household duties and a small amount of childcare involved.
Must have own car.

For further information please call Jo on 07786 114957

NURSES: Ambition24hours can provide you with nights, long days and weekend work for RGN'S, RMS'S, A&E, ITU and HDU nurses. Typical pay per night shift £290. Tel 08718 733350 or interview@ambition24hours.co.uk (agy).

CARE ASSISTANTS Work for Ambition24Hours and earn up to £500 per week. Tel 08718 733350 or interview@ambition24hours.co.uk (agy)

CLEANERS REQUIRE Walnut Tree, Milton Keynes. Mon-Fri 3.30pm - 5.30pm. Woburn Sands Sat & Sun 9am - 11.45am. Call 01933 315872.

TRAIN TO BECOME A LORRY DRIVER OR COACH DRIVER
COMMERCIAL TRANSPORT TRAINING
PROVEN HIGH PASS RATE
ADR Courses arranged
Weekend training available
Tel: Leighton Buzzard (01525) 370862
Established 1979

Person Required

To input feedback on spreadsheets and send and reply to emails. Work from home. Some telephone work will be required. Must have own computer, printer and broadband. Experience with MS Word and Excel essential. 10-20 hours per week - hours to suit you.

£6.00+ per hour

Email CV to: adtrend@aol.com

BECOME A DRIVING INSTRUCTOR

- NO PREVIOUS EXPERIENCE REQUIRED
- FLEXIBLE WORKING HOURS
- FULLY MAINTAINED CAR
- EARN UP TO £600 PER WEEK!
- UNRIVALLED TRAINING LOCAL TO YOU

FOR MORE INFORMATION FREEPHONE
0800 288 8855
www.go-red.co.uk

3½ year UK/EU driving licence required. Course fees apply. 6+ points may prohibit application. Ref 115

Roade School Sports College

Stratford Road, Roade, Northampton NN7 2LP
Tel: 01604 862125 Fax: 01604 863912
E-mail: roadeschool@btconnect.com

At Roade School, we are proud of our specialist sports status, which is the framework for our work to raise achievement and to promote the personal development of all our students. Staff and students work purposefully together in an environment rich in tradition but which also embraces modern working practices and technology. A very favourable student to teacher ratio allows every student to flourish and prepare for the life ahead of them.

Part Time Subject Leader & Teacher of Drama TMS (.5)

(TMS & TLR2a of £1,211)

We are seeking a creative and imaginative Teacher of Drama in all key stages from 20 April 2009 for a job share position within our school. The successful applicant will become part of an accomplished and innovative team of arts teachers who specialise respectively in Dance, Drama, Media Studies and Music. The post-holder will teach and share the leadership of the subject for 5 days per fortnight. The working days would be week 1: 2 days and week 2: 3 days. A firm theoretical understanding underpins the work we do in each of the key stages, and this quality would be an asset to any candidate, as well as to the team.

Closing date: Friday 16th January 2009
Interviews: w/c Monday 19th January 2009

We are a medium sized comprehensive school of over 1,100 pupils aged 11-18 and we are committed to their safeguarding.
Successful applicants will be subject to identity and enhanced CRB checks.

We are an equal opportunities employer and welcome applications from all sectors of the community.

For an application form please contact the 24 hour vacancy line on **01604 861188** or email to ducketta@roadeschool.northants.sch.uk

Please note that we do not accept CV's.

Roade School Sports College

www.roadeschool.northants.sch.uk

The Radcliffe School

Aylesbury Street West, Wolverton,
Milton Keynes MK12 5BT
Telephone: 01908 682 222
Fax: 01908 682 200
Headteacher: John O'Donnell

QUALIFIED TEACHERS REQUIRED (MPS)

Maths, Science, Humanities and/or Citizenship and PE
(male or female)

We require qualified teachers to join our forward thinking school from Easter 2009 or sooner. This is an excellent opportunity for imaginative, creative and inspiring teachers to work in a supportive and energetic environment where students are making significant and sustained progress. We would welcome applications from Advanced Skills Teachers in Science. A TLR may be available for a qualified maths teacher to lead a Key Stage from September 2009.

LEARNING MENTOR

£14,976.76 (based on 37 hours per week, 40 weeks per annum)

We require a Learning Mentor to join our well established team to plan, organise and deliver personal, social and learning support to specific students. You will link with staff, parents and a range of other support agencies to identify ways in which students can overcome barriers to learning and achieve their potential. Experience of helping young people to develop their emotional self-esteem and social skills is desirable.

EXAM INVIGILATORS

£6.70 per hour

We are looking to appoint additional Exam Invigilators to join our team to help with the summer examination period from mid May to the end of June. The main task will be quietly supervising examinations and making sure that they are carried out correctly. The successful candidates will need to be able to relate to and work with students and staff, be effective communicators and extremely reliable. Hours of work are variable, depending on examination requirements. experience is desirable but not essential as training will be provided.

Please send in your CV with a covering letter to John O'Donnell, Headteacher, by Monday 19 January 2009. For more information please contact Jo Moloney on 01908 682 289 or jo.moloney@radcliffeschool.org.uk. The Radcliffe School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. This post requires an enhanced Criminal Records Bureau disclosure. We are an equal opportunities employer.

SALES ADMINISTRATOR/PA

SALARY DEPENDING ON EXPERIENCE

IMMEDIATE START

Based in Newport Pagnell for the New Homes division of Taylors and Wilson Peacock Estate Agents. Working with three office based Managers and further field based teams.

You will be an experienced key team member who knows the way around the usual computer tasks, and be able to work on your own initiative, whilst working hard with a smile on your face. Happy with dealing on the telephone at all levels and organising the office.

Immediate start is a requirement.

In the first instance call 01908 612841 for an informal chat.

land & new homes Countrywide
The UK's largest specialist land and new homes agency

Woughton Parish Council

Woughton Parish Council is a forward looking progressive Parish Council with a budget in excess of £1/2 million a year with over 20 staff, serving a largely disadvantaged area in Milton Keynes of 13,000 people. We currently seek to appoint a Chief Executive Officer to act as Formal Head of Paid Service.

Chief Executive Officer

LC3 £32,380 – £36,730

Applicants should have considerable experience with managing change and implementation of policies and strategy. The post holder will:

- Have the ability to take organisational development to the next level
- Act as principal advisor to Councillors
- Provide an effective executive link with partners and other agencies as well as the Community and the Council

Professional qualifications in business, leadership or management will be essential; a degree would be an advantage. The ability to communicate at all level, both orally and in writing, the ability to chair meetings, deliver presentations, produce reports. Computer literacy is essential.

The position is office based and will require some travel. Weekend and evening work will also be required. In return we offer Local Government Pension scheme and 27 days of holidays.

To register your interest please contact Magda Zamojska on 01908 395681 or magda@woughton-pc.gov.uk or for an informal chat contact the Chair Cllr Kevin Wilson on 07702114259 or kevin.wilson@woughton-pc.gov.uk

Closing date for applications, 2nd February 2009
Interviews 19th and 20th February 2009

Jobsnow
www.jobsnow.co.uk

HUNDREDS OF NEW VACANCIES EVERY WEEK!
ADVERTISE YOUR VACANCY
t:01908 242490
e:recruitment@mk-news.co.uk

BUCKINGHAMSHIRE AND MILTON KEYNES FIRE AUTHORITY

PREVENTING • PROTECTING • RESPONDING

Driving Instructor x 2

Salary Scale: Band 1 C 3 - £21,586 - £22,556

Buckinghamshire Fire and Rescue Service are looking for two Driving Instructors to join their team based at Haddenham Fire Station.

You will be responsible for providing instruction on all aspects of LGV and Emergency Response driver training. You will also identify skill shortfalls and resolve training needs.

Desirable requirements include qualification as a Driving Standards Agency LGV examiner and as an Emergency Fire Appliance Driver Instructor. Training would be available if these qualifications are not held.

You must be flexible in your approach to working hours and be able to demonstrate good communication skills. This is a full time permanent post of 37 hours per week.

You will be employed under Local Government Green Book Terms and Conditions.

To obtain an application pack please call our recruitment line on 01296 744670 and clearly leave your name and address or you can obtain an application pack via our website at: www.bucksfire.gov.uk

Completed applications should be returned to Alex Jones, Human Resources Department, Buckinghamshire Fire & Rescue Service HQ, Stocklake, Aylesbury, Bucks, HP20 1BD.

Closing Date: Friday 9th January 2009

Interview date: Monday 19th January 2009 and Friday 29th January 2009.

The Buckinghamshire & Milton Keynes Authority is an Equal Opportunity Employer and welcomes applications from men, women, members of ethnic minority groups and all other sections of the community.

Jobsnow

www.jobsnow.co.uk

Hundreds of new vacancies every week!

To Advertise Your Vacancy
Call 01908 242490 Fax 01908 689550 Email classified@mk-news.co.uk
Advertising Deadline: Tuesday 5.00pm

ELECTRICAL/MECHANICAL ENGINEER

BIGGLESWADE

We require a multi-skilled Electrical/Mechanical Packaging Engineer for our factory producing household products. You will be working as part of a small team responsible for the set up and maintenance of liquid and powder filling and packaging machinery.
Duties will include rectification of electrical faults on both single phase and three phase equipment, rectification of mechanical and pneumatic faults, carrying out planned maintenance and general site maintenance, starting up and closing down of factory. You will be educated to City and Guilds and/or NVQ standards. Salary range AAE.
Send CV to: M S George Ltd, Merevale House, Parkshot, Richmond, Surrey, TW9 2RG. Email: hr12@msg.co.uk Fax: 020 8332 1771

£10 - £15 ph delivering brochures free info call 0800 7810074 (18+) www.freeinfopack.net

Jobsnow
DON'T WAIT FOR YOUR PERFECT JOB
- PLACE YOUR CV ONLINE WITH US NOW!

Abbey Middle School
Mowbray Road, Bedford
Number on roll; 280
Tel; 01234 401401, Email;
abbeymidd@deal.bedfordshire.gov.uk

Abbey is an improving school with positive pupils and friendly staff. We are committed to improving the life chances of our young people.

Required for January 2009

Teaching Assistants : Scale 2A 10-13

To work alongside and support our pupils with their educational needs

We need people to support the learning of pupils aged 9 - 13

Full professional development will be provided

Posts are term time only

Full details of the post are on our website on

We are fully committed to ensuring our children are safe, and safeguarding checks will be required for all successful applicants

Mrs Fox is available for tours of the school or informal discussions on Wednesdays, Thursdays and Fridays.

Closing date; Monday 12 January
Interviews; Wednesday 14 January

CASH PAID WEEKLY +BONUS to del/coll Betterware books. Flexible hrs, NO OUTLAY 0845 125 5000.

£147 per week p/t 18+ delivering and collecting catalogue. Tel (01223) 281063. www.chequethisout.info

OUSEDALE SCHOOL

SENIOR CLASSROOM ASSISTANT

MK4 (£10,723 - £12,583 actual pay)

MK6 available for a person who has achieved the Higher level teaching assistant (HLTA) standards

30 paid hours per week (term time + 5 Inset days)

We require, as soon as possible, a Senior Classroom Assistant to work in our newly established personalised learning base. The appointed candidate will play a leading role in the development of both this post and the area in which they work. Hours: 8.45 a.m. – 3.15 p.m.

Please find more details on www.ousedale.org.uk.

The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. An enhanced CRB will be required.

Please apply by CV and letter addressed to Sue Carbert, BEd MEd, Deputy Headteacher.

Closing date: Thursday 15th January 2009 at 3 p.m.

The Grove, Newport Pagnell, Bucks, MK16 OBJ.
Tel: 01908 210203 Fax: 01908 216574
Email: ousedale@milton-keynes.gov.uk

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Family Group Conference Co-ordinator

£28,270 - £33,231 **Ref: 50017184/MKN**

You will act as an independent co-ordinator of complex family group conferences while supporting the development of the service by coaching colleagues and training staff from within the council and from partner agencies. Skilled in managing conflict, you will have professional experience of working with children, young people, and families and a full driving licence.

For informal enquiries please contact Anne Barlow on 01908 392241.

Closing date: 23 January 2009.

Interviews: 6 February 2009.

Admin Assistant - Training

£15,524 - £18,217 **Ref: 50012239/MKN**

You will provide a registration operation for our training programme and organise the facilities and services to meet requirements. You will also provide high quality administrative, clerical, and secretarial support to the Early Years and Childcare Team, including handling enquiries from individuals and organisations, and setting up electronic and paper filing systems. A proven track record of providing direct administrative support will be essential.

For informal enquiries please contact Gwen O'Sullivan on 01908 254526.

Closing date: 23 January 2009.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

We are unable to accept CVs, unless accompanied by a completed application form.

It's ability, not disability that counts

MILTON KEYNES COUNCIL

Shenley Brook End School
Headteacher: Mr Glen Martin
Walbank Grove, Shenley Brook End,
Milton Keynes MK5 7ZT
Tel: 01908 520264 Fax: 01908 520265

Looking for a new job for 2009? Would you like to join our very successful school?

CURRICULUM TEAM SUPPORT ASSISTANT. Grade 5 £17,574-£21,244 per annum pro rata, actual salary £14,162–£17,200 per annum. Hours 8.30am-4.00pm Monday to Friday, 35 hours a week, term time plus training days (39 weeks a year). You will provide cover for absent teachers across the school and administrative support for the Team Leaders of business studies and social sciences. You will preferably be educated to A level standard or equivalent.

ADMINISTRATORS. Grade 4 £15,524- £18,217 per annum pro rata. (VLE post 20 hours a week, negotiable but preferably four per day, term time plus training days and exams post 32.5 hours a week, Monday to Friday, 8.30am-3.30pm, term time only with some flexibility required to accommodate exam periods and results days.) The VLE post is to provide administrative support for our Virtual Learning Environment (VLE). You will work with staff to develop the use of the VLE, be responsible for the day-to-day management of the VLE and work with ICT technicians to resolve technical issues. You will be confident in the use of ICT and learn new software skills quickly. The exams post is to assist the Exams Officer for which you will need good ICT and administration skills, enjoy working as part of a team and be confident speaking to an audience

TEACHING ASSISTANT. Grade 3 £13,382-£15,849 per annum pro-rata, actual salary £9,765-£11,565 per annum for 32.5 hours a week, 8.30am-3.30pm Monday to Friday, term time only (38 weeks a year). Joining our SEN team, you will work with students who have a variety of needs. You need to have a minimum of GCSE Grade C in maths and English Language (or equivalent) to be able to support the students.

MIDDAY SUPERVISORS. Grade 1 £12,125 pa pro rata, actual salary £1,769 per annum. Hours are 6.5 hours per week, 12.30pm–1.45pm, (plus a 15 minute weekly meeting), term time only. Duties are to help ensure a pleasant lunchtime. You will supervise students inside, outside and clean the dining areas.

Details of any of the above posts and an application form are available on our website www.sbeschool.org.uk, via e-mail to personnel@shenleybrookend.milton-keynes.sch.uk or by telephoning 01908 520265. Closing date: 1.00pm Wednesday 21 January 2009.

The school is committed to safeguarding and promoting the welfare of children and the successful candidate will be subject to an enhanced CRB disclosure.

GERMANDER PARK SCHOOL
1 Germander Place
Conniburrow
Milton Keynes
MK14 7DU
Email: germanderpark.school@milton-keynes.gov.uk
Interim Headteacher: Mrs J Baron

Looking to appoint a Bursar to start as soon as possible.

Salary: MK6 £5,543.73 - £6,770.08 (Actual)
Permanent Part Time, 12 hours per week.
Working 38 weeks per year.

We are seeking to appoint an experienced Bursar for our welcoming school.

We are looking for a talented individual with experience of working in a school.

We are looking for someone with:

- Excellent IT and organisational skills
- Excellent relationships and interpersonal skills
- Experience of school finance and personnel
- A flexible and self motivated attitude
- Commitment, energy and a sense of humour.

Visits to the school are most welcome. For an application pack, please call the school office on MK 674620. If you would like an informal discussion about the post, please call Jackie Baron, Interim Headteacher.

Closing date: 23rd January 2009.
Interview date: 4th February 2009.

We are committed to safeguarding and promoting the welfare of children and young people and this post is subject to an enhanced CRB check.

We are an Equal Opportunities Employer.

It's ability, not disability that counts

MILTON KEYNES COUNCIL

Jobs at Milton Keynes College, Whatever Your Direction

Milton Keynes COLLEGE

Management
Higher Education
Life Skills
Professional
Vocational
Offender Learning
Student Support
Academic
Staff Support

• Education Manager – HMP Grendon & Springhill (near Aylesbury)
• Lecturer: Key Skills Construction • Construction Technician
• Senior Admissions Advisor • Administration Assistant (Examinations)
Closing date for the above positions: Friday 23rd January 2009
• Lecturer: Sport Science
Closing date for the above position: Wednesday 21st January 2009

"The College is a warm and friendly place to work both in terms of the people and the building itself. Since joining, my teaching career has really developed, I have received ongoing support and encouragement which help you to feel valued and appreciated as an employee"
– **Zoe, Course Leader, Art, Design & Media**

We've just updated our website with new vacancies:
Visit: **www.mkcollege.ac.uk**
Call: **01908 684327** (answer phone)
Email: **recruitment@mkcollege.ac.uk**

Investors in Diversity

Hundreds of new vacancies every week!

To Advertise Your Vacancy
Call 01908 242490 Fax 01908 689550 Email classified@mk-news.co.uk
Advertising Deadline: Tuesday 5.00pm

Jobsnow
www.jobsnow.co.uk

Secure your future....
....and earn up to **£430** per week!

Meter Readers • Bedford & Surrounds

Join Meter-U and you could be on your way to a rewarding career. Part of the global Spice plc, we're expanding in your area and seeking hard working people with their own cars to read meters locally. We'll provide the training and equipment, plus fantastic earning potential, you just need self motivation and the desire to succeed! And it doesn't end there - if you prove yourself within the first 4 months, we'll even provide everything you need to set up your own franchise!

Interested? Then apply online at:
www.meter-u.com

METER-U

All interviews will be held locally

QUALIFIED NURSE
Full-Time or Part-Time for Day Shift, alternate weekends

CARE ASSISTANT (Nights)
Three nights per week, 9pm-7.30am

required to join friendly and progressive team at Park House Nursing Care Centre in Sandy.

Excellent hourly rates and great working conditions. Continuing education supported. CRB check will be required.

Contact: Margaret Westall, Matron/Manager on 01767 692186 or 07880 792913 today (Sunday).

Merry Maids

Require a keen reliable member of staff to join an expanding professional domestic cleaning company.

A full driving licence and car are required

Experience preferred but not essential as full training will be given.

Hours are between 9.00am and 2.30pm Mon to Fri.

Phone 01908 262640

Reliable house keeper / mothers help required.
Mon - Thurs
7:00 - 1:00,
15:00 - 19:00,
28 hours per week for busy family.
Driving license essential.
£8 per hour.
07737 476816.
Deadline 14th Jan

Heating Engineer

required for domestic boiler servicing and breakdowns in Milton Keynes area

must be CORGI registered

Call 01376 323037

OFFICE CLEANER REQUIRED

AT TILBROOK
MILTON KEYNES
MON - FRI
6:30 - 9:00PM

PLEASE TELEPHONE
01908 508757
AND LEAVE YOUR DETAILS

EXTRA INCOME!
Start Your Own
HOME BUSINESS

- Full Training & Support
- Computer-based System
- Low Start-Up Costs
- Part-Time or Full-Time

Apply for Qualification Pack at
www.BloomingWealthy.co.uk
Or call 08454 287884 for details

Share your passion for your profession

Barnfield
setting the standard

Nursery Nurse
Barnfield Westbourne Campus, Bedford
£12,841 per annum
Maternity Cover - 30 hours per week
(initially until the end of June 2009)

The successful candidate will be flexible and committed, with a minimum qualification of NVQ II, DPP or equivalent is essential. Achievement at NVQ Level III, BTEC National Diploma or equivalent would be an advantage. Day Care experience would be preferred, however applications from those recently qualified will be warmly welcomed. This position offers an excellent opportunity for those beginning, or returning to, a career in Nursery Nursing. In keeping with its College setting, Staff Development and In-service Training is given a high priority by the Nursery Management.

Quote reference: 915
Closing date: Friday 23 January 2009
Interview date: Friday 30 January 2009

Join the highly motivated and enthusiastic team in this Beacon College, graded 'outstanding' by Ofsted. Contact Human Resources on: **01582 569812** email **recruitment@barnfield.ac.uk**

Ofsted Outstanding 2006|2007 · INVESTORS IN PEOPLE CHAMPION · CHARTER MARK CUSTOMER SERVICE EXCELLENCE · QIA Beacon Status

one purpose one team one standard **www.barnfield.ac.uk**

PILGRIMS PRE-PREPARATORY SCHOOL
AN EARLY YEARS FOUNDATION STAGE TEACHER IS REQUIRED

To cover for maternity leave as soon as possible until the end of school year

Are you experienced, enthusiastic, inspiring, creative and dedicated?

Would you like to join us to teach as part of our Nursery team?

For further details contact Mrs Barbara Courtney on 01234 369555 or email: pilgrims@harpur-trust.org.uk

An application form is available to download from our website at www.pligrims-school.info

Closing date for applications January 20th 2009

BECOME AN ENERGY ASSESSOR

- Flexible part or full-time career opportunities available
- Residential, Commercial & Multi-Skilled Assessor trainees needed
- No experience necessary
- Candidates urgently required to start Government's ABBE approved training now

Ref: MT1808

FOR AN INTERVIEW CALL
0845 0175 010
LINES OPEN: 9 – 7 WEEKDAYS & 9.30 – 1.30 SATURDAYS

Aldwyck HOUSING GROUP

Affected by the Credit Crunch? ...not us ...we're expanding! ...Our Care Services can give you a career with prospects and security

Support Workers — Bedfordshire
Starting Salary: £12,400 - £13,800 pa (pro-rata for part-time) plus NVQ 2 recognition, allowances for sleep-in, waking nights, residential holidays and clothing
Are you keen to work with people, respectful, flexible and would enjoy working as part of a supportive team? Our residents need practical day to day support or may have profound learning and physical disabilities but still want to enjoy life to the full. Experience not essential as full training will be given.

Supported Living Client Group
Full Time (39 hours) Elstow Road, Kempston — Ref: ELS17
Full-Time (39 hours) Downfield Way, Kempston — Ref: DNF25
Part-Time (hours negotiable) Harter Road, Kempston — Ref: HART02

Profound Learning and Physical Disability Client Group
Part-Time (20 hours) Barton-le-Clay — Ref: BTN36
Part-Time (20 hours) Harrold Village — Ref: DOV38
Full-Time (39 hours) Bedford, off Goldington Road — Ref: HOU32
Full-Time (39 hours) Bedford, Putnoe area — Ref: PUT39
Full-time (39 hours) Potton Village — Ref: POT45
Part-Time (hours negotiable) Potton Village — Ref: POT46

Deputy Home Manager — Ref: POT47
Starting Salary: £19,600 - £23,050 pa
Potton Village, Bedfordshire — Hours: 39 per week
You will assist the Home Manager to enable individuals to live full, independent lives. You will possess proven supervisory experience of people with learning disabilities, the ability to use your own initiative and work as part of a team. A relevant qualification (NVQ4, City & Guilds in Care, DIPSWA, RNMH etc) would be useful, but not essential.

Part-time Housekeeper — Ref: POT41b
Starting Salary: £11,918 - £12,400 pa (pro-rata) Hours: 8 per week
You will carry out general cleaning duties in the care home including, hoovering, cleaning the kitchens, bedrooms and bathrooms and removing waste.

We also require **Temporary Relief Support Workers** to work as and when required across all our Care Homes in Bedfordshire. Rate of Pay: £6.11 - £6.80 per hour.

We're supporting AGE POSITIVE

All posts attract up to 30 days annual leave, staff reward schemes, full training, team support, and much more...

All posts subject to CRB checks.

INVESTOR IN PEOPLE · POSITIVE ABOUT DISABLED PEOPLE

To apply quote reference no. and either call 01582 869222 or email recruitment@aldwyck.co.uk or log on at www.aldwyck.co.uk and apply online or come in for a friendly chat about the vacancies over tea or coffee at **THE CARE CAFÉ** on Thursday 8th January 2009 from 9.30am until 12.30pm at Priory Methodist Church, 63 Newnham Avenue, Bedford, MK41 9QJ.

Closing Date: 18th January 2009

Aldwyck seeks a balanced workforce reflecting the community it serves.

www.aldwyck.co.uk

40 YEARS DELIVERING EXCELLENCE SINCE 1968

Recruitment Agency Listing

Working Solutions
THE RECRUITMENT SPECIALIST FOR TEMPORARY & PERMANENT OFFICE AND INDUSTRIAL STAFF
Tel: 01908 540640
Fax: 01908 540646
info@wsrs.co.uk
www.wsrs.co.uk
Working Solutions, 500 Avebury Boulevard, Central Milton Keynes MK9 2BE
Tel: 01908 540640 Fax: 01908 540646

Page Personnel
Permanent and Temporary Accounts and finance staff
Tell: 01908 240545
Fax:01908 355999
4th Floor, Acorn House, 393 Midsummer Boulevard, Milton Keynes MK9 3HP
miltonkeynes@pagepersonnel.co.uk

KEY INDUSTRIAL STAFF
Specialist supplier of permanent & temporary staff for the engineering & technical industry.
01908 698345
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ
email pete.riches@key-industrial.co.uk

dp Recruitment Specialists
HR Recruitment Specialists
Tel: 01908 608090
email
michelle@dandp.uk.com

dp Recruitment Specialists
Solicitors and Support Staff
Specialist Recruiters
Tel: 01908 608090
email
jackie@dandp.uk.com

dp Recruitment Specialists
Drivers
HGV 1
HGV 11
7½ Tonne Mates
Tel: 01908 633521
email
callie@dandp.uk.com

If you are a **Recruitment Agency** and wish to advertise in this listing call **Catherine** on **01908 242490**
www.mk-news.co.uk

Jobsnow

www.jobsnow.co.uk

Hundreds of new vacancies every week!

To Advertise Your Vacancy
Call 01908 242490 Fax 01908 689550 Email classified@mk-news.co.uk
Advertising Deadline: Tuesday 5.00pm

MKCVYS

Milton Keynes Council for Voluntary Youth Services is the infrastructure organisation for the voluntary and community youth sector in Milton Keynes.

STRATEGIC MANAGER

Salary Grade: £35,852 – 41,228
18.5 hours per week pro rata
Do you have the strategic knowledge & skills to manage & develop this vibrant infrastructure organisation?
This degree level post requires experience of management at a senior level in the voluntary sector, an understanding of the Children's Trust, and knowledge of the issues affecting young people and voluntary sector youth organisations within the current commissioning & contracting environment. It is hoped to secure funds in 2009 to make this post full time (or job share 2 half time posts).

PART TIME OUTREACH DEVELOPMENT WORKER

Pay Scale: £7.65 - £9.81 per hour
Hours: 4 hours per week (on average) over 40 week's p.a.
Project to run from October 2008 to March 2011
The post holders will work with both new and existing voluntary youth groups to develop a supportive relationship, offer MKCVYS services, sign new groups to the Voluntary Sector Web Portal and build a comprehensive database of information on voluntary youth groups. You will need an understanding of the needs of young people, of adult volunteers and voluntary youth groups, and an ability to engage with both adult volunteers & young people.
Both posts are based in Milton Keynes and involve travelling around the borough.
Closing date for applications: 29th January 2009
Interview date Manager: 13th February 2009
Interview date Part time Outreach Worker: to be confirmed.
To receive an application pack please call Linda Gladden on 01908 562202 or email – admin@mkcvys.org.uk, stating which post you are interested in.
Registered charity no. 284837.

St THOMAS MORE CATHOLIC SCHOOL

Tyne Crescent, Bedford
MK41 7UL
Tel: 01234 400222

Website: www.st-thomasmore.org.uk
'An outstanding Catholic school'
(Section 48 Inspection – January 2008)
Headteacher: Alan Lee

COVER SUPERVISOR
MATERNITY COVER

We are seeking to appoint a cover supervisor to provide classroom support in the absence of a regular teacher. The successful applicant will be able to help pupils undertake their allotted tasks and deal with any problems which occur. The post holder will be an integral part of the teaching staff of the school and will report to the Deputy Head Teacher. They will not be responsible for setting work but will be expected to support the Christian ethos of the school and the successful behaviour management programme we adopt. Full training will be provided where required but our prime object is to recruit a capable and confident individual with good communication skills to join our team. There is a possibility that this position will become permanent.

Salary Scale 3 (15-21) £13725 - £16351
(37 hrs week – term time)

Closing date: 16 January 2008

St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening.

For application forms please contact the Main Office 01234 400222.

humanities

Debt Recovery Officer

£16,000 - £18,000

Mouchel is a professional support services group, which helps clients in the public sector and regulated industry to provide better everyday services to customers and communities. Its combination of professional, commercial and technical expertise enables clients to improve their strategy, services, people and asset management. Operations include highways, rail, property, housing, gas, water, and management consultancy in a wide range of disciplines. We employ around 11,000 people in more than 100 offices across the UK, Ireland and internationally, and have a turnover in excess of £375m.

To undertake the role of debt recovery officer within the Debt Recovery Unit of Exchequer Services. You will report to the Exchequer Manager/ Senior Debt Recovery Officer in order to recover monies from the debtors to Milton Keynes Council or identified organisations. You will prepare Debt write off schedules for formal approval and recommend and assist with the referral of aged debts to external collection agencies. SAP is the main system used within this service.

It's important you have direct experience of working in an office, and are familiar with both spreadsheets and computerised financial systems. We are looking for the ability to work accurately and interpret financial information. In addition, you will have the communication skills to develop productive working relationships with colleagues, as well as assist with resolving queries. Ideally you will have experience of Local Authority working and knowledge of Debt Recovery roles and procedures.

You should be a key team player as well as have the ability to work on own initiative.

For informal enquiries please contact Tony Garth on 01908 253612.
Closing date: 23 January 2009.
Interviews: 05 February 2009.

mouchel

A great day out for all...

...you make it happen!

Visitor Operations Team Members

£14,440 pa pro rata

Joining the Visitor Operations team at **Wrest Park** will ensure one thing, variety.

From helping to achieve sales targets, selling merchandise and promoting membership, to maximising visitor enjoyment, working on new hospitality business and ensuring the site is immaculately presented, there really is a great deal for you to get involved in.

As you would expect, customer service is a top priority, so you must be a real people person with first class communication skills. Not only that, you will have a natural sales talent and the ability to engage with visitors and recognise income generating opportunities.

Team work, flexibility and initiative all feature highly on our list of requirements. Show us you have these skills and you could be working within beautiful historic surroundings this Spring.

There are a variety of work patterns available from April to October. The ability to work regular weekends, Bank Holidays and Events is essential.

To discover more and apply, please visit
www.english-heritage.org.uk/jobs
We are unable to accept CVs.
Closing date: 23 January 2009.
Interview date: 3 and 4 February 2009.
Tel: 01223 582700

MINICOM, FOR TEXT PHONES ONLY, 0800 0150516.

English Heritage values diversity and aims to employ people who reflect this.

ENGLISH HERITAGE

Aerospace Design Engineer £25,000

Demonstrable practical experience in digital electronics. Experience in military or aerospace design would be an advantage. To take responsibility for deign, validation, verification, certification and maintenance tasks for new and existing FPGA designs.

01908 698345 Pete Riches
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ
Email: pete.riches@key-industrial.co.uk (Emp Bus)

KEY INDUSTRIAL STAFF

MKNEWS

BE A MULTI-SKILLED ENERGY ASSESSOR

Regardless of the recession, credit crunch or housing market downturn, new 'green' laws require an estimated 2.5 million homes and commercial properties being rented, sold or built, to have an Energy Assessment in the next 12 months alone.

APPLICANTS ARE URGENTLY REQUIRED TO TRAIN AS ASSESSORS NOW and to go on to become 'Property Professionals' with multiple-skills carrying out possible Flood and Fire Risk Assessments, Insulation Surveys, Energy Audits, Property Valuations, Home Inspections and Public Buildings Assessments. **No previous experience is necessary**, training is subsidised, usually taken around current job and is at our nationwide training centres approved by the Government-appointed Awarding Body for the Built Environment. On qualifying you can be available for flexible potential work through our Energy Assessor Panel in return for subsidised training, start your own Assessor business or work for other Assessment Providers. **Fees are £60 to £80 for domestic and £300 to £1,200 for commercial properties** - up to 15 Domestic or 4 Commercial Assessments are estimated to be carried out in a week, subject to size of properties and supply.

CALL TODAY for an Interview to find out more about a new career as a Property Professional in this fast expanding, environmentally important new 'green' industry.

020 8335 1700

ABBE eap ref: HBS02F

PROPERTY PROFESSIONALS

Due to continued expansion, additional staff are required for this residential special school for pupils from 4 to 19 years with Autistic Spectrum Disorders. Suitable applicants will join a dedicated, established, staff team. Experience and enthusiasm is a requirement for these posts, as is a genuine empathy with children and young people. The ability to be flexible, innovative and reliable is highly desirable.

RESIDENTIAL CHILD CARE OFFICERS

SALARY: MK 4-5 (£15,524 - £21,244 full-time equivalent)

Applicants should be qualified to NVQ level 3 in child care or be working towards this. Willingness to undertake further work related training is essential. Salary will be dependent upon qualifications and experience.

- Positions are available for 52 weeks per year and will involve weekend working on a rolling shift pattern.
- Positions are available for 39 weeks per year (pro rata) and will involve working Monday through to Friday.

If you wish to discuss this post further or arrange a visit please speak to Steve Bowyer, Head of Care.

TEACHING ASSISTANTS

SALARY: MK 4-6 (£15,524 - £25,146 full-time equivalent)

We welcome applications from experienced Teaching Assistants with a range of qualifications and from those with HLTA status. Salary will be dependent upon relevant qualifications and experience. The school has a successful record of staff development and training and for a suitably qualified applicant there may be the opportunity to gain recognised teacher status.

If you wish to discuss this post further or arrange a visit please speak to Angie Cleary or Andrew Tomsett, Assistant Headteachers.

ASSISTANT CARETAKER

SALARY: MK 4 (£15,524 - £18,217)

This is a full time post working in conjunction with the Site Manager to ensure that there is maintenance cover Monday to Friday all year round. The post will involve general maintenance and some cleaning duties.

If you wish to discuss this post further or to arrange a visit please speak to Debbie Robinson, Business Manager.

For an application pack for any of the above positions please contact the school on 01908 563885.

Closing date for Applications: Friday 30th January 2009.
Interviews to be held in Week commencing: 9th February 2009.

The Walnuts School

INVESTOR IN PEOPLE

Healthy Schools

The Walnuts School, Admiral Drive, Hazeley, Milton Keynes MK8 0PU
Headteacher: Nick Jackman
Telephone: 01908 563885
Fax: 01908 555617
E-mail: admin@walnuts.milton-keynes.sch.uk

DON'T WAIT FOR YOUR PERFECT JOB
- PLACE YOUR CV ONLINE WITH US NOW!

Jobsnow
www.jobsnow.co.uk

mkclassified

Phone 01908 242490
Fax 01908 689550
Email classified@mk-news.co.uk

WHY ADVERTISE in mkclassified?

- We print **more local news** than any other newspaper, and as a result we have more readers looking through these pages. - **At the last count we had over 139,000 readers each week!**
- We personally hand out **3000 copies each week to commuters** at MK railway station and put more copies into MK's residential areas, shops, bars, hotels and businesses than anyone else.
- Advertising with us costs less than any other local media and more importantly, **it works!** Contact us now to place you're advertisement.

Sell your goods or services *FAST* through mkclassified

Phone, email, or fax one of our friendly staff or why not pop in and speak to us in person over a cuppa!

PHONE 01908 242490

EMAIL classified@ mk-news.co.uk

POST MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

FAX 01908 689550

BY HAND MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

Pay by: Credit/ debit card. Cheque or Cash.

H Holiday Homes

HOLIDAY in FRANCE
HALF PRICE OFFER
from £150 per week
Beautiful cottage and modernised old forge.
SLEEPS 2- 12 People
Sunny Loire Valley
PLEASE CALL: **01908 721255**

H Houses To Let

COFFEE HALL 4 Bedroom house to Let, family of 6 or 7. DSS tenants welcome. Call: 07799 850555

A Accountancy

MW Accountancy Services
Limited Company Accounts Tax Returns
VAT and Payroll
Call Matt on
01908 560085
or
email:
matt@mwaccountancy.co.uk

A Aerial Services

ASTRA AERIALS
Digital TV Aerial Installations
01908 261870

A Articles For Sale

Dyson 07 in excellent condition fully serviced £40 Tel. 07929 257686

FOR SALE LG chocolate mobile phone £40 6 large bags of adult clothes ideal for car boot £50 the lot VAX upright carpet cleaner used once £100 reebok trainers 5.5 £20 tel 01908 640071

A Articles For Sale

TUMBLE DRIER FOR SALE In good condition £52 with condenser free please call after 5pm for appointment 01908 330161

A Articles Wanted

WANTED BY COLLECTOR model railway items, collections bought 01480 214993 07752 058051

B Blinds & Curtains

BLINDS
No Gimmicks
Just Low Prices!
Full 5 year Guarantee
For no obligation quotes call
SUNSHINE BLINDS
MK 502366
Your local Blind Company

Call 01908 242490 ...to advertise

B Blinds & Curtains

Beautiful Blinds
• Rollers from £35 fitted
• Wooden from £35 fitted
• Verticals from £30 fitted
• Venetians from £30 fitted
• Conservatory window blinds from £299 (3m x 3m conservatory)
• FITTED IN 10 DAYS
Call us on 01908 642 084
Or visit our showroom at
Unit 14, Stadium Business Court, Lyon Rd, Bletchley
GALLAGHER & CROFTON LTD

"Local Family Firm - 40 Years Experience"
The City Curtainmaker
Beautiful Quality Curtains, Pelmets, Swags
Made to measure at bargain prices
Huge range of poles/tracks to choose from + 100s of fabric samples brought to you in your own home.
Free measuring and estimating service
Just ring 01525 854044 (or 07956 653325)

The Blindmaker
Quality made to measure
Rollers Velux A wnings
Canopies V ertical Blinds
Venetian Blinds W ood Blinds
Roman Blinds Conservatory
Blinds at unbeatable prices
For free measuring samples and estimates
Ring 07903339 789 or 07956 653325
Fabric World
11 High Street, Leighton Buzzard

Made to fit Wood Blinds from only **£25**

Patio Vertical Blinds from **£65**

UNIVERSAL BLINDS
COMPLETE SHOP AT HOME SERVICE
3 VERTICALS FOR £120
Venetian, Vertical, Roller, Pleated, Wooden Venetian blinds.
★ Low prices ★ Free Fitting ★ Free estimates ★ Home & Commercial ★ All guaranteed ★ Local Service
01908 290435 / 07980 979420

B Builders

Aj's Building works
Plumbing • Kitchens
Bathrooms • Tiling
Garden walls • Patio
Fencing • Decorating
•Plastering
No Job too small
We do them all!
Fully Insured
01908 312442
07963 888837

B Building Services

MB Plasterers
Specialists in all types of finishes.
• On-site plastering
• Training available
Please call 07947 019272

B Builders

BT Construction
• Extension
• Garden Walls
• Block Paving
• All aspects of work undertaken
01908 322334
07809 706508

Property Maintenance
No job too small
Reliable
• Tiling • Plastering
• Kitchens • Bathrooms
• Carpentry
Please call:
01908 609484
07984 711524

Fax 01908 689550 ...to advertise

F & F Services General Builders
Roofing & Repairs
Soffits & Fascias
Carpentry & Brickwork
Patio & Driveways
Fencing & Turfing
25% DISCOUNT
on all bookings now
07886 924896/07727 190422
Office 01525 633893
Free Quotations & Advice

B Building Services

Building Plans
For Planning and Building Regulations, Extensions, Loft Conversions & New Builds.
Free consultation and written quotations provided
Tel: Robin Bradbury on
01908 605332 or 07970 076249
info@bradbury-design.com
Bradbury Design Ltd

B Business For Sale

VERSATILE HAULAGE/ REMOVAL COMPANY valued at £95,000. Super opportunity! Valuable inventory negotiable £65,000. tel 07800 876428

MASON PROPERTY SERVICES LTD
Est 1985
★ Small building works
★ General maintenance
★ Kitchens/bathrooms
★ Carpentry/glazing
★ Painting & decorating
★ Tiling & Upvc work
Clean, reliable, prompt service. Fully insured.
FREE QUOTES
Newport Pagnell
01908 211476
07789 176300
CALL STEVE (7 DAYS)

B Business Services

MKNEWS

Things a bit tight?
Need help in the office?
Why not use a
temporary mobile Secretary/P.A.
With 35 years experience as Office Manager and P.A. Dealing with office deadlines is my speciality.
Telephone: 07521 715652
Email: bw@newpag.plus.com

C Carpentry / Joinery

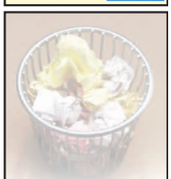
CA Carpentry
30 years experience
• Kitchens
• Doors
• Floors etc.
Just call Charlie on:
Newport Pagnell
01908 790183
07772 107720

C Carpet Suppliers

CARPET LINE
Mobile Showroom
FREE underlay, gripper and bars. Lowest prices guarantee with exceptional service.
Expert fitting
7 days 9am-9pm
FREE Estimates
01908 614777

C Carpet Fitting

RAY'S CARPET FITTING
Supply & Fit • Adaptions
Also Fittings Only
'Keep warm with carpets'
Free Quotations
January 10% Discount
07869 110385
01908 218536
NICF



MKNEWS
More **News**
Less Waste

C Carpets & Flooring

TEMPLEMAN CARPETS
Est 1971
To see our wide selection of Carpets, Vinyls, Carpet Tiles, Laminated wood in your home or office, also Karndean Designer Flooring, simply call:
01908 560608
or 07778 934 708
Appointments made for daytime evenings or weekends
Friendly service - Helpful advice

C Childcare

CHILD MINDER/ HOME TUTOR
(Pref area Great Linford MK)
Retired, lady, primary school teacher available. CRB checked with references
Pre- visit welcome
07740 106681

Email
classified@ mk-news.co.uk
...to advertise

C Cleaning Services

★ DEEP CLEAN ★
CARPETS • UPHOLSTERY • LEATHER
Efficient & Affordable
Latest technology / Removes most stains
Very thorough clean / ideal for deep stains
DOMESTIC & COMMERCIAL
01525 851811
www.deep-cleaners.co.uk see web for details

See us
MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU
...to advertise

mkclassified

Phone 01908 242490
Fax 01908 689550
Email classified@mk-news.co.uk

Computer Services

Is your PC sick?
Whatever your PC problem, At home or at work, call us. Your local IT Department.
SI6K PC
comput@medic
01908 695361
No call out charge. No fix, no fee.

PC Problems
Fed up with rip of prices
No call charges
No fix - no fee
20 years commercial computer experience
Call Paul on 07969 500 590
www.mkpcdoctor.com

COMPUTERS & LAPTOP
Upgrade, Rebuild, Diagnose & Fix Faults
Affordable Rates
No Fix-No Fee
No Call Out Charges
Microsoft Cert System Engr & 15 Yrs IT Experience
01908 766336
07852933998

Decorators

MK
Painting, Decorating and Refurbishments
Complete Professional Service
Internal & External
Friendly, Reliable
Call Nic on
07900 002465
642443 after 6pm

MKNEWS

Handy Person

HANDY MAN
Professional, friendly and reliable
Bathrooms, decorating, tiling and all general home improvements
No job too small
Call for a free quote
07720 287078
www.playdevelopments.co.uk

Home Improvements

MK HOME IMPROVEMENTS
For all your building needs, kitchens, bathrooms, windows, conservatories, tiling & plumbing
01908 727161
07846 660172

Locksmiths

Local 24 hr Locksmiths
Over 20 years experience
All locks and safes opened, replaced, repaired & fitted. uPVC door lock specialist. Prompt, reliable service. Student & OAPs discounts.
No call out charge
All locksmiths Police Checked
Tel: 01582 606329 or 07860 770270

DIXON KELLY LOCKSMITHS
24 hour call out
All types repaired and installed
• Chubb • Yale • Ingersoll • Union
07973 600623
Have you got misty glass or any double glazing repairs?
Call now on 01462 817000

Painting Services

ARTEX
Phone Roy on 01908 542482 or 07985 383630
Ceilings, Walls and Coving, also change of pattern, insurance work undertaken.
Free estimates
Established 30+ years

Pet Grooming

JANET'S MOBILE PET GROOMING. CALL - 07530 692627 Since 1981. Cats & Dogs professionally bathed, dryed & styled, privately inside your own home.

MKNEWS

Plumbing & Heating Services

the 2 ho C.H.A.P.S
CENTRAL HEATING AND PLUMBING SERVICES
*12 months Interest Free Credit**
CONDENSING COMBINATION BOILER
with 7 radiators, TRV'S, RF Prog Stat, supplied & installed from £1949.00 + VAT. Subject to Survey.
For a free quotation call 01604 843570 NOW
Bathrooms & Tiling also undertaken
All work installed by Corgi Registered Engineers *Subject to status

W Coleman
Plumbing & Heating
For all heating systems
Bathrooms - Power Showers
Tiling - Water Softeners and Filters.
30 years experience
CORGI Reg'd
01908 667552
07710 602840

Curtains & Blinds

BIGGEST EVER BLINDS SALE
OVER 100 HALF PRICE BLINDS!
• FREE measuring & fitting • FAST local service
• Almost 40 years' experience
• Verticals, Rollers, Venetians, Romans, Pleateds, Conservatory blinds, Awnings
UK's No.1 FOR BLINDS
CALL NOW 0800 916 1011
8.30am-9pm weekdays, 9am-5pm weekends
www.hillarys.co.uk
Hillarys BLINDS
Half price applies to selected blinds & Awnings only. Subject to availability.

Pets For Sale

PEDIGREE PUPPIES for sale. Labradors, Cocker Spaniels, Westies, Shihtzu's, Minature Yorkies, Special import Rottweilers, 01582 867492 or 07949 623672. www.pupsonline.co.uk

POLLY CROSS standard Poodle puppies (Pollies!) Ready now £300 01234 364133

CHICKENS FOR SALE white star pullollop £10 each 07846 752907

Plumbing & Heating Services

Plumbing & Heating
• All plumbing and heating
• 24 hours
• Friendly & Reliable Services
01604 624840
07765 419914

D S Heating Specialist
Domestic central heating and Combi boiler breakdown specialists.
Installation, preventative maintenance work & repair.
Call 01582 699463 / 07711 027479
www.dsheatingspecialist.co.uk

Office Services

LOOKING FOR WORKSPACE OR SERVICED OFFICES IN MK?
CALL MK TWO BUSINESS CENTRE ON
01908 821 000

Call 01908 242490 ...to advertise

Email classified@mk-news.co.uk ...to advertise

Landscape Design

CRYSTAL GROUNDWORK SERVICES
Complete Garden Installations
Specialists in Patios, Block Paving, Walls, Turfing, Superior Decking, Supply & Fix
FULLY INSURED
Member of the Guild of Master Craftsmen
Professional Garden Design Available
FOR FREE QUOTATION
Please call:
07711 579435
01908 312569

MKNEWS
More News Less Waste

Electrical Services

LOCAL APPROVED ELECTRICIAN All work undertaken. Competitive Rates. Free estimates. Call Daniel on 01908 605587 / 07885 708263.

FRIDGE FREEZER REPAIRS Fast efficient service. Work guaranteed. MK Refrigeration 01908 694567.

Brickhill Electrical Services Domestic & Light Commercial. Work certified. Free Estimates. Call Chris on 07515 861972.

Garden Maintenance

S&D LANDSCAPES
STONY STRATFORD
Regular, Reliable Garden Maintenance from £40 a month
Private and Commercial
Block Pave Drives, Stonework
Patios and all Landscape Services
Please call Stuart on
01908 565687 07775 942645

Garden Services

GAC Garden Design & Maintenance
Full Landscaping Design and Maintenance Available.
Patios, pergolas, fencing, turfing etc.
References given.
Free survey.
For a personal and competitive quote call:
01908 235467 or 07889 457002

Garden Services

Andrews
Landscape Design
Big Discounts on Winter Bookings
All aspects of Garden Construction
Have one fence panel fitted - Get One Free
Telephone
01908 314994/07754 908422
andrewslandscape@btinternet.com

ANDSCAPES
Patios, Decking, Block Paving, Fencing, Gravel Drives & Turfing
FREE ESTIMATES
Call Andy
07876 744603
01908 586991

Fencing & Gates

K&Z FENCING & LANDSCAPES
No job too big or small
Never beaten on price
FREE ESTIMATES
01296 589084 / 07887 828028 / 0800 234 3336
Member of UK Consumer Protection AGENCY
20% OFF FENCING
www.kzfencingandlandscaping.net

Garden Maintenance

Established Gardener
A friendly quality service.
All aspects of garden maintenance inlcuding one-off seasonal tidy ups.
01908 579791
07590 533366

Fuel

FIREWOOD
L200 Pick Up load delivered to your door
£52.50
(inc 5% VAT)
(Please note there will be an extra charge for stacking for barrowing)
Please contact us on
01908 281127

Fax 01908 689550 ...to advertise

Turn those unwanted items into CASH!

CALL 01908 242490
FAX 01908 689550
EMAIL classified@mk-news.co.uk

Advertise in MK NEWS & Leighton Buzzard on Sunday for only £5 inc VAT
15 Words, then 20p per extra word

Please write your advert below. One word per box.

		15 Words	
			20 Words

ADVERT GUARANTEED TO APPEAR

Name: .....
Address: .....
.....
.....
.....Post Code: .....
Daytime Tel No: .....
Total Advert Cost £ ..... inc VAT

I authorise you to debit my Mastercard/ visa/switch/delta. to the sum of £.....
Please write your card number below:
Cardholders Name: .....
Start Date: ..... Exp Date: .....
Issue No: ..... Security No: .....
Signature: .....
Only "Items For Sale" advertisements will be accepted on this coupon. Private/Trade Vehicles should be submitted on the coupon in the Motors Section.

Reach 165,000 readers for a fiver!
Please send coupon plus remittance to: MK NEWS, B1 DIAMON COURT, MILTON KEYNES, MK15 0DU.
Please make cheques payable to: LSN Media Ltd. Do not send cash in the post.
All adverts will appear on our website: www.mk-news.co.uk

mkclassified

Phone 01908 242490
Fax 01908 689550
Email classified@mk-news.co.uk

P Public Notices

THE INSOLVENCY ACT 1986
DE WIND HOLDINGS LIMITED
Company Number: 05309221

NOTICE IS HEREBY GIVEN pursuant to Section 98 of the Insolvency Act 1986 that a Meeting of Creditors of the above company will be held at Grant Thornton UK LLP, 30 Finsbury Square, London EC2P 2YU on 12 January 2009 at 11.00am for the purposes provided for in Sections 100 and 101 of the said Act.

Information concerning the company or its affairs will be available free of charge from the offices of David Dunckley and Malcolm Brian Shierson, Licensed Insolvency Practitioners, of Grant Thornton UK LLP, 30 Finsbury Square, London EC2P 2YU. Should you require any information during the period leading up to the meeting of creditors, please telephone Jennifer Carter on +44 (0)20 7865 2463.

Dated 19 December 2008
BENTON WILCOXON *Director*

R Removals & Storage

MORTIMERS
LARGE & SMALL REMOVALS
LOCAL & LONG DISTANCE
BEST PRICE GUARANTEED
MK 312260
8AM TO 8PM 7 DAYS

YLR REMOVALS
- Small to large removals
- Waste Clearance etc
- Short to long distance
- Very competitive
- Courier Service available
- Fully insured

Please call: 01908 607151 07531 263634

R Removals & Storage

House & Office Clearances
Friendly family run business.
All work undertaken.
No job too big or small.
Call 07990 862261

MAN & VAN Available for light removals & courier work. Anytime Please call 07512334688

FROM HERE TO THERE REMOVALS
• Domestic & Commercials
• Fully Insured • Free Quotations
• Local & Long Distance
NO TIME LOST - LOWEST COST
FREEPHONE
0800 1075167
'SERVICE WITH A STYLE'

R Roofing & Cladding

MILTON KEYNES ROOFING LTD
All roof, chimney & gutter repairs etc.
High Performance Flat Roofing

ALL ROOFING, GUTTERING, UPVC AND FACIAS.HIGH PERFORMANCE FLAT ROOF. 25 YEARS GUARANTEE FREE ESTIMATES 08081 557723

K.S.Roofing Services All types of roofing, facias etc free quotation 01604 244486 07809 838983

R Rubbish Disposal

ALL RUBBISH CLEARED 1 item to full load, waste registered. 07871 413298

BALD MAN BIG VAN
All removals undertaken.
No job too small.
Trustworthy and reliable.
Worked in removals for 19 years.
Will go European.
Please call Nigel on 07973 317334

S Schooling/ Teaching

Puppy Training
Plus Agility Training for Beginners
Very experienced tuition.
Further information
01908 397236
www.acorndogtraining.co.uk

S Sheds

Large Range of Sheds at Discount Prices
8x6 Apex Roof from £265
10x8 Apex Roof Full Tongue & groove £499
Prices include VAT
From the phone to your home, fast delivery Guaranteed
Our Service
✔ FREE DELIVERY
✔ FREE ERECTION
✔ FREE TREATMENT
✔ FREE WINDOWS
is unbeatable
Playhouse, Summerhouses also available
Phone Our Hotline:
01704 571215
for a FREE brochure and to order
To see our full range go to:
www.telesheds.co.uk
TeleSheds

Roman Way Garden Centre
See our New Range
- QUALITY SHEDS
- SUMMER HOUSES
- PLAY HOUSES
- KENNELS AND GREENHOUSES

JANUARY SALE NOW ON!
Assembly team with over 20 years experience.
Come and see our extensive display.
8 Watling Street, Potterspury, Northants NN12 7QN
01908 542427
Just 10 mins from Milton Keynes

MKNEWS
MORE NEWS LESS WASTE
MKNEWS

S Skip Hire

G. MOORE HAULAGE LTD
GRAB SERVICE
- Hardcore and topsoil
- Deliveries
- Free estimates
- Accounts opened same day
- Prompt delivery
- 6 + 8 Wheelers Available

VISA

01234 851731

G. MOORE HAULAGE LTD
SKIP HIRE
ACCOUNT OPENED SAME DAY
- 2-16 yard skips
- 20 & 40 yard roll on, roll off available
- Commercial domestic builders
- Top soil
- Hardcore
- Road permits applied for

VISA

01234 857000

THANK YOU!

As a result of you recycling your old newspapers, you have ensured the maximum use of forest fibres.

T Tuition

Learndirect
FREE MATHS & ENGLISH
CALL Learndirect
01908 239251
conditions apply

MATHS, ENGLISH, & Science Help locally available. All levels. Phone Anytime on 01908 677740 (tutors welcome).

U Upholstery/ Fabric

Diane Merner
Upholstery & Interior Services
Workshop: 01908 507022
Mobile: 07956-526676
ANTIQUE, DOMESTIC & INDUSTRIAL UPHOLSTERERS & CURTAIN MAKERS, WIDE RANGE OF FABRICS FREE ESTIMATES, EXCELLENT RATES.

W Windows & Conservatories

Repairs to broken locks and hinges. Misted/broken sealed units replaced. Patio door repairs/replacement. Broken handles replaced. Conservatory repairs undertaken. Double glazed door locks repaired/replaced. Badly fitting doors corrected. All double glazing repairs in aluminium and upvc.
Tel: 07814 911095 for a quick response or **01767 221372** evenings

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

YOU'RE READING THIS PAGE
along with over 139,000 other people in MK.
MKNEWS
Advertising in the MKNEWS works and is cost effective.
Call us 01908 242490

Call us
01908 242490
...to advert

mkclassified

Phone 01908 242490
Fax 01908 689550
Email classified@mk-news.co.uk

P Personal

Deluxe Lounge
Massage & Escort Services
07919 870388
01908 528229
ESCORTS WANTED
FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE
www.deluxe-lounge.co.uk

FOXY LADY
JANUARY SALE
DVD'S £20 EACH
BUY 2 AND 3RD ONE IS FREE
NEW STOCK OF ADULT TOYS
BUY 2 AND 3RD ONE IS FREE
28 Watling Street, Fenny Stratford, MK2 2BL
01908 379147

MK ANGELS
Stunning Escorts
Central Milton Keynes & surrounding areas
07919 870388/01908 528229
Also new escorts wanted
www.mkangels.co.uk

SHADOWS Massage
Monday-Sunday
11am till late
01908 645537
www.shadowsfun.co.uk

Wild Cats Escorts
All areas
For all occasions
07505 059037
Staff Required

Madam Becky's
www.madambecky.co.uk
Famous Naturist Massage & Escort Service
Stevenage 10am - 8pm 07787131320
Milton Keynes 10am - 6am 07981622607
ALL AREAS

CHARLOTTE & Friends
New Escort
24/7 Call
07766 335484
01908 528229

Sure Delights
Voted the most professional Escort Agency in the UK.
www.suredelights.co.uk
01923 289819 Home Counties
6pm - 6am
0207 748 7272 London
Call now and listen to our escorts. 0906 407 2277
Calls charged at £1.50 per minute
MKNW19

L-Lines PO6538 NN2 7YN. Help 08704872272. Calls rec @ 35p p/m. Callers must be18+ only.

L-Lines PO6538 NN2 7YN. Help 08704872272. Calls rec @ 35p p/m. Callers must be18+ years old only.

She-Male Escort
Milton Keynes
7 days
Call Samantha
07970 798917

Connections Escorts
Complementary bottle of wine with every visit.
07950 251199
Escorts Required

Elegancemk
EXQUISITE COURTESANS
New Escorts Required
07788 186 769
www.elegancemk.com

VERA TALKS ADULT TO YOU
YOU'LL JUST LOVE IT
35p
0909 864 0749
Live LinesUK Ltd. PO6538 NN2 7YN. Help 08704872272. Calls rec @ 35p p/m. Callers must be18+ years old only.

Fax 01908 689550 ...to advertise

Call 01908 242490 ...to advertise

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

CINDY'S MASSAGE 24/7, call 01582 534717

CHAT OR DATE from 0p per min
WOMEN: 0800 075 3617
MEN: 0871 550 3060
GAY: 0871 550 3468
www.chatordate.co.uk
0800 = Free at all times. 0871 = 10p per min

GAY CHAT ONLY 10p PER MIN
0871 550 4390
0871 = 10p per min

Massage
07936 459810
In Bletchley Centre
7 DAYS A WEEK
10am till late

J E A N E T T E escort.Visiting only, call 07896 909804 for details 7.30 Till late

Madam Becky's Escorts Visit you all areas. 10am-6am 7days. 07981 622607 / 07722 010513 / 07760 286081. www.madambecky.co.uk

CLAIRE'S one to one Tantric full body massage. Country location. 5 mins junction 12, 11.30am - 7pm Mon to Sat. 01525 876969 www.claires-massage-parlour.co.uk

75%discount on adult toys & Lingerie order online www.love-foofoo.com for more discounts visit our fenny Stratford shop thus, fri sat 10-6 call 01908 370699

DIVORCED no-strings fun in Milton Keynes, text ELAINE to 69996 for pics. 18+ PCT Box653 tw92wz £1.50/msg

ADULT PARTIES LOCALLY inviting new friends 09052 357918 calls cost £1/min BT lines pccheshum hp51du

MISTRESS CATHERINE call 07986 808595 to book a session- beginners welcome www.purrfectcat.info

SAMANTHA&CHANELLE qualified masseuse Escorts.M1 J13 MK, discreet, easy parking, £50 1/2hour, £80 1 hour, open 7 days a week. 01908 671542/07531 684559

NATASHA M1 J14 newport pagnell very discreet own private parking 10am-till late 07960 830402

PENNY ESCORT £60 1/2 Hour. £80 hour. Very Private. Visit me. 10am-6.30pm. West Milton Keynes. 07763 191974.

NEW TO NORTHAMPTON, Star massage by Rachel, 07982 266775

Michelle's Escort Services 10am till late Just Call 07502 195553

FEMALE ESCORT Visit Me CMK. 07969 853051

JENNY'S ESCORTS Visit us Mon-Fri 01908 666518.

KIMBERLY ESCORT CMK. Private Parking £60. Call 07887 554797

INTRODUCTIONS UK LTD
MILTON KEYNES
FIND SOMEONE SPECIAL
LOCAL Introductions All Ages
Established 1991 Vast Membership
High Quality Service Colour Photos
Executive Register Available
Affordable Fees Free Info Pack
www.introsuk.co.uk
0800 0962457

Mistress Annabelle Of Hertfordshire. Novice & experienced welcome. Tel 07981669226

FEMALE ESCORT SERVICE Bradwell area, 1 full hour £60, Call 07887 554797

TIFFANY'S Massage 11.30am-9pm, 01582 616499 www.luton-massage.co.uk

MELISSA'S MOMENTS Massage. Dunstable 7 days 01582 663423, 07903 479301

TRACY 07081 786299

ROXANNE VISITING ESCORT 07005 983323

CHERRY ESCORT 07005 993979

MALE ESCORT Services in MK call 07851 963329

VISITING ESCORT Services 07534 518029

NADINE Escort Services CMK. Open 7 days. 10am till late 07946 209557

WOLVERTON FEMALE ESCORT From £50. Call 07827 710464

Conditions of Advertising LSN Media (the publisher)

GENERAL
1. The publisher reserves the right to omit or suspend any advertisement even though accepted and paid for and to make any alterations necessary to maintain standards of the newspaper. The publisher also declines responsibility for the omission of a single advertisement or one or more of a series of advertisements from any cause whatsoever, nor do they accept liability for any loss or damage caused by an error or inaccuracy in the printing of an advertisement. (Advertisers are advised to check their advertisement after the insertion). No re-insertions refund or adjustment will be made where an error, mis-print or omission does not materially detract from the advertisement. The Publisher may at its sole discretion re-insert the whole or part of the advertisement with corrections or refund part or the whole value of the advertisement.
2. The publisher reserves the right to decline any advertisement without giving an explanation or which they deem the content unsuitable for publication, whether an order has been accepted or not. The publisher will not accept orders for advertisements which it deems offensive or defamatory or which infringe the Trades Description Act 1968 and The British Code of Advertising Standards Authority on such matters.
3. An order for advertising services placed by an advertiser or an advertising agency on behalf of an advertiser constitutes an assurance that necessary authorisation or permission has been granted in respect of the use of the advertisement itself, pictorial representation of a living person, references made and words attributed to a living person and text which may be the subject of copyright protection.
4. Printed conditions on advertisement orders will not be recognised as binding unless expressly accepted in writing by the publishers.
5. Advertising rates involving a series, volume or prepayment discount are expressly for the use of the advertiser concerned and are not to divulged to a third party.
6. All artwork designed by the LSN Studio remains the property of LSN Media. Where artwork services are provided, it is on the understanding that it is for the sole use in any of the LSN Media publications unless prior agreement is sought, any unauthorised reproduction will result in a charge being levied on the publisher concerned.
7. Proofs of advertisements are provided upon request but cannot be guaranteed. Where a proof is supplied, the onus is on the recipient to check that all information is correct and to provide the publisher with any necessary alterations or amendments before the expiration of the deadline. The publisher will not accept responsibility for errors in any advertisement where a proof is supplied and subsequently authorised for publication.
8. Although every effort will be made to meet advertisers requirements, specified positions cannot be guaranteed within the newspaper.
9. All advertisements which carry a premium telephone number must comply with the Code of Practice of The Independent Committee for the supervision of Standards of Telephone Information Services (CSTIS).
10. The advertiser (or his advertising agency) shall indemnify the publisher in respect of all costs, damages or any other charges as the result of legal action or the threat of legal action arising from the publisher of a single advertisement for a series of advertisements, published in accordance with copy instructions supplied to the publisher in pursuance of the advertiser or his advertising agency's order.
11. If an advertisement does not appear due to copy or artwork being supplied after the agreed deadline, the space will be payable in full at the published rates.
12. A request to insert an advertisement assumes acceptance of our Terms & Conditions of Advertising.

DISTRIBUTION
1. Unless otherwise stated, distribution will normally take place within the specified publication to the individual addresses which usually receive the publication within the area and on the date scheduled. This does not necessarily imply 100% delivery to all addresses within the area.
2. The publisher shall not be liable for total or partial non delivery of any publication in which an advertisement is scheduled to appear and no reinsertion, refund or adjustment will be made to the advertiser.

BOX NUMBERS
While every endeavour will be made to forward replies to box numbers to the advertiser as soon as possible, no liability will be accepted by the publisher in respect of any loss, damage or delay in forwarding such replies.

CANCELLATION
1. Cancellation of advertisements must be advised 24 hours prior to the booking deadline. If the publisher is unable to resell the space he reserves the right to charge for any loss of revenue incurred.
2. If any advertiser in receipt of a series, volume or prepayment discount cancels before fulfilling the terms of the agreed order, the publisher reserves the right to make a surcharge up to the full published rates for the type of advertisement.
3. Queries concerning cancelled advertisements must be accompanied by the stop number given at the time of cancellation.

PAYMENT
1. Credit facilities are at the discretion of the publisher, but such facilities are limited to strict terms of 30 days. Late payment of account may lead to suspension of account facilities. Any discount which the publisher may have agreed with the advertiser may be forfeit should the advertiser fail to meet the agreed credit terms.
2. Prepaid accounts must be settled by no later than the two days prior to publication. The publisher reserves the right to suspend any advertisement where payment has not been received.
3. Dishonoured cheques will incur a £20 administration fee. All rates are subject to VAT at the rate currently in force at the time of any advertisement is booked to appear. Recognised advertising agency is 10%

CONTACTS

TO CONTACT ADVERTISERS IN THIS COLUMN CALL
0906 199 8100

if an ad has a 📷 next to it, then the advertiser has sent in their photo. To receive a copy of the photo to your mobile phone, all you have to do is text: MKN(space)mailbox number and send to 88833.

0906 calls cost £1.50 per/min, 0871 calls cost 10p per/min at all times. Payphone & other network providers may charge higher rates. TEXT 88833 cost £1.50 per message.Participants must be 18 years or over. JMedia UK, London SE1 0DX. W/C 070109 Helpline 0871 434 4131

MARGARET young 72, divorced, 5ft 2ins, slim, dark hair, attractive, likes holidays, meals out, country drives, seeks nice gent, 65-67 for companionship. **Tel No: 0906 199 8100 Box No: 350716**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0906 199 8100 Box No: 314752** 📷

ATTRACTIVE widow, 61, size 14, caring, Christian, N/S, likes walks, coast, cinema, theatre, seeks committed Christian male with similar interests for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 336116**

SNOW White 58, seeks Grumpy for leaf kicking, dancing in the kitchen, wine sipping, fireside snuggling, smiling yet? **Tel No: 0906 199 8100 Box No: 347664**

SENSITIVE petite female, long dark hair WLTM tall, seeks exciting male. **Tel No: 0906 199 8100 Box No: 348662**

SINGLE female, 46, 5ft 7ins, brown hair, seeks guy of similar age to share life with. **Tel No: 0906 199 8100 Box No: 350338**

BLONDE attractive female, 38, professional, confident, N/S, likes gym, sports, seeks likeminded male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 311866** 📷

PETITE attractive female, 55, likes sports, dance, walks, seeks honest male, 54-60 for friendship, maybe more. Ballroom dancer a bonus. **Tel No: 0906 199 8100 Box No: 337196**

64YR old brunette, 5ft 4ins, medium build, homely, likes travel, walks, theatre, cinema, nights in, animals, GSOH, seeks similar aged, polite male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 351164**

ATTRACTIVE female, 40's, seeks N/S male of similar age for a LTR. **Tel No: 0906 199 8100 Box No: 338610**

FEMALE mid 40's, dark hair, blue eyes, likes nights in, cinema, meals out, seaside, seeks genuine, kind, N/S male for friendship. **Tel No: 0906 199 8100 Box No: 347716**

LOVING blonde female, seeks gent 35 plus for fun and friendship. **Tel No: 0906 199 8100 Box No: 348900**

PASSIONATE loving blonde, likes new experiences seeks hunky male who's up to the challenge. **Tel No: 0906 199 8100 Box No: 348664**

UGLY duckling single mum, 32, seeks male, 35-45 for fun and friendship. **Tel No: 0906 199 8100 Box No: 339408**

PRETTY brown eyed female with cute figure seeks gentle male for romance and much more. **Tel No: 0906 199 8100 Box No: 348660**

MRS Robinson, slim blonde, seeks her graduate. GSOH important. Likes dining in/out, movies, theatre and travel. Age 50-70. **Tel No: 0906 199 8100 Box No: 350400**

VIBRANT lively, tactile female seeks similar male for blissfully happy times. **Tel No: 0906 199 8100 Box No: 348680**

GORGEOUS brunette, free, single and no ties. Come and get me! **Tel No: 0906 199 8100 Box No: 348678**

GENUINE attractive, slim lady, brown hair, blue eyes, 5ft 2ins, GSOH, N/S, OHAC, seeks genuine, well mannered male to share fun and laughter. **Tel No: 0906 199 8100 Box No: 349928**

BUBBLY attractive 52yr old female, dark hair, blue eyes, likes meals out, walks, swimming, theatre, seeks genuine male with GSOH for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 341562** 📷

DIVORCED female, 45, attractive, OHAC, seeks sincere male for LTR. **Tel No: 0906 199 8100 Box No: 278926**

WOULD you like to hold hands, watch the sunset, share good and bad times? Call me. **Tel No: 0906 199 8100 Box No: 348704**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 315380**

A Selection From Our Used Vehicle Stock

See our website www.rgr-garages.co.uk for many more cars and photographs

CHOICE OF QUALITY COMMERCIALS ALL WITH 12 MONTHS MOT	PRICE
05 (05) Transit 350 LWB High Roof Van 2.5 Diesel, White, 1 Owner, Full Ply-Line, FSH, Warranty	£6,900+VAT
05 (55) Transit 260 SWB Panel Van 2.0 Diesel, White, Ply-lined, FSH	£5,795+VAT
02 (52) Transit SWB 280 Van 2.0 Diesel, White, Medium Roof, Ply-lined, Towbar	£4,495+VAT
04 (04) Transit Connect 200 1.8 Diesel, White, New Ply-lining, Ladder Rack	£3,995+VAT
04 (54) Fiat Ducato 2.0 Diesel SWB Panel Van, White, Electric Windows, Central Locking, Ply-lined, Roof Rack, Side Loading Door, Electric Door Mirrors	£4,995 No VAT

FORD	PRICE
06 (06) Mondeo 2.0 TDCi Zetec Diesel 5dr Hatch, Silver, Alloys, Front Fogs	£7,995
06 (55) Mondeo 2.0 LX TDCi Diesel Hatch, Metallic Black, Full Spec, Full Service History	£7,495
06 (06) Mondeo 1.8 LX 5dr Hatch, Metallic Blue, Full Spec, Full Service History	£6,995
05 (05) Focus 1.6 TDCi Diesel Ghia 4dr Saloon, Black, Auto Lights and Wipers, Cruise Control	£8,395
06 (06) Focus 2.0 Zetec Climate 5dr Hatch, Tango Red, Air Con, Heated Screen, Alloys	£7,895
05 (55) Focus 1.6 Zetec Climate 5dr Hatch, Silver, 18 Months Warranty	£6,775
05 (05) Focus 1.6 LX 5dr Hatch, Blue, Sunroof, Air Con, Remote Central Locking	£5,995
05 (05) Focus 1.4 LX 5dr Hatch, Blue, Remote Central Locking, CD Player, Air Con	£5,275
06 (56) Ka 1.3 Zetec Climate 3dr Hatch, Blue, Alloy Wheels, Air Con	£5,225

OTHER MAKES	PRICE
05 (05) Hyundai 1.6 Coupe S 3dr, Metallic Silver, Air Con	£6,795
05 (05) Hyundai Tuscan 2.0 CDX 4x4 Estate, Black, Leather Trim, Climate Control	£6,550
06 (56) Volkswagen Fox 1.2 Urban 3dr Hatch, Silver, Alloys, Electric Windows, CD	£5,495
05 (05) Kia Cerato GS 1.6 5dr Hatch, Metallic Blue, Air Con, Low Mileage	£4,600
05 (05) Peugeot 206 1.4 Zest 3dr Hatch, Beige, CD, Air Con	£4,495
03 (53) Nissan Primera S 1.8 5dr Hatch, Black, Air Con, CD	£3,995
00 (X) Seat Leon 1.8 Se 20v 5dr Hatch, Grey, Genuine Low Mileage, Alloys, Climate Control	£2,995
01 (Y) BMW 525i SE Automatic 4dr Saloon, Dark Blue, Leather, One Owner, MOT and Tax	£2,900

RGR Garages (Cranfield) Ltd, High Street, Cranfield, Bedfordshire MK43 0DG
01234 750207
www.rgr-garages.co.uk
Closed Sundays
Family owned and run since 1969
Ford
MKNW02

THE AREAS LEADING ONE-STOP SHOP FOR COMMERCIAL VEHICLES

STARTING FROM	£34.62 P/W† GRANDE PUNTO VAN	£29.99 P/W† FIORINO	£30.00 P/W† DOBLO CARGO	£39.99 P/W† SCUDO	£49.99 P/W† DUCATO

WE CAN SUPPLY ALL NEW OR USED FIAT VEHICLES, FINANCE AND ACCESSORIES AT COMPETITIVE PRICES - 0% FINANCE AND SERVICE PACKAGES ALSO AVAILABLE.

You don't have to go far to save your business money now that Fiat Professional's 2-year manufacturer warranty comes with a 3rd year dealer warranty, for up to 120,000 miles.*

Please call Jonathan on 07718 515711 or Gary on 07703 644060 for more details

FIAT PROFESSIONAL

COMMERCIAL VEHICLES BUILT ON YEARS OF EXPERIENCE

†Business Users only subject to status Offer applicable to all Grande Punto 1.3 16v MultiJet vans. Initial rental of £666+VAT followed by 47 rentals of £159+VAT (equivalent to £34.62 per week), and final rental of £1,500. Offer applicable to all Fiorino 1.4 8v Petrol Cargo vans. Initial rental of £864.85+VAT followed by 47 rentals of £120.35+VAT (equivalent to £29.99 per week), and final rental of £2,000. Offer applicable to all Doblo Cargo 1.3 MultiJet vans. Initial rental of £1,286+VAT followed by 47 rentals of £129.99+VAT (equivalent to £30 per week), and final rental of £2,150. Offer applicable to all Scudo 1.6 Comfort vans. Initial rental of £1,992+VAT followed by 47 rentals of £173.30+VAT (equivalent to £39.99 per week), and final rental of £3,500. Offer applicable to all Ducato 30 SWB 2.2 JTD vans. Initial rental of £696+VAT followed by 47 rentals of £216.62+VAT (equivalent to £49.99 per week), and final rental of £3,400. Offers applicable to vehicles registered on finance lease before 31st December 2008. Finance is provided by Fiat Auto Financial Services, 240 Bath Rd, Slough

Brian Currie
www.briancurrie.co.uk
Tel: 01908 692972 Fax: 01908 681023
Summerson Road, Chesney Wold, Bleak Hall, Milton Keynes MK6 1LH

45 years experience of prestige sports and luxury vehicle sales.

Land Rover Range Rover 2.7 HSE Sport Auto 2006 (56) Reg.

1 Owner 16,000 miles with Full Range Rover Service History. Silver with Cream leather interior, Air Conditioning, Electric Heated Seats. Sat Nav, Alloy wheels, Remote central locking, 6 CD Changer, Parking sensors. Immaculate condition with 12 months manufacturer warranty to run 2/3 years optional.

2006 £28,995

Peugeot 407 2.2 Executive Automatic Estate 2005 (55) Reg.

1 Owner 37,000 miles F/S/History metallic grey with cream leather interior, air conditioning, electric windows, electric mirrors, alloy wheels. CD Player, remote central locking, parking sensors, airbags, and electric sunroof. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional.

2005 £7,995

Peugeot 206 1.4 S 3dr Hatchback 2005 (55) Reg.

1 Owner 25,000 miles with F/S/History Blue metallic with grey interior, air conditioning, electric windows, electric mirrors, power steering, airbags, remote central locking, CD Player. Excellent condition with 12 months MOT and 12 months Warranty 2/3 years optional.

2005 £4,995

Vauxhall Frontera 2.2 TDi LTD 5dr Hatchback 2004 (53) Reg

Two owners with 52,000 miles and full service history. Metallic burgundy with black interior. Air conditioning, Electric windows, Electric mirrors, Remote central locking, CD player, Side steps and alloy wheels. Excellent condition. 12 months MOT and 12 months warranty 2/3 years optional.

2004 £4,995

PHONE 0845 1254 569

BMW 520 SE Touring Estate 2005 (55) Reg.

One owner 30,000 miles with F/BMW/S/History. Black with Beige leather interior, Auto Air conditioning, Electric windows, Electric mirrors, Alloy wheels, CD player, Cruise control, Computer ABS, Airbags, T/Control, Electric front seats, Remote central locking. Immaculate condition with 12 months MOT and 12 months warranty 2/3 years optional.

£13,995

PRESTIGE

Bentley Arnage 6.8 Red Label Saloon Automatic 2001 (51) Reg.
2 Owners, 36,000 miles and F/S/H. Silver with cream leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, electric sunroof. Remote central locking, CD Player and alloy wheels. Immaculate condition 12 months MOT, 12 months warranty 2/3 years optional. **£54,995**

Audi Q7 3.0 TDI Quattro S Line, 5dr h/back 7 seater, tip Automatic 2007 (07) Reg.
1 Owner 7,000 miles, F/S/H. Black with black leather interior, air conditioning, electric windows, electric mirrors, electric heated seats, Sat Nav DVD CD, remote central locking. 20" alloy wheels, airbag back/front. Immaculate condition, manufacturers warranty. **£32,995**

Land Rover Range Rover 2.7 HSE Sport Auto 2006 (56) Reg.
1 Owner 16,000 miles with Full Range Rover Service History. Silver with Cream leather interior, Air Conditioning, Electric Heated Seats. Sat Nav, Alloy wheels, Remote central locking, 6 CD Changer, Parking sensors. Immaculate condition with 12 months manufacturer warranty to run 2/3 years optional. **£28,995**

Jaguar XJ8 4.2 V8 SE Automatic 2004 (54) Reg
Two owners with 52,000 miles and full service history. Metallic red with cream leather interior. Air conditioning, Electric windows, Electric mirrors, Heated front seats, Heated windscreen, 6 disc CD player, Remote central locking, Air bags and alloy wheels. 12 months MOT and 12 months warranty 2/3 years optional. **£12,995**

Saab 9-3 1.8t Convertible Vector 2005 (55) Reg
One owner with 50,000 miles and full Saab service history. Metallic steel grey with cream leather. Air conditioning, Electric windows, Electric mirrors, Electric hood, Remote central locking, Cruise control, Rear parking sensors, 6 disc CD player, Air bags and alloy wheels. 12 months MOT and 12 months warranty 2/3 years optional. **£8,995**

Peugeot 307 2.0s Automatic CC Convertible 2005 (55) Reg.
One owner with 24,000 miles and full service history. Silver with black interior. Air conditioning, Electric windows, Electric mirrors, Electric hood, Parking sensors, Cruise control, CD player and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£8,995**

Peugeot 407 2.2 Executive Automatic Estate 2005 (55) Reg
1 Owner 37,000 miles F/S/History metallic grey with cream leather interior, air conditioning, electric windows, electric mirrors, alloy wheels. CD Player, remote central locking, parking sensors, airbags, and electric sunroof. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£7,995**

BMW 728i Saloon Automatic 2000 (X) Reg.
2 Owners 72,000 miles F/S/History. Blue metallic with grey leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, remote central locking, electric seats. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£4,995**

SPORTS

Seat Leon Cupra R 1.8 20Valve 225 BHP 2006 (55) Reg
One Owner 68,000 miles F/S/History. Red with black interior, Air conditioning, Electric Windows, Electric Mirrors, Remote Central Locking, CD Player, Alloy wheels, Alarm. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **SOLD**

BMW 330 Ci Sport Convertible 2003 (53) Reg
Two owners 55,000 miles with Full Service History. Black with black leather interior, Air conditioning, Electric Hood, Electric Heated Seats, Remote Central Locking, Rear Parking Sensors. Immaculate condition with 12 months MOT and 12 months Warranty 2/3 years option. **£11,995**

BMW 325i Sport Ci Coupe Automatic 2002 (51) Reg
66,000 miles and Full Service History. Blue with Black interior, Air conditioning, Electric Windows, Electric Mirrors, Alloy wheels, Remote Central Locking, CD, Electric Seats, Parking Sensors. Excellent condition with 12 months MOT and 12 months Warranty 2/3 years option. **£7,995**

DIESELS / 4X4 / ESTATES

BMW 520 SE Touring Estate 2005 (55) Reg.
One owner 30,000 miles with F/BMW/S/History. Black with Beige leather interior, Auto Air conditioning, Electric windows, Electric mirrors, Alloy wheels, CD player, Cruise control, Computer ABS, Airbags, T/Control, Electric front seats, Remote central locking. Immaculate condition with 12 months MOT and 12 months warranty 2/3 years optional. **£13,995**

Vauxhall Frontera 2.2 TDI LTD 5dr Hatchback 2004 (53) Reg.
Two owners with 52,000 miles and full service history. Metallic burgundy with black interior. Air conditioning, Electric windows, Electric mirrors, Remote central locking, CD player, Side steps and alloy wheels. Excellent condition. 12 months MOT and 12 months warranty 2/3 years optional. **£4,995**

Ford Focus 1.8 Diesel ghia 5dr hatch 2002 (52) Reg
71,000 miles with full service history. Silver with grey interior. Air conditioning, Electric windows, Electric mirrors, Remote central locking, Parking sensors, CD player and alloy wheels. Excellent condition. 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

Citroen Berlingo Enterprise 1.9 Diesel 2004 (54) Reg.
2 Owners 39,000 Miles with F/S/History, white with grey interior, electric windows, CD player, electric mirrors. Ply lined, remote central locking. Excellent Condition. Light use only. 12 months MOT, 12 months warranty 2/3 years optional. **£2,995 +VAT**

Jeep Grand Cherokee Limited 4.0 Automatic 1997 (P) Reg.
Full service history. Red with black leather interior. Electric windows, Electric mirrors, Electric heated seats, Electric front seats with memory, Cruise control, Remote central locking, CD player and alloy wheels. Excellent condition. 12 months MOT and 12 months warranty 2/3 years optional. **£1,995**

SALOONS & HATCHBACKS

Renault Laguna 2.0 Initiala Turbo 5dr Hatchback 2006 (55) Reg
One Owner 70,000 miles and Full Service History. Black with black leather interior, Air Conditioning, Electric Windows, Electric Mirrors, Alloy wheels, Electric Heated Seats, Electric Sunroof, CD Player, Remote Central Locking, Xenon Lights, Bluetooth Navigation 6 CD MP3 Player. Excellent condition with 12 months MOT and 12 months Warranty 2/3 years option. **£5,995**

Peugeot 206 1.4 S 3/D/Hatchback 2005 (55) Reg
1 Owner 22,000 miles with F/S/History Blue metallic with grey interior, air conditioning, electric windows, electric mirrors, power steering, airbags, remote central locking, CD Player. Excellent condition with 12 months MOT and 12 months Warranty 2/3 years optional. **£4,995**

Peugeot 206 1.4 16valve 5dr hatchback 2005 (05) Reg.
1 Owner with 54,000 miles, F/S/History. Metallic Blue with grey interior. Air Conditioning, Electric windows, Electric Mirrors, Alloy wheels, Remote Central locking, CD Player. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

Mitsubishi Colt 1.1 Red S/Edition 3dr Hatchback 2005 (55) Reg
One owner with 50,000 miles and full service history. Red with black interior. Electric windows, Electric mirrors, ABS, SRS, Air bags, Power steering and CD player. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

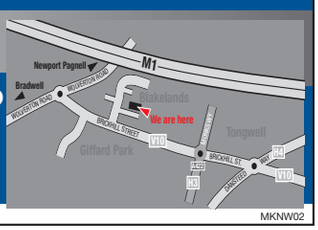
Citroen C3 1.4i Desire 5dr Hatch 2004/54 Reg
Two owners with 38,000 miles and full service history. Metallic blue with grey interior. Air conditioning, Electric windows, Electric mirrors, Power steering and ABS. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

Volkswagen Passat 1.9 TDI Saloon 2002 (02) Reg
Blue Metallic with Black interior, Air conditioning, Electric Windows, Electric Mirrors, Alloy wheels, CD Player, Remote Central Locking. Excellent condition, 12 months MOT and 6 months Warranty extra warranty available. **£2,995**

JAGUAR Audi BMW Jeep

Car Sales: 0845 1254 569
Service & MOT: 0845 1254577
www.top-marque-cars.co.uk
sales@top-marque-cars.co.uk

TOP MARQUE CARS LTD
1 Quatro Park, Tanners Drive
Blakelands Industrial Estate
Milton Keynes.



Opening Times: Mon - Fri 9.00am - 6.00pm • Sat 10.00am - 5.00pm • Sun 10.00am - 4.00pm

MKNW02

MK MOT

THULE

MOT—SERVICE—TYRES—DIAGNOSTICS—REPAIRS

MOT'S
CARS & LV £35.00
CLASS 5 & 7 £45.00

SERVICING
FROM £35.00 Inc
ALL MAKES & MODELS

DIAGNOSTICS
FROM £23.50 Inc

AIR CONDITIONING—TOWBARS
LOCKING WHEEL NUT REMOVAL—VAUXHALL SPECIALIST

62 BURNERS LANE, KILN FARM, MILTON KEYNES, MK11 3HD
WWW.MKMOT.COM 01908 262323 INFO@MKMOT.COM

WORLDWIDE MOTORS

MOT's £25
with this voucher

Servicing from £65

TELEPHONE
01908 210352

Unit 3 Willen Works, Old Willen Road,
Newport Pagnell, Buck, MK16 0DF

DEALS on Wheels

Mon - Sat 9am - 6pm
Bank Holidays 10am - 4pm

www.dealsonwheelsmk.com

Unit 14, Tavistock Street,
Milton Keynes MK2 2PF

01908 270260 / 07947 197144

Special Offer Service Prices*

Top Quality Part 1 and new tyres available
Mobile Tyre Service Available

OIL & FILTER CHANGE
Only £34.95!
Includes Oil and Oil Filter

SILVER SERVICE
Only £84.95!
Same as Bronze Service including Fuel Filter Check and Spark Plug Check.

BRONZE SERVICE
Only £44.95!
Includes Oil and Oil Filter Change. Clean Air Filter Check. Power Steering Oil Check. Brake Fluid Check. Anti-Freeze Level Check.

GOLD SERVICE
Only £110.00!
Same as Silver Service including Gear Box Oil Top Up. Brake Condition and Brake Lines Check. Wheel Nut Check.

5-6mm Tread Tyres from £15

* Terms and conditions apply

PERRYS
BIG SALE
NOW ON!

2007 '57'
PEUGEOT 307 1.6 S Manual
5 door Hatch with Alloys
PRICE NEW £12,687
ALL ONE LOW PRICE £6995
SAVE £5,692 ON NEW

Styles also available as up to £1000 less

2007 '57'
PEUGEOT 207
1.4S 16V 5door
Plus Metallic Paint
FROM ONLY £6995
SAVE £3,940 ON NEW

NEW SHAPE
2008 '08'
FOCUS
1.6 Zetec climate
Alloys and heated front screen
£15105 New
FROM ONLY £8595
SAVE £6510 ON NEW

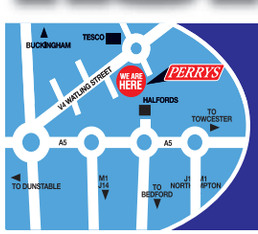
SAVE £2000
ON SELECTED MODELS

OVER 250 CARS
ON SITE

Delivery Mileage Used Cars in Stock with
MASSIVE SAVINGS

HUGE CHOICE AVAILABLE

ST SALE EVER



100 Celebrating 100 years in the motor industry

Opening Times
Mon-Fri: 9am-7pm
Sat: 9am - 6pm
Sun: 10.30am - 4.30pm

www.perrys.co.uk/mk

CALL US NOW ON 0845 620 6099
BILTON ROAD, BLETCHLEY, MILTON KEYNES
Taking the gamble out of buying a used car
PERRYS

Prices correct at point of going to press. Models shown for illustration purposes only. Specifications may not be correct and we take no responsibility for errors. Finance subject to status. Written quotations on request. Please request one of the above deals to check for offer availability. This advert replaces any previously advertised offers. *Subject to suitability and personal circumstances.

83191DC

MKMOTORSPOTS

Save money servicing your car

VW, AUDI, SEAT, SKODA

Our customers come from all over the country because of our good name and personal service where they can speak to the engineer working on their car. Our work is second to none and they still save up to 50% on main dealer prices

Our workshop is not housed behind a flashy reception area where you hand your keys over and your car disappears not to be seen again until you pay your bill.

We run an open workshop where the customer is shown what's wrong with their car and you can discuss the solutions with the engineer.

Our workshop carry's the latest VAG approved equipment including

- VAG approved computer diagnostics
- VAG approved four wheel alignment
- Tyre fitting and computerised balancing
- Air conditioning services
- VAG trained technicians
- Reception with broadband access

We offer a full range of tuning services including engine tuning and track day preparation.

Current Offers
FREE Diagnostic check
FREE Safety Check
50% OFF Air con service

Having your car serviced with us does not affect your main dealer warranty

VAGtech
INDEPENDENT SPECIALIST
01525 279513
www.vagtech.co.uk
Hillcroft Works , Stewkley Road, Soulbury. LU7 0DH (10min from MK)

@ Email classified@mk-news.co.uk ...to advertise

WE PAY CASH

For your old Car/Van MoT Failures / Accident and mechanical damage wanted
£30 - £150 paid
Open 7 days prompt friendly service
Call Liam 07508722829 Anytime

£ TOP PRICES PAID £
FOR ALL VEHICLES
END OF LIFE, MOT FAILURES, ACCIDENT DAMAGED & NON-RUNNERS
ABSOLUTELY ANYTHING CONSIDERED
WE SUPPLY A FAST, FRIENDLY SERVICE
24HR RECOVERY SERVICE AVAILABLE
£ 07904 113833 £

QUALITY CARS
TEL: (01234) 822213
www.qualitycars.me.uk

99 (V)	**BMW 318I LPG,** black, 2 owners, 18" alloys, PAS, e/w, c/l, a/c, CD, fantastic looking and driving car must be seen	£2,495
97 (P)	**MAZDA MX5 CONVERTIBLE 18,** red, 57k, history, alloys, CD, MoT, vgc	£1,995
88 (F)	**MERCEDES 300CE Coupe,** blue black met, grey leather, auto, FSH, last owner 12 yrs, e/seat, e/w, alloy, immac	£2,695
99 (T)	**MINI COOPER SPORT 1.3,** met BRG, full leather, wood dash, extra dials, spot lamps, vgc	£3,595
01 (51)	**MONDEO GHIA 2.0 5dr,** silver, 64k, PAS, e/w, c/l, alloys, a/c, CD, MoT, vgc	£2,495
00 (X)	**MONDEO ZETEC 5dr,** met blue, 2 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT	£1,295
00 (X)	**MONDEO 1.8 ZETEC 5dr,** met blue, PAS, e/w, c/l, a/c, stereo, New MoT, vgc	£1,295
99 (V)	**FOCUS 1.8 ZETEC,** met silver, PAS, e/w, c/l, alloys, alarm/Immobiliser, MoT, tax, vgc	£1,995
00 (X)	**ESCORT 1.6 FLIGHT 5dr,** met burgundy, 2 owners, 47k, history, PAS, e/w, c/l, s/r, stereo, MoT, tax, vgc	£1,495
98 (R)	**PUMA 1.7,** met green, 2 owners, PAS, e/w, c/l, a/c, alloys, CD, MoT, vgc	£1,695
98 (R)	**PUMA 1.7,** silver, 3dr, 3 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc	£1,495
03 (53)	**FIESTA 1.3 5dr,** black, 1 lady owner, PAS, e/w, c/l, a/c, CD, MoT, vgc	£3,295
01 (51)	**FIESTA ZETEC 3dr,** red, 2 owners, PAS, e/w, c/l, alloys, CD, MoT, vgc	£1,995
99 (T)	**FIESTA ZETEC 3dr,** met blue, PAS, c/l, s/r, stereo, MoT, tax, vgc	£1,295
99 (T)	**FIESTA ZETEC 3dr,** met blue, PAS, c/l, s/r, stereo, MoT, tax, vgc	£1,295
04 (53)	**KA 1.3,** dark met blue, 1 lady owner, only 3,700 miles, PAS, stereo, new MoT, immaculate	£2,995
01 (51)	**KA COLLECTION,** silver, colour coded, 2 owners, 56k, PAS, e/w, c/l, stereo, MoT, vgc	£2,195
99 (V)	**KA 1.3 3dr,** black, colour coded, 2 owners, alloys, PAS, stereo, MoT, vgc	£1,795
99 (S)	**KA 1.3 3dr,** met green, stereo, airbag, immobiliser, new MoT, vgc	£1,195
97 (P)	**KA2 1.3 3dr,** met blue, 74k, PAS, e/w, c/l, alloys, stereo, new MoT, vgc	£1,195
99 (T)	**ASTRA 1.6 5dr,** met silver, PAS, e/w, c/l, a/c, alloys, CD, MoT, tax, vgc	£1,495
02 (52)	**CORSA 3dr,** met blue, 60k, 2 owners, PAS, e/w, c/l, alloys, stereo, MoT, vgc	£2,695
00 (X)	**CORSA 1.0 3dr,** blue, 58k, CD, MoT, tax, vgc	£1,295
00 (X)	**CORSA 1.0 GLS 3dr,** red, 2 owners, 47k, PAS, e/w, c/l, stereo, MoT, vgc	£1,595
01 (51)	**PEUGEOT 307 1.6 5dr,** met grey 57k, 2owners, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,795
01 (Y)	**PEUGEOT 206 LX 5dr,** met silver, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,595
00 (W)	**PEUGEOT 106 ZEST 1.1 3dr,** silver, 34k, PAS, s/r, stereo, MoT, vgcm	£1,495
01 (51)	**LAGUNA 1.6 16V EXPRESSION,** met green, 51k, FSH, 2 owners, PAS, e/w, c/l, a/c. CD, MoT, vgc	£1,995
01 (51)	**LAGUNA 1.8 EXPRESSION,** met silver, 65k, 2 owners, PAS, e/w, c/l, a/c, CD, MoT	£2,295
01 (51)	**MEGANE AUTHENTIQUE 1.4 5dr,** 1 owner, PAS, e/w, remote c/l stereo, MoT, vgc	£1,695
03 (53)	**CLIO 1.2 3dr,** black, 2 owners, 46k, PAS, e/w, c/l, CD, MoT, vgc	£2,995
01 (51)	**CLIO 1.2 DYNAMIQUE 3dr,** black, 54k, 2 owners, PAS, e/w, c/l, alloys, s/r, CD, MoT, vgc	£2,695
00 (X)	**CLIO GRANDE RN 1.2 5dr,** met red, 52k, 2 owners, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£2,195
99 (V)	**CLIO 1.4 5dr,** met gold, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£1,595
00 (W)	**CLIO 1.6 RSi 3dr,** met green, PAS, e/w, c/l, a/c, alloys, MoT, vgc	£1,795
99 (T)	**CLIO 1.6 RXE,** silver, 3dr, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£1,495
01 (51)	**SAXO 1.1 DESIRE 3dr,** met blue, 58k, 2 owenrs, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£1,795
02 (52)	**FIAT STILO 1.6V DYNAMIQUE 5dr,** met blue, 2 owners, 58k, 6spd, PAS, m e/w, c/l, MoT, vgc	£2,495
01 (Y)	**FIAT BRAVO 1.2 SX 3dr,** met silver, 2 owners, 64k, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,595
03 (53)	**PUNTO 1.2 3dr,** black, 2 owners, 51k, PAS, c/l, stereo, MoT, vgc	£2,395
01 (Y)	**FIAT PUNTO 1.2 3dr,** black, 64k, PAS, stereo, MoT, vgc	£1,695
01 (Y)	**PUNTO1.2 5dr,** met red, 2 owners, 62k, PAS, c/l, stereo, MoT, vgc	£1,695
00 (X)	**PUNTO 1.2 3dr,** met red, 2 owners, PAS, stereo, MoT, vgc	£1,495
00 (W)	**PUNTO 1.2 5dr,** black, 2 owners, PAS, CD, airbag, new MoT	£1,495
00 (X)	**VW GOLF 1.4E,** black, 2 owners, 75k, history, PAS, CD, MoT, vgc	£2,695
99 (T)	**VW POLO 1.4 CL 5dr,** blue, PAS, e/w, c/l, stereo, MoT, vgc	£1,295
00 (W)	**NISSAN MICRA 1.0 3dr,** silver, PAS, s/r, stereo, airbag, MoT, vgc	£1,495
	UNDER £1000	
98 (S)	**SKODA FELICIA 1.3 5dr,** red, 77k, stereo, s/r, new MoT, vgc	£695
98 (R)	**KA 1.3 3dr,** red, 64k, airbag, stereo, MoT, vgc	£995
97 (P)	**FIESTA ZETEC 1.25 5dr,** met green, PAS c/l/ s/r stereo, MoT, tax, vgc	£895
	MPV/ESTATES/4x4	
00 (W)	**MERCEDES ESTATE E320 ELEGANCE AUTO/TIPTRONIC,** 70k, 2 owners, leather, a/c, alloys, e/seats, full spec	£3,595
01 (51)	**XSARA PICASSO 1.8 5dr,** met graphite, 2 owners, PAS, e/w, c/l, a/c, CD, MoT	£1,995
99 (V)	**FOCUS TURBO DIESEL ESTATE GHIA,** silver, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
00 (W)	**FOCUS ESTATE 1.6 5dr,** silver, PAS, e/w, c/l, alloys, CD, MoT, tax, vgc	£1,595
00 (X)	**ESCORT ESTATE 1.6,** silver, 36k, 2 owners, history, PAS, e/w, c/l, alloys, a/c, stereo, MoT	£1,595
	AUTOMATICS	
99 (V)	**CLIO RXE 1.6 AUTO,** met blue, 61k, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc	£1,695
	DIESELS	
99 (V)	**FOCUS TD ESTATE GHIA,** silver, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
99 (V)	**VW GOLF TDi 5dr,** met green, history, PAS, e/w, c/l, CD, MoT, vgc	£2,595
	VANS	
02 (52)	**CITROEN BERLINGO 2.0 HDi,** blue, PAS, stereo, MoT, vgc	£1,995
00 (X)	**NISSAN VANETTE DIESEL,** red, sling door, 64k, PAS, stereo, MoT, vgc throughout	£1,495

Credit Card Facility Available.
Tel: (01234) 822213 Mob: 07771 572707
OPEN 7 DAYS A WEEK - 9am - till late

Ford	Mercedes	Rover-MG
FORD MONDEO ESTATE 2.0I	**MERCEDES 190E**	**Rover**
2001, 63,000 miles, MoT, Tax, stereo, cd, ssh, aircon, abs, electric windows	2.6 1994 Auto all electrics a/c 11 mths MoT	Madle 200 Tax Sep 09 MOT April 09 Good condition excellent runner T reg 1999
£1600 ono	£1100 ono	£500
07944389130	07900 681577	01908 234914

ANGLO CONTINENTAL CARS
MOT
7 DAYS FREE RE-TEST
- Batteries
- Exhausts
- Brakes
- Clutches
- MoT Repairs
- Electrics
- Servicing
- Welding
- Tyres
- Shock Absorbers
- Tuning
- Head Gaskets

Free quotations
01908 375773
Unit 1, Grove Ash, Mount Farm Ind. Est., Bletchley, Milton Keynes
Open Mon-Fri 8.30am-6.00pm; Sat 8.30am-1.00pm
ANGLO CONTINENTAL CARS

Days Mk ltd
FIAT
Alfa Romeo
Fiat & Alfa Romeo Specialists
Free loan car
Free collection + Delivery
MOT's full DIAGNOSTIC testing
Air- conditioning services
01908 610700
134 Tanners Drive Blakelands
www.daysmk.co.uk

MKNEWS
Where NEWS in MK comes first!
advertising@mk-news.co.uk
editor@mk-news.co.uk
01908 242490

CAR / VAN BUYER

Instant cash paid for MoT failures, damaged, non-runners, or and mechanical issues. Best prices paid, open 7 days, call anytime for a friendly, reliable service

01234 309447
07954 903730

Motorbikes

MOTORCYCLES SCOOTERS AND MOPEDS TRIALS MOTOR CROSS
BOUGHT FOR CASH
Any condition, crash damaged, non runners
07710324170
01525 759236
Chris - Trade

Motorcycles Bought For Cash!
Anything considered 7 day service
01767 600737
07947 732883

Rover-MG

MGB ROADSTAR

L Reg, bumpers overdrive, many new parts, good runner, clean, new MoT, winter price

£2895
01234 358145
07860 388898 (t)

Vauxhall

CORSA 1.4 SXi

07 Reg, Silver, 12,000 miles, one lady owner, FSH, hands free phone enhancement

£ 7,200 ono
01234 313088

FREE VEHICLE DISPOSAL

MIN £20 PAID EACH

COLLECTED ANY TIME DVLA NOTIFIED OF DISPOSAL
01234 406069
07951 303467

WANTED

CASH PAID
We pay more and come to your door!
40 CARS IN STOCK!

CARS ✓
VANS ✓
SPORTS ✓
CLASSICS ✓

07956 862792

£50-£5000 CASH TODAY

WANTED
Cars, Vans,
Non-Runners,
MoT Failures, Scrap.
7 Days a week.
Friendly service.
D.V.L.A. Destruction Certificate supplied.
Call Anytime
07823 882564
Tyres for Sale
£10 collected

Cars desperately wanted!

FROM £1,000 UPWARDS!
ANYTHING CONSIDERED!

Anything considered! Private or company sales

We also sell cars from £1000 - £25,000
Check our web site now for unbeatable deals
Please call Josh for a quote

www.aristocarsuk.co.uk

WE REQUIRE
CARS
MOTORBIKES
MOTORHOMES

Aristocars

Tel: 01908 648877
422 Whaddon Way, Bletchley

MOTs £30

Monday-Friday - Saturday MoT £45
ON PRODUCTION OF THIS ADVERT

COMFORTABLE FAMILY WAITING AREA

86E HIGH STREET, STONY STRATFORD

- Tyres & Exhausts
- Cambelt Replacement
- Electrical Fault Finding
- Mechanical Repairs
- Specialist Diesel Work on Renault, BMW, Ford, Citroen, Vauxhall, Peugeot, all makes of cars
- Head Gaskets
- Latest Diagnostic Equipment

FULL SERVICE £80 PLUS PARTS PLUS VAT INCLUDES MOT

UNIQUE CAR SERVICES
01908 566355
we sell tyres online...
www.uniquecarservices.co.uk

MKNEWS TO ADVERTISE CALL 01908 242490

SELL YOUR CAR FAST FOR LESS!

Why pay more to sell your car ?
Place an advert in MKNEWS and sell your car quickly.

DEADLINE FOR ALL MOTORSPOT ADVERTS IS 2PM TUESDAY

- **CALL 01908 242490**
- **EMAIL to: advertising@mk-news.co.uk**
- **MAIL tick one of the advertising options below**
  and send or drop the coupon in to MKNEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 ODU.
- **FAX your coupon to 01908 689550**

FIESTA 1.4 ZETEC
52, new model, 5dr hatch, white, fsh, 11,500 miles, a/c, PAS, CD, e/w, lady owner, vgc. tax/ MOT
£5750 ono
01234 567890
or 07789 123456

MOTORSPOT

1 MKNEWS 100,000 copies throughout MK. **£11** ☐

2 MKNEWS & Leighton LB NEWS. **£12** ☐

3 MKNEWS, Leighton LB NEWS, Beds on Sunday, Luton & Dunstable on Sunday. **£25** ☐

Write your advert in the space below.
ONE word per box please. Only ONE vehicle will be accepted per Motorspot

Make	Model	Year/Reg	Price	Tel No

MAX Words

Name/ Card holders name .....
Address.....
..... Postcode.....
Daytime Telephone Number.....
I enclose a cheque (made payable to LSN Media) for the sum of £.....

I authorise you to debit my account to the sum of £.....
Card Type: Mastercard ☐ Visa ☐ Switch ☐ Solo ☐ Electron ☐
Card Number ☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐
Valid from ..... Exp Date ..... Issue No .....
Security Number ..... (Last 3 digits on back of card)

Luke's in as fans' favourite signs up

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

JANUARY'S transfer window has been open for six days and MK Dons have already been busy.

The Dons have snapped up former Manchester United winger Luke Chadwick on a two-and-a-half-year deal from Norwich City.

Meanwhile, Drissa Diallo has left the club for Cheltenham Town and Craig Dobson's contract at stadiummk was ended by mutual consent.

The signing of Chadwick, on a free from Championship side Norwich, will have delighted Dons fans as the skilful midfielder became a darling of the Cowshed during his seven week loan spell earlier in the season.

During that time Chadwick scored three times in just eight appearances before his loan deal was cut short by a knee injury.

The 28-year-old, who is still recovering from the knee ligament problem, said:"I can't wait to get started again.

IN

Right: Luke Chadwick signed from Norwich City on a two-and-a-half-year deal

OUT

Far left: Craig Dobson – contract ended
Left: Drissa Diallo – signed by Cheltenham Town

"I've got some work to do to get over this injury at the moment, but I'm looking forward to getting back on the pitch and hopefully helping the team win promotion."

Speaking of his time on loan Chadwick said: "I really enjoyed it here earlier in the season, I felt really settled even though I was on loan and the supporters were brilliant to me.

"I found my fitness, was playing regularly and was really enjoying my football. Hopefully I'll be able to pick up where I left off."

Dons chairman Pete Winkelman added: "Luke showed, during his time here, that he is a player of immense quality, the calibre of player Robby (Di Matteo) has identified as important for the development of this football club."

■ **KEEP up-to-date with the latest moves at www.mk-news.co.uk**

LEAGUE ONE TABLE

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	Leicester	23	9	2	1	22	7	6	4	1	21	12	24	51
2	**MK Dons**	**23**	**8**	**0**	**4**	**22**	**11**	**8**	**1**	**2**	**26**	**12**	**25**	**49**
3	Millwall	23	8	3	1	17	10	5	2	4	16	16	7	44
4	Peterborough	23	7	3	1	24	11	5	4	3	21	19	15	43
5	Oldham	24	6	5	1	24	11	5	4	3	18	16	15	42
6	Scunthorpe	23	6	3	2	24	15	6	2	4	18	15	12	41
7	Stockport	23	4	4	4	16	15	6	3	2	18	9	10	37
8	Tranmere	23	8	1	3	22	13	3	3	5	11	16	4	37
9	Leeds United	23	6	2	3	23	14	5	1	6	16	17	8	36
10	Huddersfield	24	5	4	4	19	17	5	2	4	14	18	-2	36
11	Colchester	23	3	3	6	11	13	6	1	4	24	23	-1	31
12	Walsall	23	6	0	5	19	18	3	4	5	14	16	-1	31
13	Southend	23	6	2	3	14	10	2	4	6	15	27	-8	30
14	Northampton	23	5	5	2	16	10	2	3	6	15	20	1	29
15	Hartlepool	23	5	4	3	26	21	3	1	7	8	17	-4	29
16	Bristol Rovers	23	5	2	4	23	16	1	6	5	17	22	2	26
17	Carlisle	23	6	1	4	22	15	1	3	8	7	21	-7	25
18	Yeovil	23	2	6	3	13	15	3	3	6	9	18	-11	24
19	Brighton	23	2	4	5	15	19	3	4	5	12	15	-7	23
20	Swindon	23	3	3	6	18	23	2	5	4	16	19	-8	23
21	Leyton Orient	23	2	3	6	9	16	3	4	5	9	13	-11	22
22	Cheltenham	23	4	3	5	16	21	1	2	8	10	28	-23	20
23	Hereford	23	3	4	4	12	11	1	1	10	5	25	-19	17
24	Crewe	23	3	2	6	13	21	1	2	9	13	26	-21	16

> My decision to take the job was because I wanted to give Milton Keynes, the city, and the community, something back for all the support they gave me
>
> **– Paul Mitchell**

FROM BACK PAGE

And it took a loan stint at Barnet in August, where he featured four times, to realise perhaps his days were numbered.

He added: "My leg hurt while I was playing, a couple of times at Barnet I had to come off with the pain in my shin. I had a lot of pain during my rehab, and maybe it was just a touch of stubbornness that I carried on.

"I know I was quoted a couple of times saying that I would run through a brick wall, maybe this time I shouldn't have tried. The realism hit when I came back from Barnet, I had a lot of problems there medically.

"We went down to see a specialist at the end of November and he confirmed my worst fears - that the leg couldn't withstand playing professional football. It was heartbreaking."

It was during a lonely two hour drive back to his home in Manchester that Mitch realised the impact of the 'sheer horrific injury' on his general well-being was too great for him to consider prolonging his career.

But the once club captain will remain at the Dons in a new role given to him by the MK Dons Sport and Education Trust.

He has been appointed Community Ambassador where he will work on developing links and working closely with MK community groups such as schools, football clubs and youth groups.

Mitch, who joined the Dons from Wigan Athletic in June 2005 after an initial loan spell, is also set to work with the Dons academy to develop his coaching skills and qualifications.

"It's a role I'm going to take very seriously, I want to establish some of the links between the club and the community.

"My decision to take the job was because I wanted to give Milton Keynes, the city, and the community, something back for all the support they gave me."

In a professional career that stretches back nine years he pointed to winning League One with Wigan in 2002/03 as his highlight, while he admits to being a 'frustrated onlooker' during the Dons' double winning season last year.

Mitch has 82 Dons appearance to his name and he is delighted to continue his links with the club on a full-time basis, even if it is behind the scenes.

"When I signed it was a little club at the National Hockey Stadium, now it's a club on the up with massive ambitions.

"It's been a great ride, when the chairman speaks so passionately about it, it's hard not to sit up and listen. I have the same passion and I've loved every minute. Whether it's good or bad, with the injury or no injury, I wouldn't change it for the world."

PREVIEW

COLCHESTER UTD
League One
Monday, January 12
stadiummk KO 7.45pm

SKY cameras are once again at stadiummk for the Dons' floodlit game with Colchester.

When the sides met earlier in the season Dons tore then-U's boss Geriant Williams' side apart with a 3-0 win.

Days later Williams paid the price for his side's performance when he was sacked by the club.

Since then former Wycombe manager Paul Lambert has taken charge and guided the U's from 20th spot to eleventh.

The U's away record reads better than their home as they have picked up six of their nine victories on the road.

Dons will be without the suspended Alan Navarro while Colchester are also set to have Marc Tierney missing due to his one match ban.

VIEW FROM THE MOOCAMP

LEICESTER City boss Nigel Pearson pipped Roberto Di Matteo to the December Manager of the Month award.

The Dons supremo, who won the gong for November, missed out due to Pearson's unblemished month.

Four wins and one draw saw the Foxes end the year at the top of the League One table.

Dons recovered from defeat to Scunthorpe at the start of the month to win their remaining four fixtures against Brighton, Leeds, Bristol Rovers and Southend.

The strong end to the year ensured the Dons finished just two points behind Pearson's side.

A COURSE run to get children fit has been so successful MK Dons have a second one planned.

The MK Dons Sport and Education Trust launched the Mind, Exercise, Nutrition and Do it! (MEND) project to provide tools for a healthy lifestyle for children above their target body mass index (BMI).

They are only the second club to operate the course in Britain and as such are spearheading with the PCT and School Sports Partnership the campaign for improving child health in Milton Keynes.

A generous grant from MK-based National Hockey Foundation has been key to the cause.

The course, which takes place over a 10 week period, is and requires the child and their parents to attend two sessions a week to learn about nutrition, exercise and how to change bad eating habits.

Onside for Life programme manager, Jemma Murray, said: "The important thing about this course is that it is not a diet, it is meant to be a way of teaching families how to look at their eating patterns, adjusting their thinking long term and promoting self esteem in the children who can struggle with confidence coming in to the course".

The second course is due to start at stadiummk in two weeks and another will also take place at Woughton Leisure Centre.

If you are interested, and your child is between 7-13 years old, contact Jemma on 01908 622885 or e-mail jemma.murray@mkdons.com

FIXTURES 2008-09

DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	1-2

October

4	Millwall	A	4-0
7	Bournemouth JPT	H	0-1
11	Carlisle	H	3-1
18	Crewe	A	1-1
21	Stockport	H	1-2
25	Cheltenham	H	3-1
28	Leyton Orient	A	2-1

November

1	Tranmere	H	1-0
8	Bradford (FAC)	H	1-2
15	Hartlepool	A	3-1
22	Walsall	A	3-0
25	Hereford	H	3-0

December

6	Scunthorpe	H	0-2
12	Brighton	A	4-2
20	Leeds	H	3-1
26	Bristol Rovers	A	2-1
28	Southend	H	2-0

January

3	Peterborough	A	P-P
12	Colchester	H	
17	Carlisle	A	
24	Millwall	H	
27	Leyton Orient	H	
31	Cheltenham	A	

February

3	Stockport	A	
7	Crewe	H	
14	Hartlepool	H	
21	Tranmere	A	
28	Leicester	H	

March

3	Northampton	A	
7	Swindon	A	
10	Huddersfield	H	
14	Oldham	H	
21	Yeovil	A	
28	Leeds	A	

April

4	Brighton	H	
10	Southend	A	
13	Bristol Rovers	H	
18	Scunthorpe	A	
25	Walsall	H	

May

2	Hereford	A	

Copyright © and Database Right 2008/09 The Football League Ltd. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any way or by any means (including photocopying, recording or storing it in any medium by electronic means), without the written permission of the copyright/database right owner.

MKSPORT

Late sting denies Lightning

ICE HOCKEY

MK LIGHTNING 2
BRACKNELL BEES 1

BRACKNELL BEES 3
MK LIGHTNING 2

LIGHTNING started the new year with one win and one defeat.

In two narrow scoring games Lightning picked up two points and lost two points to Bracknell Bees.

The results moved Lightning into fourth place in the English Premier League.

In the previous three meetings this season Lightning had won just once and on that occasion they were able to keep a clean sheet.

But the two times they had lost to Bracknell they had conceded five in each game.

So Lightning needed to be at the top of their game to beat their guests.

And their plan was blown apart with the clock at 3.01 when Jan Melichar opened the scoring for the Bees.

Yet, Lightning were able to recover from the early goal and were back into proceedings ten minutes later when Andre Smulter pulled the scores level at 12.22. He turned into the net thanks to good work by Gary Clarke and Nick Poole.

The trio linked up again in the final quarter to net what proved to be the winner.

This time Poole started the move before Clarke passed to Smulter for a power play goal on 40.27.

On Sunday it was Lightning who took the lead in the first period with Adam Carr but the Bees came back strong in the second with two goals giving them the advantage.

There was plenty of drama in the later stages on the rink and when Lukas Zatopek found the net on 53.59 the scores were once again even. However, Bees ensured they took the two points with a winner just two minutes later.

■ LIGHTNING host Slough Jets at Planet Ice on Saturday, face-off 7pm, and on Sunday they travel to the Jets for a 6.30pm face-off.

Bracknell Bees player coach Adam Bicknell battles with Chris McEwan as net minder Barry Hollyhead keeps a close eye on the puck

Pic: Jez Tibbetts

BASKETBALL

Long lay-off leaves Lions languishing

THIS Friday MK Lions will return to action in the British Basketball League after a four week break.

While the Lions may have had time to put their feet up over the festive period several games have been played elsewhere.

And the results have left Lions slipping down the table into ninth and out of the play-off places.

But the Lions have two games in hand over seventh and eighth placed Sheffield Sharks and Worthing Thunder, they are also level on points with the two sides.

Lions will have the chance to strengthen their position in the league and build on their play-off hopes when they take on Leicester Riders on Saturday.

But first they have a BBL Trophy game with Guildford to play at Bletchley Leisure Centre.

And it will be a difficult game for Vince Macaulay's side as they have already lost twice to their hosts.

It is the first game of this year's revamped Trophy.

Lions were placed in Group 3 with Heat and London Capital who they will play twice with two points awarded for a victory.

The team that finishes top of each group progresses to the BBL Trophy semi-finals, in the event of a tie for first place then head-to-head records are taken into account.

The subsequent semi-final victors move on to contest the all-or-nothing final at a neutral venue, providing one of the most significant games of the BBL season.

Macaulay will be hoping they can add to their cabinet with the BBL Trophy.

■ LIONS host Guildford Heat at Bletchley Leisure Centre on Friday, tip-off is at 7.30pm, and on Saturday they travel to Leicester Riders. Tip-off is at 7.30pm.

Red Bull's new car plans right on track

MOTOR RACING

RED Bull Racing's plans for their new car are on track.

The Milton Keynes-based Formula One side are set to unveil their RB5 in February.

As the name of the car suggests it is the fifth car to be made under the Red Bull Racing brand.

Testing on the car will start on Monday, February 9 at Jerez de la Frontera.

Reports had suggested Red Bull's progress with the car had been delayed and would not be on the track until March.

However, Christian Horner, Team Principal, has confirmed the RB5 is on time, he said: "Our strategic plan has always been to take full advantage of the later start to the 2009 season and we are using the time to ensure we have optimised the car as much as possible, within the regulation changes, to start on the grid in Melbourne."

Red Bull driver Mark Webber hopes to feature in the testing despite breaking his leg in November.

The Australian fractured his leg when his bicycle and a car collided during his multi-sport charity challenge.

But he has targeted February as a realistic chance to get back behind the wheel.

"I want to be testing at the beginning of February," Webber told Germany's Auto Motor Und Sport.

"I can't push it too much because the swelling will come back.

"It could have been much worse. I was lucky it was the right leg, which is not working too hard in the car.

"The most important thing is that I get the feeling back."

Webber's new team mate Sebastian Vettel is set to take control of the car when it makes its debut in Jerez.

Last year Vettel became the sport's youngest Grand Prix winner when he won the Italian GP at Monza aged 21.

The Formula One season starts in Australia on March 29.

SPORTSSHORTS

Baseball pre-season

PRE season training has started for the Bucks baseball team in preparation for their 2009 assault on the British Baseball Federation's Midland division.

After a strong finish to last season, the team have high hopes for a place in the National Finals this year.

Although the first pitches of the 2009 season will be thrown in four months time the Bucks have decided to begin training early.

Despite playing in the Northampton-based banner the Bucks train in MK as well as playing their home games at Woughton on the Green.

For more information on the side visit their website, www.northamptonbaseball.co.uk

Molten frozen

FREEZING weather conditions caused the cancellations of a number of football matches in the Molten Spartan South Midlands league.

In division one Hatfield Town v Buckingham Athletic, New Bradwell St Peter v Tokyngton Manor, Stony Stratford Town v Cranfield United and Winslow United v Royston Town were all postponed.

But some games in division two were able to go ahead.

Mursley United moved into sixth after beating Caddington 2-0 while Old Bradwell United slipped up away from home as they lost 3-1 to Totternhoe.

In the United Counties Premier League fifth placed Newport Pagnell kept up their chase for the title with a 1-0 win at home to Daventry Town.

The victory extended the Swans' unbeaten run in the league to seventeen matches.

Trophy for Emms

MK's Gail Emms has been awarded the 2008 Olympic Athlete of the Year trophy for Badminton by the British Olympic Association (BOA).

Introduced in 2005, to mark the BOA's centenary year and the success of the 2012 Olympic Games to London, the BOA presented a trophy to each of the 35 Olympic governing bodies for them to award to their top Olympic athlete.

Emms was awarded the badminton trophy along with her Olympic mixed-doubles partner Nathan Robertson.

Clive Woodward, BOA director of elite performance, said: "The presentation of the Olympic Athlete of the Year Award recognises the drive, determination and commitment of elite athletes across all of our Olympic sports."

MKSPORT

Wednesday, January 7, 2009 | Issue no 331 | www.mk-news.co.uk | 50p where sold

Clarke on the mark for MK Lightning
PAGE 75

New role for Cap'n Mitch

Midfielder Paul will be Community Ambassador and work on developing links with schools, local football clubs and youth groups

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

THE horrific leg break MK Dons midfielder Paul Mitchell sustained almost two years ago has forced him to retire.

Mitchell announced he was calling time on his career yesterday and spoke exclusively to MK NEWS about his decision and the challenge at Meadow Lane on February, 24, 2007 that would change his life.

Having only just returned from a loan spell at Wrexham, Mitch was stretchered off in the first half of the Dons' 2-2 draw with Notts County with a fractured tibia, fibula and ankle.

Twenty-seven-year-old Mitch is still able to recall every moment of the incident, he said: "I can remember it quite clearly probably because I've watched it a million times on the TV.

"A ball got tossed in the box, it came out and as I went to retrieve it, running across the pitch I put my left leg across and Stephen Hunt came across and tackled me as my leg was in the air.

"I remember my leg coming up and seeing an unnatural movement in the leg and I knew it was broken."

It was later in the hospital that Mitch was told to fear the worst for his career.

"They told my girlfriend and myself that I wouldn't be able to play football any more and I would probably struggle with day-to-day life, mobility wise.

"That was tough to take, my girlfriend broke down in tears because she knows how much love I have for football.

"At that time I think I was so heavily medicated that it didn't really sink in for a few days."

But even when the doctors words did hit home the tenacious midfielder decided he would defy them.

So he embarked on the long rehabilitation programme which saw him laid up in plaster before spending months on end in the gym in one-on-one physio sessions.

"Maybe looking back I should have left those two years behind when the doctor said I wouldn't play but due to the support of the club I was desperate to get fit again.

"At one point I thought it was achievable but sadly to say it's proved not so."

And it seemed to those on the outside that Mitch would be back playing football on a regular basis when he featured in a pre-season friendly against Reading.

He then played a full 90 minutes in the Dons' Carling Cup second round tie with Cardiff City.

In that game a crunching tackle on full-back Joe Ledley did wonders to dispel the myth that his injury would have him wincing from a challenge.

However, Mitch was hiding the constant pain he felt while playing the game.

CONTINUED ON PAGE 74

Posh game off

LAST night MK Dons' League One fixture with Peterborough United was postponed due to a frozen pitch.

Referee Kevin Wright made a lunchtime inspection at London Road and deemed the pitch unplayable.

The weather caused cancellations for every League One game that was due to be played last night and Dons boss Roberto Di Matteo is now concerned at the back-log of fixtures.

He said: "The schedule is very tight in the coming months and it's going to mean a busy week somewhere down the line.

"But the referee had to make a decision based on the players' safety so I understand why he has decided to call the game off. We'll refocus our energies into the Colchester game next Monday."

A re-arranged date for the fixture is yet to be announced.

Where NEWS in MK comes first!

MKNEWS

01908 242490

advertising@mk-news.co.uk editor@mk-news.co.uk

There's loads to see and do at this year's Show

Milton Keynes Caravan and Small Motorhome SHOW09

Thursday 8th January - Sunday 11th January

Cade's, publishers of Britain's best selling Camping, Touring & Motor Caravan Site Guide will once again be at the show this year. They have now launched *Cade's Touring Caravan Insurance,* a quality Touring Caravan Insurance product at a very competitive price.
Cade's believe the policy they have designed in conjunction with underwriters NIG, a part of the Royal Bank of Scotland Group, provides total peace of mind for any touring caravan owner.
Applying for cover could not be easier, just go to: www.cadesinsurance.co.uk and click on 'Get an Online Quote'. In less than 90 seconds you will be presented with a quotation. If you wish to proceed, simply follow the on screen instructions right through to secure payment. Your documents can be supplied electronically or through the post. The choice is yours.
And as a thank you to all their policyholders, they will send you a copy of *Cade's Camping, Touring & Motor Caravan Site Guide* (worth £8.50) absolutely free of charge.

CADES TOURING CARAVAN INSURANCE
www.cadesinsurance.co.uk

Powrwheel limited manufacture a range of caravan, trailer and boat movers, these being the Powrwheel, Powrhitch, Powrlaunch and Powrtouch. As the manufacturer of these products they are also able to offer a bespoke design and fitting service for non standard caravan and trailer chassis.
Also available are special industrial moving systems to assist with the current health and safety legislation on lifting, carrying and moving heavy objects. At the show, you will see the caravan mover, enabling you to position your caravan exactly where you want it, whether on site or on your driveway or storage facility. This is done with a remote handset, making it very easy and light at the touch of a button!
Marquis, the largest motorhome dealer network in the UK, holds franchises for all of the leading motorhome manufacturers from Britain and Europe, such as *Ace, Autocruise, Auto-Sleepers, Bessacarr, Elnagh, Mobilvetta, New Life, Orian and Swift*. They also hold the country's biggest selection of pre-owned models, so they are sure to have a motorhome to suit all budgets.
They have 10 branches throughout the UK and the branch in Northampton is one of the flagship sites, located just off Junction 15 of the M1 near Billing Aquadrome.
Marquis will be displaying just a small selection of motorhomes at the show but all of their branches are easily accessible and operate an *Open Door* policy, whereby you can browse at your leisure with no sales pressure. Visit their website at: www.marquismotorhomes.co.uk or call FREE on 08000 26 7777 to find out more about them.
BPS Ladder Systems Ltd will be showing a range of ladders to enable you to reach, among many other things, the top of your caravan without a struggle. They have some very special show offers as usual on their range. Come and see the scaffold tower which is handy to reach anything in safety.
The Camping and Caravanning Club will also be able to sign you up for membership if you wish. At over 106 years old, they are the oldest club for caravanners, campers and motor caravanners and will offer you a warm welcome.
They have nearly 100 camp sites throughout the UK and over 1200 member only, smaller sites.
An International Travel Service, insurance and a host of publications (free to members) and guides make this club well worth joining. Their big site books lists over 4,000 sites.
Overstone Park Golf and Leisure Club is located on the outskirts of Northampton and occupies 165 acres of mature Victorian parkland. The golf course is open to members but also welcomes Golf Societies and Corporate Days Monday to Friday with a number of competitively priced packages available.
Powered Bicycles, a long-established company stocking an unrivalled range of electric bikes make a welcome appearance at this year's show.
Powered Bicycles not only offer you expert, friendly advice but also let you try them for yourself without any obligation to buy.
Powered Bicycles is a specialist outlet that has put together an unrivalled range of innovative, electric bicycles and electric scooters as an effortless way of beating jams, charges and parking nightmares,
Cheaper and less polluting than conventional scooters and mopeds, an electrical bicycle offers you a lot more than freedom of movement.
And, even better, you don't need a Driving Licence and you'll be free from Road Tax and MOT tests.
Visit **Powered Bicycles** at the show or at *HSC Motor Factors Ltd* (Scattergoods), 50-52 Main Street, Long Eaton (Tel: 0115 9727201 — 0115 8182862 — 0115 9728251) or email sales@poweredbicycles.co.uk
Alternatively, you can visit the company's website at: www.poweredbicycles.co.uk

Anthony Rolt of **AR Caravan Services** will be on hand if you need a **Mobile Caravan Engineer** for servicing or for any repairs. He will travel almost anywhere in the region to help you get your caravan up to standard. Visit his stand at the show or call him on 07984 828822.

Planning permission is now required for front driveways and many other areas unless it is made of a porous material. **Enviropave** enables this to be achieved easily and attractively and is compliant with the Sustainable Urban Drainage Systems (SUDS).

Enviropave is a long term re-inforcement system providing a porous support system which holds gravel, decorative stone, turf, bark and other porous infill materials. It is manufactured from recycled HDPE plastics. Each unit is a 1/4 sq m and they interlock together. Each unit then is further divided to give lots of small cells making it extremely strong and will take up to 270 tonnes/sq m. Come and find them at the show.'

UNDER COVER AGENTS?

Stockmill Windows are making a welcome appearance at the show this year with their new upvc carports and canopies. These are self supporting offering the latest technology.

They make the perfect cover for your caravan, driveway or patio, or for a feature roof over your front door. They are available in many different colours and styles, so come along and see what you think. **Stockmill** have got it covered!

Don't miss our free prize draw!

Win a long weekend break in a luxury caravan holiday home at the 5 star **Vauxhall Holiday Park, Great Yarmouth, Norfolk.**
Here is your chance to win one of 4 prizes to be drawn at the *Milton Keynes Caravan and Small Motorhome Show.*
Your accommodation at the holiday park will be a luxury caravan, superbly equipped for a family of up to 6 people.

You will be able to choose when to go during 2009, although in peak season there may be some restrictions.

Vauxhall Holiday Park will write to each winner setting out what is included in the prize, and what items you will need to bring with you.
Find out more about the park at www.vauxhallholidaypark.co.uk or telephone 01493 857231 for a brochure.

"It's another good reason to make sure you attend the show"

Simply complete the entry form below and place it in the red pillar box at the Milton Keynes Caravan and Small Motorhome Show in Middleton Hall (next to John Lewis) at thecentre:mk from Thursday 8th January until Sunday 11th January.

The outdoor pool at Vauxhall Holiday Park

Milton Keynes Hyundai will be at the show

THREE MORE EXHIBITORS AT THE SHOW

Ist Choice Towbars are pleased to announce that they have recently been appointed as an authorised *Witter Towbars* Fitting Specialist. Any customer booking a towbar fitting during the show will receive free fitting and special discounts on the *Witter* range of award winning Cycle Carriers.
MK Tourers is a brand new touring caravan company based in Milton Keynes. Their indoor showroom is in Stonebridge, near Wolverton and they specialise in quality new and used caravans. They also offer caravan hire for people who want to try touring or just want a caravan for a holiday.

MK Tourers source all types of caravans and also offer a brokerage service that takes the hassle out of selling caravans.
For more information contact 01908 222 336 www.mktourers.co.uk

Have you any loans taken out by credit card, store cards or unsecured loans, before April 2007? Then see the **Business Excel Ltd** stand at the show. They use a legal process to write off or reduce your balance and recover unfair charges. 4,000 cases examined by their legal team suggest 95% of card/loan providers have failed to meet legislation designed to protect you. Their team can challenge the agreement. If they find that your case doesn't have sufficient merit, they will return your fee, keeping only £50 administration fee per agreement. This should not harm your credit rating either. Check out their website on www.money-justice.org.uk or call 01295 252265.

Milton Keynes
Caravan and Small Motorhome SHOW09

Thursday 8th January - Sunday 11th January

thecentre:mk indoors at Middleton Hall near John Lewis

To enter the **free prize draw**, please complete the details below and post it in the red pillar box at the show

Name .....

Address .....

.....

.....

Email .....

Where did you find out about the show? Please circle:
Club Magazine Practical Caravan Local newspaper Word of Mouth Visiting thecentre:mk
Tick this box if you do not wish to receive offers from the exhibitors ☐

A NEW FACE AT THE SHOW

Heart of England Motorhomes are new to the show this year.

They are based in an idyllic setting over looking rolling countryside just outside Weedon in Northamptonshire.
This is a family run business started by Gary and Jayne Rowlands with 3 very clear objectives. Firstly, to offer the highest quality Motorhomes available, secondly, to give you the customer the highest standard of personal service and advice in a friendly and relaxed environment. And finally, the support you receive after your initial purchase is as important as the service you receive when buying. So they aim to offer an after-sales service second to none.

ISSN 1743-1255

Milton Keynes
WEDDING SHOW

Friday January 30th until Sunday February 1st 2009

thecentre:mk
Middleton Hall
near John Lewis store
Milton Keynes

Follow the road signs to thecentre:mk, Central Shopping from M1 junction 13 or 14 or A5

Come and see around 115 exhibitors at the largest Wedding Show in the region

CATWALK FASHION SHOWS ALL 3 DAYS
(Friday Shows different to Saturday and Sunday) Check website for details

Open Friday 9:30am - 8:00pm
Saturday 9:00am - 6:00pm
Sunday 11:00am - 5:00pm

£500 of honeymoon vouchers to be won with enjoyholidays

central exhibitions
Tel: 01908 305123
www.centralexhibitions.co.uk